



District 5340

3/22/2019

Established 1993

Opening Remarks and Announcements



President Elana reminded that next Friday is a 5th Friday so there is no morning meeting instead we are meeting at Hooley's in Grossmont Center 5:30 pm. – 7:30pm. Appetizers will be provided and paid for by the club. It will be a no host bar. Come and socialize, bring your significant other or a friend.

Next week we will be inducting Ron Rice as our newest member and embracing Megan O'Dowd as a transfer member. So happy to have them both joining us.

Just a reminder, our website has all our activities on the calendar.



Manuela informed us of the upcoming model UN April 6-7 - we are sponsoring Helix students and 2 students from Costa Rica. Manuela is hosting a potluck on Friday April 5 6pm at [6235 Crystal Lake, San Diego, 92119](#)

District business: District training seminar. March 30th here in San Diego, club pays for club members to attend. It's an excellent opportunity to learn more about Rotary and new areas you might want to get involved in.

Club business: We have 2 people to elect for our upcoming year 2010/2021

1. President 2020/2021 nominee Elly Dotseth
2. Laurel Nishida has accepted position of treasurer again.
3. Secretary- need nominee

La Mesa Sunrise Rotary Leadership 2018-2019

Officers

President: Elena Lujan-Alba
 Imd Past Pres: Betty Howland
 Pres Elect: Jeff Hall
 Secretary: Elly Dotseth
 Treasurer: John Stremmlau/
 Laurel Nishida

Directors

Int'l Service: Hugo Marillo
 Branding: Dave Lemox
 RI Foundation David Ballesteros
 Membership: Bobbie Warren
 Pub Relations Aaron Landau
 Youth Interact: JoAnn Bergquist
 Peace Chair Clara Harris

Credits and Acknowledgements

- Pledge: Ron Rice
- 4-way test: Lisa Berlanga
- Photos: Bill Pogue
- Drawing: Lisa Berlanga (Donated back to Garage Sale Fund)
 - **Minutes: Fern Hall**



Speaker Presentation- Megan O'Dowd on 'Homelessness San Diego'

Elena introduced our speaker who is becoming a member of our club, Megan O'Dowd. Megan was a member of Uptown Rotary for 10yrs. She has worked for SD Housing & community development services for homelessness for the past 20 yrs.



First she defined "What is homelessness?" When someone is missing a fixed, adequate place to sleep at night, they are homeless. If you are sleeping in your car, a park bench or in a shelter, you are homeless.

Some people live in what is called "housing instability". For example they may move from a relative's sofa to a motel to someone's garage or they may be doubled-up

with another family and live in poverty. These families are not considered homeless by the federal definition.

Significance presence of homelessness in SD. One of 5 housing authorities, issue 11,000 housing vouchers issued yearly. Less than \$24,000 a year. In order to determine how many people are homeless in a community one night each year 1400 volunteers scour the region counting how many homeless people are sleeping outside. This is called the POINT IN TIME COUNT. In San Diego in 2018 8,576 total homeless were counted. The numbers haven't changed much since 2011.



SD county has the fourth largest homeless population in the US. However people do not move here to become homeless. Actually 74% of the homeless interviewed said they became homeless while living in San Diego. The primary cause of homelessness is loss of a job and cost of living.

Live Stream (Ivan Alba)

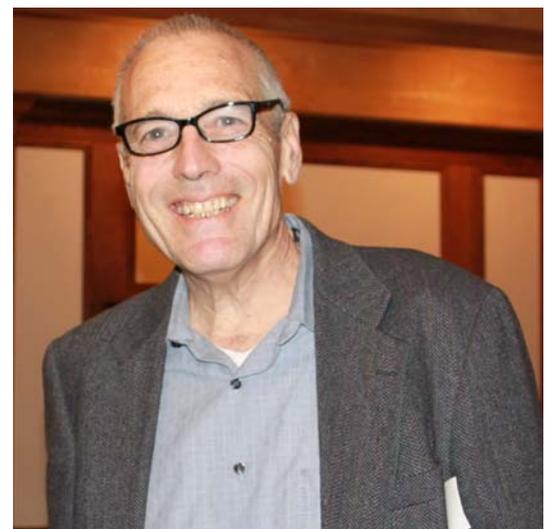


Vistors/Guests

Ron Rice / Megan O'dowd



Mike MacNamara



One of the biggest issues the county has to deal with is that the homeless have severe health related issues of someone 25 years older than themselves. The cities with the highest number of homeless are New York, Los Angeles, Seattle and San Diego. California has 1/2 of all homeless in US.

What's being done?

Housing first priority to find low barrier housing. No pre-conditions to housing, then address issues of sobriety, mental illness, income and employment.

There are landlord incentive programs, with the county acting as liaison and providing security deposit. Project one for all is a program for housing and treating the most seriously mentally ill. 1250 people in SD in need.

The encampment program came about due to the hepatitis A outbreak. In the past city did not enter these areas but they were forced to clean them out. This included city workers and nurses aiding in transporting clients to housing options, helping with identification and health care. The outcome was a success story and enlightening to find out many of the population was self-sufficient and uncomfortable outside of their encampment.

State funding is essential for these programs to succeed. There are over 18,000 employees who receive comprehensive training. There are resources and handouts available to all outlining best practices. These help coordinate the entry process to make it easier and quicker than getting on individual lists. Getting to these places for the homeless is the problem, that's why outreach is so important.

Q&A

- Is the college system offering aid to low income students? Yes, the colleges have implemented aid short term rentals.
- Has relaxation of parking regulations alleviated situation? Yes, but the public are not happy with it, but we are so desperate for affordable housing.

Members who missed the Garage Sale fun



www.LaMesasunriserotary.com



La Mesa Sunrise Rotary * Meetings each Friday 7:15 am * Marie Callender's 6950 Alvarado Rd., SD, CA 92120s

Member Highlights



Member Highlights



www.LaMesasunriserotary.com



La Mesa Sunrise Rotary * Meetings each Friday 7:15 am * Marie Callender's 6950 Alvarado Rd., SD, CA 92120s