



JUNE 11, 2018

Responsibilities

Drawing, **Maureen Taylor**; Words, **Mimi Gaffey**
Pledge, **Kori Dolkas**; Greeter, **Lisa Walsh**
Ambassador, **Miguel de Jesus**; Reporter, **Rick Grove**

TODAY'S PROGRAM

AGENCY AND NORTH COUNTY ISSUES

Sr. Agent Joseph Smith, FBI

June 18: RADM Steve Koehler - Commander, Carrier Strike Group 9
June 25: DARK for Demotion Dinner on June 29
July 2: DARK

OTHER EVENTS

June 29: Demotion Dinner, 6pm, Sheraton—**Dawn Van Siclen**
Sept 8: Fifth Annual Carlsbad Brewfest, Noon-5pm—**JR Phillips**
Oct 6: Carlsbad Oktoberfest, Noon-10pm—**Phil Urbina**

MEETING OF JUNE 4, 2018

President David Harrison welcomed all the members and guests, to the “Greatest Club in the Universe”. **Nancy Starling** led us in the pledge and **Sunshine Steve Mott** led us in *Oh Susanna* accompanied by **President David** on the Banjo.

ANNOUNCEMENTS

President David welcomed back **Bud Carroll** who had missed the last few meetings. Bud also recently celebrated his 74th wedding anniversary, congratulations Bud and Louise! **President David** mentioned long time Rotarian **Delta Collins** was also in fragile health, so keep her in your prayers.

PAUL HARRIS FELLOW

Mimi Gaffey awarded three Paul Harris fellows to **Gina McBride, Jos Magana** and **Mary Fritz-Wilson**. All three were from an anonymous donor. Thank you for the contributions to Rotary International Foundation and congratulations to Gina, Jos and Mary!



**PROGRAM - STOP THE BLEED, BYSTANDER TRAINING
MELINDA CASE, RN**

Several weeks ago the club program was on the Las Vegas shooting and since we have quite a few large events in Carlsbad, the program team thought it would be a good idea to provide training for people that had trauma, specifically bleeding. So today Melinda Case provided some background on how to assist someone with traumatic bleeding and we were broken into groups and several RNs from Palomar Trauma, Rady Children’s and Scripps Health led us in some hands on training.

Case also referred us to three websites to get additional information.

1. Bleedingcontrol.org
2. The Committee on Trauma
3. American College of Surgeons

She also reviewed the primary principals of Immediate response or the ABC’s of bleeding.



The first step is to ensure your own safety, if there is an active shooter make sure it is safe before starting the following steps. If, at any time, your safety is threatened, remove yourself from danger and find a safe location. If possible, wear gloves to protect yourself from bloodborne infections.

- A. Alert – call 911 to get an immediate response
- B. Bleeding – find the bleeding injury
- C. Compress – apply pressure to stop the bleeding either by stuffing and covering the wound with a clean cloth and applying direct pressure, or use a tourniquet if available.

Case also discussed tourniquets and mentioned you should only use C.A.T. Tourniquets, which is an acronym for Combat Approved Tourniquet. They are the preferred tourniquet of the military because it is easy to use and can be rapidly applied. You should always write down the time a tourniquet was applied for medical records. Tourniquets cause severe pain but the pain does not mean you put the tourniquet on incorrectly or take it off. It DOES hurt. She suggested you say, "if it hurts it means you're still alive." As part of the hands-on training club members practiced applying a tourniquet on ourselves and others.



Jackpot – will be done June 11, 2018.

Responsibilities for June 18, 2018

Drawing, **Tracy Carmichael**; Words, **Bob Kreisberg**
 Pledge, **Lisa Walsh**; Greeter, **Ken Ryan**
 Ambassador, **Miguel de Jesus**; Reporter, **Kip McBane**

June 11, 2018

HI-JINX

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