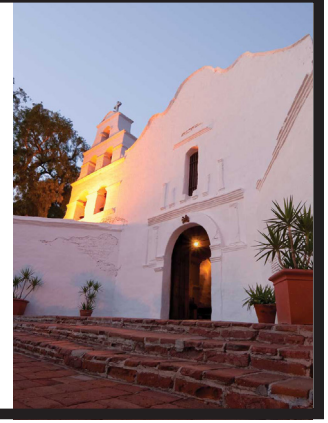




The Old Mission Bell of Old Mission Rotary



Meetings Every Tuesday at noon
at the Legacy Resort Hotel and Spa
oldmissionrotary.org

April 2023- Edition One

A Safe, Stable, and Nurturing Home for All Children



Laura Tancredi-Baese is the Chief Executive Officer and Mark Lagrace is the Director of Philanthropy for Home Start Inc.

Home Start, Inc., is a non-profit child abuse prevention and treatment agency that has strengthened and developed San Diego's families and communities since 1972. It addresses the conditions that can contribute to risky or abusive situations such as poverty, unsafe neighborhoods, lack of affordable housing and unemployment. An important goal is to address individual self-sufficiency and emotional needs.

All members are welcome!
Talent Gala Committee Meeting
Tuesday, April 25th at 5:30pm
at the Clairemont Mesa Boys and Girls Club to make talent selections for our fund raiser!
There is NO Meeting or Evening Club Social on April 25th

NAMI Walks Support Mental Health

Many of us have a friend or family member that has been impacted by mental health issues. Our District 5340 District Governor, Chuck Pretto, has made Adolescent Behavioral and Mental Health the primary theme of 2022-2023 Rotary Year. District 5340 will have a walking team at the NAMI Walk on Saturday, April 29th at Liberty Station. NAMI stands for the National Alliance on Mental Illness.

The event starts at 7am, the walk is from 8am to 9am and then the Wellness Expo is open until 11am. All proceeds will be used for local programs in San Diego and Imperial Counties.

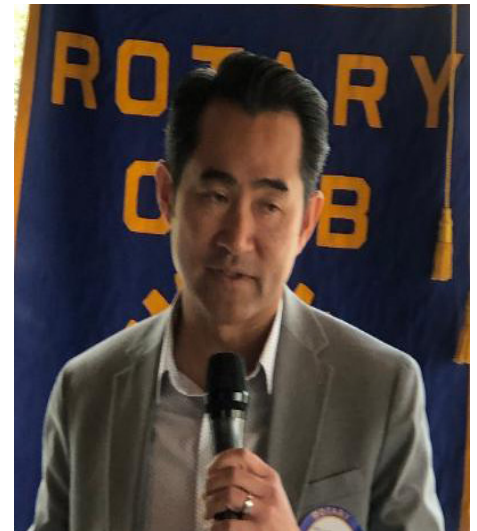
Register on the NAMI Website and select the Rotary District 5340 team: <https://www.namiwalks.org>.

STAR-PAL

Luncheon- April 25th

STAR/PAL is a nonprofit organization located at Colinas Park in City Heights that is dedicated to bringing youth and law enforcement together. Their programs are led by officers of the San Diego Police Department and are free of charge to youth throughout San Diego. Members of Old Mission Rotary are invited to a Volunteer Appreciation Luncheon on Tuesday, April 25th starting at 11am at the STAR/PAL office at 4110 54th Street at Colinas Park in San Diego.

Vietnam to the American Dream



Dr. Pha Le spoke at our club meeting on April 18th about his life journey from extreme poverty as a child in communist Vietnam to the American Dream in the USA.

Today, Dr. Pha Le is an emergency room doctor who gives of his time on the front lines of homelessness providing clinical health care services to individuals living on the streets.

His story began as a child in Vietnam from where, in 1982, his family escaped from communism in the middle of the night on a boat. Pha's family came to the United States with nothing and lived in poverty in Los Angeles. Education was his ticket out of the converted garage where his family lived to UCLA and then medical school.

Pha is very grateful to American military veterans and is active in the Honor Flight program.

RYLA **Rotary commits to Youth**



Tom Sandler is the Chairman of our Old Mission Rotary RYLA Committee. Tom reported that this year's youth leadership conference was an amazing success!

Rotary Youth Leadership Awards, or RYLA was once again held in person for the first time in three years. RYLA had been cancelled and then made virtual due to the COVID Pandemic. The event took place over the weekend of April 14th-16th in an idyllic mountain setting at the Idyllwild Pines Camp. Every year, high school sophomores and juniors are interviewed and sponsored by Rotary clubs to attend the all-expenses-paid weekend experience. RYLA attendees make life-long friends through fellowship activities and discuss the ethical and social issues. Activities are conducted in an atmosphere of trust and respect and the result is that students return to their schools and communities motivated to take on additional leadership roles and to find additional ways to serve. Thanks again to our club's RYLA Chair, Tom Sandler, who organized student interviews and served as a facilitator at the event itself. Old Mission Rotary sponsored and impressive 11 high school juniors from both public and private area high schools including Crawford, Madison, Francis Parker, Saint

Augustine and Our Lady of Peace. Several club members volunteered travelled to these schools to interview and select students for the program.

The students who we sponsored will attend an Old Mission Rotary meeting soon to relate their experiences at RYLA.

April is Maternal and Child Health Month

April is Maternal and Child Health Month. By prioritising Maternal and Child Health month, Rotary improves access to medical services for mothers and their children. These efforts are aimed at reducing the number of children under 5 who die each year because of malnutrition, inadequate health care and poor sanitation - a figure that is currently estimated at 7 million. More than 80% of maternal deaths can be prevented with access to reproduction health services and trained health care workers. Rotary provides education, immunisation, birthing kits and mobile health clinics to support these causes. Women are taught how to prevent mother-to-infant HIV transmissions, how to breast feed, and how to protect themselves and their children from disease.

Rotarian of the Month Matt Risi



President Don Krupp presented Matt Risi with a Rotarian of the Month pin to recognize his efforts with club public relations.

Rotary Calendar

- Tuesday, April 25th- **STAR/PAL Volunteer Lunch** at Colinas Park from 1130am to 1pm
- Tuesday, April 25th- **Talent Show Planning Meeting** at the Clairemont Boy's & Girls Club at 5:30pm.
- Thursday, April 29th-Sunday, April 30th-**VIDAII Public Health Program** San Quintin Baja
- Saturday, April 29th at 8am at Liberty Station **NAMI Walk for Mental Health.**
- Friday-Saturday on May 6th and 7th- **Thousand Smiles Spring Clinic** Ensenada Baja.
- Monday, May 8th- **Talent Show Planning Meeting** at the Clairemont Boy's & Girls Club at 5:30pm.

The Board of Directors of Old Mission Rotary have proposed John Scroggins and John Atherton for club membership

Club Host Jerry Hosenkamp



Jerry Hosenkamp served as club host on April 11th. He remembered how a friend of his father once said of Jerry "A kid who talks that much is either going to a preacher or a lawyer." Jerry will serve again as club president in Rotary Year 2024-2025.