



NOVEMBER 19, 2018

Responsibilities

Drawing, **John McShefferty**; Words, **Brian Colby**
Pledge, **Julie Walker**; Greeter, **Bill Foster**
Reporter, **Kip McBane**; Editor, **Yvonne Finocchiaro**

UPCOMING PROGRAMS

Nov 12: DARK

Nov 19: New Urban West
Nov 26: The Forgotten Hollywood, Manny Pacheco
Dec 3: Mighty Awesome Escape Rooms, Cory Reeder
Dec 10: Overcoming Adversity and Living Inspired, Alex Montoya
Dec 17: The Art of Conscious Living, Dr. Pia Martin

OTHER EVENTS

Dec 1: Club Holiday Party, home of **Yvonne** and Carm **Finocchiaro**, 6pm
Dec 15: Children's Holiday Pancake Breakfast, Discovery Center

MEETING OF NOVEMBER 5, 2018

President Maureen Simons welcomed all members and guests following Sergeant-at-Arms **Jim Brubaker's** call of the meeting to order. **Steve "Sunshine" Mott** led all in the singing of the *Smile Song*; **Joe McDermott** led the pledge; **Mott** led *God Bless America*; **Dave Kulchin** provided the Words for the day . . . "to give up enthusiasm wrinkles the soul." Guests were introduced, including **Lloyd Rochambeau**, past president of this club, who turned 88 today.

ANNOUNCEMENTS

Christmas Bureau: **Tracy Carmichael**, president of the Bureau described this annual project (since the 1970s) and asked for assistance in providing for the 400 Carlsbad families the Bureau helps each year. Help could be offered by adopting a family, making a financial contribution or helping in the warehouse (Boys and Girls Club gym in the Village). Volunteers are needed to put the safety flooring on the gym floor on Dec 1 at 7:30am. Gift donations will be accepted from Dec 2 to Dec 6 and then will be distributed on Dec 8. Contact **Carmichael** or go to www.ChristmasBureau.org to participate.

Community Service: **Julie Baker** thanked the club for stepping up to the needs she mentioned at prior meetings, including: (a) Bikes for the Barrio, financial donations now allow 52 bikes, locks and helmets to be purchased; (b) Showers for Blessings, was the recipient of club clothing and toiletries; and (c) the Children's Christmas Party is now chaired by **Mary Fritz-Wilson** and will be held on Dec 15, 8:30 am at the Discovery Center. **Mike Pfankuch** also mentioned that 56 bikes were now ordered for Barrio children from Brewfest proceeds and club donations.

Social: **Nancy Starling** invited club members to the Holiday Party at the home of Carm and **Yvonne Finocchiaro** on Saturday, Dec 1, 6pm. Rather than potluck, this year it will be catered. JoAnn Ross, spouse of our late member Gene Ross, offered to underwrite a person to help set-up/clean-up. Thank you, JoAnn. The sign-up sheet was circulated; further details will be forthcoming.

Rotary District 5340: **President Maureen** indicated that District 5340 will be hosting District Governors-Elect from all over the world in January 2019. Volunteers are needed to host a DG for dinner on January 16 (contact **President Maureen**); and November 22 is Rotary Giving Tuesday, with all donations targeted to Polio Plus. Please consider a donation.



ROTO-ROOTER BOB KREISBERG

Bob Kreisberg likes the Happy Dollars approach to Roto-Rooting and he asked all members with November birthdays to be prepared to tell a story of his/her life and he told a story of his late dad (also a November birthday):

