

**District 5340****01/12/2018**

Member's News

Thank you to the ladies and gentleman who managed to get our technology set-up and working for us today. Ivan thinks this is easy, but it's not!!!



Betty announced that the attendance was low for today's meeting in part because of illness. Janet underwent surgery this past week for appendicitis, Clara is recovering but still not ready to be with us, David was recently hospitalized with something contagious and is home recuperating. Daisy we can assume is still getting surgeries for her burns. Those are the ones we know about. We know Ivan is out of town, this week volunteering to help a school or schools somewhere in South America. From there he goes to several points in the USA to help in a "paid" capacity. Manuela and Hugo are lounging somewhere on a warm beach. But the rest of us were present and ready to enjoy learning about new businesses and fellow Rotarians and Rotary events.

Bill Pogue, as clown, and Dave Lemox, as staff, will be going from La Mesa Sunrise Rotary Club on the Christmas Train, Jan 14, 2018. Our LMS Rotary club has supported the Christmas Train since about 2010, with personnel and funds. It is much appreciated, and always acknowledged when donors are listed. The Christmas Train of San Diego has won the Coveted George Washington Award and medal of the Freedom Foundation of Valley Forge, Pa.

La Mesa Sunrise Rotary Leadership 2017-2018

President	Betty Howland
Pres Elect	Elena Alba
Secretary	Elly Dotseth
Treasurer	Laurel Nishida
CommService	Len Gamble
Club Service	Fern Hall
Int'l Service	Hugo Morillo
Club Programs	Betty & Aaron
RI Foundation	David Ballesteros
Membership	Bobbie Warren
Pub Relations	Aaron Landau
Youth Interact	JoAnn Bergquist
Greeter	Muff Warren
Peace Chair	Clara Harris

Credits and Acknowledgements

- Pledge: Bill Pogue
- 4-way test: Muff Warren
- Photos: Floyd Morrow
- Opportunity
 - Drawing: Marlene Morrow
- **Minutes: Lynn DeHaven**



Betty introduced **Jennifer Jordan** who, with her husband, owns and operates “JDog Junk Removal & Hauling.” Knowing she had a limited time, Jennifer got down to business right away. She is an enthusiastic and energized speaker! She told us they perform all types of clean outs from yard waste removal to complete house clean-outs after a death of the owner. They have a warehouse where they can store items that are good enough to be re-used and an effort is made to get them to people who will do just that. Other stuff goes to appropriate disposal areas. They don’t pay to take your stuff. You pay them to remove it. They also do New delivery and Small Moves. Examples of things they get rid of for you include, old mattresses, exercise equipment, furniture and so on. It can be a single item or a whole house full of stuff and just about anything in between. Jennifer emphasized that they make every effort to hire veterans. Both she and her husband are veterans as well. They were in the Army. She was in for about 11 years.

Coming Events and Reminders

- Feb 14, Int’l Governors Convention, Greeters needed.
- March 24, 8:30-12:50, District conference at USD,
- April 14, Yard/Garage Sale at Manuela’s house
- Ongoing donations to Polio Plus
- Daily items eg shampoo, conditioner for “Fern’s Bags”

Alana Craig – from the Santee/Lakeside Rotary Club



Alana gave a brief follow-up on a project that they have completed (and we, apparently joined in with a donation) down in a small village about 20 miles east of Ensenada, Mexico. They collected \$2025 from several Rotary clubs and took food, Rotary blankets, and clothing to 500 families in desperate need. It wasn’t just a collection of food people had languishing in their cupboards for years; they used a group that puts together packets of food the families really use to cook their favorite foods, rice, beans, mole, tomato sauce and so on. The blankets had the Rotary symbol on them. The clothing was gently used. It wasn’t just a distribution. While distributing the items, it was interactive. They entertained about 300 children with different activities. They hope to make this an annual event and make next year’s event even bigger. If this

is something you want to help with just contact, or better yet go visit the Santee/Lakeside Rotary club and find out all about the effort.



Elly Dotseth: Who Am I?

Elly provided us with a spirited glimpse into her history that led to her current membership in Rotary; enhanced with a visual costume in the form of a decorated “lab-coat.”

She was born in Minneapolis, Minnesota in 1954. Her parents relocated with their 2 daughters to Sunnyvale, CA before it became known as Silicon Valley. Her father was an electrical engineer at Sanford Research Institute (SRI). Her

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mother was a full-time wife and mother until the girls graduated from High School, after which she trained to be a medical assistant. Elly's sister was a CPA.

Elly holds a Bachelor of Arts Degree in Ethnography (Cultural Anthropology) from University of California, Santa Barbara. She met her husband, Mike at a Grateful Dead concert. He is a mathematician who was employed by Sperry Corporation as a Computer programmer. They have two sons, one living in Hawaii and the other with his wife in the Hillcrest area of San Diego.

