



# Rotary Opens Opportunities



## THIS ISSUE

Roadtripping with the DG

Rotaract Podcast

NYSF reflections

October is economic  
and community  
development month.

## CALENDAR

October 2-11 - South  
West Rocks Art Show  
October 3-11 - RC Port  
Macquarie Book Sale  
October 6 - DG visit  
Taree Sunrise  
October 6 - DG Visit  
Hastings Rotaract  
October 8 - DG visit  
South West Rocks  
October 10-11 - The  
Rotary Club of Uralla,  
Antiques and  
Collectables Fair  
October 12 - DG visit  
Armidale North  
October 13 DG visit to  
Armidale  
October 14 - DG visit to  
Armidale AM  
October 14 - DG visit  
Dorrigo PM  
October 15 - Armidale  
Central  
October 19 - DG visit to  
Kempsey  
October 24 - World Polio  
Day

## MUSINGS FROM THE DG

Time certainly flies when your having fun!

I am now well into my visits with twenty more clubs to go. I have to say that visiting the Rotarians in their own clubs must be the highlight of the role. I have learnt so much from people and how they support their local communities. There have been many projects banded around to celebrate the centenary of Rotary next year. One I thought had great merit in this pandemic when most clubs are struggling to fundraise is a project partnership between Rotary and Step by Step, 'One Hundred Plants for One Hundred Years'. Many of our local communities have been devastated by bushfire, and many people have lost homes, property and livelihoods. The financial burden is one thing but the stress and inability to fix their situations worse. "One hundred plants", is a way that we as Rotarians can give back to the community in a simple way by spreading the joy of a new garden. There are grants available and we are looking into what can be achieved so we can replace people's gardens in a small way, work alongside each other, share morning tea and listen to people who are struggling. Clubs not involved with the actual work could raise plants from seedlings, cuttings etc so they can be used to re populate our local's gardens. This is a real community service project which raises awareness of Rotary 'doing good in the world'. More information to follow on this exciting initiative.

This week I have stayed on the coast and visited, Taree, Gloucester and Taree North Clubs. My thanks to AG Laurie Easter who has supported me on all visits, provided me with transport to Gloucester, (I would have got lost probably), and provided refreshment at Taree North Club.

See the age of chivalry is not lost!

Monday night I visited Taree Club hosted by David Denning. I have been here several times before, not officially and always received a warm welcome. Monday was no exception and I was pleased to learn about the many projects being undertaken there. The club support the Westpac Rescue Helicopter, local children's ward, the Australian Children's Music Foundation, St Judes and the MERV van. They facilitate two Golf Days, and support the Little Blue Shed in Uganda. David's vision for the year is to grow the membership, and I was presented with copies of their club brochure and booklet which gave a very comprehensive view on what the clubs is about, its projects and members. PDG Ian produced his own brochure, but anyone can produce one of these from the template in the Rotary Brand Centre, please go on and have a look. Go to myrotary.org, news and media, scroll down to the brand centre. The format is already done for you, just add your own pictures and wording. The books allow everyone to know what the club projects are and who is responsible for administering them. Thanks to PDG Ian Dyball for copies of them and some insight into the project for installing 'Peace Poles' into the local schools. The club is also supporting a preloved art sale, a combined Rotary and other partners in improvements in the Bicentennial Park. Another exciting project is a Lego exhibition, this has become quite popular recently with the television program Lego Masters.

## E-NEWS CONTACT

If you have something  
for the E-news please  
email editor Laura  
Telford at  
laura.telford@rotaract.  
org.au before 5pm on  
Friday to make sure it  
will appear in the next  
edition!



# MUSINGS FROM DG DEBBIE CONT.

Tuesday, I headed off to Gloucester Rotary Club, hosted by President Paul Hedditch. Gloucester Rotary club has many projects including support for the Westpac Rescue Helicopter, Prostate and Breast Cancer, Men's Shed and Lifeline. Paul's vision for the year is to obtain grants for projects, a working bee in Rotary Park, with Rotarians helping with ongoing painting and maintenance. They facilitate BBQ's and are involved with Love Bites, Mond Matters, Farmers Markets. Many Rotarians provide help with reading and support the breakfast club at the school. This year our Public Speaking winner came from Gloucester! The club is involved with many Youth programs including their Interact Club, Youth Exchange student in Slovakia and Days for Girls – Nepal. They also support a student's debating night. The club has an exciting new fundraiser about to be launched in the community and there will be more about this soon. The club are big supporters of the Rotary Foundation Centurion Program.

