

Potomac-Bethesda Rotary Club News

Rotary Club Calendar

October 15 – 6:30pm – Meeting – Normandie Farm

Master Sergeant Hollis D. Champlain, US Army

Born April 30, 1971 in Washington D.C., MSG Champlain graduated from Annandale HS in 1989. He entered the service by enlisting into the US Army in May of 1990 where he completed his Basic Training and Advanced Individual Training (AIT) at Fort Sill, OK, in the summer of 1990. MSG Champlain's first assignment brought him to Babenhausen, Germany where he worked as a Multiple Launch Rocket System (MLRS) Specialist. His unit was quickly deployed in Feb. 1991 to serve in the Operation Desert Storm. Upon completion he rose to the rank of Staff Sergeant (SSG) in Babenhausen, Germany. He was ordered to Fort Sill, OK, to serve in another position as a MLRS section chief. Once there he was reassigned to Los Angeles Recruiting Battalion to serve as an Army Recruiter for 3 years. After completing that tour, he was again assigned to Babenhausen, Germany as a Platoon Sergeant. He was promoted to the rank of Sergeant First Class (SFC). His unit was deployed in 2003 in support of Operation Iraqi Freedom until Feb. 2004. In the spring of 2005 he was chosen to become an Equal Opportunity Advisor for the commanding General of Fort Sill, OK, until 2008. In June of 2008 he was transferred to Fort Carson, Colorado. His unit immediately deployed to Iraq in 2008. He recently came back to Colorado in Aug. of 2009 where he currently serves as the Operations Sergeant of a cannon artillery battalion.

MSG Champlain has his Bachelors Degree in Liberal Arts from Excelsior College. He is married to his wife Katja of 16 years and has 2 daughters, Kimberly and Kelly, ages 14 and 11 and a son, Christian, age 10 month. His awards and decorations include 2 Bronze Stars, 3 Army Accommodation Medals, 6 Army Achievement Medals, Humanitarian Service Medal, Army Recruiting Gold Batch, and is a member of the honorable order of Saint Barbara.

October 20 – 2pm Dictionary Project – Poolesville ES

October 22 – 6:30pm – Meeting – Normandie Farm

John Kneiss: "Politics and Technologies of Oil and Gas"

October 24 – 10:00am – Potomac Day

See article on page 2

October 29 – 6:30pm – Meeting – Normandie Farm



After several months of recuperation from back surgeries, we welcomed Treasurer Alan Cookson and his wife Elizabeth and had to say goodbye to Steve Naron as he is off on his 6-month overwinter in Florida.

Governor Paul Frey's Visit Generates Large Turnout to See The "Transforming Governor"

We gave a warm Potomac-Bethesda welcome to District Governor Paul Frey. Governor Paul was accompanied by fellow Carroll Creek Rotary Club member and driver, Fay Kaufman-Sanders. Carroll



Creek has 150 members and is named after the creek that is the center of the downtown Frederick development. Governor Paul talked about heroes and quoted from Joseph Campbell, "A hero is

someone who has given his or her life to something bigger than oneself." Rotary heroes give back, having a sense of duty and responsibility. He urged Rotarians to: (1) Take risks and do things differently; "If you say nothing, do nothing, you'll be nothing"; (2) Respect and see value in the other person; (3) Give to The Rotary Foundation and become a member of the Paul Harris Society; (4) Support Polioplus; and (5) Attend the DisCon 2010, April 22-25, Gettysburg, PA.



(Above) No telephone booth was needed for Governor Paul Frey to change from business suit, to basketball player, and to referee to emphasize points in his excellent message.



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Governor Paul Frey (continued)

This year's District Conference is being held jointly with Pennsylvania District 7390 at a new facility, the Wyndham Hotel, in Gettysburg, near the new Gettysburg Battlefield Visitors' Center and features Past



RI President Rick King. Governor Paul emphasized that the theme of the year, "The Future of Rotary is in Your Hands," will not be shaped at Rotary International Headquarters in Evanston, Illinois. He quoted RI

President John Kenny, "Whether Rotary will thrive or falter, whether our service will mean much to many or little to few, whether Rotary is known with respect or seen as a relic of days gone by – all this is up to you."

The district has developed a one-page strategic plan and it is reproduced on page 6.

Jerry Gross

purchased a new basketball for Governor Paul and Bob Nelson gave him a basketball backboard. Governor Paul was using his new basketball last Saturday at the Rotary Leadership Institute whose



plenary sessions were hosted at a church worship center in Frederick that doubled as a basketball court.

Governor Paul thanked the club on it's expression of sympathy when his



father passed away just before his term began. Governor Paul is remembering him by wearing one of his military award pins. Contributions to happy dollars totaled \$62 and the donation to PolioPlus was \$44 for a grand total of \$106.

