



District 5340

2/14/2020

Chartered 1986

Opening Remarks and Announcements



Fern led our meeting in the absence of Jeff. She asked people to sign up to be a greeter at least 1 time a year.

Bowling Fundraiser is Friday, May 8th. The theme is to dress as your favorite super hero!!



JoAnn is taking 12 Interactors to Father Joe's tomorrow. Next weekend on Sunday she will need drivers to take the Interactors to UCSD from 11-3.

Alix is selling handbags as a fundraiser for Compassion for African Villages.



La Mesa Sunrise Rotary Leadership 2019-2020

Officers

President: Jeff Hall
Imd Past Pres: Elena Alba
Pres Elect: Elly Dotseth
Secretary: Lynn DeHaven
Treasurer: Laurel Nishida
RI Foundation: John Stremlau
Membership: Christine Evans
Youth: Joanne Bergquist
Community Service: Peggy Davis

Directors

Int'l Service: TBA
Pub Relations TBA
Peace Chair: Clara Harris

Credits and Acknowledgements

- Pledge: Betty Howland
- 4-way test: Jimmy Hwang
- Greeter: Ron Rice
- Raffle: Elly Dotseth
- **Minutes: Ivy Blumberg**



Guests/Rotaractors

We had several Rotaractors with us—Olivia DiSanto, Chelsea Crowne, Cynthia, Ryan Du, Josh Barrass, Kenya Flores, Sophia Matthews, & Sophie Leu, Mikaya Acc...



Josh invited us to their meetings—Tuesday night at 7 pm in the SDSU student union building. They have about 80 members. He shared about RISE, March 14th, where they have leadership workshops for Interactors. They also have a Tijuana home building project that he participates in and

loves.

Guests/SDSU Rotaractors



www.LaMesaSunriseRotary.com



La Mesa Sunrise Rotary * Meetings each Friday 7:15 am * Hooleys Irish Pub, Grossmont Center, La Mesa, CA 92142

Speaker Presentation on “The Four-way TEST of the things we think, say or do”, By Helix High School Students



Today is the 4-way test contest for Helix High students. Janet was our emcee & explained that the speeches had to relate a topic they are passionate about to our 4-way test. We have 4 judges to score the speeches—Ellie, Hugo, Bettie & Max.

Greg Osborn, the teacher who brought our 3 Interactors, shared that this is the 20th year they have been coming to Rotary. He is the teacher of the Speech & Debate team at Helix. Their state competition is in 2 weeks. He thanked the rotary for letting them all come and practice with us!



Speaker A introduced her speech mentioning her opinions about abortion, God and gun control. She discussed how sharing our personal truths can make us and those around us, uncomfortable, which is not necessarily a bad thing. She feels that sharing our beliefs with one another is important can help us accept one another. She talked about how the presidential candidates of 2016 smeared one another and therefore did not follow the rotary policy to build better friendships, being beneficial to all concerned, and speaking the truth. She also shared that participation awards in sports doesn't allow kids to appreciate that losing is part of life. Her other topic was how talking to our children about sex is important. All of these uncomfortable topics need to be talked about to bring us together!!

Speaker B talked about someone named Nico who contemplated Sisyphus, the king who pushed a rock up a hill over & over again, only to see it roll back down. Nico was studying philosophy to see if happiness is possible. He wondered if we can find meaning in a meaningless world. Humans need purpose in their life. What we want from life & the universe doesn't seem to be what we get. Nico, who the speaker revealed as being her father, took his life in 2018. Was this beneficial to all concerned? She says yes because he was a miracle and so is our speaker!!

Speaker C started by singing a song from Mulan---“I'll make a man out of you!!” The speaker has been dressing in a masculine fashion since middle school. Why is being feminine is something that makes us lose the respect of society? Is this the truth? Yes! Women are seen to be inferior as employees and in the media. She gave the movie “Fantastic Beasts” as an example. The female and male protagonists had reversed roles (the male having feminine attributes & the female having male attributes) and were not respected because of it. In politics, feminine traits are often swept under the rug and not seen as positive in our society as are more masculine traits. We should all embrace the femininity & masculinity inside of us—it is empowering! Don't be trapped under the masculinity or femininity you are “supposed” to portray because of your sex!!

Speaker A—Elaine Alfaro (2nd place)

Speaker B—Danika Zikas (3rd place)

Speaker C—Avery Mancuso (1st place!!)



Member's Highlights



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