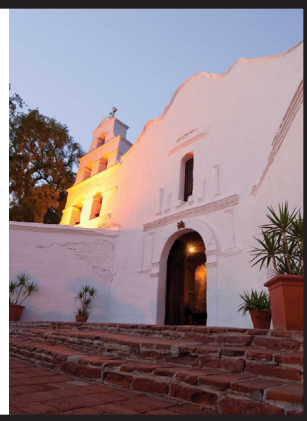


Old Mission Rotary

Meets Every Tuesday at noon at the
Best Western Seven Seas Hotel
Hotel Circle South
oldmissionrotary.org



February 2018

Flash Presidency!



Bob Self served as our Flash President for the month of February. Bob is always cheerful and you have to pay attention to appreciate his understated dry wit!

Program Calendar

- March 6th- **JFK Assasination** with Chip Hayes.
- March 13th- **Four Way Test Speech Contest- Second Round**
- March 20th- **Professional Gate Crashing!** with Dion Rich
- March 20th- **Professional Gate Crashing!** with Dion Rich
- March 27th- **Japanese Friendship Gardens** with Sara Shah

Four Way Speech Test Contest



(L-R) Alex Reyes of Reality Changers, Daniel Areola of Helix High, Salvador Bravo of Madison High, Blair Garcia of Hoover High, Ariana Bermudez of Patrick Henry High, Old Mission Rotary Reality Changers liaison Steve Nunez and Old Mission Rotary Four Way Test Speech Contest Chairman Eric Benink.

On Tuesday February 20th, Old Mission Rotary hosted a Four Way test Speech Contest for High School students from the Reality Changers Program. The competition is part of the larger Rotary District 5340 contest. Winners of each local Rotary Club will compete at Sub-Regional events and the top candidates will compete at a District Level and beyond. The Four Way Test Speech Contest encourages high school students to prepare and give speeches that apply the Four-Way Test to everyday activities and issues.

The Four-Way Test

The Four-Way Test was adopted by Rotary in the 1940s and remains today a central part of the permanent Rotary structure throughout the world. It is held as the standard by which all behavior should be measured.

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

*Speech Contest Continued
Page 2*

Ides of March Happy Hour



If only Julius Caesar had only gone to the Air Conditioned Lounge instead of the Roman Senate on the Ides of March!

On the Ides of March (Thursday, March 15th) Old Mission Rotary is having a Happy Hour to meet and greet Past President Bob James Jr. at the Air Conditioned Lounge in North Park. Bob will be in San Diego on business and is looking forward to seeing all of his great Old Mission Rotary friends again. Our host will be Old Mission Rotarian Gary John Collins who will open up his new outdoor event space for our event!

The date is Thursday, March 15th from 5:30pm until 8pm. The Air Conditioned Lounge is at 4673 30th Street (Adams and 30th Street)

What are the Duties of a Club Host?

- Be prepared to greet members and guests at promptly at noon in the meeting room.
- Bring three raffle gifts of about \$10 value each.
- Open the meeting with the Pledge of Allegiance
- Deliver a short invocation
- Use the guest sign in sheet to introduce visitors.
- Present a five minute "Who Am I."

Speech Contest Continued

The Four Way Test is used by Rotarians world-wide as a moral code for personal and business relationships.

Ariana Bermudez is a 10th grader at Patrick Henry High School and talked about growing up fast in the inner city. Her neighborhood was full of drug addiction, domestic violence and the working poor. To Ariana, school was a welcome refuge. She is looking forward to studying engineering in college. Blair Garcia is an 11th grader at The Four Way Test is used by Rotarians world-wide as a moral code for personal and business relationships.

Ariana Bermudez is a 10th grader at Patrick Henry High School and talked about growing up fast in the inner city. Her neighborhood was full of drug addiction, domestic violence and the working poor. To Ariana, school was a welcome refuge. She is looking forward to studying engineering in college. Blair Garcia is an 11th grader at Hoover High School and grew up in Central America without parents. As a young boy, he escaped the hardship of day to day life in comic books. His epiphany was realizing that each individual must aspire to be "superman" and that the world needs heroes.

Salvador Bravo is a 10th grader from Madison High School and discussed living with a disability. He is hard of hearing and has been the victim of bullying over the

The Board of Directors of Old Mission Rotary have proposed Tom Basham for membership with the classification of Construction Management

Too many parents make life hard for their children by trying, too zealously, to make it easy for them.