Elly is creative; loving to write, draw and make things with her hands. She likes working with a group of motivated, intelligent individuals to solve problems. She loves nature and finds solace sitting by a stream of running water or listening to the wind as it whispers through the leaves of the forest. Surprisingly, she claims to be an introvert, reluctant to be in a loud and noisy crowd for very long. This isn't the persona she projects regularly! She says "quiet time" re-charges her.

When her children were old enough, she started taking classes in clay. She fell in love with the process and became an expert in all phases of ceramics. In 1999 she earned her Multiple Subject Teaching Credential hoping to teach ceramics professionally, since she had been doing just that without a credential. Schools, however, were not making "Art" a priority so she worked as a substitute teacher for 3 years in many schools, K-12. One of her assignments was to set up a ceramics classroom for a transferring art teacher at the beginning of a year at San Diego School of Creative and Performing Arts.



She held several leadership roles in the field of ceramics. She was President of **Ceramic Artists of San Diego** for 5 years. While there, she ran board meetings, delegated responsibilities, organized large events, solicited donations and led the organization to become a 501c3. She also created a business plan and established a small art gallery in North Park where she and others operated a co-op selling hand-made ceramics, paintings, sculpture, and jewelry. When they opted not to re-new the lease she founded what became "Get Centered Clay Studio" in La Mesa. There she made available kilns, potter's wheels and other technical equipment to more than 16 skilled ceramics "Members" and an unending number of students wishing to take classes. She recently sold the business due to health issues. She continues her personal ceramics business; "Elly Dotseth Pottery Design," from her home and consults with the new owner of Get Centered Clay Studio.

She was invited, two years ago, to Rotary by her friend and our member, Alix Hart. She is so glad she was accepted because she's found good friends here and she has a great compassion and enthusiasm for making our world a better place.

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Guest Speaker: **Susan Richardson**, Community Services Director for the city of La Mesa.

Her contact information is 1 619 667-1308; email; srichardson@ci.la-mesa.ca.us or www.cityoflamesa.us



Susan is a local, San Diego girl, graduating from Junipero Serra High and San Diego State. She has more than 35 years of government service managing in a broad variety of recreation operations, special projects, events, and construction of parks and facilities. She has worked for the City of El Cajon, Navy Morale Welfare and Recreation and Marine Corps Community Services at MCAS Miramar; the City of Santee; and most recently the City of La Mesa as the Director of Community Services.

She also served as President of the San Diego/Imperial Counties District of the California Park & Recreation Society, is a certified Park and Recreation Professional through the National Recreation and Park Association and has a Master's Degree in Recreation and Tourism from California State University East Bay.

Susan is a La Mesa Rotarian, sings in the St. Martin of Tours Church choir and is a Scout leader, eagle scout coach and merit badge counselor for Troop 51. She

recently completed a 12-day backpacking trip in New Mexico. She lives with her family in the College area. She fills out her spare time with yoga, hiking, volleyball, SDSU basketball games & attending musical theater productions.

Susan told us she has the best job in the world. She loves it. Her job does not include the maintenance of the city's parks. That is a separate entity. She supervises the activities portion and the decision making with respect to the future planning for the parks. The activities include such things as adaptive swim program and summer swimming lessons for kids and adults. It also includes movies at the park, concerts, a "Fun with Physics" event, and Inter-generational games. Their department issues permits for park use, such as weddings, memorials, reunions. They do coordinate a volunteer program and the "Rides for Neighbors" program. Right now, she is somewhat preoccupied with the Mc Arthur Park's future development and how to use the closed golf course there. There's 22 acres there and the facilities (community center & pool) are aging badly (built in 1947). Should they be replaced or upgraded? What can they do with the golf course in the short run, while deciding what to do with in the long run? They want to prevent it being taken over by vagrants. Some ideas have been suggested include: a dog park in some portion, walking trails, disc golf, picnics. There is one hard and fast for all the parks: "no smoking at all in any park". That's vaping, tobacco, cocaine, and marijuana! She also spent some time sharing some of the mayor's goals and concerns. The city invites your suggestions. Please contact the City of La Mesa (see above) to get dates for open forums where you can voice your views. There is one

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planned in February. They will be held at local schools.

In response to questions, she told us about a Park Appreciation (Clean-up) Day held in October where

our help would be welcomed. The city just bought a new fire engine, and the water authority is re-lining pipes presently.

Guests and Visitors

Susan and Dino Richardson: Susan was our Speaker



Jennifer Jordan, J-Dog Junk Removal & Hauling and Alana Craig, the Santee/Lakeside Rotary Club

