



District 5340

2/22/2019

Established 1993

Opening Remarks and Announcements



Jeff Hall opened today's meeting with the usual opening sequence; flag salute and Four Way Test plus our favorite number five: "Is it fun?" He welcomed the guests:

Fern reminded us that our next garage sale is coming up soon on March 16. Sorting will be on March 13, and set-up on March 15th. She sent around a sign-up list for volunteers to sign up for times to work. She also announced that we need good saleable items. We are light on donations. Please send out the email she sent to all your friends so we can garner some good saleable items to sell. If an item is too good to sell at a garage sale then separate it out so Fern can try to sell it on either Craig's List or e-bay. They've sold one of the Pots that Bill Pogue donated and have more to try to sell.



Clara reminded us that the annual District Peace Conference is tomorrow at the Kroc center at USD. If you can go, it is always an interesting conference with interesting speakers.

Please sign up on the District Website for the District Conference. It is in town this time. It's March 1 – 3 at the beautiful Catamaran Hotel in Mission Beach.

La Mesa Sunrise Rotary Leadership 2018-2019

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President: Elena Lujan-Alba
 Imd Past Pres: Betty Howland
 Pres Elect: Jeff Hall
 Secretary: Elly Dotseth
 Treasurer: John Stremiau/
 Laurel Nishida

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 Branding: Dave Lemox
 RI Foundation David Ballesteros
 Membership: Bobbie Warren
 Pub Relations Aaron Landau
 Youth Interact: JoAnn Bergquist
 Peace Chair Clara Harris

Credits and Acknowledgements

- Pledge: Carrie Nakao
- 4-way test: Lily Alba
- Photos: Bill Pogue
- Drawing: Edda (\$20)
- **Minutes: Lynn DeHaven**





Our club Interact supporters/chair announced that four of the 11 candidates have been chosen with two alternates. All of the applicants were bright and worthy students. Their names are Alex Chau, Jenny Quan, Rosalinda Salizar and Jami Lau. The two alternates are Marisela Saucedo, and Jenna Sitta.

It's been decided that for Rotarian at Work Day, our project will be to clean up along either Fletcher Creek which is behind the Triple A building or along University Creek. We're hoping for Fletcher Creek, but Janet hasn't gotten a definitive answer from the City of La Mesa yet. RAW (Rotarian at Work) Day is always the last Saturday in the

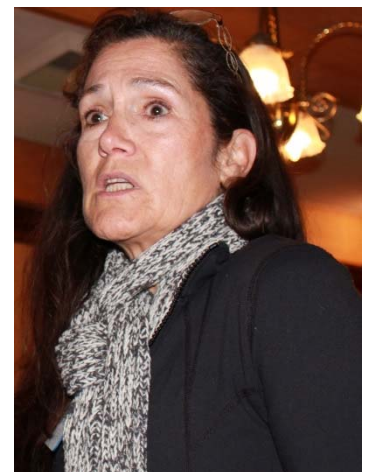
month of April. Save the date.

Ellie dug all the money out of the Polio Plus Pig and it totaled \$63.00. So, a check is ready to be given to Christine to be sent to RI for the Polio Plus Campaign. The last oranges off the Hall's tree were available to be bought today.



Jeff shared a story he gleaned from his PETS experience. The person who told it was on a Polio vaccination mission somewhere in Africa. This was in the early days of the Polio eradication effort. In addition to vaccinating children they were giving out specialized bikes adapted to go with each polio victim's special needs. The recipients were camped across a large field a fair distance from the distribution point. A girl, eager to get to her new mode of transport, started walking across the large field on her hands, since her legs no longer worked. On her hands she wore a pair of flip-flops. When she got to her new hand-pedaled bike she was so happy to have a new mode of transportation that she flung her flip-flops away!!!

Janet announced that tomorrow an Interfaith Group based at the United Methodist Church, located on the corner of Palm and Lemon, is hosting their monthly breakfast for the homeless in the area. While there, the homeless can get free haircuts and showers. They do this breakfast on the last weekend of the month. They encourage volunteers to come help serve. If too many volunteers show up then just have breakfast and sit and visit with one or two of the participants. There, but for the grace of God go you! They are down on their luck for various reasons and they need friendship, help and encouragement. There is a need for useable clothing to give out to those who've worn out what they have. There is always a special need for men's clothing in various sizes. Warm jackets are appreciated. They also could use towels for the people showering.



