



District 5340

04/13/2018

Opening Remarks and Speaker

President Betty began meeting with club announcements after pledge (Lynn) and 4-way test (Christina), welcomed guests.



Bill Pogue shared that a former speaker, known as “The Water Man,” David Ross, died this past Monday. He had a long article about the man to pass around. David was known as “The Water Man” to mostly the homeless population, in downtown San Diego. He used part of his only income, Social Security, to buy bottled water to distribute to the homeless in downtown San Diego. Public fountains have mostly disappeared

La Mesa Sunrise Rotary Leadership 2017-2018

President Betty Howland
 Pres Elect Lynn DeHaven
 Secretary Elly Dotseth
 Treasurer Laurel Nishida
 CommService Len Gamble
 Club Service Fern Hall
 Int’l Service Hugo Marillo
 Club Programs Betty & Aaron
 RI Foundation David Ballesteros
 Membership Bobbie Warren
 Pub Relations Aaron Landau
 Youth Interact JoAnn Bergquist
 Greeter Muff Warren
 Peace Chair Clara Harris

Credits and Acknowledgements

- Pledge: Lynn DeHaven
- 4-way test: Christina
- Photos: Floyd Morrow and Bill Pogue
- Drawing: Hugo Marillo

Minutes: Lynn DeHaven



for various reasons, but probably mostly in response to the cost of up-keep and the pervasive drought conditions. With limited access to clean water, the homeless are frequently dehydrated. Along with water he dispersed friendship, caring, encouragement, and a bit of humor. He will be sadly missed.



Isabel shared a bit about her recent school trip to Paris, France and Madrid, Spain. She said they had a wonderful time. She had a picture of her near the Eiffel Tower in Paris and a beautiful baroque cathedral in Madrid. She managed to contact a Rotary Club in Madrid and presented them with \$150 to put toward one of their charitable projects. This is

money from our contributions of recyclable cans and bottles to her trip costs. She's a great Rotarian; always thinking of ways to help! She's also a cheap traveler. She took \$1000 and spent \$200 and gave away \$150. Way to go Isabel! What else do you need?

Guest Speaker: Ben Davidson, owner/operator of "Devotion to Dogs."



He, and the people who work for him are dog trainers and behaviorists. They frequently must obedience-train dogs who've been poorly trained by their owners and have bad habits, like aggression to other dogs, or children, or people in general. They also specialty-train dogs for tracking, as a decoy or for detection of something like drug- sniffer, cadaver sniffing, bomb detection, and even now as defense of an active shooter situation. He said the first step is to start with obedience train a dog and that requires some understanding of a dogs' nature. You need to constantly and continually be the leader to shape their

Coming Events and Reminders

- April 14, Yard/Garage Fern Hall's house (6210 Lake Shore Dr.)



- April 28, Rotarian at Work Day
- May 11, Bowling Event
- Ongoing donations to Polio Plus
- Daily items eg shampoo, conditioner for "Fern's Bags"

Upcoming Speakers:

- April 11th Devotion to Dogs
- April 20th Resounding Joy
- April 27th Committee Meetings



behavior. This is evidenced by never allowing the dog to initiate a behavior. You leave the house first letting the dog follow, at heel. You don't get them excited with "Do you want to walk?" You get the leash and put it on calmly and tell them to sit. Then pick up the leash and you exit the house first with them at heel. Only you are first when entering a threshold. Always reward the behavior you are training.

He told us that dogs are high energy, more so than humans. Even if you walk a dog 2 to 3 miles a day, that is enough for you, but not for your dog. (depending on what kind of dog it is) Excess energy inhibits the dog from benefiting from behavior modification. Secondly, always keep your dog in a submissive state especially when approaching situations that are problem areas for them. (entering/leaving a car, house, near other dogs etc.) Remember your dog may be exhausted for up to two days after training. The brain gets a workout just like the body. Finally, only allow play time when you initiate it, never on their terms. He also said that only you should be involved in the training. Never praise unwanted behavior because praise and affection while your dog is in the wrong state of mind will reinforce unwanted behavior.

Afterwards, Ben answered some questions. When asked what to do when a dog doesn't want a treat, He suggested that you get some liver and chop it into small cubes and freeze them. He said to keep trying until you find something they will accept. When asked what training costs he said he charges \$250 per each 2 to 4-hour session. You have to be there to be trained too.

For more information call 619 – 500 – 4PUP or contact devotiontodogs@gmail.com the website for more information is: www.devotiontodogs.net Ben passed out a \$50 off any training session coupons.

Club Business and Announcements



Fern; tightened up expectations for help with the garage sale on Saturday. She had her workers lined up so she didn't pass the sign-up sheets.

She reminded us that the bowling is May 11. We need to be selling lanes. There are 8 Cosmic lanes and 12 regular lanes. We will not be making baskets but we will have a few drawings for prizes. Try to get some nice prizes for us PLEASE!!

She told us that the Funding committee (what is that called? Funding/ways & means?) went to see the Banker's Hill Club site after last meeting. They, (she and Manuela, Edda, and others) are excited to use that facility for our next Tea. It's a

lovely site and if we use it and get people from other clubs to come then they will pass the word. Perhaps visitors other than Rotarians will pass the word. They want to help Hollis Cameron get the place used more. Perhaps, even, we could fund-raise to get them a piano for recitals or furniture for the patio. The sky is the limit.



Member Highlights



Betty shared that both **Bobbi and Muff** had fallen. Bobbi injured a hand and Muff had bruised ribs. So, if you want to send a bit of sympathy and concern you can e-mail an encouraging note.

Aaron is recovering from his second knee replacement surgery. He, too, would appreciate an encouraging note with a dash of sympathy.



Guests and Visitors

Jamie (SDSU), Sabrina Laut (SDSU), Jim Clark (seasonal guest from Montana)