*Please send news articles and photos to
Bob.Nelson@NASA.gov
for inclusion in the newsletter*

Volunteers Needed for Potomac Day

by President Noel Howard

Potomac Day is Saturday October 24 and the parade goes from 10:00 to 11:30. Also starting at 10:00 and lasting until 3:00PM, our 'sister club' has a table at the "fair" which is 'manned' in 1 hour shifts. At the table they have materials about Rotary and we will have something to generate conversation (balloon animals, kids coloring contest, tattoos, etc...) Looks like they do a great job of letting the community know what Rotary does and answering questions from anyone interested. The Potomac club has graciously offered to share their table with us; and, indeed, they could use our help. Here are additional particulars: In addition to the above table, the Potomac Club provides security for the road closures for the Parade at Potomac day. Typically, they need 12-15 road guards. The volunteers meet 9:30 at the steps of the Semmes building (next to WC and AN Miller building) and hand out orange safety vests and a map with each guard's assigned post marked. They try to wear something "Rotary." Currently, they are light on many of the mid afternoon shifts at their table. It would be great if we could support them--looks like great fun. Anyone interested please contact me; we'll discuss, further, at tomorrow evening's meeting.

Thanks.

Noel

301-983-1977

Rotary Club Gifts All Calvert Third-Graders With Dictionaries

Books include facts about states, presidents and more...

By Laura Buck, staff writer, Southern Maryland Newspapers, Friday, Oct. 9, 2009

Calvert County third-graders were given hundreds of pages of words this week, courtesy of the Rotary Club of Prince Frederick, which distributed dictionaries to Appeal, Barstow, Calvert, Dowell, Mutual and St. Leonard elementary schools as well as to Our Lady Star of the Sea School in Solomons.

The Rotary Club of North Calvert County did the same for schools north of Prince Frederick, Rotary Club of Prince Frederick Vocational Service Director Eugene Karol said while at Mutual Elementary School in Port

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Republic on Tuesday.

"Their faces light up; they love to look up things in the dictionary," said Karol, who is also president of the Calvert County Board of Education.

Karol said that the dictionary given out — "A Student's Dictionary" — contains much more than words and their definitions.

It includes biographies of U.S. presidents; copies of *The Declaration of Independence* and the *U.S. Constitution*; facts about the planets in the solar system; maps of the seven continents; information about the 50 states; the periodic table; and even short lessons on American Sign Language and Braille, Karol said.

Along with the latter two dictionary features, Karol said students also tend to be excited about 1,909-letter longest word in the English language, which is written in the last page of the dictionary.

"We give it [out to students] in the third grade because they're ready for it," said Rotary Club of Prince Frederick member and past president Warren Prince, who distributed the dictionaries along with Karol at Mutual.

Prince also said that teachers receive the dictionaries and often plan activities with them.

"We feel it's an important part of a youngster's ability to read and ability to utilize a reference," Prince said.

Karol distributed the dictionaries to St. Leonard Elementary School on Wednesday, after explaining to third graders that the Rotary Club was not, as one student believed, "a riding club with cowboys."

He told students that instead the organization was about "service above self" and provided college scholarships, student exchange programs to foreign countries and is behind the eradication of the disease polio.

"We're here to give you something very special," Karol said to the students, who he eventually asked to look up the words

"friendship" and "beneficial."

Karol also asked the students how many of them had ever used a dictionary before, and when nearly every hand shot up he turned to the teachers and said, "You're doing some good teaching."



Eight-year-old Madison Davern, who told Karol she might be interested in a Rotary Club scholarship to attend Harvard University, already has a favorite word that she doesn't have to look up.

"I think 'trustworthiness' because I always tell my parents the truth and I want everyone else to do that,"

Madison said.

Zachary Hipipre, 8, has a word of choice as well.

"I'd have to say earth because it's the planet we live on," he said.



And 8-year-old Jaden Prowinski tried to sound out the longest word in the dictionary but stopped herself, laughing, "I don't know, it's too hard."

Staff photos by DARWIN WEIGEL

(Top photo) St. Leonard Elementary School third graders Jordan Hanson, left, and Lizzie Latchaw look through the new dictionaries they received Wednesday from the Rotary Club of Prince Frederick. The service organization hands out dictionaries to all third grade students every year.



[Middle photo] St. Leonard Elementary School third-graders Chris Erwin, left, David Fissell and Jaclyne Gleeson look through the new dictionaries they received Wednesday from the Rotary Club of Prince Frederick. The service organization hands out dictionaries to all third grade students every year.

[Bottom photo] School board member and Rotarian Eugene Karol helped hand out the books.

