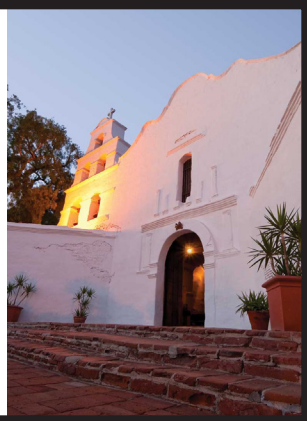


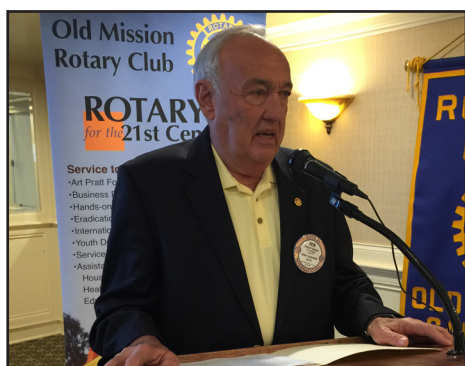
Old Mission Rotary

Meets Every Tuesday at noon at the
Best Western Seven Seas Hotel
Hotel Circle South
oldmissionrotary.org



November 3, 2015

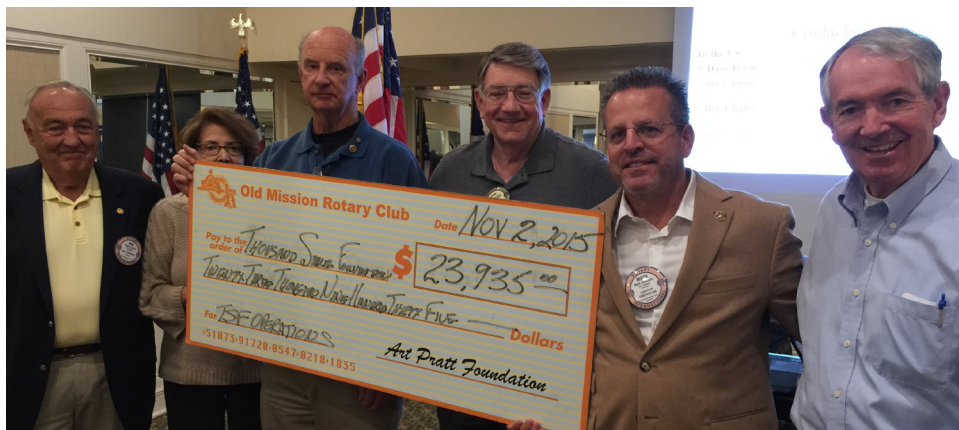
Thousand Smiles



Bob Chalfa is the heart and soul of Thousand Smiles! Bob was a founder of the organization back in 1985 when he was a member of the National City Rotary Club.

The Thousand Smiles Foundation is dedicated to providing free maxillo-facial surgeries and dental work to underprivileged children in Mexico who suffer from facial deformities such as cleft lip and palate. The Foundation owns a modern dental clinic in Ensenada, Baja. Surgeries are performed at the Ensenada General Hospital in the same town and there are plans to build an operating room on site. The foundation and its clinics are completely staffed by volunteers, mostly from The United States and México.

Four two day clinics are held yearly on the first Friday and Saturday of February, May, August and November. During a typical clinic weekend, dentists treat 125 patients and surgeons perform between 7-15 cleft palate operations.



The Old Mission Rotary Club Foundation presented a check for \$ 23,935 to the Thousand Smiles Foundation. This sum will provide about 35% of the annual operating budget. (L-R) Bob Chalfa, Lydia Stewart, Thousand Smiles President Dave Irwin, Stan Vogelsang, Mark McAnelly and Bob Self. These funds were raised at our "So You Think You've Got Talent San Diego" Fund Raiser.



Dave Irwin is the President of the Thousand Smiles Foundation. He thanked our club for our support over the years. Not only has Old Mission Rotary contributed money but four members of our club serve on the Board of Directors of the Thousand Smiles Foundation.

