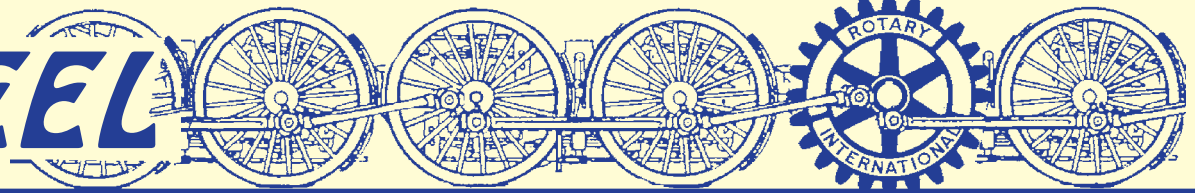


# The BIG WHEEL



Rotary Club of Novato

Chartered April 26, 1954

The Golden Nugget of the North Bay

In The Valley of Gentle Seasons



**January 7, 2022**  
**Vol. 73, No. 17**  
**Editor:**  
**Suzanne Bales**

## Happy New Year!

What a sense of déjà vu. Rotary meeting by zoom instead of the Jonas Center. Back to picking up sandwiches at Sam's. Looks like 36-38 Rotarians attended the zoom meeting. Started at 12 noon for a half hour of catching up and socializing. **President Christina** called the meeting to order at 12:30.

**Marisa Remak** led the pledge while **Joy Fillman** offered a quote from **Adlai Stevenson** - "It is not the years of your life, but the life in your years that count." **Joy** also quoted **Mae West** - "You only live once, but if you do it right once is enough."

## Four-Way Test

**Fred Anderson** was called on to explain the Four-Way Test. **Fred**, because of moving to follow grandkids is now on his 4th Rotary Club and mentioned the other clubs recited the Pledge once a month. The Four-Way Test, was created in 1932 by Rotarian **Herbert J. Taylor** when he was asked to take charge of a company that was facing bankruptcy. He found the code of ethics was way too long and complicated so strove to create simple actions, thus the Four-Way Test.

## Guests & Visitors

No visiting Rotarians on the zoom meeting. **Roberta Dunham** shared the couch at home with **Alan**.

## Sunshine Report

**Marty Wickenheiser** stated that long time past Rotarian **Lynn Perry** had passed away Christmas day.

## Wine Glasses

**Marty** also mentioned she has wine glasses with a Rotary logo she is happy to give away. They had come to her from **John Stuber**.

## Announcements

**President Christina** read her New Years message, one of hope and joy.

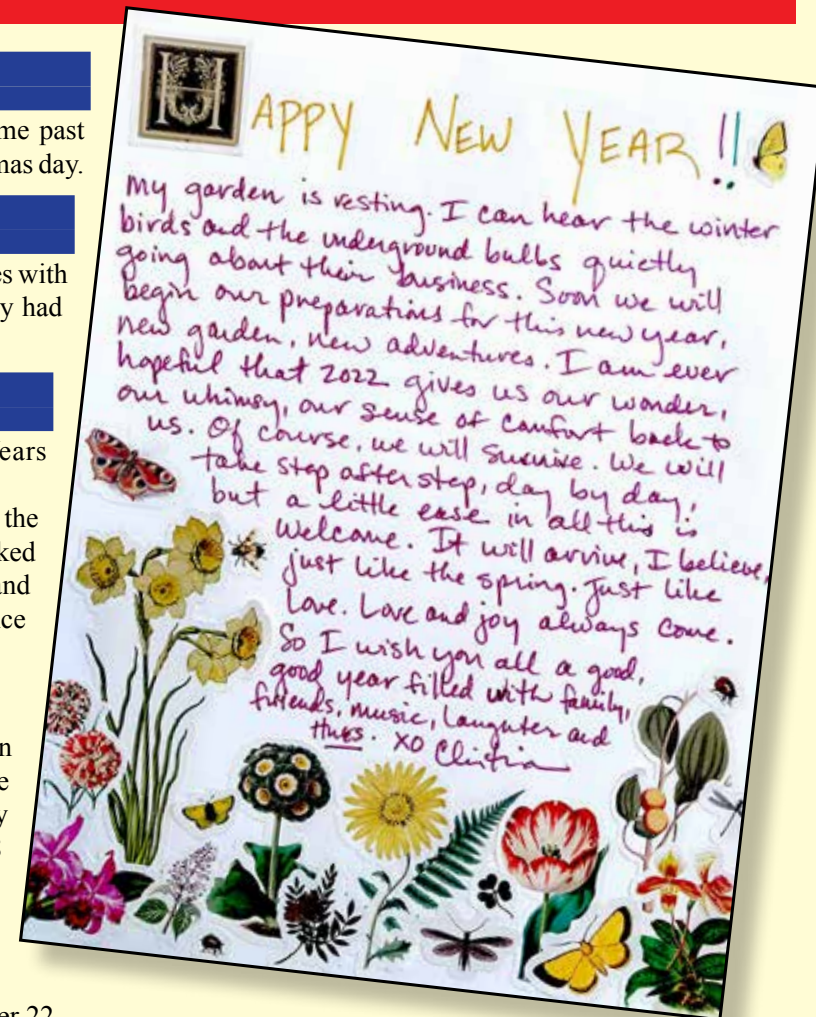
**President Christina** mention the recital at the end of this month is canceled. She also thanked **Penny Hansen** for her photography skills and assisting with an article for the Novato Advance

