Rotary Club of Novato Miwok Park Picnic

By Penny Hansen

In the comfort of mature oak branches that shaded the long fire pit with a Chef dedication to ¾ lb burgers and fried chicken, John Cutrufelli constructed beefy patties and Dennis Baldwin electrified our test buds with BBQ chicken.

Life for our Club Picnic resumes within site of the Coast Miwok assembly dwelling replica repaired by our Rotary Club with Boy Scout Troops and the Marin Open Space, 8 years ago after vandalism.

We gather again under the trees in a toasty 85 degrees. President Phil, in his official straw hat was gathering garbage bags, set up 4 Corn Holes with rule book in hand. The tables were covered and the homemade salads and bakery goods stretched the full length of tables. I asked Gloria to catch Phil so I could take a photo. What a wonderful afternoon.
The Four-Way Test

"Of the things we think, say or do:
1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

Where to Make Up

Contact the Club you wish to attend for dates, time and virtual meeting code. The District website lists the Clubs and websites for contact info at: Rotary5150.org/clubs/rotary-club-directory/

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**August**

**SPECIAL DATES**

- **8-6**  Tommy Lee
- **8-7**  Lowell Smith
- **8-9**  George Estes
- **8-9**  Kyle Frazier
- **8-9**  Peter Rubens
- **8-12**  Laurie & Phil Dougherty
- **8-13**  Noemi Beissmann-Mason
- **8-13**  Maureen Wayne
- **8-13**  Jim White
- **8-16**  Chuck Hildebrand
- **8-24**  Marilu & Larry Mazzotta
- **8-24**  Greg Molloy
- **8-25**  Larry Harrison
- **8-29**  Peian Harness

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**Qigong Practice**

First meeting of every month, **Maggie Shao** will lead a short 20 minute Qigong practice after the regular meeting at the Jonas Center. We had a nice practice on July 7 and invite any members to join in Qigong practice next month. The routine can be viewed on Youtube, click on this link [https://youtu.be/ADVMFVirsiU](https://youtu.be/ADVMFVirsiU)

**Do you like to Hike?**

**Jim Bates** will be leading a hike after the 3rd meeting of the month.
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