-Johann Wolfgang von Goethe, poet, dramatist, novelist, and philosopher. (1749-1832)

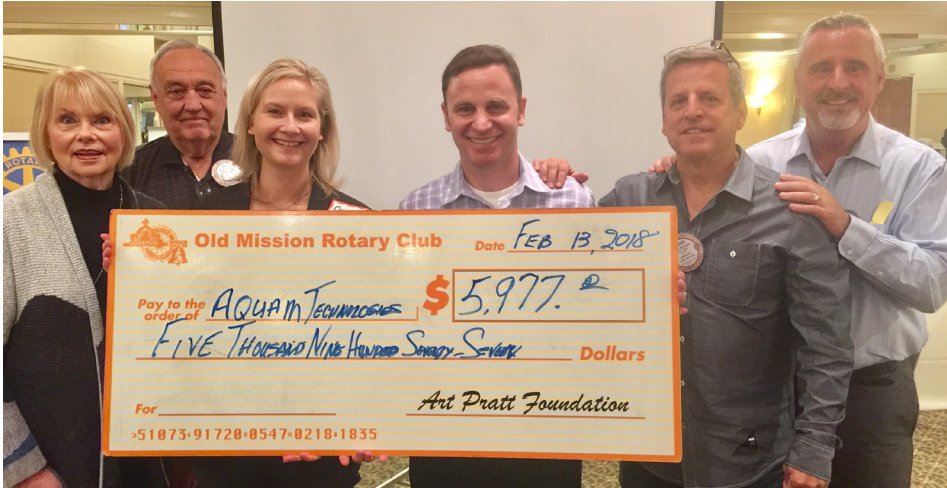
years. He refuses to let a handicap hold him back and he would like to study engineering so as to improve life for the deaf and hearing impaired.

Daniel Areola is an 11th grader at Helix High School. He discussed how his love of music brought joy and inspiration into his life in the tough inner city. He would like to be a social worker after college. Old Mission Rotary was impressed and proud of all four of our contestants. The judges selected Blair Garcia and Ariana Bermudez to continue on in the competition. Rotarian Eric Benink organized our club contest and served as the program moderator. The club judges were Michelle Tondreau, Judi Copeland, Gary John Collins, Brian Dempsey and Steve Nunez. Mark McAnelly, dressed in a fluorescent lime green shirt, served as the official timekeeper!

Alex Reyes is the Chief Inspiration Officer of Reality Changers and accompanied our contestants to the competition. Reality Changers offers a way out of the inner city and the dangers of drugs and gangs. The non profit is focused on inspiring and educating first generation college students through mentoring and tutoring.

On March 13th, Old Mission Rotary will be hosting a second round competition of the Four Way Test Speech Contest that where we will see high school students sponsored by clubs across our Rotary District. 5340.

Art Pratt Grant Aquam Technologies, LLC



(L-R) Art Pratt Foundation board members Judi Copeland and Bob Chalfa, Aquam Founder and CEO Cameron Manners, Art Pratt Foundation president Lee Kaminitz, Art Pratt Foundation board members Mark McAnelly and Drew Armbruster.

On Tuesday February 13th, The Art Pratt Foundation of Old Mission Rotary presented a grant of \$5977 to Aquam Technologies LLC. This cutting edge water technology company offers the only packaged treatment plant that can deliver a 4 hour treatment time, reduce total sludge volumes and recover energy as direct electricity with no released methane.

The Aquam product line can be scaled for residential single-family homes or small communities (up to 2,500 individuals).

Aquam is headquartered in Kearny Mesa, San Diego with laboratories in Sorrento Valley and pilot installations in Escondido and Tijuana, Baja California, Mexico.

The Art Pratt Foundation grant will be used to set up a water treatment plant at the school for a migrant farm camp in San Quentin Baja. Old Mission Rotary has been active in assisting the Mestizo Indian population in the tomato farming region and now will be funding equipment that will supply fresh water to the school. The local public water supply is heavily contaminated with agricultural chemicals.

Pathways to Peace Forum a Success!

The 7th Annual Rotary District 5340 Peace Forum took place on Saturday, February 24 at the Kroc Institute for Peace and Justice Theatre at USD.

This year's Forum's theme was **Peacemakers** and included presentations and discussions on building peace. The highlight of the event was presentation of the *Prestigious Peacemaker of the Year Award*.

