



## Opening Remarks and Speaker



President Betty began meeting with club announcements after pledge (Jo Ann Bergquist) and 4-way test (Aaron Landau), welcomed guests.

Betty opened today's meeting by announcing a change in meeting order. She told us that she wanted to try a change in order to ensure that those of us who have to leave because of their employment should have the opportunity to hear the speaker. So, she was going to start with the speaker and end with the business part of the meeting.

### La Mesa Sunrise Rotary Leadership 2017-2018

President Betty Howland  
 Pres Elect Elena Alba  
 Secretary Elly Dotseth  
 Treasurer Laurel Nishida  
 CommService Len Gamble  
 Club Service Fern Hall  
 Int'l Service Hugo Marillo  
 Club Programs Betty & Aaron  
 RI Foundation David Ballesteros  
 Membership Bobbie Warren  
 Pub Relations Aaron Landau  
 Youth Interact JoAnn Bergquist  
 Greeter Muff Warren  
 Peace Chair Clara Harris

## Guest Speaker: Hollis Cameron, Marketing Director of Banker's Hill Club



He is also a spinal cord injury patient. He explained that the injury wasn't a result of something that had happened that was unavoidable, like a car crash. It was a teenage bad decision on his own part. He, at the age of 17 decided to roll down a very long hill in a metal garbage can. He wore a helmet, but that wasn't enough. When he came to a stop at the bottom he had suffered a spinal injury at the C 3 & 4 point on his spine and was paralyzed from the neck down. He, through a lot of work, has experienced a

### Credits and Acknowledgements

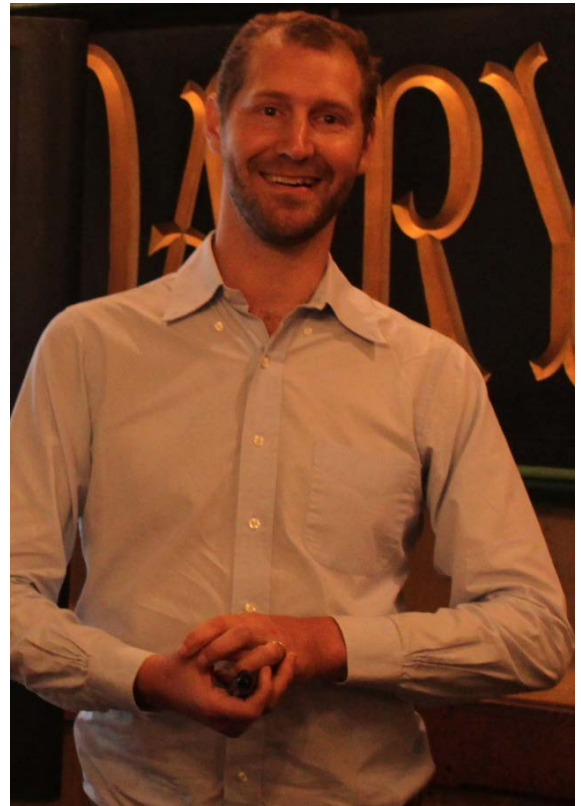
- Pledge: JoAnn Bergquist
- 4-way test: Aaron Landau
- Photos: Floyd Morrow and Bill Pogue
- Drawing: Omar (EC High School)

**Minutes: Lynn Dehaven**



remarkable recovery, because he was standing before us, having walked in, and the only visible affectation was a slightly weak left arm. That made it difficult for him to hold our microphone while using his right hand to click the changer for his power-point presentation. We all were amazed. He explained that after a 3-month hospital stay he was still paralyzed when discharged. His physical therapy had ended, but, he met Bill Bowdry, a former member of our club, who had, as a paraplegic, founded “The Challenge Center.” This center, a charity, was designed to provide continued physical therapy for spinal injury patients such as Hollis. This relationship had a life-changing effect, for Hollis has experienced a remarkable recovery. He talked about the intervening years, finishing his college education, adopting a philosophy of “even though you can’t be in control of the cards you are dealt, it’s really how you play them that matters” and being employed at several places as a marketing director/ fund raiser.

This experience led him to Banker’s Hill Club. This club was started back in the early 20<sup>th</sup> century under another name. It was for people with disabilities and was meant to create a safe, compassionate environment. Members did fund raising very successfully because in a few years had acquired enough funds to buy a city block with a view and in 1949 built a 4000 Square ft. banquet hall complete with a commercial kitchen, beautiful patio and lots of parking . Little has been done to change it since, but it is well-maintained. Membership has been declining. His goal is to improve it’s “dated look” and expand it’s services because it is under-utilized. Presently they offer a dinner once a month for the low cost of \$7.00 which offers an opportunity for fellowship and networking. They have a few social events. Hollis wants to improve it’s dated look so that it will be more desirable to rent for weddings and other gatherings. It is not air-conditioned and that should be changed, but income needs to support it. He would like to see services such as meditation, physical therapy, mindfulness sessions, nutrition counseling, and more interesting speakers being offered. The patio needs some comfortable patio furniture so it can be used more. Because of it’s prime location and ample parking this facility could become a place that hosts many functions if it had the right look and atmosphere. It could make enough money to support more and more services for not only the disabled but people in general.



