Rotary Glub of Novato

Chartered April 26, 1954

The Golden Nugget of the North Bay

In The Valley of Gentle Seasons



January 12, 2024 Vol. 75, No. 25 Editor: Maggie Shao

### In the Beginning

President Phil opened the meeting at 12:15 and thanks to Dee's Catering we had a delicious lunch of tofu stir-fried with veggies, turkey meatloaf, mashed potatoes, brussel sprouts, fresh green salad, fresh fruits, warm peach cobbler and chocolate chip cookies. Dean Heffelfinger led us in the Pledge and Ryan Lee provided the 'Thought of the Day,' he and his wife are inspired to be grateful and this quote from Eckhardt Tolle embodies that feeling of gratitude "Acknowledging the good that you already have in your life is the foundation for all abundance".

### **Guests and Visiting Rotarians**

Visiting Rotarians today were District 5150 Governor, Laine Hendricks, our speaker from San Francisco 2 and Stacey Vance, Assistant Governor from San Rafael Evening. Prez Phil introduced first lady Laurie Dougherty and his eldest daughter Shayla. Lynn Dawson introduced Lisa Byman, who is visiting local Rotary Clubs to get involved in community service. Rob Marshall introduced Eliza Roesler, she is in the process of applying to our Club, and Marty Wickenheiser introduced guests Fritz Bullman and Jackie Cormier. Jim Botko brought his beautiful bride Kathy.

### **Sunshine Report**

Marty W. reported that Craig Anderson is out of the hospital and doing well after surgery to remove "bad stuff" from ear to his neck.

**John Reuscher** spent the holidays with **Michael Reuscher** (**Michael** having already survived two double lung transplants and currently in need for a kidney transplant.) **John** is grateful for all those who have donor stickers on their drivers' license.

**Jim Spilman** talks daily with **Gary Bramon**, who is recovering from bronchitis and doing better.

### **Announcements**

### **H2Open Doors**

**Rob Marshall** enthused to report the shortfall of funding was reinstated and increased from \$5,000 to \$8,000 and the additional \$3,000 will be used to buy computers for Rotary RACHEL Project.

### **World Community Service**

Holly Axtell wanted to remind us about the \$500 grant. This grant is available to help support projects that Rotary Clubs you may visit or know when we travel abroad that have projects that need some funding, this may also lead to further collaboration on potentially larger global grant projects

### Lynwood Elementary School Project

Due to rain forecast, **Jim Spilman** has amended work project for installing benches for Sunday and Monday (MLK Holiday) Jan 14-15, and the following Saturday and Sunday, Jan 20-21.

### **Upcoming events**

### Magnolia Project

Burt Hoffman and Prez Phil had a meeting with Gianna Biaggi, director of Magnolia Project, to foster Rotary's business connections to offer middle and high school students vocational and experiential learning. Gia will be at our next Friday meeting with a table to find mentors and businesses to support this project. Sitting at my table, Captain Sasha D'Amico shared that the Novato Police will host two students for this program.



### Western BBQ and Dance

Bill Vespa wanted to acknowledge Jim Carriere's Live Auction Item of Crayfish Feed for 10, and anyone else with similar auction items, please let him know. Larry Harrison was at the meeting selling \$65 tickets for BBQ, Buy those tickets! You'll have a chance to lasso a bull! Bavarian Cowboy Jorg Puhl-Westerheide showed off his bull he built for the event and after a demo, asked for volunteers to try it out. Our speaker Laine Hendricks, a seasoned horse woman in her cowboy boots, managed to rope one horn after 3 tries. Peter Pelavin and Rene Prado also came up to try their roping skills.

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# The BIG WHEEL

P.O. Box 657 Novato, CA 94948 **The Four-Way Test** 

# "Of the things we think, say or do: 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOODWILL and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL to all





# Featuring Dr. Michael Pritchard & Mark Dale

The Bill and Adele Jonas Center Thursday, January 25th 7 pm to 8:30 pm

Prepare for an unforgettable evening!
Purchase your tickets today for the Novato
Speaker Series, showcasing Mark Dale,
a passionate activist fighting the opioid
epidemic, and Dr. Michael Pritchard, a
nationally acclaimed keynote speaker
celebrated for his unique talent in blending
humor and inspiration. The compelling
narratives of Mark and Michael will leave
you feeling motivated, uplifted, and sporting
a heartwarming smile. Seize the opportunity
to be part of this exceptional event – secure
your tickets now!