Lydia Stewart is our club's Peace Chair and represented Old Mission

Rotary at the impressive event. Peace building efforts have been developing rapidly throughout our Rotary world and District 5340 is very much engaged. Practically every service project and program Rotary does throughout the world brings increased prospects for less violent resolution of conflict. Pathways to Peace is focused on ways to advance this aspect of Rotary. Special thanks to Lydia for bringing Pathways to Peace to our club!

San Diego Blood Bank



Sofia Huertero was invited to speak at Old Mission Rotary by her friend, Rotarian Michelle Tondreau.

Sofia Huertero spoke to Old Mission Rotary about her job at the San Diego Blood Bank. Sofia is the laboratory manager of the non profit.

The San Diego Blood Bank provides the Southern California region's hospitals with a wide range of blood banking services. These include blood collection, component preparation, plateletpheresis, plasmapheresis, leukapheresis, washed blood, frozen blood, autologous storage, designated donation services and a reference laboratory. The Cell Therapy Program of the San Diego Blood Bank operates the Cord Blood Program providing lifesaving stem cell transplants to patients worldwide.

For many decades, the Blood Bank was located in Hillcrest on Upas Street. In 2011, they moved to modern and spacious facilities on Gateway Center Drive.

Rotarian Gary Stemple was proud to announce that he is a five gallon blood donor!

Rotary International Foundation



Marge Cole is an über Rotarian who has served for decades in several clubs and at the District level.

Marge Cole was our speaker on February 6th. She serves as the Rotary Zone 25 & 26 Regional Rotary Foundation Coordinator.

Marge is a native Californian who grew up in Pomona. She graduated from University of California, Santa Barbara and earned a Masters at Syracuse University. She returned to California to teach high school and served as a high school Principal and Director of Student Services before retiring in 2004. She joined the Santee/Lakeside Rotary Club in 1996 and was Club President of the Santee-Lakeside Rotary Club in 2002-03. She later joined the Rotary Club of Mission Valley Sunset in San Diego (District 5340).

Marge has a remarkable history in Rotary. She led a team to Mexico as the GSE Team Leader & Chair in 2002-03. She held many District 5340 positions until she rose to the rank of District Governor in 2009-10. Now she is applying her passion and expertise to the Rotary International Foundation. Today she is a member of the Mission Valley Sunset Club.

The Rotary Foundation is a non-

profit corporation that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational, and cultural exchange programs. It is supported solely by voluntary contributions from Rotarians and friends of the Foundation who share its vision of a better world.

During the past 100 years, the Foundation has spent \$3 billion on life-changing, sustainable projects. This is particularly amazing as a child can be protected from polio with as little as 60 cents!

The Foundation was created in 1917 by Rotary International's sixth president, Arch C. Klumph, as an endowment fund for Rotary "to do good in the world." It has grown from an initial contribution of US\$26.50 to more than US\$1 billion. It has one of the largest and most prestigious international fellowship programs in the world.

Today the foundation is focusing on Polio Eradication, Humanitarian Grants and Educational Programs. Marge encouraged all of us to contribute to the foundation. She noted that the easiest way is with monthly automatic payments. Many Rotarians designate the Rotary Foundation in their Wills and Trusts via the Planned Giving program. Donating to Rotary means clean water and sanitation, health and hope in areas that were once ravaged by diseases like polio. Marge is an extraordinary Rotarian and a great friend of Old Mission Rotary!

*When the power of love overcomes the love of power the world will know peace.
-Jimi Hendrix, musician, singer, and songwriter (*

Club Host



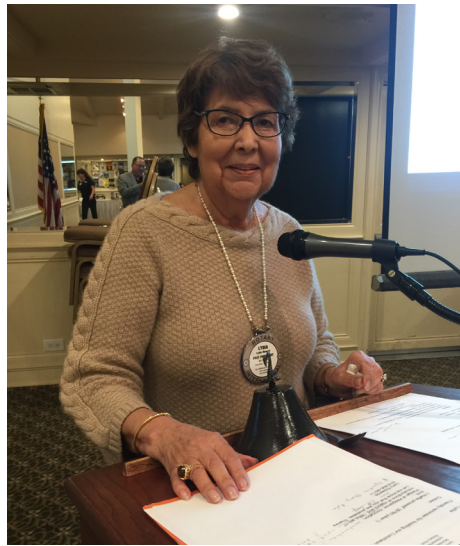
*Julian Villegas served as club host on February 13th and delivered a very candid and informative **Who Am I?***

