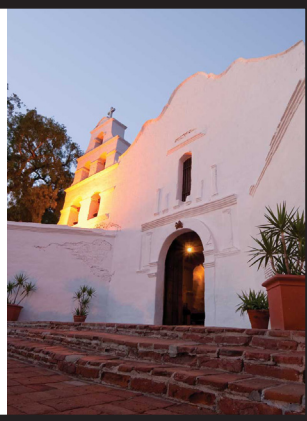


Old Mission Rotary

Meets Every Tuesday at noon at the
Best Western Seven Seas Hotel
Hotel Circle South
oldmissionrotary.org

April 11, 2017



Students from Madison High School Represent Old Mission Rotary at the Model UN



(L-R) Ethan Cua and Eduardo Hernandez of the Grand Duchy of Luxembourg, Johnny Nguyen and Kaila Shugars of Greece, Madison High School History teacher Nikon Chen and Spanish teacher Whitney Chase, Lydia Stewart serves as our club chair for the Model United Nations.

The 13th Annual Rotary Model United Nations Conference took place on April 8-9th at the Joan B. Kroc Institute for Peace and Justice on the USD campus. High school students from Southern California, Mexico, British Columbia, Costa Rica, Peru, Honduras and the Dominican Republic served as ambassadors of foreign countries and debate current UN international issues.

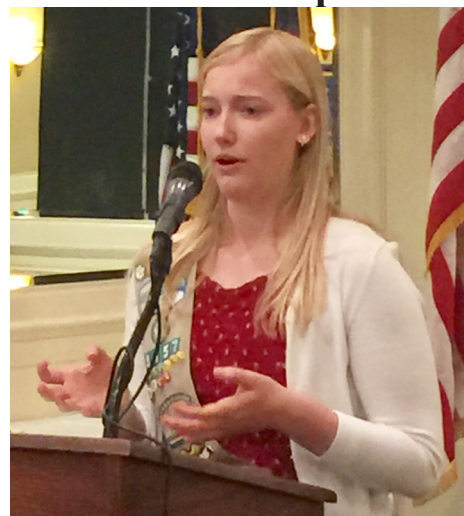
The program's keynote speaker for the banquet dinner was Kevin S. Kennedy, formerly with the UN

Executive Office of the Secretary General (Secretary General Kofi Annan's primary attaché, and formerly with the UN Department of Peacekeeping Operations and Field Support).

On April 4th, Old Mission Rotary was delighted to meet four high school students from Madison High School who were sponsored by the club for the Model United Nations Conference. Two students will each represent Greece and

Model UN Continued side two

Girl Scout Promotes ElderHelp



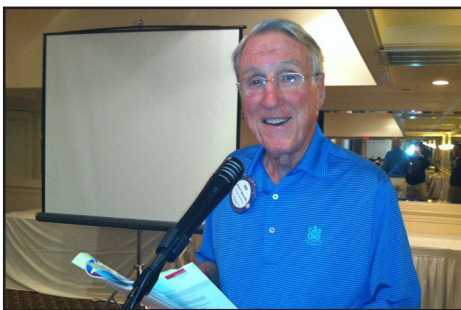
On April 11th, Charlotte spoke to Old Mission Rotary about her passion to promote the ElderHelp program as part of her San Diego Girl Scout charitable work and with the Francis Parker School Community Engagement Program. Charlotte is educating the community about the needs of seniors and is learning first hand about the impact of volunteers.

ElderHelp is a non-profit organization comprised of professionals and community volunteers committed to offering quality social services

Elderhelp Continued side two

REVISED DATE!
Talent Gala Committee
Meeting on Monday,
April 17th at 5:30pm at the
Boys and Girls Club
4635 Clairemont Mesa Blvd.

The Medical Minute



*Dr. Kevin Glynn regularly reports on the latest news in medicine. Kevin is the author of the book **Gasping for Air** that explores the relationship between our respiratory system and our health.*

This week's JAMA reports on the effect of calcium and vitamin D in preventing cancer. Researchers followed 2,303 older women who had normal levels of calcium and vitamin D. Half received supplements and half did not. After follow-up of four years, 109 developed some form of cancer, 45 in the treated group and 64 in the control, placebo group. This is a 1.7% difference and not significant.

The study was short, 4 years, composed only of women; and not large in number. For example, only 39 breast cancers, 8 colon cancers, and 7 lung cancers occurred. Perhaps a longer or larger study, would have shown different results. Nevertheless, looking at the question in a prospective way is a service to the public. The definitive answer to whether calcium and vitamin D help in forestalling cancer remains uncertain.

Club Host

Photo at Right: Our club host on April 11th was Diane Love. Diane delivered an Easter prayer of thanks and reminisced about being in church for Easter as a young girl and watching her dad doze off as she read scripture from the lectern..

Model UN Continued...
the Grand Duchy of Luxembourg. The students presented the positions of their nations on the issue of Brexit and World Climate Change. The arguments were detailed and persuasive and it was clear that the students were not only passionate but that they had done much research. The students were very well spoken and dressed the part. Our club was proud to give these students the opportunity to expand their horizons.

Special thanks to our Model UN Chair, Lydia Stewart, who first got Old Mission Rotary participating in the program several years ago. Lydia attended the meetings and banquet and reported that our students performed splendidly!

Blue Badge!



Drew Armbruster received his blue badge on April 11th! Drew's classification is Mortgage Broker.



ElderHelp Continued...
that help seniors live independently in their own homes. Gretchen Franz Veihl is the Director of Philanthropy at ElderHelp of San Diego and she attended our meeting. She noted that she loved watching this inter generational exchange! Charlotte has been in San Diego Girl Scouts since kindergarten and is now poised to earn the prestigious and very challenging Gold Award. The Gold Award is the highest achievement within the Girl Scouts of the USA, earned by Senior and Ambassador Girl Scouts. Only 5.4% of eligible Girl Scouts successfully earn the Gold Award. Charlotte is planning to attend either UCLA or the University of Notre Dame next fall.



How lucky can a man get? On the occasion of his daughter's birthday, Larry Edwards won two bottles of wine and a cash prize of \$870 in our club raffle!

**Club Program for
April 17th
Marilyn Fullen of
Canine Companions**