



Ann Arbor Rotary West

"Have A Beer, Change the World"



The ROTARIAN'S 4-WAY TEST

1. Is it the TRUTH?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?
5. IS IT FUN?

PRESIDENT:
Bruce Dunbar

SECRETARY:
Bob Overhiser

PAST PRESIDENT:
Bryon Harvey

ROTARY FOUNDATION:
Ted Thomas

MEMBERSHIP:
Catherine Franklin

TREASURER:
Melissa Wild

PUBLIC IMAGE/PROJECTS:
Vineet Katial

YOUTH SERVICES:
Bob Overhiser
Raj Bazaj

MEMBERS AT LARGE:
Asim Alavi
Yevgeny Core
Julie Dunbar
Jose Garcia
Thomas Gerigk
Naresh Gunaratnam
Michelle Webster

Phil Zepeda
Jacob Mcclouth (transfer)
Jennifer Gingell

Agenda: January 7th, 2019

Call to Order and Pledge

4 Way Test

Club Announcements

Rotary Reflection

Guest Speaker

Assistant Governor, Collyer Smith

District Update

Mental health initiative

Closing Remarks/Adjournment

Happy \$

Did you Know?

Mental health is the foundation for emotions, thinking, communication, learning, resilience and self-esteem. Mental health is also key to relationships, personal and emotional well-being and contributing to community or society.

Mental illness does not discriminate; it can affect anyone regardless of your age, gender, geography, income, social status, race/ethnicity, religion/spirituality, sexual orientation, background or other aspect of cultural identity.

Many people who have a mental illness do not want to talk about it. But mental illness is nothing to be ashamed of! It is a medical condition, just like heart disease or diabetes. And mental health conditions are treatable.

"Be Inspired" by the district initiative. Join Rotary in their efforts to make a difference in this important health issue.

ROTARY CLUB

ANN ARBOR WEST

Object of Rotary:

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

1. The development of acquaintance as an opportunity for service:
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society:
3. The application of the ideal of service in each Rotarian's personal, business and community life
4. The advancement of international understanding, goodwill, and peace through a world of fellowship of business and professional persons united in the ideal of service.

Upcoming International Projects:

Wash-in: Providing school bathroom facilities for children in India. Particularly offering sanitation & facilities for girls so they have the privacy and dignity to stay in school.

Post-Harvest Loss Prevention: Food preservation bags in Tanzania.

Project Uplift: Medical assistance, classrooms and bathrooms in Vietnam.

Recent Local Club Donations:

Ronald McDonald House Charities Items for Christmas Gift Bags for families experiencing a loved ones health issues during the holidays.

Polio Plus individual contributions \$2500 Shelter Box, Our House, Winter clothing Emmanuel Lutheran Clothes Closet- Ypsil.

RX Reading- The [Washtenaw Success by Six Collaborative](#) has three buildings with Head Start Classrooms that will receive our Rotary Reading Libraries.

For more info, visit...
<https://www.washtenawsuccessby6.org/>

*Statistics on Mental Health provided on back