Julian Villegas is the Executive Director of the Copley-Price YMCA. Julian was born in Medellín Colombia and worked for five years to emigrate to the United States to escape the violence of the drug cartels. Julian landed in Massachusetts to join family. He did not speak English and his first job was in a marine tarpaulin factory. Julian attended private school in Columbia and was far ahead of his American counterparts in high school. He was also a competitive swimmer. His scholarship and swimming soon took him to the University of Massachusetts in Boston. After college, he worked for the Jewish Community Center and YMCA and eventually became Executive Director of the Merrimack Valley YMCA in Lawrence Massachusetts. In 2015, he applied for and was hired to be the Executive Director of the Copley-Price YMCA. Julian is passionate about the mission of the YMCA to serve the community of the inner city.

Rotary Calendar

- Monday March 5th, **Gala Talent Fund Raiser Committee Meeting** at 5:30pm at the Boys and Gils Club in Clairemont.
- Tuesday March 13th, **Old Mission Rotary Board of Directors Meeting** after our Rotary Meeting
- Tuesday March 20th, **Art Pratt Foundation Board of Directors Meeting** after our Rotary Meeting.
- **District Training Assembly** at USD Kroc Institute for Peace & Justice on Saturday, March 24th from 8m to noon.
- **Model United Nations and Saturday Night Banquet** on Saturday, April 7th and Sunday, April 8th at the Joan Kroc Institute at USD.
- **Rocking Rotary Social** on Thursday, April 5th from 6pm-9pm at Stone Brewery at Liberty Station. The cost is \$25.
- **Rotary Baseball Night-** Watch the San Diego Padres battle the San Francisco Giants on April 12th at Petco Park.
- **RYLA Youth Conference** on April 20th - April 22nd
- **District Conference at Knotts Berry Farm** from Friday, May 4th- to Sunday, May 6th..
- **So You Think You've Got Talent San Diego** on Saturday, May 12th starting with dinner at 5:30pm at Francis Parker School.
- **Rotary International Convention in Toronto** from Saturday, June 23rd to Wednesday June 27th.

Club Host



Lydia Stewart joined Old Mission Rotary several years ago and introduced our club into a variety of Rotary District programs that we never even knew existed!

Lydia Stewart was our club host on February 6th. Lydia joined Old Mission Rotary several years ago when the Mission Valley Rotary Club disbanded. Lydia immediately made an impact by introducing the youth programs of LEAD and Model UN and serving as our chair for both committees.

She also represented Old Mission Rotary in the Rotary District 5340 Pathways to Peace program that took place on February 9th at USD. Lydia is a nurse and has participated in Thousand Smiles for many years. She used her skills in the hospitals of Ensenada when she assisted with cleft palate surgeries. We are so proud and impressed with Lydia's hands on approach to service. Old Mission Rotary is very lucky to have Lydia as a member!

Old Mission Rotary
Tuesdays at Noon
Best Western Seven Seas
411 Hotel Circle South
San Diego, CA 92108

Torrey Pines Rotarians A Song in their Heart!



Two Rotarians from Torrey Pines (La Jolla) completed a make-up at Old Mission Rotary on February 13th. Gordon Shurtleff (L) looks on as Eric Jones leads the crowd in a rousing chorus of God Bless America!

If you want to make peace with your enemy, you have to work with your enemy. Then he becomes your partner.

-Nelson Mandela,

Youkoso Nihon



Sara Shah is the Volunteer and Outreach Coordinator for the San Diego Japanese Friendship Garden in Balboa Park. Sara attended our February 13th meeting and encouraged Old Mission Rotary to work at the gardens for our Rotarians at Work Day on Saturday, April 28th. She will present a program on the gardens on March 27th.

Meals on Wheels



Barb Fiorina is the Director of Development at Meals on Wheels.

Our club program on February 13th was presented by Barb Fiorina who is the Director of Development at Meals on Wheels! Everyone has heard of the non profit and their mission to feed seniors over 60. Meals on Wheels offers the choice of one or two nutritious meals, seven days a week, including holidays. The cost of the lunch and dinner plan is \$7 per day but financially strapped seniors are offered subsidized rates. Deliveries are made on 160 routes daily by 2966 caring volunteers. The non profit has a full time staff of 85.