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Afghanistan-Pakistan Shelters Boost End-Polio Effort

By Dan Nixon RI News – 7 October 2009



Afghan health workers gear up to vaccinate children at the temporary immunization shelter on the country's border with Pakistan. Photo courtesy of Aziz Memon

Among the most difficult children to reach in the push to eradicate polio are those of migrant families crossing the Afghanistan-Pakistan border.

"Children who cross the border miss out on the NIDs [National Immunization Days] on both sides," says Pakistan PolioPlus Committee Chair Aziz Memon. "In the heat and desert, there is no way we can give them polio drops while crossing borders."

To help ensure that migrant children are protected against the disease, temporary shelters, one on each side of the Torkham border crossing, have been established as immunization sites. The air-conditioned shelters, funded by a US\$13,858 PolioPlus Partners grant, were converted from portable storage containers and are equipped with sanitation facilities and a freezer for storing oral polio vaccine.

The Pakistan PolioPlus Committee coordinated the design, manufacture, delivery, and installation of the shelters, which can be moved when they are no longer needed.

The shelters help reinforce the drive to end polio in Afghanistan and Pakistan, two of the world's four remaining polio-endemic countries. Momentum for the drive's success continues to build. Almost 1.2 million Afghan children were immunized on 21 September, the International Day of Peace. Coordinated NIDs are

planned for both countries in October and November.

"This is better than any immunization round in Afghanistan in the past 18 months," says World Health Organization country representative Peter Graaff about the International Day of Peace effort. "We are quite excited, as such high coverage gives us a better chance than ever to get rid of polio."

Afghan Public Health Minister Sayed Mohammad Amin Fatimie agrees that the effort, which involved 14,000 health workers and volunteers, was a great success.

"A campaign like this, whether on a national or subnational level, is very important," Fatimie says. "It promotes peace and stability in the country. Day-to-day coverage is increasing in troubled provinces, and it is bringing us closer to our goal of a polio-free Afghanistan."

Child Mortality Rate Drops Worldwide

By Ryan Hyland and Diana Schoberg

Rotary International News – 8 October 2009



A UNICEF study released in September shows a drop in child mortality worldwide. Rotary Images/Alyce Henson

Improved antimalaria measures and simple health practices have contributed to the decline of child deaths worldwide, according to a report released by UNICEF in September.

The study showed that an estimated 8.8 million children under five died in 2008 compared with 12.5 million in 1990, a drop of 28 percent and the lowest since recordkeeping began in 1960, UNICEF says.

"These new figures underscore the importance of the

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work that Rotary does," says 2008-09 RI President Dong Kurn Lee, who chose to focus on child mortality during his term. "The great majority of child deaths are preventable, and most of them can be prevented with relatively inexpensive interventions -- something as simple as a water filter, antibiotics, or a trained birth attendant."

The UNICEF report attributed the drop in child mortality largely to health interventions such as immunizations, vitamin A supplements, improved prevention of mother-to-child HIV/AIDS transmission, and the use of antimalaria mosquito nets.

Although all regions of the world have made progress, millions of children still die each year, with 40 percent of those deaths occurring in the Democratic Republic of the Congo, India, and Nigeria, according to the report.

Lee's emphasis on reducing child mortality inspired clubs and districts to initiate new projects and come together for two international conferences devoted to the issue.

In 2008, more than half of all World Community Service health projects focused on reducing child mortality, involving medical clinics, health care training, and nutrition, according to Rotary International's ProjectLINK database.

Here are a few examples of innovative Rotary club projects that are addressing child mortality:

- * Rotary clubs in Great Britain, Ireland, and Tanzania collaborated to form Rotarians Eliminating Malaria in Tanzania. The group used two Matching Grants and one Health, Hunger and Humanity Grant to provide more than 200,000 mosquito nets to communities in and around Arusha.

- * To help improve maternal health, members of the Rotary clubs of Bagé-Minuano, Rio Grande do Sul, Brazil, and Jackson Hole Supper, Wyoming, USA, are establishing a center to collect and redistribute breast milk at a hospital in a low-income area of Bagé.

- * The Rotary Club of New Manila Heights, Quezon City, Philippines, launched a project in 2007 to treat 90 children under the age of 10 for tuberculosis. Headed by a Rotarian physician, the effort provides medicine and distributes food to the children.

"It's important to recognize the progress we've made, and how we've made that progress," Lee says. "But we also need to acknowledge that there is still a great deal left to be done in the area of child mortality -- and that there is a very great deal that we as Rotarians can and should be doing."

Rotary-UN Day approaches

Rotary International News – 9 October 2009



A youth participant listens to an address during last year's Rotary-UN Day. Rotary Images/Alyce Henson

About 1,300 people -- including Rotarians, Rotary youth program participants, United Nations leaders, and special guests -- are expected to attend Rotary-UN Day in New York City on 7 November.

