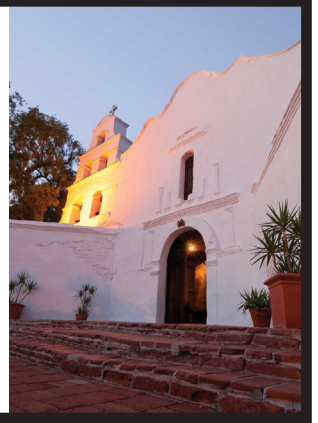


Old Mission Rotary

Meets Every Tuesday at noon at the
Best Western Seven Seas Hotel
Hotel Circle South
oldmissionrotary.org



August 2019- Edition One

Rotarian of the Month- July 2019



Donna Maytum (R) is a new member who volunteered immediately for one of the toughest jobs in the club! Donna took over the greeter and club administrator position from Bea Halk who served in that position for years.

On July 30th, President Matt presented Donna Maytum with Rotarian for the month of July! Donna is a relatively new member of Old Mission Rotary but is a seasoned Rotarian from Newport Rhode Island. When Bea Halk needed to step down as club administrator, Bea is now the Youth Religious Education Director at the Immaculata Parish at the University of San Diego. Donna volunteered to serve and has been staffing our front table at meetings. Bea Halk attended our meeting on July 30th and was recognized for her induction into the National YMCA Hall of Fame.

District 5340 Membership Seminar



Many of our local Rotary clubs were represented at the District Membership Seminar. (L-R) Gordon Shurtleff of Torrey Pines Rotary. Alex Robertson of Rancho Bernardo and Bob Chalfa of Old Mission.

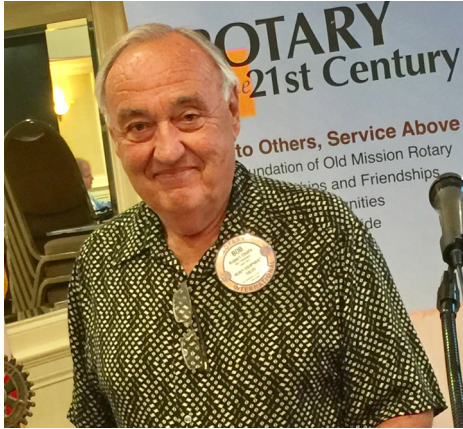
On August 10th, our Rotary District 5340 conducted the annual Membership Seminar. District membership chair, Diane Crawford, discussed a wide variety of membership issues and challenges. Important areas for clubs are an up to date website, a presence on Facebook or other social media and lively meetings with good programs. Follow up with a potential member is critical after they come to a meeting to check out a club. Old Mission Rotary was recognized for gaining 17 members last year and immediate Past President Bob Chalfa explained that there is no substitute for a personal invitation to a potential member. Mark McAnelly, Bob Chalfa and Matt Risi represented Old Mission Rotary.



Old Mission Rotary President, Matt Risi, with Diane Crawford of the Southeast San Diego Rotary Club. Diane serves as the District's Membership Chair.

*Life can be perfectly satisfying without major achievements.
-Alice Munro, short-story writer and Nobel Prize winner (b. 10 Jul 1931)*

District Grant Approved!



Special thanks to Bob Chalfa for drafting and submitting a grant to our District 5340 to help fund our youth programs. The fund will come from District Designated Funds (DDF) of up to \$4,000 per club. On August 5th the Grant Project P-2967 for Old Mission Rotary was approved by District 5340. This grant will be used to help fund 2 schools, send six students to LEAD in October, (\$1500), 16 students to RYLA next April (16 x \$325 = \$5,200), and 4 students and 1 adviser to the 2020 Model UN next March. 2020(\$1500.00).

Where did the DDF come from? Three years ago, District Rotarians generously gave to The Rotary Foundation (TRF) Annual Fund and half of those donations are returned to the District to match District Grants for great projects in our communities and in international communities as well.

Throughout history, it has been the inaction of those who could have acted, the indifference of those who should have known better, the silence of the voice of justice when it mattered most, that has made it possible for evil to triumph.

-Haile Selassie, regent of Ethiopia (23 Jul 1892-1975)

Rotaract



Jessie Case of Pacific Beach Rotaract attended the District Membership Seminar on August 10th. Jessie is the District Rotaract Representative and urged Rotarians to reach out to one or more of the six community based Rotaract clubs in District 5340. Rotaract members will be looking to join Rotary clubs when they are 30 years old and age out of the Rotaract program.

Rotary Calendar

- Canine Companions Visit-** August 24 from 11am to 1pm
- Old Mission Board of Directors Meeting-** September 10th immediately following the regular meeting.
- Rotary District Padre Game** against the Chicago Cubs on Tuesday, September 10th.
- Rotary Leadership Institute (Pre-PETS)-** Saturday, September 21st
- Interact Symposium-** October 5
- Project Mercy-** House building in Tijuana on Saturday, October 5th.
- Pacific Beach Pub Tour for Polio** with Pacific Beach Rotaract on Saturday, October 19th
- LEAD-** October 19-20
- VIIDAI-** San Quentin Colonia San Vicente- October 24-27

The All New Medical Minute!



On August 6th, Mary Lou McIlvaine delivered the first Medical Minute enewing our great tradition started by the late Dr. Kevin Glynn. Mary Lou discussed ADHD (Attention Deficit/Hyperactivity Disorder). This condition is more common in children who start school early, compared to children who wait a year. Apparently it's because they can't keep up as well and they tune out or get hooked on daydreaming. Waiting a year gives children more time for play, noticing nature, and learning at their own pace. When children are regimented too early, there's a big risk that their attention will wander. Children or adults who aren't fully engaged miss out on much of life and have more health risks. We are delighted that Mary Lou has picked up the torch to continue this important and fascinating part of our club meetings!

Club Programs

"Why not invite a friend?."

- August 13th- John Bolthouse, **Friends of Balboa Park** on Preserving Balboa Park's Legacy for Future Generations
- August 20th- John Musselman of the **Flying Samaritans**