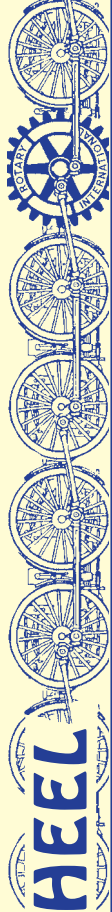
## Resilient Neighborhoods & Climate Action Committee

**Gloria Dunn-Violin** shared information about Resilient Neighborhoods and the Climate Action Committee. The goal is to have all Rotary clubs involved and signed up. Right now 7-8 clubs are involved. **Gloria** mentioned Marin uses more resources per person than a number of countries. Next workshop is Jan 13th 4 pm and then Jan 18th, (6:30 pm?) The course is two hours every other week through September 22.

Sign up get involved and help foster a healthy environment.

**Please Note:**  
**We are back to ZOOM meetings until further notice.**





P.O. Box 657  
Novato, CA 94948

**"Serve to Change Lives"**

### The Four-Way Test

"Of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

## Rotary Club Meeting January 14 - ZOOM MEETING

### The King's Quest

**The Interrupted Journey, Martin Luther King Jr.**

Speaker Noah Griffin Jr. has had a many-faceted career: historian, writer, newspaper columnist, radio and television talk show host, law editor, press secretary, campaign manager, lyricist, and vocalist.

Griffin grew up in San Francisco. Griffin began singing professionally at age seven with the San Francisco Boys Chorus. In 1955 he was the first black youngster to perform a solo with the San Francisco Cosmopolitan Opera in La Bohème. By the time he was twelve, Griffin had shared the stage with Paul Robeson, Leontyne Price, Johnny Ray, Nat "King" Cole, and performed in Carmen, Turandot, and Boris Godunov.

Griffin was student body president at George Washington High School in San Francisco and became the first black athlete to letter in tennis in San Francisco High School sports.

Griffin attended Fisk University in Nashville, TN. He received a B.A. in History from Fisk and a law degree from Harvard Law.

Griffin became the first full-time black talk show host on KGO Radio in S.F., where he continued to work as weekend host until 1985. He was the first black op-ed columnist for the San Francisco Examiner, the first African American on the then Examiner editorial board, the first black San Francisco nationally syndicated columnist through Scripps-Howard, and the first S.F. columnist to appear on the PBS News Hour.

### Where to Make Up

Contact the Club you wish to attend for dates, time and virtual meeting code.

The District website lists the Clubs and websites for contact info at:

**Rotary5150.org/clubs/rotary-club-directory/**

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## Upcoming Programs

### January 2022

Jan. 14 **Noah Griffin Jr: King's Quest - The Interrupted Journey, Martin Luther King Jr.**

Jan. 21 **Amy Owen, Executive Director of MarinMOCA**

Jan. 28 **Rotary Recital Canceled**

### February 2022

Feb. 4 **Miwok Museum Presentation: Speaker TBA**

Feb. 11 **Love Song Singalong with Joni and Christina**

Feb. 18 **NO MEETING**

Feb. 25 **Celebration of SF Presentation: Speaker TBA**

[www.novatorotary.org](http://www.novatorotary.org)

## ROTARY CLUB OF NOVATO 2021/2022 OFFICERS AND DIRECTORS

### OFFICERS

**Christina Stroeh**  
*President*

**Peian Harness**  
*Vice President*

**Phil Dougherty**  
*Secretary*

**Reggie Winner**  
*Treasurer*

**Shekhar Mehta**  
*R.I. President*

**Danielle Lallement**  
*District Governor*

**Terri Carillo**  
*Assistant District Governor*

### DIRECTORS

**Craig Anderson & Jim Bates**  
*Club Administration*

**Marisa Remak**  
*Public Image*

**Jim Spilman**  
*Community Service*

**Gloria Dunn-Violin**  
*Environmental Sustainability (NR-CAT)*

**Holly Axtell**  
*International Service*

**Jorg Puhr-Westerheide**  
*The Rotary Foundation (TRF)*

**Lynn Dawson**  
*Youth Service*

**Sonia Seeman**  
*Membership*

**Robert Marshall**  
*President, Nova-Ro Corp.*

**Jay Wayne**  
*Chair, Novato Rotary Endowment*

**Chris DeGabriele**  
*Past President*

### The Blue Books are Here!

Sonia Seeman reminded us Blue Books are here. Stop by Zenith Printing and Bill Vespa will have it. For newer members the Blue Book is a listing of Rotarians with contact info and a photo. Also, take a look at the January Rotary Magazine for an article featuring our own Jonas Center.