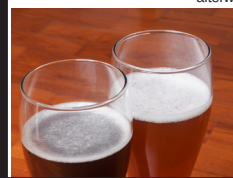
Board of Directors Meeting
Thursday, November 12
at 7:30am
Copley-Price YMCA

Celebrate The Power of Rotary Nov. 14

...AND STAY FOR THE BEER AND STREET TACOS!!!



Witness fast paced presentations on some of our district's inspirational service projects and the positive impact they're having worldwide! Your \$20 registration covers the beer and street taco fest afterwards!



NOVEMBER 14, 2015
8 A.M. TO NOON

CALIFORNIA CENTER FOR THE ARTS - ESCONDIDO

REGISTER TODAY AT

WWW.ROTARY5340.ORG



Frank Dungan announced that he is moving to Sacramento using his "Life is like a bowling ball" analogy, Frank will become a public speaker and will charge one million dollars an appearance. If he doesn't get any work then he will officially retire!



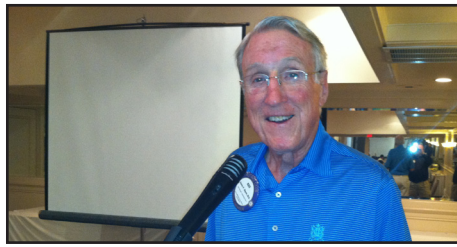
Alan Bazzaz visited our club from Oswego Lakes Oregon Rotary.

Too many people spend money they haven't earned, to buy things they don't want, to impress people they don't like.
-Will Rogers, humorist (4 Nov 1879-1935)

Next Rotary Program

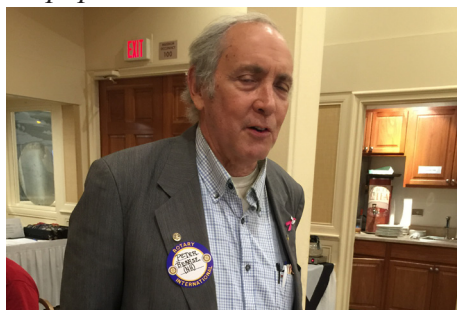
- November 10- **RiteCare-Childhood Language Center** presented by Caitlyn Hunter

The Medical Minute



Dr. Kevin Glynn regularly reports on the latest news in medicine.

JAMA this week contained a review of mortality trends in the U. S. from 1969 to 2013. Overall death rates among people younger than 75 fell forty percent. Stroke, cardiac disease, unintentional injuries, cancer, and diabetes all fell. Only COPD showed a rise, and that was mostly in individuals less than 65 years old. Scrutiny of recent years suggests these declining rates are slowing, but nevertheless are encouraging. Other countries have shown the same pattern. These trends likely reflect more attention to controlling blood pressure, reducing tobacco smoking, reducing motor vehicle deaths, and reducing elevated blood cholesterol. However, in a separate report from the National Academy of Sciences, death rates among middle aged white people, 45 to 65, rose, mostly due to drug abuse, including alcohol, suicide, and liver disease. Public health measures need to focus on this vulnerable segment of the population.



Visiting Rotarian, Peter Bearse, hails from New Hampshire. He broke a big Rotary taboo by promoting his political views.

Club Host



Lydia Stewart served as club host on November 2nd. Lydia transferred to our club when the Mission Valley Club closed and has brought much energy and talent to Old Mission Rotary. Lydia has organized both LEAD and Model UN programs for us! She also serves on the Board of Directors of Thousand Smiles and uses her skills as a nurse during surgeries at the quarterly clinics in Ensenada.



Bob Coates and his wife Ana Maria returned from holiday in Spain to a new grand daughter.!

Rotary Calendar

- Thursday, November 12 at 7:30am- **Old Mission Board Meeting** at the Copley-Price YMCA
- Tuesday, November 17 at 1:30pm- **Art Pratt Board Meeting** at the Best Western Seven Seas immediately following the regular meeting.