



District 5340

2/07/2020

Chartered 1986

Opening Remarks and Announcements



Jeff Hall, our President opened the meeting with the normal flag salute and recitation of the Four-way Test plus one.

Jeff also announced that the Board Meeting is postponed until after his return from his trip to Rutgers University to view the wrestling Championship matches. He'll be gone about 3 weeks. He is one traveling President for sure!

Jeff suggested that as a Valentine gift for your "honey" you might choose to select one of our Poetry Books we compiled from poems we, or our friends, wrote, and published a few years back. The price on Amazon is \$14.99 but from our club its only \$10.00. Another option is to buy them a pound of the coffee that is grown and produced in Guatemala by women supporting their families. We have a number of pounds of de-caf but only one pound of regular left to sell. The cost is \$20.00 per pound.



Max announced that the search for RYLA attendees is moving along well. There are 5 applicants to interview at Helix and they will pick 2 from there. At Diego Hills, they have identified several applicants and will soon interview there and will select the final two attendees.

La Mesa Sunrise Rotary Leadership 2019-2020

Officers

President: Jeff Hall

Imd Past Pres: Elena Alba

Pres Elect: Elly Dotseth

Secretary: Lynn DeHaven

Treasurer: Laurel Nishida

RI Foundation: John Stremiau

Membership: Christine Evans

Youth: Joanne Bergquist

Community Service: Peggy Davis

Directors

Int'l Service: TBA

Pub Relations TBA

Peace Chair: Clara Harris

Credits and Acknowledgements

- Pledge: Jim Clark
- 4-way test: Max Scrivens
- Greeter: Ron Rice
- Raffle: Daisy
- **Minutes: Lynn DeHaven**





Christine shared that she was alerted to a friend's intentions of getting rid of her luggage because she had ceased traveling. She told her that she would take the luggage to give to foster kids who have no means to pack up their belongings other than garbage bags when they have to move, or for kids who want to go to RYLA and have no luggage. When she got it...it was filled with coats and gloves. So, she drove them to the East Country Transitional Housing Shelter for people there awaiting housing. While there, she learned they have a need for men's jeans, all sizes. So, if you have any, bring them in and we'll get them there.

Betty (absent due to car trouble) had sent out a reminder via e-mail of tonight's Vegan Food Festival held here in the parking lot each first Friday of the month. Food Trucks filled with vegan food choices come and park over near Fuddruckers. Those members who crave a bit more fellowship with others are invited to come. We were warned that last time it was crowded and difficult to find other people whom you know. The food is reported to be delicious. Jeff said he had a vegan hamburger that was delicious. The time is from 5:00 PM to 10:00 PM in the parking lot in front of Hooley's. This is an every-first-Friday- of-the-month event.

We were reminded that since it was the First Friday, Ron had his truck out front to collect recyclables for us. Thank you, Ron! Christine piped up to remark that when in Hawaii you'll find there's plastic to be found on the beaches, but, in San Filipe, they have big cages built of chain link fencing and there is the repository for recyclable plastic, therefore the beaches there are pristine.



Jo Ann made a plea for one more driver to take Interactors to Father Joe's next Saturday (Feb. 15,) late afternoon (3:30 PM) and return with them to the H at Helix High School. after 8:00. Or two drivers, one to drive them down there and one to pick them up at the end. Please, please, please help her out with this task. They have a lovely, very active club this year, and we want them to be encouraged to "help others less fortunate".

Umbaldo, President of the Rotaract Club at SDSU was asked to bring us up to date with their activities. He said this new semester is barely three weeks into its start but they are at full tilt. He listed a number of projects they're working on: Preparing for Camp Enterprise in Julian, the Spring Exchange, to host High School Seniors & give them a "heads-Up" for coming to college next year, on March 14. Before then they'll send some representatives from the club to go to local High Schools to drum up interest in attending. Also, they're preparing for Miracle League, and mentoring Model UN contestants, coaching them on preparing their speeches.



Guests/Rotaractors

We had many guests today, thanks to the ten Rotaractors from SDSU who visited us today. They were: Umbaldo, Jasmine, Josh Barfuss, Montana Farrow, Justus Keisch, Jenneck Stin, Sarah Fauchaux, Matthew Leong, Cassandia Lebang, and Sophia Mathews.

Speaker Presentation on “Nature Adventures! A Guidebook of Nature Facts, Songs and Hikes in San Diego County”,

Linda Hawley



Fern introduced our speaker Linda Hawley, a transplant from Buffalo, N.Y. When she came to San Diego, she had to learn all the flora and fauna indigenous to this area because virtually none of it was the same as in New York. She became interested and signed up to become a docent for the Mission Trails Regional Park. She discovered that their program covered mostly school age children (K-6) but was too complicated for the preschoolers. So, she thought, love of nature and the outdoors

along with animal and plant husbandry should begin much earlier. She set about creating a Mom-child program geared for the preschoolers. She learned



about the interconnectivity of all the flora and fauna in the park and wanted to pass on the love of nature and the respect we for it we hope everyone has. First, she had a ten-minute talk in which she shared many of the facts and traits of the plants and animals found in the park covering which plants and animals you needed to be cautious around. Then she shared a few of her stories and one of her songs. She wrote stories about each of the animals and plants that are geared

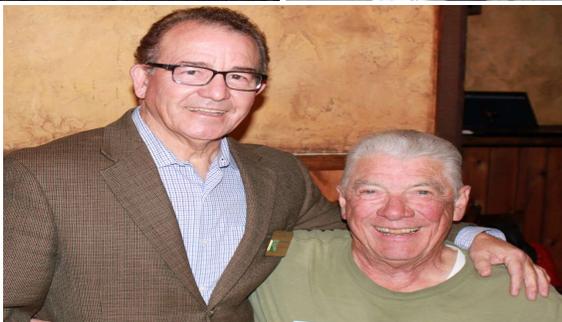
to these youngsters and has written songs that highlight a significant fact about the subject and are sung to familiar tunes. She has collected all this into a book called Nature Adventures! (a guidebook of Nature Facts, Songs, and Hikes in San Diego County) It makes it easy for a mom or dad to take a young child on a short trail walk and look and discover and remember, because they can sing a song about what they see. At the park, she guides these discovery missions and then the parents can reinforce the experience by re-visiting the park and the experience.

Members and guests had the opportunity to buy one of her books after the meeting. The cost was \$10.00 per book.

Guests/SDSU Rotaractors



Member's Highlights



Member's Highlights



www.LaMesasunriserotary.com



La Mesa Sunrise Rotary * Meetings each Friday 7:15 am * Hooleys Irish Pub, Grossmont Center, La Mesa, CA 92142