This year's event, with the theme "Rotary and the United Nations: The World Is in

Your Hands," will feature panel discussions on water, literacy, health, and youth. Speakers will include senior staff from UNICEF, the UN Global Compact, the UN Department of Public Information's Nongovernmental Organizations Section, and other groups.

RI President John Kenny and Rotary Foundation Trustee Chair Glenn E. Estess Sr. will make remarks, and key Rotarians will highlight model volunteer projects.

"Rotary-UN Day is a wonderful opportunity for Rotarians and guests to come together at UN headquarters to hear speakers from the UN and from Rotary," says Brad Jenkins, primary RI representative to the UN in New York. "The day is designed to inspire and educate all participants as well as provide insight into the relationship between Rotary and the UN."

The program will also include a youth panel for Interactors, Rotaractors, and Rotary Youth Exchange students. Speakers will present a 10-minute description of a hands-on international club project.

Sophia Hameed, a New York University student and former Interactor, will talk about her experiences as a youth program participant, including her February trip to India as a National Immunization Day volunteer.

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**DISTRICT 7620 of ROTARY INTERNATIONAL
STRATEGIC PLAN – 2008 – 2010**

PURPOSE – the purpose of this strategic plan is to establish overall guidance and direction for the District Governor and successors for the future growth and development of District 7620 and its member Rotary Clubs. The expectation is that specific programs, methods and tactics would be developed and implemented annually, as needed, consistent with the objectives and priorities identified within this plan, and with the Mission and Vision of Rotary International.

MISSION –

The mission of Rotary District 7620 is to support that of Rotary International, a world-wide association of Rotary Clubs; to provide service to others; to promote high ethical standards and to advance world understanding, goodwill and peace through its fellowship of business, professional and community leaders.

VISION –

The vision of Rotary District 7620 is to support that of Rotary International to be universally recognized for our commitment to Service Above Self to advance world understanding, goodwill and peace.

PRIMARY OBJECTIVES –

- 1 – Increase membership base
- 2 – Assist clubs in implementing successful service projects, locally and internationally
- 3 – Develop future leaders for clubs, district and beyond the district level
- 4 – Increase district-wide support of The Rotary Foundation through contributions and participation in its programs

PRIORITIES –

- 1 – Expansion of the membership base via growth in club membership and extension of additional clubs throughout the district
- 2 – Support and expansion of training programs to develop club leaders, district leaders, and to identify and encourage candidates for Rotary positions beyond the district level
- 3 – Strengthen the Vocational Service lane within the district by encouraging greater coordination with the business community of District 7620 to increase membership, facilitate fund-raising, and promote club and District projects and specific programs to assist the less-advantaged to enter the job market.
- 4 – Maintain and grow support of programs on behalf of Gallaudet University, including expansion of the Rotary endowment fund
- 5 – Encourage club and district projects that will fulfill community needs and simultaneously present a favorable image of Rotary within the community with such programs as the 4 Way Test program, RYLA and the Dictionary Project
- 6 – Provide on-going support of PolioPlus, until the program is completed
- 7 – Expansion of district financial support of The Rotary Foundation, encouraging all clubs to contribute

KEY ELEMENTS FOR DEVELOPMENT OF PROGRAMS IN SUPPORT OF OBJECTIVES AND PRIORITIES –

- 1 – Where are we now? – Annually identify purpose, strengths, weaknesses and threats
- 2 – Where do we want to be? – Review annually the vision, expectations and purpose, and appropriate means to measure progress
- 3 – How do we get there? – From the general objectives, identify gaps between our mission and our vision/expectations; identify required resources (manpower, material); develop specific project and program goals, objectives, tactics and actions

Approval Date: May 13, 2009 Chairman: /Paul Frey/



Paul Frey
7620 District Governor
2009 – 2010

“The function of leadership is to develop more leaders, not more followers.”

~ Ralph Nader

District Goals/Initiatives

1. Support President John Kenny’s goals as outlined in the RI Strategic Plan and in the Presidential Citation brochure.
2. Support, promote, and celebrate the club initiatives in District 7620.
3. Focus on enhancing Leadership Development within the clubs and within the district.
4. Focus on the utilization of the newly revised district-wide Strategic Plan.
5. Enhance and support youth-related initiatives within clubs and within the district.
6. Enhance and support Membership initiatives that will allow the district to add clubs, and that will assist clubs in growing and retaining membership (add at least 100 net new club members, not including club extensions).
7. Enhance and support club and district initiatives that will promote the Rotary brand—locally, regionally, nationally, and internationally (Public Relations).
8. All clubs will set and achieve Foundation giving goals that will allow them to contribute to The Rotary Foundation, at a level appropriate for their club.
9. All clubs will set and achieve PolioPlus giving goals, in support of the District’s PolioPlus giving goals, to help Rotary International achieve the Rotary \$200 million challenge.