



District 5340

2/8/2019

Established 1993

## Opening Remarks and Announcements



Elena opened the meeting with the regular protocol, flag salute and Four-way test. Then explained that today she'd be leaving early, since she is still administering tests that are time-consuming. Our guests were varied.

### Four-way test Contestants:

Our guests and contestants in the Four-way Test Contest were; Sophia Rogers, Jonah Leota and Jasper Monteith were the contestants were accompanied by their teacher Greg Osborn, head of the Speech & Debate and also Drama Departments at Helix Charter High School. Yes, he is the younger brother of the Helix High CEO, Kevin Osborn. He told us that he's been at Helix longer than his brother, though.



### Announcements



Bobbi thanked all those Rotarians who went to her place to paint her mother's bedroom for their help. She said the room is lovely and she is so grateful. She promised that soon she would invite those who helped for a big spaghetti dinner. She hopes to get the bed assembled in there and the room ready to rent by April first.

### La Mesa Sunrise Rotary Leadership 2018-2019

#### Officers

President: Elena Lujan-Alba  
 Imd Past Pres: Betty Howland  
 Pres Elect: Jeff Hall  
 Secretary: Elly Dotseth  
 Treasurer: John Stremmlau/  
 Laurel Nishida

#### Directors

Int'l Service: Hugo Marillo  
 Branding: Dave Lemox  
 RI Foundation David Ballesteros  
 Membership: Bobbie Warren  
 Pub Relations Aaron Landau  
 Youth Interact: JoAnn Bergquist  
 Greeter: Muff Warren  
 Peace Chair Clara Harris

### Credits and Acknowledgements

- Pledge: Elly Dotseth
- 4-way test: Kendall Nakao
- Photos: Bill Pogue
- Drawing: None
- **Minutes: Lynn DeHaven**





Bill urged members to be judges to select outstanding students from Helix to attend RYLA in April. Judges will meet at 2pm on Feb 12, Tuesday at Helix. Please contact Bill if interested.

Paulo had laryngitis and that was unfortunate because he so wanted to sing the praises of how proud he is of his daughter Carolina Costa. She received a glowing recommendation letter from a teacher at Grossmont High School. She has a 4.4 grade average and some of the comments in the letter describe her as an outstanding student whose work ethic, drive, initiative, and intelligence are obvious in everything she does. She had the highest in all four of this teacher's classes of about 160 students at 99.9%. She wants to be a teacher and obviously is on the road to becoming an outstanding one.



The Board meeting will be this coming Wednesday evening, Feb. 12, 2019 at 6:00 PM at Ellie's house. Board members need to be there, but any member is invited and the new members need to consider attending because it will tick off one requirement for getting the red tag off their name tag.

The fund-raising committee had a meeting recently at Fern's. They discussed the Tea and whether to continue to do that. They kicked around other ideas and didn't come up with any new suggestions for making money. They are asking club members to submit suggestions for money raisers, PLEASE. We're good at giving away money, but making it is another matter.

That said, the next Garage Sale is scheduled for March 16<sup>th</sup> so start dropping off what you've collected at Fern's garage. Betty is dog sitting at their house now and can start organizing. Remember to place your donations in front of Fern & Jeff's garage door. Don't leave it up on the sidewalk.

The Halls are at the PETS training this weekend in LA. PETS is President Elect Training Seminar. If you want to know about Rotary, volunteer to be President of the club. PETS is a most informative seminar and is sure to fire you up and energize your enthusiasm and vision for how you want to see the direction of your club to go under your leadership, according to Ivan.

### Happy Dollars

As we waited for the grading to be done for the contest contestants, we had a happy dollar time. People who are happy about something pay to share something they are happy about.



Betty was also proud of her granddaughter although she said she “only” had a 4.3 grade point average. (snickers were heard around the room) We all knew that was something to be proud of! You can’t pull one over on we Rotarians! Betty says she is doing very well as a freshman at Helix. We agree!

Paulo added that he thinks Grossmont HS is also doing an outstanding job of teaching.

Lynn stated she was happy because for the past week she’s thought she was coming down with a cold because every evening her throat is scratchy and her head aches. She’s taken her Emergen – C and awakened ‘right as rain’ every morning, feeling chipper. So, she paid into the fund. (As I write this, I realize that I spoke too soon because this time it’s really going to happen.)