### Bakers Needed for Western BBQ & Line Dance

Reggie Winner is looking for bakers for the upcoming fundraiser - the Western BBQ & Line Dance on February 5th. The item should feed 8-10 people. Friends, neighbors, or anyone who loves to bake deserts - please let Reggie know.

### Blue Star Moms

Next on zoom was a video from Blue Star Moms, showing packages being delivered and gift cards being delivered to veterans.

### January Birthdays

Next, courtesy of Phil Dougherty, was a video showing the January birthdays.



### Craft Talks

On to craft talks with Tony Garza, and Peter Rubens.

Tony shared some recent projects such as Park a Pup in Novato, building a small accessory unit at Trumbull Mansion for a visiting priest and creating a space and finding a solution for a CT scanner. Tony loves his job and his enthusiasm was obvious.

Next up Peter Rubens from At Home Caregivers. Peter mentioned his past life involved the wine business with Seagram. He was in New York on 9-11 and that changed his life. He left the wine industry and created a business that would give service to others. At Home Caregivers runs the gamut from providing health care from three hours to 24 hours as needed.

The company is bonded and licensed and provides 24 hour, 365 days a year coverage.

Getting old is expensive is the bottom line! 24 hour care is more than \$800 per day.

### The Winner

Reggie Winner won the \$25!



In Memoriam  
Lynn Perry  
1937 - 2021

27th Annual  
Proceeds Support Community and International Service Projects

Rotary Club of Novato

Western BBQ & Line Dance

Bill & Adele Jonas Center  
IVC Campus, Novato

Saturday, February 5th, 2022

5:30 - 6:30 - BELLY-UP to the Bar  
6:30 - Dinner · Auctions through the Evening

LIVE MUSIC

Menu  
BBQ Chicken Thighs, Pulled Pork  
Beans, Cole Slaw & French Roll

BIG SKY AUCTION

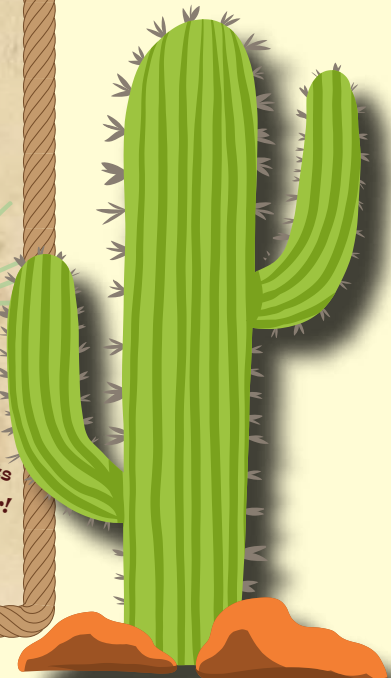
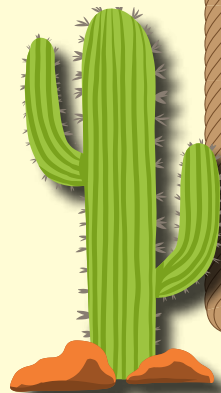
PIE AUCTION

**\$45 per Person**  
Tickets are Available  
From Novato Rotary Club Members  
Please make checks payable to:  
Novato Rotary Endowment  
P.O. Box 657 · Novato, CA 94948

Tickets may also be purchased at  
novatorotary.org or use QR Code below

NO Tickets at the Door!

All CDC, State and Local Covid Guidelines will be followed.  
Proof of vaccination or negative COVID test to attend. Masks are required.





Ryan Pocock of Sutter Hospital, Christina Stroeh, President of Rotary Club of Novato, and Sutter Board Commissioner Lauren Elkin.

**Sutter Novato Community Hospital receives support from Rotary Dance-A-Thon fund raiser in October.**

The Rotary Club of Novato President Christina Stroeh and Ryan Pocock Office of Sutter Philanthropy organized a Dance-A-Thon to raise money for Novato Community Sutter Hospital’s Breast Health Scholarship Fund. This Fund provides mammograms and diagnostic testing for women in need. The presentation was held at the Novato Hospital and attended by Ryan Pocock Senior Manager Gift Officer, Rotary Club of Novato President Christina Stroeh and Lauren Elkin incoming President of Sutter Novato Community Hospital Board of Directors.

*By Penny Hansen*



Rotary International President Shekhar and Rashi Mehta describe Polio mission and they’re on a 24 hour trip from India.



Rotary International Rose Parade float celebrating education.



**January Birthday’s**



Tony Garza described the challenges of design, from Kennel to Hospital.



Fred Anderson describes the Rotary 4 Way Test history.



Peter Rubens describes Home Health Care.



Dr. Joy Fillman gives the “Thought for the Day.”