Tickets: Adults \$25 • Students \$10

### **Rotary Big Wheel Sponsor**



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### **Upcoming Programs & Events**

### January 2024

Jan. 19	Marcus Combs, Retired Golden Gate
	National Park Ranger: How the Bay Area
	changed through the 1950's

Jan. 25 Novato Speaker Series: Dr. Michael Pritchard and Mark Dale

Jan. 26 NO MEETING

### February 2024

Feb. 2	Professor John Quigley: Palestine &
	International Criminal Court History

Feb. 9 Karen Beale: Society of Women Engineers

Feb. 16 Mike Morrisey: Travels Picture and Stories

### March 2024

Mar. 1 TBD

Mar. 8 Davis Perkins: Marin artist and smokejumper

Mar. 15 Sylvia Whitlock: First Woman In Rotary

Mar. 22 Dick Spotswood: Marin IJ

## ROTARY CLUB OF NOVATO 2023/2024 OFFICERS AND DIRECTORS

### **OFFICERS**

Phil Dougherty
President

Tom Rickey
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### **DIRECTORS**

Roy Pfeifer & John Reuscher

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Community Service
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**Holly Axtell** 

International Service

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Marisa Remak

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Peian Harness
Past President

### **Program**

We played the game "Guess Who" who was riding horses from a young age and competed on horse trials at NCAA College Championship. Our **5150 District Governor**, **Laine Hendricks** - we welcomed her by singing her bio to the tune of the Beatles "Penny Lane". **Laine** came up and said her cheeks were sore from smiling from our Club standing and singing together.

At our place setting, we had two Rotary Pins, The Create Hope pin, **RI International President Gordon McInally's** theme to place emphasis on Mental Health and Wellness, sharing his own family's loss of his brother's struggle with mental health that led to his suicide. As Rotarians, we want to Create Hope by asking "How Are

You" and really listening. A slide was projected with a quote from **Yoko Ono** "Healing Yourself is Connected to Healing Others".

This brings us to the other District Pin with the word CONNECT and **Laine** explained the symbolism of the GGB representing the 3 districts, San Francisco, Marin, and San Mateo in District 5150. Three distinctly different skin tones of hands are clasped, a rainbow watch on one wrist, representing diversity and inclusion, and the essence that the time is now to Connect.

Two parts to Connect, first Look Within, what brings you joy coming to Rotary? Audience participation offered shout outs of "fellowship, service, happy, friends." Secondly, Look Around to your fellow members. Laine used the analogy of cats and dogs. We wouldn't ask a cat to fetch, jump in a pool,

rollover, sit or stay - nor would we expect a dog to purr and be solitary. For our members we need to recognize what is comfortable for them and to match Club activities that are aligned with their talents and desires.

**DG** Laine also encouraged us to cross that GGB and participate in District events. Check them out on the webpage, https://rotary5150.org/ to register for a really epic event with a multi district meeting, Sacramento, Sierra Nevada and 5150 in Reno, Nevada at the Grand Sierra Resort May 17-19, 2024. A special opportunity (doesn't happen often) is that **RI President Gordon McInally** will be there for this event!

### The Winner

Rebekah Shapiro Gonzalez won the \$25 Raffle.

### **Rotary Photo Album**



Our DG explains the new Connect Rotary logo showing symbols of diversity.



Our DG Laine Hendricks joined Rob Marshall in raising donations for Polio prevention.



On behalf of our Western BBQ & Dance, members tried roping a cow.



### **Rotary Photo Album**

Mother Marisa and daughter Sadie Remak measuring redwood slats for planters.

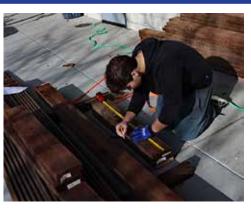


Attorney Peter Pelavin ropes calves and drills post holes for the school project.

# Lynwood Elementary School Project



Layton of San Marin High Rotary Interact Club sizing the lumber.



Lynwood Elementary School landscape beautification by the Community Service Committee of Rotary Club of Novato.



Jim Spilman Chairman of Committee Service, Phil Dougherty, and John Cutrufelli General Contractor Rotarian.



Al Shirley and Ed Ross sawing.



Early Sunday Rotary work stations at Lynwood Elementary School yard beautification.