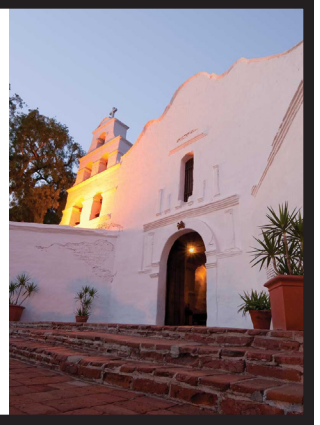




Old Mission Rotary

Meets Every Tuesday at noon at the
Best Western Seven Seas Hotel
Hotel Circle South
oldmissionrotary.org



July 2019- Edition Two

Old Mission and Thousand Smiles



Old Mission Rotary Chair Steve Nuñez (R) presents a check for \$26,662 to the Thousand Smiles Foundation Immediate Past President Stan Vogelsang (L) while one of the founders of Thousand Smiles, Bob Chalfa, looks on.

The Old Mission Rotary Club presented a check for \$26,662 to the Thousand Smiles Foundation on July 9th. The money was raised at the annual "So You Think You've Got Talent San Diego" talent show. Thousand Smiles veteran Bob Chalfa explained that the money is about one third of their annual operating budget.

The Thousand Smiles Foundation is a Non-profit 501 Californian Corporation dedicated to providing free maxillofacial surgeries and dental work to underprivileged children in Mexico who suffer from facial deformities such as cleft lip and palate. Rotarians administer and help to run the quarterly clinics at their permanent facility in Ensenada.

Art Pratt Foundation of Old Mission Rotary Grant to Nativity Prep Academy



(L-R) Art Pratt Foundation President Lee Kaminetz, Brian Hickey of the Nativity Prep Academy, Art Pratt Directors Bob Chalfa, Judi Copeland and Larry Edwards.

On July 9th, the Art Pratt Foundation of Old Mission Rotary presented a grant to the Nativity Prep Academy.

Nativity Prep Academy is a private-independent, tuition-free Catholic school for young men and women who represent the first generation in their families to graduate from college. The program has supported more than 230 students in San Diego over the course of 11 years. The prep school itself is a middle school with grades six, seven and eight located in San Diego's Oak Park neighborhood. Financial support and coaching continues through high school and college. The philosophy of the school is that the best hope for low-income children is a great education earned through hard work. The school promotes personal care and service to others.

The Art Pratt funds will be used to furnish a new common area room where students can relax in peace and quiet. Many of the kids come from tough homes and neighborhoods and find the school a refuge from the chaos of their daily lives.

Rotary Youth Exchange



Ten Youth Exchange students represented the nations of Argentina, Brazil, Denmark, Italy, Japan, Poland, Slovakia, Sweden and Switzerland.

On July 16th, Old Mission Rotary was proud to host a Youth Exchange delegation from New York State Rotary District 7120.

Rotary Youth Exchange (RYE) is a Rotary International student exchange program for students in secondary school. Since 1929, Rotary International has sent young people around the globe to experience new cultures. Currently, about 9,000 students are sponsored by Rotary clubs every year. Typically, students are sent to another country for a year-long stay, generally living with multiple host families during the year and being expected to perform daily tasks within the household as well as attend school in the host country.



Old Mission Rotary President Matt Risi exchanged a club banner for a lapel pin for Upstate New York Rotary District 7120. Julie Carney is the District 7120 Youth Exchange Chair and served as a chaperone for ten Youth Exchange students on a tour of the west coast.

The students next stop after our luncheon and a program on the USS Midway was an afternoon visit to the USS Midway Museum!

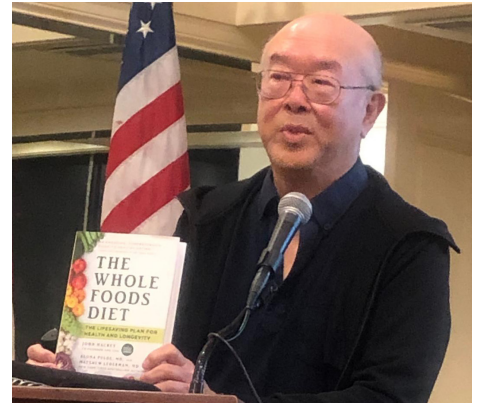
A man should never be ashamed to own he has been in the wrong, which is but saying, in other words, that he is wiser today than he was yesterday.
-Alexander Pope, poet (May 1688-1744)

Program Calendar

"Why not invite a friend?"

- July 23rd- **District Governor Marta Knight.** The Board of Directors will meet with Marta at 11:15am before the meeting.
- July 30th- Duane Trombley, **The Canyoneers-** Coast To Cactus: Exploring San Diego County's Backcountry
- August 6th- Candace Hadley, **Ready San Diego** Coast To Cactus: Emergency Management and Disaster Preparedness

Food as Medicine



On June 18th, Dr. K. B. Lin presented a fascinating program on health and nutrition.

Dr. Lin urged us to adopt a plant based diet to include vegetables, legumes, nuts and whole grains. His diet prohibits meat, processed goods and especially dairy products.

Rotary Calendar

- District Governor Visit-** July 23 (Board of Directors assemble at 11:15am)
- Art Pratt Board of Directors Meeting** on Tuesday, July 23 immediately following the regular meeting.
- International Youth Symphony Orchestra FREE twilight concert** at the Spreckels Organ Pavilion in Balboa Park
- International Youth Symphony Orchestra Concert** on Saturday, July 27, 2019 at 4pm at the California Center for the Arts in Escondido
- Rotary Padres Game** vs. San Francisco Giants on Sunday, July 28 at 1pm.
- Thousand Smiles Clinic-** August 2-3
- District 5340 Membership Seminar-** August 10 at 8am at USD.
- Canine Companions Visit-** August 24 from 11am to 1pm