



September 8, 2017

We watched a video of Bill Gates at the Rotary International Convention in Atlanta. He spoke about the accomplishments of Rotary and the Gates Foundation in coming close to eradicating polio. He announced his matching donation. Since 2007 over 1.5 billion dollars has been spent to eradicate polio. If you would like to see the video in its entirety, visit this website. <https://www.rotary.org/en/bill-gates-rotary-convention>



Saud Abdullahi will be going to UCSB soon. She has been recognized by our club numerous times for her leadership at Helix High School. Last spring she went to South Korea for the Peace Conference. She will need support over the school holidays for housing and food.

NEW RI Project - Planting Trees

Our in-person speaker today was **EarthLab/ Groundworks San Diego**. They will be our partners in planting one tree for each member of our club in response to a challenge by the Rotary President. This organization has stewardship of the Chollas Creek watershed. The work with students and locals and education children on climate and nature. We look forward to working with them on our tree planting project.



NEXT MEETING
September 15, 2017

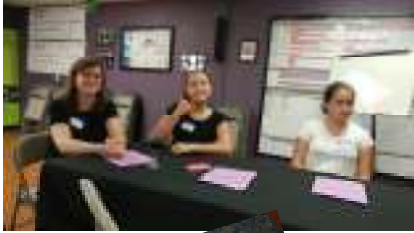
Come and find out!

Save This Date

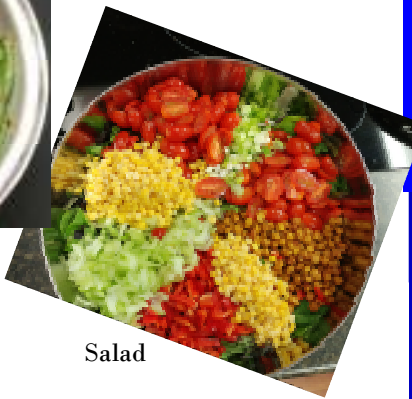
Rescheduled - Club Picnic
Sept. 16 - Peace Forum
Sept. 23 - Leadership Conference

Healthy Cooking class

Several members attended a Healthy Eating Cooking class. We learned how to make a Gluten Free Lasagna, fresh salad with Vegan-aise Ranch dressing, green beans with glazed onions and a cobbler dessert. We learned a few good tricks to make our meals more healthy.



Gluten-Free Lasagna



Salad



Happy Birthday
Peggy!



Speakers for September



ROTARY:
MAKING A
DIFFERENCE

La Mesa Sunrise Rotary Leadership
2017 - 2018

<i>President</i>	Betty Howland
<i>Pres. Elect</i>	Elena Alba
<i>Secretary</i>	Elly Dotseth
<i>Treasurer</i>	Laurel Nishida
<i>Community Service</i>	Len Gamble
<i>Club Service</i>	Fern Hall
<i>Int'l. Service</i>	Hugo Morillo
<i>Club Programs</i>	Betty & Aaron
<i>Club Foundation</i>	Christine Evans
<i>RI Foundation</i>	David Ballesteros
<i>Membership</i>	Bobbi Warren
<i>Public Relations</i>	Aaron Landau
<i>Youth Greeter</i>	JoAnn Bergquist Muff Warren

SNAP SHOTS

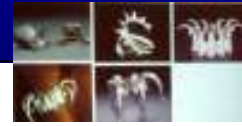


All the books going to Liberia!!



Hey, It was nice to see George Schiek!

CLEAN OUT YOUR JEWELRY BOX FOR ROTARY



The Four-Way Test

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

Will it build **GOODWILL** and better **FRIENDSHIPS**?

Will it be **BENEFICIAL** to all concerned?

Our **LMSR # 5**
Is it **FUN**?



**ROTARY:
MAKING A
DIFFERENCE**

2017 - 2018

Ian H.S. Riseley
Rotary Int'l. President

Scott C. Carr
SD Rotary District 5340 Governor