- **Steve Mott** said that his daughter Chrissy just finished the Ironman in Florida and that next year he will be able to compete in the Senior Olympics as a 70-year-old.
- **Lloyd Rochambeau**, 88 today, said his wife's in China and would be for the next 25 days so he came today to visit. He was CHNR President in 91-92.
- **Eric Lodge** told us that he went to put the trash out on Thursday, had a pain in his upper chest and arm and asked his wife to take him to Scripps Encinitas where they found a 99 percent blockage in a major artery. It was corrected by a catheter inserted into his wrist that was wound into his heart. He was present today to tell us about it. Everyone applauded wildly for his relief and this success.
- **Bill Foster** had two bucks: one happy dollar that the election season is almost over; and one sad dollar because, after a six-week, 6,000-mile trip in his RV, he has hit by a car close to home that scraped the whole side of the RV.
- **Stan Prowse** reported that **Joy Prowse** fell down on concrete steps and was having some medical issues, as yet undiagnosed, but she was present at today's meeting.
- **Mimi Gaffey** announced that she "drove" her horse for the first time in 11 years at the recent horse show (and she thanked those who helped sponsor it), and they did fine.
- **Tracy Carmichael** said that her oldest son would be 37 tomorrow and then wove the following: parents were born in '61, his sister in '81, and he was born in '91 . . . all those 1s . . . **Carmichael** hoped tomorrow would end in a "1" for her too. She also said that she's learned that it's so important to appreciate the friends and family who surround each of us each day . . . "that's what Rotary's taught me—to give the best you can."

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HI-JINX

Official Publication of the
CARLSBAD HI-NOON ROTARY CLUB

P. O. Box 741, Carlsbad, CA 92018

President: Maureen Simons

Reporter: Yvonne Finocchiaro

Editor: Yvonne Finocchiaro

Photographer: Nancy Starling

Web address for Make-ups: www.rotaryclubone.org

- **Brian Colby** remembered that his dad (a Nov birthday) died six years ago, but that each day his dad would say to everyone: "Have a beautiful day."
- **Harry Peacock** reported on the CHNR Fiji water project that the Rotary Club of Hilo HI would be contributing \$3,000 for the next portion of the project. Clubs assisting are in Latoka Fiji, Wellington New Zealand, Pt. Loma CA, and CHNR—all connected in Rotary service. A big change in the project is that it will be built locally.
- **Bud Carroll**, who will be 95 in two weeks, apologized to those who spent time putting a costume together last week when he "made a fool out of myself" by using the table decorations . . . of course he got a big laugh.
- **President Maureen** thanked and indicated that **Bob Fenner** has retired from his long contribution as Santa at the holiday festivities and she asked for a new volunteer. **Phil Okun** raised his hand and said, "I will quit shaving as of today." Thanks **Phil** . . . your "ho ho ho" is wonderful.



PROGRAM: UNLOCK THE LEADER, YIGAL ADATO

Estela Mitrani introduced the day's speaker, Yigal Adato.

Yigal Adato thanked the club by saying, "What you've said here today inspires me." He went on to describe his first job, his marriage and his work. After too many work hours his life changed when his wife said, "I didn't marry someone to be alone," to which he began a reconstitution of his focus and balance. He described each of his Ten Keys of Leadership: (1) Choice; (2) Clarity; (3) Courage; (4) Commitment; (5) Condition ("33 percent of entrepreneurs are depressed"); (6) Character; (7) Connections; (8) Compassion; (9) Creativity; and (10) Consistency.

Hospice nurses reported five "regrets" of dying patients: (1) they weren't true to themselves; (2) they shouldn't have worked so hard; (3) they didn't express their feelings; (4) they didn't stay in touch with their friends; and (5) they didn't allow themselves to be happy.

Being an effective leader requires self-mastery and life balance.

Today's winner was **Wendy Wiegand** who won \$10.

The jackpot for November 19 is \$360.

Responsibilities for December 3, 2018:

Drawing, **Dawn Cunneen**; Words, **Ann Collins**

Pledge, **Wendy Wiegand**; Greeter, **Wendy Wiegand**

Reporter/Editor, **Julie Walker**; Roto-Rooter, **Walt Waggener**



BE THE INSPIRATION

Carlsbad Hi-Noon Rotary Officers and Directors 2018-2019

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District 5340 Governor: Mel Gallegos
Rotary International President: Barry Rassin

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