

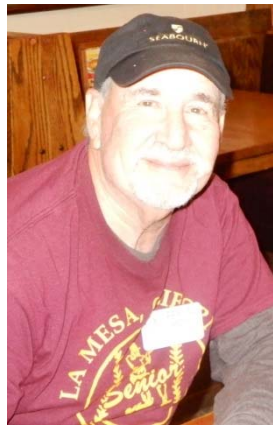


Opening Remarks and Announcements



President Elena welcomed the Helix High School guests, and directed our Pledge and 4-Way Test.

Aaron Landau was awarded ruby Rotary Pin for his donations to the Paul Harris Foundation – good job Aaron. (and a reminder for us to get donations made soon



to count for this fiscal year.)

We received a letter from I Love a Clean San Diego thanking us for our participation in Creek to Bay cleanup, our Rotarians at Work Day project, and the club donation of \$500.

17 of our club members were at the Jewish Family Services location last Wednesday, including Megan's 4 year old Fin to feed the homeless. Chili, prepared for homeless and living in their cars. If you run into anyone living in their car, Max did get a phone number for finding assistance for those people. To participate in this: 1. must have a vehicle, 2. it must be drivable, 3. it must be their car. This location is mostly family, elderly, and disabled. Lynn, Laurel, and Betty made corn-bread, Max brought his mother-in-law's mac-n-cheese.

Next, the 4 Helix High students who we sponsored to participate in the Model UN weekend. Mr Lloyd Sabin, social science teacher. He has been the coordinator for 13 years, and thanked us for sponsoring students to it for 15 years now. He said we would continue to participate, it is a wonderful program.



La Mesa Sunrise Rotary Leadership 2018-2019

Officers

President: Elena Lujan-Alba

Imd Past Pres: Betty Howland

Pres Elect: Jeff Hall

Secretary: Elly Dotseth

Treasurer: John Stremmlau/
Laurel Nishida

RI Foundation: Christine Evans

Directors

Int'l Service: Hugo Murillo

Membership: Bobbie Warren

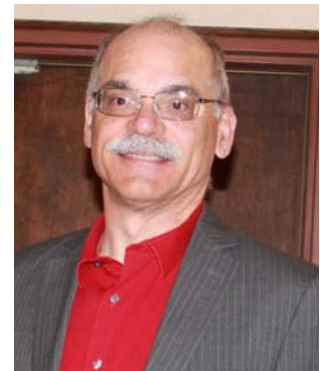
Pub Relations Megan O'Dowd

Youth Interact: JoAnn Bergquist

Peace Chair: Clara Harris

Credits and Acknowledgements

- Pledge: Helix HS Students
- 4-way test: Helix HS Students
- Photos: Bill Pogue
- **Minutes: John Stremmlau**





Each of the 4 participants spoke briefly:



Zana (Zaineb Ashraf) first comment was that “Wow”, it looked like a real UN location. Her assigned position involved the Ruhinga, she represented Germany

Jadalyn Tedtaotao represented India, Re: saving the people and citizens of Syria and Myanmar. she and her partner Zoe found that a number of other representatives had conflicting interests and positions, so it wasn't easy.



Zoe Kuhlken, second year participating, partner with Zoe. Now, she is starting human rights and Model UN club at Helix.

Guests and Visitors





Madeleine Denison, another second-year participant, graduating soon from Helix, will be going to UCSD. Her topic related to what to do about multi drug resistant Tuberculosis. In June, she will be involved in a national tournament for speech and debate in Dallas TX.

Next week is 5th Friday, so NO MORNING MEETING. Instead, evening meeting at the Alba's.

Fern announcements (aren't there always Fern Announcements) – she and Jeff are just back from 12 days in Guatemala for the medical, eyecare mission. Over 1,000 people served, over 200 cataract surgeries. People waited days and days to see them. Planning for next year has already started. In Huehuetenango. Fern was involved in dispensing glasses. She gave 400 pair to cataract patients, and 600 of donated prescriptions to people who needed glasses and she was able to match up need with donated pairs. So, keep donating unneeded glasses.



Next week, She & Jeff will be heading to Germany for Rotary International convention. Then to a family reunion in Morocco. Jeff & Fern will be gone for a month.

With Fern gone, we need two more people to help with this meeting note taking. Please talk to John or Lynn.

Special Presentation



When the Alba family went on a year-long, around the world trip, they went to Africa. Alix had told them about a project in Zimbabwe. Elena had Alix and Mark Wheeler bring up their guests, and fellow Compassion for African Villages, "CAV" members Ruva Mubaiwa and Idzai to tell us more about the founder of CAV Tetetina, Tzitzemotsembe, "T", who came from a small town in Africa

Ruva came to the US in 2002, didn't know anyone from home. T came to her house to visit, and became friends/sister from that day forward. T started Compassion for Villages Africa. She was going to SDSU. T was introduced to a community garden, and that garden gave Itsi an adjacent plot to also garden. T got cancer in 2007, and died from it years later. At one

point, Michelle Obama came to visit, and while T had not been selected due to having cancer, when the crew arrived, they wanted to meet the person who had such a good looking garden plot, so T did meet Michelle, and is even mentioned in Michelle's book. The garden plot that Ruva was given is still growing for her, and allows Ruva to sell produce at the Hillcrest farmers market.



www.LaMesasunriserotary.com



La Mesa Sunrise Rotary * Meetings each Friday 7:15 am * Marie Callender's 6950 Alvarado Rd., SD, CA 92120s

T had been human trafficked to Vista CA, for years she was kept as a "babysitter" in a basement, and with the help of the church that she was allowed to attend, she escaped. Alix told us how T had such a personality that was like a magnet to people all over the world. After escape, T attended Mesa College, got a GED. Then went to SDSU nursing program. Mark, said when you met T, you immediately wanted to give the cloths off your back to the next person you met who needed them. At the time, Mark was already on a board dealing with the human trafficking. T lived 1/4 mile away from Mark and Alix, already had cancer, and fought it, but eventually succumbed to cancer. T wanted to have a part of CAV in each country in Africa. There are now 5 running, out of the 26 countries in Africa. All of the CAV projects are through direct connections. It is rural villages, organizing, and requesting assistance. The goal is for it to be local directors and leaders, not "white people" deciding what to do.

Elena then returned to their trip, the place they were at in Zimbabwe was near South Africa. Apartied was very real and active. Ivan drove south, and only later did they realize that while white people hired black drivers, people looked at them funny for a black woman to have a white Ivan (mostly kind-of white) driver.

Going to the villages is rare, it is like going back in time, dirt roads, no electricity or running water. Ivan and Alana went to the village to teach the teachers at the school. Kelvin, an adopted nephew of one of the people they knew was their guide and translator. This village is a series of farms, loose affiliation of farms. T's sister Mavis, Lily & Isabel played with the goats. at least the one that survived dinner. Elena pointed out a cage smoker above the fire in a photo, which was used to keep the meat, and eat it. The families are very splintered. One of the first big projects was "bore hole" well. Another big project was buildings toilets for the school. They carried in a full large suitcase full of the solar lights, and they distributed them. New project, start a chicken farm school project to support the school. they have had generations of chickens and are profiting. It's about connections. It's about Rotary.

Member's Highlights

