COTARIO SE

Old Mission Rotary

Meets Every Tuesday at noon at the Best Western Seven Seas Hotel Hotel Circle South oldmissionrotary.org

September 19 and 26, 2017



Picnic in the Pines



Fred Cutler and Lee Kaminetz organized our Old Mission Rotary October 1st Picnic at Presidio Park. Members, family and friends enjoyed hamburgers and hot dogs right off the grill on an amazing fall day.



Marv and Diane Love with David Weir of the Uptown Rotary Club. Presidio Park is truly and undiscovered gem located high above Mission Valley in the pines.

Picnic Continued side two

Don't Wait... Vaccinate!



Dr. Kevin Glynn addressed Old Mission Rotary about the importance of vaccinations for public health.

Dr. Kevin Glynn is as active as ever in his retirement. He recently launched his new book "Gasping for Air: How Breathing Is Killing Us and What We Can Do about It." After many years he continues to serve on the District 5340 Don't Wait-Vaccinate Committee The "Don't Wait... Vaccinate" Committee works to improve infant and adult immunization rates in our community The committee also encouraged and funded students at Carlsbad High School to create the powerful documentary "The Invisible Threat" that warns society not to become complacent about vaccinations.

The results of vaccinations are amazing and represent the greatest leap forward in the the history of public health.

Vaccination Continued side two

Pathways to Peace



Our newest Rotarian, Michelle Dubbs, attended the Peace Leadership Seminar on Saturday, September 16, 2017 at the Ronald McDonald House at Rady Children's Hospital.

The annual Rotary Peace Leadership Seminar was presented by the District 5340 Pathways to Peace Committee, and was designed to educate, motivate, and engage the Rotary Club Peace Chairs across our district. Lydia Stewart is the chair of our club's Pathways to Peace committee and also attended the event with Michelle.

Club Program
October 2nd
Amy Zerofski
Seacamp San Diego

Proposed for Membership Sherrie Suanico Classification: Escrow

What? Me Worry?



Brian Dempsey regularly reports to the club about the stock market and the world economy.

Brian Dempsey reminded the club of the many bubbles that have shattered financial markets over the decades We all remember the tech bubble and the real estate bubble but the Tulip Bulb started it all in Holland in 1637. Tulip mania, was a period in the Dutch Golden Age during which contract prices for bulbs of the recently introduced tulip reached extraordinarily high levels and then dramatically collapsed in February 1637. It is generally considered the first recorded speculative bubble which is why Brian now recommends investing only in Lilly and Ranunculus Bulbs.

Rotary Calendar

- Tuesday October 10th, Old Mission Rotary Board of Directors Meeting after our Rotary Meeting
- Tuesday October 17th, Art Pratt Foundation Board of Directors Meeting after our Rotary Meeting

There is always more goodness in the world than there appears to be, because goodness is of its very nature is modest and retiring.

-Evelyn Beatrice Hall

Picnic Continued



Eric Benink and his daughter Peyton enjoyed our picnic.



Mark McAnelly and Michael Lewis discussed a variety of topics at a picnic table over lunch including the the use of a coal oven and double fermentation to creat a better pizza! Mike and Teresa are just back from France but are off again to China!



The highlight of the picnic was the unveiling of the public art statue "Fred Cutler on Horseback" by Mayor Faulconer in Presidio Park.

Vaccination Continued

Kevin recommends that we get a flu shot every fall. The TDAP shot should be administered every ten years for tetanus, diphtheria, and pertussis (whooping cough). Adults should get a vaccination against Shingles at age 60 and two separate vaccinations for Pneumonia at age 65

Kevin also discussed the recent outbreak of Hepatitis A in our city and advised all of us to not only keep washing our hands but to get a Hepatitis A Vaccination shot as well. Hepatitis A requires a booster shot six months later.

We were all very impressed by the presentation and were as proud as ever of Rotary International's efforts to end Polio worldwide.

Happy Dollars



Mark McAnelly dropped a C-Note for Happy Dollars!

Mark McAnelly is just back from the trip of a lifetime that took him to Machu Picchu via the arduous Incan Trail. After Peru, Mark and his entourage traveled to Cartagena where their rented flat was on the route traveled by Pope Francis during his visit to Columbia! Mark was also stoked about the very prestigious awards recently presented to his business, Southwest Landscape & Light Systems, by the California Landscape Contractors Association.