You can learn more on their website. It has beautiful pictures to see how beautiful views of the sunsets are to be had from their lovely patio, which needs inviting furniture. The next “Sunday Dinner” is to be held on May 27, 2018. \$7.00 per plate. This event is not listed on their website you can contact Hollis as follows: hollis@bankershill.org or phone 619 322-8675.



## Club Announcements and Member Highlights



Celebrations; Jimmy was celebrated with a muffin and candle as our newest Retired Person. Congratulations Jimmy. No more early exits from the meeting for you!!!

Jeff, Diane, and Jo Ann will celebrate their birthdays in the month of April. Jeff remarked he was the tallest in the line-up of the three. I guess that's unusual enough to be remarked on. His persona is large enough!



Senior Boards at Helix Charter HS needs judges. Contact Jennifer Osborn. Bill Pogue has her number, so really, contact him if you are interested. (more details on the sidenote)

Model UN is the current event taking place April 7, 2018 at USD's Joan Kroc Center for Peace and Justice. We have sent 2 teams from Helix Charter High School for the last 16 years and students from Costa Rica for the past two years to this event.



### Helix HS Senior Defenses

#### When:

- \* Defenses are April 11, 12, and 13 (not all judges will attend all dates).
- \* Check in will begin at noon.
- \* Portfolio review will begin at 12:15 pm
- \* First student interview will begin at 12:30 pm
- \* We will ask that you complete a survey at the conclusion of the day.
- \* Everyone should be done no later than 3:30 pm; most will finish sooner than that.

#### Where:

- \* Please park in the student parking lot, located at 4200 Lowell St.
- \* Defenses will take place in the Helix Gym. Please enter through the north end ("back") of the gym.

#### Assignments:

This year's senior class is quite large, so there are more tables, which means more judges are needed. We are at the exact number of judges needed on Wednesday, and very close on Thursday and Friday. There are always cancellations and no-shows, which will likely leave us short all three days. If you know people who would be interested in helping, please have them contact Jennifer Osborn (josborn@helixcharter.net)



Fern – this is our next event, next Saturday. Sign-up sheet was once again passed. Don't ask Fern and Jeff to do all the work. They need help Monday is sorting, Wed. more sorting and Friday is set-up, Friday the sale and tear-down. Please come to help. Really it is fun to be together.

Clara, Daisy, and Janet were singled out to model their "garage sale clothing and Betty" they were wearing. Betty found a

\$20 in the pocket of her jeans. Just saying, how can you not be interested in helping sort? Lots of pockets are out there to be searched!!

Bowling is the event following. It will take place on May 11. We need prizes and help.





RAW = Rotarian At Work Day – the last Saturday in April – this day was actually started in our District and is now world-wide. This year we are working at Harriet Tubman Village Charter School. We put in raised gardens before, and they are in need of re-furbishing. We also will be painting pictures on the freshly painted kindergarten bathroom walls. (if you're artistic) among other spring clean-up activities.

Announcement: **Dave Lemox** has completed all his Red Badge requirements and is now officially a full, red-blooded but no longer red-badger Rotarian! Congratulations Dave!!!!

Attention garage-sale sorters: Please pull out clothes that would be appropriate for a job interview and set them aside for the Rotoactors. They are having a distribution to "poor" graduating students who now need to impress potential bosses so they can start paying off those student loans. That distribution will happen on April 23 on campus 11 – 5 PM.

## Member Highlights



## Coming Events and Reminders

- April 7, Model UN, Joan Kroc Peace Center, USD
- April 14, Yard/Garage Fern Hall's house (6210 Lake Shore Dr.)
- April 28, Rotarian at Work Day
- May 11, Bowling Event
- Ongoing donations to Polio Plus
- Daily items eg shampoo, conditioner for "Fern's Bags"

## Upcoming Speakers:

- April 6<sup>th</sup> Bankers-Hill Club
- April 11<sup>th</sup> Devotion to Dogs
- April 20<sup>th</sup> Resounding Joy
- April 27<sup>th</sup> Committee Meetings





[www.LaMesasunriserotary.com](http://www.LaMesasunriserotary.com)



La Mesa Sunrise Rotary \* Meetings each Friday 7:15 am \* Marie Callender's 6950 Alvarado Rd., SD, CA 92120s



## Guests and Visitors

Charlotte (SDSU), Sabrina(SDSU), Jim Clark (seasonal guest from Montana)



Christina Gamboa, Stewart Gamboa, Muriel Solano, Randall Murillo (Model UN, Costa Rica)



Richard Macau (El Cajon Sunset), Omar (Peace Patrol & El Cajon HS)

