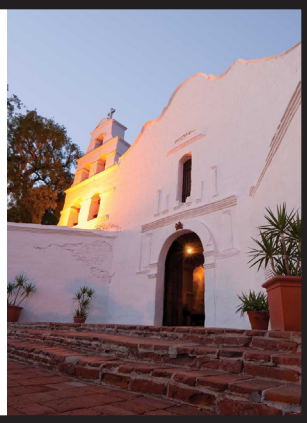




# Old Mission Rotary

Meets Every Tuesday at noon at the  
Best Western Seven Seas Hotel  
Hotel Circle South  
[oldmissionrotary.org](http://oldmissionrotary.org)

September 1 and 8, 2015



## Youth Exchange



*Rotary Youth Exchange student Emmanuel Romero with his mother Mayte.*

Old Mission Rotary is entering into a new dimension of service! Thanks to the efforts of Bob Chalfa, we are now sponsoring a Rotary Youth Exchange Student. Youth Exchange is a study-abroad opportunity for young people who spend anywhere from a few weeks to a full year as an international student hosted by local Rotary clubs. Emmanuel Romero will be attending his junior year in high school in Alicante Spain. President Jerry gave Emmanuel two Old Mission Rotary Club Banners with a mandate to return banners from two Spanish Rotary Clubs!

## Next Rotary Program

- September 15th- **Honoring Marines by Educating Their Children** with Gretchen Heffer

## South of the Border

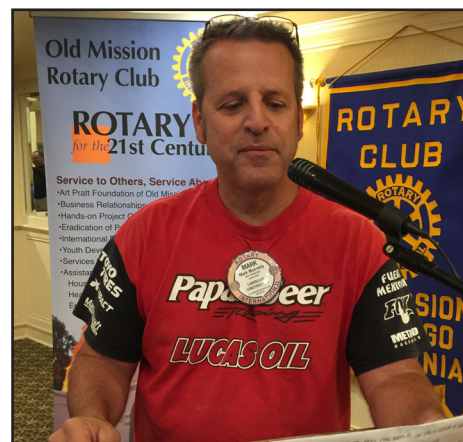
Over the weekend of October 16-18, our VIIDAI team will travel to San Quentin to lend a hand at the Colonia Lomas de San Ramon Elementary School - "Escuela Primaria Bilingue Salvador Diaz Miron. Bob James announced that Old Mission Rotary will deliver 350 Soccer uniforms for the school's sports league. Old Mission Rotary will also assist in the rebuilding of a dilapidated classroom at the school.

## What? Me Worry?



Brian Dempsey delivered a timely report on the wild gyrations of the stock market! The dramatic slide of the Chinese economy has impacted other Asian, European and American markets. On Monday, August 24th we witnessed a 1000 point drop after the opening bell! In the next several days there was a snap back rally that actually ended with the NYSE up for the week. Brian noted that it will take some times for the markets to sort out the real state of the American economy.

## Club Host Mark



*Mark McAnelly served as club host on September 8th.*

Mark McAnelly grew up in Chula Vista and learned to love Baja as a kid. Mark has been in Rotary for 14 years and attended 8 international conventions! He served as the president of the National City Rotary Club and one of his great Rotary memories was making a \$6000 pledge for a National City Rotary Flag pole at the PETCO park flag court. He has been in Thousand Smiles for 25 years and continues to attend the quarterly clinics in Ensenada. He has been self employed as the owner of Southwest Landscapes. He has also launched a new touring company that will soon be taking groups into Baja. Mark is also passionate about our Wounded Warrior dinners and his parents are regulars at our monthly dinners at the San Diego Naval Medical Center.

## Club Host Michelle



*Michelle Malin served as club host on September 1st*

Michelle Malin is a mother of two young children Joey (seven) and Lucy (five). She grew up in a big Irish-Italian family and appreciates food and family. She has been with the Boys and Girls Club for 22 years and loves her job. Michelle announced that a fund raiser for the Boys and Girls Club will take place on Saturday, September 26th. The entertainment will be Beach Boy greets Brian Wilson and Al Jardine.

Michelle serves as the Interact Coordinator of our Rotary Club.



*Bill Turnquist made the Happy Dollar announcement that his treatments for prostate cancer have been going very well!*

**Wounded Warrior Dinner**  
**Naval Hospital**  
**Tuesday, September 29th**  
**4:30pm-6:30pm**

## Crowd Funding



*Matt Brennan of Collective Sun spoke to the club on September 1st.*

Power BY the People is the business model of CollectiveSun! The San Diego company uses the power of the community to help nonprofits raise the funds to achieve financial and environmental sustainability with solar power. Spokesman Matt Brennan explained how they work solely with nonprofits to help them overcome the challenges that they have in financing solar projects.

Because most of the current solar incentives are embedded in the tax code, they're not accessible by nonprofit organizations. In addition, banks and other financial institutions tend to shy away from funding loans for nonprofits. CollectiveSun saw this challenge as an opportunity to connect impact investors with nonprofit organizations by bringing these two groups together to fund solar projects.

### Rotary Calendar

• Saturday, September 19 from 8:30am-4pm **District 5340 Interact Training** at the Braille Institute

• Thursday, September 24 at 7:30am- **Art Pratt Board Meeting** at the Copley-Price YMCA

## The Medical Minute



*Dr. Kevin Glynn regularly reports on the latest news in medicine. JAMA this week contained a report from the Food and Drug Administration regarding a new class of cholesterol lowering drugs. Alirocumab, trade name Praluent, is an antibody, injected every few weeks, that inhibits PCSK9, a protein that prevents the liver from removing LDL, ("bad") cholesterol from blood. Blocking the blocker lowers blood cholesterol. This is confusing, but is how it appears to work. Preliminary studies indicate major effect, with serum cholesterol levels lowered from 36 to 59 per cent. Trials are under way to learn whether Praluent can be given in addition to a statin. At this time it is expensive, \$560 per dose, which means a cost of \$14,000 per year. No one is sure yet where it will fit in the array of cholesterol lowering drugs.*



*Art Jones from the Palm Desert club accepts an Old Mission Rotary banner from Hugh Kramer. Art admitted that he ran to the coast to escape scorching desert temperatures at home!*

*Form follows function.*  
*-Louis Sullivan, architect*