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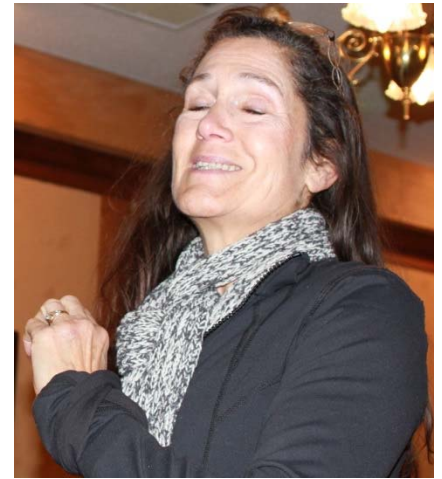


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Max thanked our club for supporting the Transitional Living Center. He has a close friend who suddenly has found herself needing their assistance and were it not for their existence she would not have a place to go. The Transitional Living Center, has a need for bed linens, blankets, and towels. We discussed that if we have those kinds of things donated, we can donate them there. They don't sell well at garage sales.

Our Bowling Tournament will be held on May 10th. The Theme this year is "The Big Lebowski." In addition to the normal prizes for the winners of the tournament, there will be a prize for the best costume! You are supposed to come dressed as one of the characters in the movie. The Alba's hosted a viewing of that movie at their house when this event was first announced. If you didn't get to see it, then you better rent the movie and familiarize yourself what the characters wore, so you can be working on a costume.



Speaker: Joy Prowse "Rotary Peace Fellowships"



Clara introduced her friend and fellow Peace Chair, Joy Prowse. Joy and her husband Stan co-run their Law Firm in Carlsbad. She has had a career that included working for IBM and another large corporation. She says it was Rotary, however, that made her come alive. She is a member of the Carlsbad High Noon club of which her husband is currently the President. Joy is the District Rotary Peace

Fellowship Chair. Her duties include soliciting qualified applicants for the Rotary Peace Fellowship Program.



This program, I must point out, is different from our District's Peace Ambassadorial Program where we bring one student from another country to USD's Peace and Justice program to earn a Master's in Peace and Justice in one year's time. (maybe 14 months) The Fellowship Program is a Rotary International Fellowship that offers a Master's degree program or a Professional development program of 3 month's length. The Master's degree program is a 15- 24-month program requiring a 2-3-month self-designed applied field experience plus a final thesis. The Professional Development

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Certificate is a 3-month program offering an intensive interdisciplinary coursework with expert lecturers and domestic and international field studies.

The eligibility qualifications are stringent. A bachelor's degree or equivalent is required for the Master's degree, plus three year of full-time related work experience. For the Certificate program you need a strong academic background, plus five years of full-time related work experience.

You need to be fluent in two languages, and three are preferable, and be fluent in English. You also need strong leadership skills. You must apply by May 31, and contact the Rotary District for endorsement that includes an interview. The endorsement is due to Rotary International by 1 July. Once selected you must apply separately for university admission. The only peace center in our country is Duke University. Normally, you would apply to the university that is closest to the country where you work. There are six Rotary Peace Center University Partners. One in Australia, England, Japan, Sweden, Thailand, and USA. Peace Fellow alumni serve as leaders in government, nongovernmental organizations, the military, law enforcement, education, humanitarian action, restorative justice, and international organizations.

Our most recent Peace Fellow was a man in his late 30's who is in the Border Patrol. He is married and has a family. His Master's degree will allow him to get a leadership position there. Joy told us that we should always be on the look-out for people who are natural leaders, smart, at least bilingual, with a bachelors or equivalent college credits. They should be recommended to receive this Fellowship. The Fellowship provides tuition and fees, room and board, Round-trip transportation, and Internship/field study expenses. Joy's email address is:

joyprowse@stanprowse.com

Help her find qualified applicants!!

Vistors/Guests

Megan O'Dowd from the Uptown Sunrise



Guests (SDSU Rotaractors)

Janice Smith/Darin Wilson/Ubaldo
Martinez/Taylor Campbell/Josh Barfuss



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Member Highlights



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