All meals are healthy and tasty with controlled sodium, fat, carbohydrates and calories. The menus are prepared by a registered dietitian to ensure balanced meals throughout the week. They offer Healthy Choice, Healthy Latino Cuisine and easy-to-chew menu options. Their menu changes monthly. Food is prepared in the old Gibaldi bakery building on India Street.

Over 32,000 people in San Diego County received 447,675 meals last

year! Some 1515 people live alone and 18 are over 100 years old! Meals on Wheels also delivers pet food for 100 dogs and 120 cats! Meals on Wheels not only delivers food but volunteers are frequently the only link that many seniors have to the outside world. The human contact is as important as the nourishment.

Club Host



Stan Vogelsang served as club host on February 27th. Stan serves as our club's Executive Secretary and as the Thousand Smiles Foundation Treasurer.

Stan Vogelsang has served as club host so many times that he declined to deliver the standard **Who AM I?** talk.

Instead, he told the story of how he was on a hijacked plane 18 years ago! Stan was flying from San Diego to Sacramento on a Southwest Airlines flight when a crazed man demanded that the pilot take him to Hollywood! The plane landed in Burbank where the stewardesses tricked the hijacker into going to the back of the plane where law enforcement was waiting. The ruse was that "the pilot wants to speak to you and the phone is in the back of the plane." After a couple hours on the ground for police interviews, Southwest was kind enough to host an open bar for the remainder of the flight to Sacramento!

A Stroll Down Memory Lane at Old Mission Rotary!



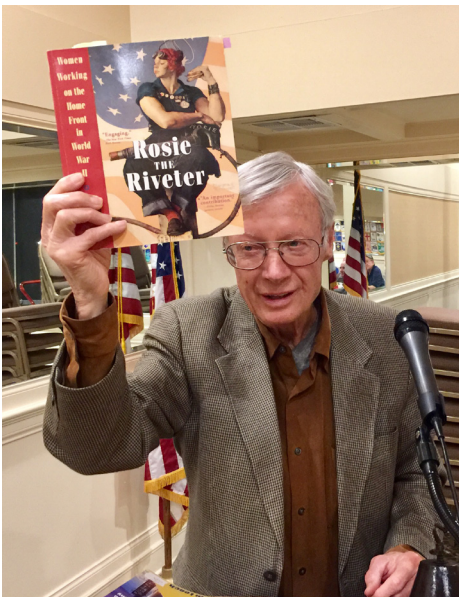
Dave Blum (R) presented the club with a hardbound history of Old Mission Rotary. Mike Rogers read a passage about an infamous beard shaving auction back in 1975!

On February 27th, we were thrilled to welcome honorary Old Mission Rotarian Dave Blum. Dave was a key club member for decades and a past president. Dave came to the meeting to present the club a hardbound history of Old Mission Rotary that spanned several decades from the 1950s until the mid 1980s. Mike Rogers read a page from the book that chronicled the infamous beard shaving auction when Mike was president in 1975. The auction took place during a meeting and members pledged dollars for either Mike or George Crawford to shave off their beard. The bidding was so successful that both men shaved their beards and over \$1000 was raised!

Judi Copeland announced that it was wonderful to see Dave Blum back at a meeting and we all agreed that we want him and his wife Irma back at Old Mission Rotary!

*Go the extra mile...
it's never crowded.*

Fun on the Job!



Our speaker on February 27th was the author Tom Leech.

Tom Leech spent over two decades working at General Dynamics, where he took on projects in business development, engineering, and internal communications.

Along with his background in aerospace, Leech is a prolific writer and author. He has published books on a variety of topics.

Even jobs of the utmost seriousness lend themselves to a little fun from time to time. His latest book, ***Fun on the Job*** explores the great early days of the Southern California aerospace industry to give us an entirely new perspective on what really went on when some of the largest advancements in aviation and defense technology were developed.

This book is a collection of hilarious and entirely true essays from people who have worked at General Dynamics. General Dynamics was once one of the leading producers of planes, aircraft, weapons, and other technologies that played a pivotal role in America's military success throughout the twentieth century. These employees boast incredible accomplishments that

cover everything from producing thousands of B-24 bombers for World War II combat to influencing Cold War tactics to sending the first US astronauts into space.

Spanning more than eighty years in this field and featuring stories from everyone from entry-level engineers to major executives, *Fun on the Job* is a down-to-earth recollection of a high-stakes industry that every worker-employed or retired can relate to. More than that, it's a testament to how day-to-day humor begets extraordinary success.