Big thank you to PDG Brian Beesley for sorting out the technical difficulties for me on the night – couldn't have done it with you. :-)

Wednesday evening, I was back in Taree with the Rotary Club of Taree North hosted by Presidents Ian and Sharyn at Ian's lovely home. Thanks to everyone for a great meals and desert. This club meets at home and everyone brings an item for dinner to share. The food was amazing! This club's main fundraiser is their book sales. They provide scholarships for tertiary education and have supported 18 students in their long history. Youth support features very strongly in this club, with students for YEP, RYLA and Public Speaking. They have an amazing relationship with a past student from Argentina. The club also supports sleeping bags for the homeless, Women's Shelter, the MERV Van, Orange Sky Laundry and Dementia support. Many of the Rotarians are supporters of Foundation by way of being a Centurion.

November is our Foundation month and I would commend anyone to see how they can support Foundation. The Centurion Programme is for all Rotarians to enable regular contributions to the Rotary Foundation. \$100 (AUD) is donated annually and is tax deductible. Contributions can count towards a Paul Harris Fellow.

Taree North also supports personally the local Youth Suicide Prevention Committee and I thank them for this much needed contribution.

If any club would like to support this year's **District Project LIFELINE** - the banking details are as follows: -Rotary International District 9650 Inc. BSB: 932 000 Account: 100453820

Next week I will be visiting Taree Sunrise for breakfast, Hastings Rotaract and South West Rocks. See you out there in this wonderful world of Rotary and

Remember,

**Opportunities are like sunrises – If you wait too long you miss them!**

PORT MACQUARIE ROTARY CLUB'S

# SPRING BOOK SALE

**NOTHING OVER \$2**

**9 DAYS of BARGAINS!**

**SATURDAY October 3 to SUNDAY October 11**  
**10am to 4pm DAILY**

Shop 6, Bay Park Plaza  
Port Macquarie  
(behind Pillow Talk)

Rotary

## The Rotary Open of Tamworth 2020



"The Rotary Open of Tamworth" is on again by popular demand and being organised by Rotary Club of Tamworth First Light.

- Be in the running to win the "STUNNING Gold & Blue Jacket"
- Friday 16<sup>th</sup> October 2020 – 1 tee starting from 10:30am
- Tamworth Golf Club
- Includes a Barbeque lunch on the way around
- \$40 per person
- Individual Stableford in conjunction with 2 person Irish 4 ball
- Book and pay at the Pro Shop with Brock Sampson, individually or as a team of 2 or 4 phone 6765 9980
- Sponsor a hole for \$100 or you may like to donate a prize
- Lots of prizes and fun, BBQ lunch included
- Presentation and drinks to follow the golf
- PROCEEDS donated to LOCAL TAMWORTH CHARITIES

Further information:

Michael Smith – 0408 230 211

Dennis Maunder – 0428 456 017

Deb Barnes – 0411 770 552

David Hinwood – 0418 667 768



# ROTARY HELPS DELIVER FIRST CLASS PROJECT

A three-year Rotary project costing \$88,000 has reached its final milestone with the 10th, and last, vital signs monitor delivered to Mid North Coast Cancer Institute (MNCCI) at Coffs Harbour.

The Rotary Club of Coffs Harbour Daybreak has donated the final monitor, having already contributed four others, to the community partnership project in what has been acknowledged as a world-first in cancer care. The state-of-the-art monitors, which cost \$8,800 each, use wireless technology to record patient observations, such as blood pressure, pulse rate and respiration, to a central, oncology-specific electronic medical records system. The project has eliminated transcription errors, improved nursing and clinical staff efficiency and provides 'real time' data to assist doctors in their decision-making. No other cancer centre in the world had such a system, but three years on, the Coffs Harbour initiative is now being rolled out at other cancer centres

Also supporting the project were the Rotary Club of Coffs Harbour South (which donated two monitors), Coffs Harbour City Rotary Club, Coffs Harbour Prostate Cancer Support Group, and Coffs resident Linda Kirkwood. MNCCI Nursing and Service Delivery Manager Jill Harrington said the project had been an outstanding success and was only possible because Rotary had come on board to fund the monitor component.

"This project has involved input from technical experts in Asia and the United States, working with our team to deliver what was just an idea four years ago," Ms Harrington said. "The vision and technical know-how certainly played a role, but it quite simply could not have happened without the Rotary Club of Coffs Harbour Daybreak taking a lead in partnering with us and bringing other clubs and individuals on board.

