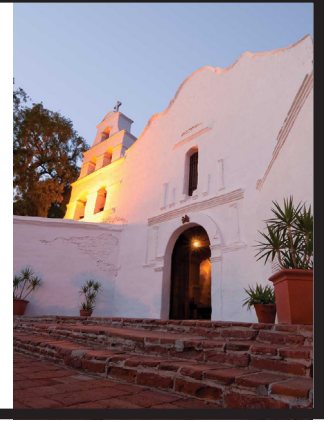


Rotary



The Old Mission Bell of Old Mission Rotary

Meetings Every Tuesday at noon
at the Legacy Resort Hotel and Spa
oldmissionrotary.org



March 2023- Edition One

Four Way Test Speech Contest with Reality Changers



The Old Mission Rotary Four Way Test Speech Contest showcased high school students from the Reality Changers Program. (L-R) Old Mission Rotary Four Way Test Speech Contest Chair Eric Benink, contestants Vianca, Ricardo and Khadija, Achievement Coach Lizeth Araiza, Contestant Aimee, Achievement Coaches Kristen Session and Daizy de la Torre, Reality Changers CEO Tamara Craver and Achievement Coach Michael Alvarez Franco.

Old Mission Rotary conducted the club round of the District 5340 Four Way Speech contest on February 28th. Year after year, this event has been flawlessly organized and executed at Old Mission Rotary by Eric Benink and our members look forward to this important and impressive event.

Old Mission Rotary is one of many clubs across our Rotary District 5340 to sponsor a first round contest and the rules are all the same throughout the district. Students have between five and seven min-

utes to deliver a talk that is judged on content, organization, delivery and application of the of the Rotary Four Way Test.

As is our club's tradition, students from the Reality Changers Program participate in our very first Old Mission Rotary club round.

Reality Changers was founded in May 2001 and serves youth who will be the first in their families to graduate from college. Their programs support students from

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"People often ask me what is the most effective technique for transforming their life. It is a little embarrassing that after years and years of research and experimentation, I have to say that the best answer is-just be a little kinder." -Aldous Huxley

Program Calendar

Why not invite a friend to an Old Mission Rotary meeting?

- Tuesday, March, 7th- Aditi Worcester and the County of San Diego Archives.

Rotary Calendar

- Monday, March 6th- **Talent Show Planning Meeting** at the Clairemont Boy's & Girls Club at 5:30pm.
- Saturday, March 25th at 8am at Liberty Station **Rotary District Training Assembly**.
- Saturday-Sunday on April 1st and 2nd- **Model UN**
- Monday, April 3rd- **Talent Show Planning Meeting** at the Clairemont Boy's & Girls Club at 5:30pm.
- Saturday, April 29th at 8am at Liberty Station **NAMI Walk for Mental Health**.
- Friday-Saturday on May 6th and 7th- **Thousand Smiles Spring Clinic** Ensenada Baja.
- Saturday, May 13th at 5:30pm- **So You Think You've Got Talen San Diego** Francis Parker School.

Four Way Test Speech Contest Continued from Page One

backgrounds and inner city neighborhoods that are typically under-represented on college campuses. Reality Changers advance equal education opportunities in our region and beyond.

The founder, Chris Yanov, used money he won on the TV game show Wheel of Fortune to launch his dream! Reality Changers has a 98% success rate of getting participants into college.

CEO Tamara Cravens told us that their goal is to identify the 2.0 student in eighth grade and get them into the program to unlock their hidden potential. She had thought that the need for the Reality changers program might diminish with time but now realizes that there will always be a need to assist disadvantaged kids living in tough neighborhoods and family situations.

Several Old Mission Rotarians have served as one on one mentors and tutors over the years.

Aimee

Speaker A noted that minority students are disproportionately targeted for discipline in public schools. Aimee advocated for Restorative Justice which is an approach to justice where one of the responses to a school infraction is to organize a meeting between the staff and the student offender,

Aimee attends Helix Charter School. She is a dedicated dancer and has studied ballet for many years. Her inspiration is her mom and she is passionate about promoting woman's rights. Aimee would like to study psychology at Brown University.

Vianca

Speaker B was passionate that every individual must discover their identity including their ethnic roots. In Vianca's case she embraces her *chicanismo* and the identification of Chicanos with their Indigenous American roots.

Vianca is a student at Mission Bay High School. She is passionate about social justice and hopes to attend the University of California Santa Cruz.

Ricardo Cardenas

Speaker C struggles with ADHD (Attention Deficit Hyperactivity Disorder) Ricardo did not want to define himself by his condition and he stressed that with proper medical attention and planned school curriculum, people with ADHD can be happy and productive. He implored us to show kindness and open hearts to those struggling with the condition.

Ricardo is a sophomore at Patrick Henry High School and enjoys math and engineering. He loves to read and to play volleyball. His inspiration is an aunt who always insisted he focus on his education and helped him seek treatment for ADHD. In college he wants to study psychology.

Khadija

Speaker D advocated the need to expose and reverse wrongful convictions in our legal system. Sadly, the majority of wrongful convictions affect people of color or the poor.

Khadija and her family are from Mali in central Africa. She enjoys the culture and native dances of her homeland. Khadija attends Crawford High School and plans to attend San Diego State University and work toward a law degree.

Contest Results:

-First Place: Ricardo- \$150 prize a-
-Second Place: Khadija- \$100 prize
-Finalists- Aimee and Vianca each received \$75.

Ricardo and Khadija will go on to the next round of the District 5340 competition.

Old Mission Rotary will host the Sub Region Four District 5340 round of the Four Way Test Speech. Contest on March 21st.

Our club judges were Shari Stauder, Don Krupp, Tom Sandler and Steve Nuñez. Eric Benink served as moderator and time keeper. As always, it was very difficult to rank the speeches as the students were all well prepared and passionate. Rotary is proud to be the sponsor of this inspirational event.

District Training Assembly

Held only once a year the District Training Assembly (DTA) offers training on a variety of subjects to Rotarians, including club officers, directors and committee chairs to help them be effective club leaders. ALL Rotarians, especially Red Badgers, are welcome and encouraged to attend.

Come learn about Rotary programs, tips on program and project management and best practices from other Rotarians.

DTA is also a great opportunity to meet and connect with Rotarians outside your club.

The event will be in person at the Liberty Station Conference Center on Saturday, March 25th.

- Registration starts at 740am
- Programs: 8:30am to Noon
- District and Global Grants seminars: 12:10pm to 1:30pm.

Register on the District website: rotary5340.org.

Classes fill up quickly, so don't miss out. Register today!