Stock Market Report



Brian Dempsey is a past president of Old Mission Rotary and delivers are almost weekly "Stock Market Report" at our meetings. He is a retired Naval Aviator and has been a financial adviser for Edward Jones for 25 years.

Brian Dempsey has been hard pressed to explain the machinations of the stock market in the new year! The markets soared in 2018 and appeared to be climbing even higher in January. Suddenly, stocks plunged dramatically. Brian attributed this to concerns that the Federal Reserve will tighten policy faster, sending longer-term interest rates higher. Stocks have reacted negatively as expectations of higher rates have been recalibrated across equity market values.

District Training Assembly

The District Training Assembly offers training for Rotarians including club officers, directors, and committee chairs to help them become more effective club leaders. All club members, especially Red Badgers, are welcome and encouraged to attend.

Come learn club management tips and best practices from other Rotarians at District Training on March 24, 2018 at the Joan Kroc Center for Peace & Justice on the USD campus. Online registration is the same as previous year's at \$25 per person. This is a great opportunity to learn about Rotary and network with other Rotarians. We expect full attendance for each class, so don't miss out. Registration ends on March 21st.

The Global Grants Management Seminar will also be hosted from 12:10 pm to 2:00 pm immediately following the District Training Assembly.

I'd prefer to die on my feet than to live on my knees.

-Charb (pen name of Stephane Charbonnier), caricaturist and journalist (1967-2015)

Share Rotary!

Invite a Friend to Lunch.

We all joined Rotary for different reasons such as fellowship, business or a desire to give back. The life changing "Rotary Moment" is when we were transformed into true Rotarians dedicated to "Service Above Self."

Please ask a friend, neighbor or colleague to visit Old Mission Rotary for lunch. Please use a copy of a club bulletin or one of our membership brochures as a tool to introduce our club and Rotary.

So You Think You've Got Talent San Diego?

Our annual club fund raiser "*So You Think You've Got Talent San Diego*" is scheduled for the evening of Saturday, May 12th at Francis Parker School.

The talent gala committee is co-chaired by Jerry Hosenkamp and Michelle Malin and meets regularly to plan the event and needs the help of all club members!

We are all expected to participate by purchasing and selling tickets, by sponsoring the event, by contributing to the Silent Auction and by purchasing or selling raffle tickets.

Please encourage any talented people you know to participate in So You Think You've Got Talent San Diego? All that is required for

potential contestants is to send in a YouTube short of their act to: got-talentsandiego@oldmissionrotary.org by April 13th.

The event will once again be a magical evening with great food, an open bar and a fabulous and fast moving show!

The Thousand Smiles and Old Mission Rotary Foundations will benefit.



Old Mission Rotary's So You Think You've Got Talent, San Diego?

Event Date: Saturday, May 12, 2018 at Francis Parker

This is our major fundraiser of the year. 70% of the profits go to Thousand Smiles. The remaining 30% is given to the many worthwhile projects we conduct and support throughout the year. The more we raise, the more we can give away to help others. We need the support of every member in the club. Here's how you can help.

Sponsorships & Ticket Sales

Every member will be given four tickets to the event. We ask that you buy or sell these tickets. If you can buy or sell more, great! If you can buy or sell a sponsorship package, that is even better. Here's a summary of the levels and the benefits of each.

- \$300 Bronze Partner: One event ticket and recognized at event
- \$500 Silver Partner: Two event tickets, event recognition and name in program
- \$800 Gold Partner: Four tickets, event recognition, and logo in program
- \$1,500 Platinum Partner: Eight tickets, event recognition, logo in program and on OMR website
- \$2,500 Diamond Partner: 10 tickets, event recognition, logo in program and on OMR & Thousand Smiles websites
- \$5,000 Title Partner: 15 tickets, all of the above plus a dedicated table at the silent auction for sign/flyers/business cards

Raffle Tickets

Each member will be given and asked to sell seven tickets. This is an easy way to help raise funds for the event. Winners need not be present.

Suggested donation: 1 ticket for \$20, 3 tickets for \$50 or 7 tickets for \$100

Prizes: 1st prize \$1,000 2nd prize \$250 3rd prize \$100

Auction Items

We need auction items. We'll take big things, small things and anything in between. See reverse side for some ideas. Items can be brought to our regular Tuesday meetings, to the committee meetings or can be dropped off the Michelle Malin at the Boys & Girls Club.