"It's a remarkable feat; a world first and we couldn't be more grateful for the faith Rotary showed in this project.

"The arrival of the final monitor was an opportunity to bring the various club representatives together with the prostate cancer support group and our team to say well done and, from the bottom of our hearts, thank you."



## SAVE THE DATE: THE ROTARY CLUB OF URALLA, ANTIQUES AND COLLECTABLES FAIR

The Fair will be held Saturday 10th October (9am - 5pm) and Sunday 11th October (9am - 2:30pm) in the RSL Memorial Hall, Salisbury St, Uralla.

The 7th annual Antiques and Collectables Fair is a community themed weekend of stall holders showcasing and offering their treasures. We have a good mix of exhibitors including Japanese antiques, furniture, statues, clocks & timepieces, books, vinyl records & players, military collectables, bric a brac, glassware, crockery and more.

An experienced appraiser can advise people about their special items, it will cost \$5 for 1 item and \$10 for 3 items, limited to 6 items per person so everyone gets a turn. The entry fee is kept to a minimum by only asking for a gold coin donation & there is a Guess the Mystery Item Competition. There will also be a display of Antique Machinery and Classic Cars in the Attwood & McMillan carpark to add further interest to the Fair. For further information contact Leanne 0488 559 928

## ROTARACT PODCAST

In her role as Rotaract Australia Communications Director, District Rotaract Representative Laura Telford has created a Rotaract podcast.

The podcast is called Chats by Rotaract Australia.

She is interviewing Rotaractors and Rotarians around the country sharing exciting stories about how Rotaractors are continuing to contribute to the world.

The episodes are available on Apple Podcast, Spotify iHeartRadio and everywhere you would listen to a podcast.

[OR you can click here and listen!](#)



## OCTOBER RDU

The latest edition of Rotary Down Under is now out. It is filled with lots of great articles including a double page spread of DRR Laura and her Rotaract Australia podcast. Check it out now.

[Click here to see RDU.](#)

# DATABASE UPDATING WITH DI HALL

## Membership & the District Database

[www.rotary9650.org.au](http://www.rotary9650.org.au)

When you have a change in your membership, it needs to be reflected on the District database.

There are several types of membership as shown below. This dropdown box appears each time there is a member to add or change. You will notice that there is no opportunity to DELETE.

Go to the

club member's individual page and make the adjustment there.

## To ADD a NEW MEMBER

Go to ADMIN page – click on **new**

Member only area		
  <a href="#">* Club Help</a>	Di Hall <a href="#">Edit</a>  <a href="#">Change My Password</a> <a href="#">My Clubs Board</a> <a href="#">My Club Photos</a> <a href="#">My Clubs Public Profile</a>	<a href="#">* My Club contact list</a> <a href="#">* District Officers Listing</a> <a href="#">* District Committees</a> <a href="#">* District Clubs</a> District Conference Reports - Not available yet
E-Club of District 9650 Club Admin only area  <a href="#">* My Club Administrators</a>  <a href="#">* Notes and Help</a>	Reports: <a href="#">* My Club contact list - New</a> <a href="#">* My Clubs Board - Next Year 22</a> <a href="#">* My Club</a> <a href="#">* Roster Selection</a> <a href="#">* Members Anniversaries</a> <a href="#">* Administrators</a> <a href="#">* Recognitions</a> <a href="#">* Youth Protection Menu</a>	My Club Reports: <a href="#">* My Club email list</a> <a href="#">* Bulletin list</a> <a href="#">* District Bulletin list</a> <a href="#">* Club Audit list</a>  <a href="#">* My Email List</a>

This will take you to a new page where you need to complete the details as specified. Don't forget to SAVE-NEXT.

Then you will go to an individual members page where further details need to be completed. Then **SAVE**.

## DG AND AG VISIT

Last Tuesday 29th September DG Debbie Loveday and AG Laurie Easter visited. DG presenting the winner of the Community Service award to Charles Youness.

There were 26 individual nominees and Rotarian Valda Barron and Sharee Abeysekera along with PP Li Meng Wong were present as this was unable to be finalised last year due to COVID but now we have done it. Charles and his wife own the Post Office. In the background if Li and Sharee.





# VALE HELEN REDDY

We're all extremely saddened by the news of Helen Reddy's passing yesterday. She was a great Australian performer and icon. One outcome is that a lot of people would like to see the I Am Woman movie – as a way of remembering her and all that she achieved. The only way they can do this on the big screen is by attending a Rotary event.

