



District 5340

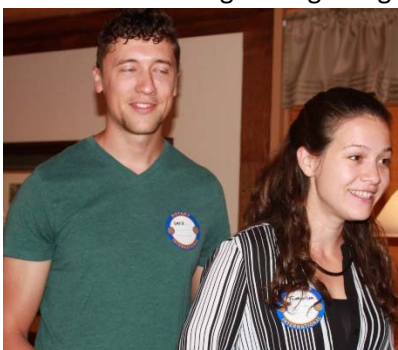
9/13/2019

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## Opening Remarks and Announcements



President Jeff Hall started with pledge and 4-way test followed by introducing Guests- Greg Burkeen & Florentina Kofbauer- from Vienna, Austria recently moved to San Diego and getting to know their "local" Rotary connections.



President Jeff Hall acknowledged that today is the "Student Climate Day" Some students are striking today to bring about awareness of the influence we can have on the environment. Our club isn't striking but we are going to try and help the environment by recycling. Our first date Oct. 4<sup>th</sup> you can bring your



cans and plastic bottles separated (no glass please) to our meeting. Bobbi will bring them to EDCO to get money to contribute to our Foundation.

Continuing in the area of the environment next Friday's meeting we will be showing an important BBC Documentary regarding the effects of plastic on our environment. You will be surprised and not very happy when you watch what we are unknowingly doing to our environment.

Fern announced that we are planning to order "reusable" straws as one of our efforts to use less "one time use" products. Elly and Jeff visited the La Mesa Farmers market to check on the possibility of our club having a booth there once a month. We want to make our club more visible and promote ways to save our environment.



## La Mesa Sunrise Rotary Leadership 2019-2020

### Officers

President: Jeff Hall  
 Imd Past Pres: Elena Alba  
 Pres Elect: Elly Dotseth  
 Secretary: Lynn DeHaven  
 Treasurer: Laurel Nishida  
 RI Foundation: John Stremlau  
 Membership: Christine Evans  
 Youth: Joanne Bergquist  
 Community Service: Peggy Davis

### Directors

Int'l Service: TBA  
 Pub Relations Megan O'Dowd  
 Peace Chair: Clara Harris

## Credits and Acknowledgements

- Pledge: Kendall Nakao
- 4-way test: Laurel Nishida
- Greeter: JoAnn Bergquist
- Raffle: Caren Cage (Guest)
- **Minutes: Fern Hall**



We are also considering promoting the solar lights as well. We would need a team to volunteer each month to set up and man our booth. We will need cards to invite people to our meetings and a brochure about our club and Rotary.

Joan spoke about the Interactors. Last Saturday eight students participated in the “I love a clean San Diego” down at Mission Bay. We need drivers October 5th to get Helix Hight students to Leadership Symposium.

Remember you must be currently approved for Youth Certification to drive students and participate in activities. See our La Mesa Sunrise Rotary website. The first story is about youth certification.



Make sure to click on the Blue link

<https://rotary5340.org/sitepage/youth-protection/youth-certification>

It takes time to take the test- there is an additional link under “Take the test: Part 2, see where it says Youth Protection Policy in blue.

Click on this and read this document as it has the information you need to know to take the quiz.



Last week we had a successful raising of funds for “Shelter box”- we collected \$2440 and sent off for victims of the latest hurricane in the Bahama’s.

Feeding the homeless- we are planning to continue working with Jewish Family Services once every other month.

LEAD- “Leadership, Ethics, Aspirations & Determination” our board approved sending 2 students from Tubman to participate again this year. It’s a wonderful experience for 8<sup>th</sup> graders to teach them new skills.





## Guest speakers on “Trauma Intervention Programs of San Diego: Citizens Helping Citizens in Crisis”, Sher Deweese and Caren Cage

Betty introduced our speakers Caren Cage, volunteer and Sher Deweese, executive director from “Trauma Intervention Programs of San Diego” Citizens helping citizens in crisis. Caren lived through the mass shooting in Las Vegas, which is what led to her involvement in TIP.



TIP is ordinary citizens who provide emotional support, serve as liaison's between survivors and emergency personnel and provide information and referral to appropriate agencies for ongoing support.

If you want more information please go to our facebook page at [La Mesa Sunrise Rotary](#) to watch the entire meeting. You can also visit their website at [TIPSanDiego.org](#).

Our Opportunity drawing was won by one of our speakers, Caren Cage!



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[www.LaMesasunriserotary.com](http://www.LaMesasunriserotary.com)



La Mesa Sunrise Rotary \* Meetings each Friday 7:15 am \* Marie Callender's 6950 Alvarado Rd., SD, CA 92120s



## Member's Highlights



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