

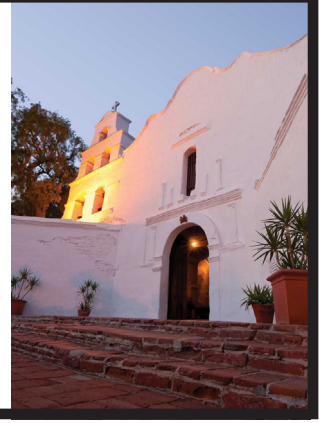
# Rotary



## The Old Mission Bell of Old Mission Rotary

Meetings Every Tuesday at noon  
at the Legacy Resort Hotel and Spa  
[oldmissionrotary.org](http://oldmissionrotary.org)

January 2023- Edition Three



### Art Pratt Foundation of Old Mission Rotary

### Chamber of Commerce Business After Five



*Cass Kaminetz, is the Executive Director for the Rest Haven Children's Health Fund.*

We all know Cass Kaminetz as the wife of Old Mission Rotary member Lee Kaminetz but she is also the Executive Director for the Rest Haven Children's Health Fund. Lee and Cass met in at the University of Maryland Law School, got married and settled in San Diego. They have been married 22 years and have three children. Rest Haven Children's Health Fund provides money for health related services for children in San Diego and Imperial counties **when no other funds are available.** To fulfill this Mission Rest Haven provides

**Rest Haven**  
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The Art Pratt Foundation of Old Mission Rotary is looking for volunteers to help with site visits and members to serve on the board of directors. Old Mission Rotary is so fortunate to be able to disburse hundred of thousands of dollars in grants to deserving local charities. Contact Miles Durfee for more information: [milesdurfee@icloud.com](mailto:milesdurfee@icloud.com) or cell: 858-663-1587.

### The Maple Leaf Forever



*Jodey Porter (L) and Barb Babij (R) visited Old Mission Rotary on January 17th from the Niagara on the Lake Rotary Club in District 7090 in Ontario Canada.. Barb is her club's Treasurer. Jodey works for Doctor's Without Borders and recently helped to negotiate the release of seven of their medical staff members in northern Somalia! President Don presented them with an Old Mission Rotary Club banner.*



*(L-R) Stan Vogelsang, Don Krupp and Paula Kelly represented Old Mission Rotary at a chamber of commerce function on Thursday, January 19th at ReBru Spirits in Barrio Logan.*

Membership is a critical challenge for all of Rotary International. Old Mission Rotary is attempting to make contact with the local business community through membership in the San Diego Chamber of Commerce. The club pays for table space at the evening Business After Five Socials to promote Old Mission Rotary and invite potential members to our club meetings.

**Old Mission Rotary  
Evening Social  
(No Luncheon Meeting)  
Tuesday, January 24th  
Starting at 5:30pm  
San Diego Mission Bay Resort-  
Covewood Patio  
Overlooking the Bay  
No Host Bar and Food**

## Rest Haven

### Continued from Page One

funding for all health related needs including developmental health, physical health and mental health for children who meet their eligibility requirements.

Cass is directly involved in the distribution of emergency grants that help over 200 children and families each year. These funds are often in the form of gift cards for urgent needs such as groceries and gas cards. Strollers and car seats are often provided to families.

Rest Haven may be the only non-profit that contributes for funeral expenses for fetal demise when a family has lost an unborn child.

Rest Haven provides funding in the form of "Special Grants" to agencies, programs and organization that support health and wellness in the areas of Mental, Emotional or Behavioral Health, and Childhood Obesity Prevention. Each year about \$200,00 is disbursed.

The largest grant awarded by Rest Haven was one million dollars to the San Diego for Children.

During the question and answer period Lee asked Cass "What's for dinner tonight?" She replied "Whatever you are making!"

## Rotary Calendar

- Tuesday, January 24th-Old Mission Rotary Club Social at 5:30 pm at the Mission Bay Resort on the Covewood Patio,
- Friday-Saturday on February 3rd and 4th- **Thousand Smiles Clinic** Ensenada Baja.
- Monday, February 6th- **Talent Show Planning Meeting** at the Clairemont Boy's & Girls Club at 5:30pm.

*Little Strokes, Fell great oaks.*  
-Benjamin Franklin

## Club Host- January 17th Eric Benink



Eric Benink was our club host on Tuesday, January 17th. We all know Eric as a very successful and dedicated lawyer but his "Who Am I?" was about Food, Sports and Music.

**Food-** The Benink family is going vegetarian although Eric describes himself as a pescatarian.

**Sports-** Eric hurt his ACL playing in his weekly recreational basketball game and has scheduled knee surgery for February. Eric is not looking forward to the recovery period and has resigned himself to only playing Pickle Ball.

**Music-** Eric plays guitar for a band named Exit 10. They are cover band and perform music from the 70's and 80's. Eric invited all of us to see his band perform at Deft Brewery in the Morena District on Sunday, March 5th.

## Program Calendar

*Why not invite a friend to an Old Mission Rotary meeting?*

- Tuesday, January 31st- St. Madeleine Sophie's Center with Laura Purdom and Joe Perruca

## Rotary Monthly Themes

Rotary International has identified a theme for each month. The monthly themes are meant to highlight the wide range of Rotary's good work and give clubs some suggestions, timing and guidance for their programs and activities.

- January - Vocational Services
- February - Peacebuilding and Conflict Resolution
- March - Water, Sanitation and Hygiene
- April - Maternal and Child Health
- May - Youth Services
- June - Rotary Fellowships
- July - New Leadership (can change annually with the beginning of the new Rotary year)
- August - Membership and New Club Development
- September - Basic Education and Literacy
- October - Community Economic Development
- November - Rotary Foundation
- December - Disease Prevention and Treatment

*When I was young, I admired clever people. Now that I am old, I admire kind people.*  
-Abraham Joshua Heschel, rabbi and professor

## What are the Duties of a Club Host?

- **Be prepared to greet members and guests at promptly at noon in the meeting room.**
- **Bring three raffle gifts of about \$10 value each.**
- **Open the meeting with the Pledge of Allegiance**
- **Deliver a short invocation**
- **Use the guest sign in sheet to introduce visitors.**
- **Present a five minute "Who Am I."**