Many cinemas have today been in touch with the distributor, Transmission Films, expressing a desire to work with their local Rotary club to do multiple screenings together, as tributes to Helen Reddy. It's also an opportunity for us to support these local businesses that have been doing it very tough.

In Sydney, there is strong interest from large cinemas like the Cremorne Orpheum and Randwick Ritz, and in Melbourne the Lido, Classic and Cameo. But it's the same in other cities, suburbs and rural areas. Some cinemas that had been miffed about Stan receiving exclusivity on such a major Australian movie are very keen to work with Rotary. We currently have the exclusive rights to show the movie in cinemas during October and November and the indications are that the restrictions on audience size are being progressively lifted. For example, in NSW, we have recently gone from quarter capacity to half, and this may soon improve further. If clubs find that the demand becomes sufficiently strong, it's likely we can extend the period beyond November. In particular, with Melbourne's exit from lockdown still unclear, we will be able to extend the period there into January, perhaps longer.

Please encourage clubs to work with their local cinema and take the opportunity both to pay tribute to a great Australian and to support Rotary's number one cause.

And please let me know if there's anything you need.

Maurie Stack

Foundation Director

## ROTARY BY NYSF CANDIDATE SARAH

What is Rotary?

Formed by Paul Harris, an attorney from Chicago, in 1905 Rotary was created with the intention of being a place/club where professionals from diverse backgrounds could exchange ideas and form meaningful, lifelong friendships.

- The symbol for Rotary has always been a wheel which is meant to symbolize the idea of "civilization and movement"
- Members cannot simply join if they wish to, they must be suitable for the membership – essentially people who are interested in making a difference through their professional skills and talents
- to be invited to join a Rotary club.
- Two important mottoes of Rotary would be: Service above Self and One profits Most Who serves Best.

Both mottoes are perfect examples of the Rotary philosophy of being of service and willing to help in projects greater than oneself and unselfish volunteer service.-

General humanitarian causes that Rotary works on:

- Promoting peace, fighting diseases, providing clean water sanitation and hygiene, saving mothers and children, supporting education and growing local economies

-As part of Rotary's actions to make the world a better place, a noteworthy Rotary goal would be the project to eradicate polio that started in 1979 with a project to immunize 6 million children from polio in the Philippines.

- The 4-way test and four avenues of service are guidelines and frameworks for all Rotarians to understand and put into practice

- The 4-way test was written up by Rotarian Herbert J Taylor and is a code of ethics for Rotarians to follow when considering what to think, say or do.

This is a little summary of what Rotary is, its main goals, mottoes and the structures its members are to understand and put into practice.



**1<sup>st</sup> – 8<sup>th</sup> May 2021 Lake Keepit**

Introducing D9650 RYLA Chair

**DGE David Mayne**



*David has many years of experience as a corporate and personal communications consultant. His main area of expertise lays in non-verbal communication, dealing with not only what's being said but more importantly what's not being said through observation and clinical interpretation of body language and micro expressions.*

*David has graduate and post graduate qualifications in organisational communications, public relations, psychology, behavioural science and Horticulture. He has lectured all over the world in communications, conflict resolution, interpersonal skills, behaviour management and on-air broadcasting. David has also been commissioned as a personality and character assessor (Profiler) for Government and Non-Government Organisations.*

*David has been a Rotarian since the late 1990's. (RC Port Macquarie) He currently holds the positions of District Governor Elect and district conflict resolution officer. David is the Chair of D9650 RYLA & RYLA Oceania.*

*With his wife Heather (current President RC Port Macquarie West), they own and manage a cattle farm and award-winning Apiary on the Mid North Coast of NSW.*

## WORLD POLIO DAY

Poliomyelitis is a highly infectious disease that most commonly affects children under the age of 5. Most know it as poliovirus. The virus is spread person to person, typically through contaminated water. It can attack the nervous system, and in some instances, lead to paralysis. Although there is no cure, there is a safe and effective vaccine – one which Rotary and our partners use to immunize over 2.5 billion children worldwide.

Head to the official End Polio Now website to plan events for World Polio Day on October 24.

[Click here for more.](#)





# District 9650 Conference

*Rotary an*

*International Affair*

**March 12-14th 2021**



**Panthers Bay St, Port Macquarie**

ROTARY 9650.ORG.AU/DISTRICT-CONFERENCE

[HTTPS://WWW.ROTARY9650.ORG.AU/DISTRICT-CONFERENCE](https://www.rotary9650.org.au/district-conference)