#### Four Way Test Speech Contest

In this contest the audience did not know the names of the contestants before the speech was given. Only as the prizes were given out was the name of the contestant revealed. The names are revealed here with their speech content. There were four Rotarian volunteers scoring the speeches. They had a form and were looking to see if certain points were hit.

**Speech A Sophia Rogers** spoke about Female Wrath. She started by stating that she was “Angry as Hell” because traditionally females in our society have been taught to be submissive and are generally dismissed when they speak up about female inequality; in pay, and being employed, having scientific careers, or specializing in traditionally male dominated fields, or being assaulted. She said that most often females need to be abrasive, assertive, and loud when they object to being treated as second class citizens. In fact, it’s by civil unrest they get the point across. Her example was the Women’s March of Versailles, which was one of the earliest most significant

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**Today’s program was streamed live  
by Ivan**



### Member Highlights



events of the French Revolution, which later was renamed The October March which had the effect of de-legitimizing the women's significance. And that is what males often do when women "speak up". Sophia had a long list of events that illustrate the denigration of women historically: Men who feel groping, sexual innuendo is acceptable and legitimize it, Democratic women who are characterized as abrasive, Hispanic women being the lowest paid people in the work force today are some of them. Her summation tied her argument that women have a right to be angry and only accomplish change through being vocal to the Four-way test. It's the truth we've been marginalized. It's not fair that we take second-place to men and have our views disparaged while men's aggressive invasion onto our senses and bodies are legitimized. Our speaking out and bringing out the inequalities is actually beneficial to all society because that is what brings awareness of the problems. And with awareness comes a change that is beneficial to all concerned.

**Speech B** Jonah Leota's speech dealt with sexual identification and the use of Conversion Therapy which is still widely used, although laws are being changed to ban its use, have been enacted in some states, an issue that has not been addressed in at least 36 of our 50 states. It is the truth that in those 36 states conversion therapy which is designed to try to change the sexual orientation of youths is practiced by licensed medical professionals. Spiritual advisors also offer "guidance aimed for the same result, changing the orientation. Some of the methods are torturous, involving electricity and shocks while viewing pictures of same sex couples kissing and so on. Confused parents who do not understand why their child is different hope to intervene and get their child "back on the right track" seek out conversion therapy for youths under 18 years of age.

## Member Highlights



Is it fair? No! The youths are told by well-meaning parents that it's an abomination. It's evil. They're told they will end up with AIDS and or HIV. It's deadly. LGBT teens are five times more likely to commit suicide as heterosexual teens and for those who undergo Conversion Therapy that number goes up to eight times more likely.

Will it build good will and better friendships? NO! It is a damaging practice that can cause a life-time of low self-esteem. Banning these practices will make for much happier youths. But education about how harmful these attitudes toward LGBT humans is a far more difficult process. Acceptance of all differences is the ultimate goal. Banning Conversion Therapy would be beneficial to all concerned because it makes for better relationships.

Speech C. Jasper Monteith dealt with entrepreneurship and what it takes to be a good entrepreneur. He started by telling us that he always wanted to be an entrepreneur. His first attempt was hampered by the fact that he was scared to talk to people. He set up a simple lemonade stand on the front porch. It consisted of a pitcher of lemonade and paper cups and a sign telling how much a cup cost and to "Help yourself and leave your money in the box." That didn't work out too well. He decided that he was lacking an important characteristic, initiative. If he was to become a good entrepreneur, he would have to overcome his fear of talking to people in order to sell stuff. That meant he would have to re-wire his perspective and work on conversation skills, to overcome his reluctance to talk with people. He had to have the initiative to take the first step, work on building better relationships, cut out the detrimental, ie the fear. He had to follow his plan to move forward, and build better relationships and friendships. Failure to take initiative would equal

## Vistor/Guest

**Ron Rice and Kim Burns**



## Guests (SDSU Rotaractors)

**Nick Tressa and Mackensie Miller**



**Shaneice White and Luis Lopez**



failed opportunities. This in turn would be beneficial to him and to those around him. By taking initiative to work on his conversation skills he'd build a more positive friendship circle. He is working on the skills he needs by being on the debate team and being in the speech class and stepping out and participating in this speech contest. That will build good will and better friendships.

By coincidence the prizes were awarded in the same order the speeches were given. Speech A got the first place \$100.00 award, Speech B got the second place \$75.00 award, and Speech C got the Third place \$50.00 award.

#### Rotary Four-Way Test

1. Is it the truth?
2. Is it FAIR to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?

