



# THE ACORN

## THE ROTARY CLUB OF FAIR OAKS

### APRIL 11, 2016

### Rotary



Life Estate Planning Administration

Incapacity Avoid Plans Death Expense Property Ownership Maximize Settle Multiple Inclusion Deferring

Income Transfer Obligation Certified Accountant Beneficiaries Documents Mediation Anticipating Insurance Family Rights

**Will**



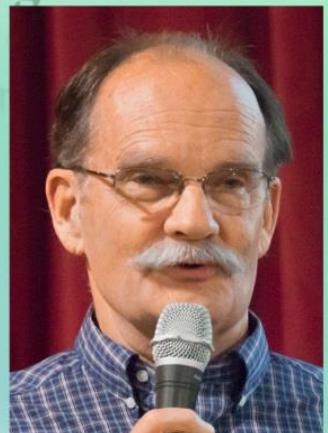
**Nancy Regan**



**Tyler Happe**



**Kristin Kaminski**



**Fred Rowe**

### The Rotary Club of Fair Oaks

Website: [www.RotaryFairOaks.org](http://www.RotaryFairOaks.org)  
 Email Address: [FairOaksRotary@gmail.com](mailto:FairOaksRotary@gmail.com)  
 Phone Number: (916) 534-8557  
 Mail Address: PO Box 2  
 Fair Oaks, CA 95628  
 Facebook: [www.facebook.com\FairOaksRotary](http://www.facebook.com\FairOaksRotary)

### Weekly Meetings

We Meet Almost Every Monday Evening  
 Social Hour 6:15 - 7:00 PM  
 Dinner & Meeting 7:00 - 8:30 PM

Location: Fair Oaks Community Clubhouse  
 7997 California Avenue  
 Fair Oaks

Visitors are Welcome

# ESTATE PLANNING

**SPEAKERS: Nancy Regan, Tyler Happe, Kristin Kaminsky & Fred Rowe**

**REPORTER: Betsy Gade**

The subject of the presentation at Monday night's meeting was estate planning. Our speakers were our own Nancy Regan, Tyler Happe, and Kristin Kaminski, all experts in this area. Fred Rowe also spoke to us about making the Rotary Foundation part of your estate plan.

Kristin began by telling us a bit about probate. Probate is a process by which your assets are legally transferred to your beneficiaries. The process usually takes nine to twelve months, but can drag on for years if there are complications. When appointing an executor (family member or otherwise), think carefully about who you want to appoint. You want this person to be organized, prudent, and responsible, and also to be as neutral as possible to avoid potential conflicts.

A will does not avoid probate, which brings us to Nancy's discussion of trusts. A trust is a technique that avoids probate. As Nancy says, "Before it turns to dust, come to me to do your trust." With a living trust, the grantors are the trustees as well as the beneficiaries during their lifetime. There are successor trustees named in the document. The trust contains instructions to the successor trustee as to how the assets are to be managed if that becomes necessary, and ultimately how they are to be distributed.

A trust has three phases. In phase one, the grantors have management. In phase two, the surviving grantor has management, and in phase three, the successor trustee pays the bills, marshals the assets, and transfers them to the beneficiaries.

It is important to put all of your assets into the trust, including real estate, bonds, bank accounts, stocks, and all property.

Tyler talked about when to do estate planning? The answer is NOW. It is important to think not only about what will happen after you die, but who will handle your affairs in the event that you become incapacitated. This is very important for single people to think about. Another thing to think about is that as a parent of a young adult child, you have no ability to speak for them or even know what is going on with them medically in the event of an emergency if you do not have proper paperwork in place.

When should you review your estate plan? Every two years is a good rule, but some other events that might trigger a need for a review are the death of a beneficiary, a marriage, births, transitions such as working to retirement, or when you move. Don't forget to put the new house in the trust! And remember, passing away without an estate plan can be very expensive for your heirs.

Fred wrapped up the presentation by talking to us about some ways that Rotarians can make the Foundation a part of their estate plan, including leaving money in your will, taking out an insurance policy with the Foundation as the beneficiary, or donating stocks, bonds, etc. If you leave anything at all in your estate plan to the Foundation you become a benefactor. If you leave \$10,000 or more you join the Bequest Society. And if you leave \$25,000 or more, you get to name the specific fund you want the bequest to go to.

Kristin, Nancy, Tyler and Fred are all available to answer any questions you might have.

# The Meeting

## CLUB NEWS

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**Joe Scheimer**, our Assistant District Governor, spoke to the club about the Rotary International Foundation and how it funds Global Grants and District Grants. After three years, 50% of the money donated to the RI Foundation is returned to the District for club projects. District 5180 allocates half of the returned money for Global Grant projects and half for District Grant projects (which include scholarships). Joe explained the requirements for submitting grant applications and for getting paid when the project has been completed.

The Rotary Club of Fair Oaks is completing two District Grant projects this year: Bruce Hagel's Little Free Library project and Pete Schroeder's It's Never Too Late music lessons for seniors project. Fred Rowe is working on a big Global Grant project with Save the Rain and other Rotary clubs.



**Njeri Thubei** (with Geri Beck)  
Upendo Women's Foundation

Njeri paid the club a visit on Monday evening. She is the founder and Executive Director of the Upendo Women's Foundation. Upendo is a grassroots 501(c)(3) non-profit that is creating a more dignified, humane and sustainable world for girls through advocacy, reproductive health awareness, education and sustainable feminine hygiene.



### **Madison Avenue Cleanup**

Saturday – April 9

9:00 - 10:30 AM

Meet in the Bella Vista parking lot

Join members of the club and members of the Bella Vista Interact Club and clean up Madison Avenue in the vicinity of our local high school.



**Maggie Hoy** and a few members from other clubs decided to make the District Conference a better event for our Rotary Youth Exchange students. They have organized a dinner to raise money so the RYE students can properly attend the conference. The cost of their meals and accommodations will be covered using the money raised at this dinner. You can find a copy of the flyer for this event farther on in this Acorn.



# The Meeting ANNOUNCEMENTS



The last work party for building the Little Free Libraries will be held this Sunday at the Gustafson's, starting at 1:00 PM. According to Bruce Hagel "with wonderful food".

**Maggie Hoy** announced that there are still three cabins available for the summer campout, which will be held August 5-7 at Lake Francis.



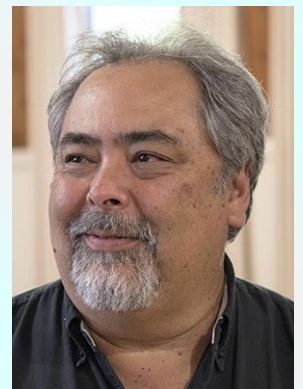
Rotary District 5180 Annual Convention: May 20-22 at the Double Tree in Berkeley.

**Ray Ward:** the hotel is now 70% booked, so make your reservations soon.



**Beth Wilcoxon**, clearly bored now that the crab feed is over, doesn't have enough to do. So she volunteered to be a Sergeant at Arms at the District Conference in Berkeley. More Sergeants are needed and Beth asked for, and got, volunteers. See Beth if you're going to the Conference and would like to help.

Club member Ray Ward is the person with overall responsibility for this year's convention – which is why you might find Ray feeling a bit stressed out right now.



## Rotarians at Work Day

Saturday – April 30

9:00 – Noon

Work on the Camp Fire campsite at River Bend Park.

Contact Clarence Parkins for more information

The organization that many of us remember as the Camp Fire Girls is now simply Camp Fire. It is now a secular, co-ed, inclusive youth development organization

# The Meeting

## GUESTS & HAPPY FINES

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Guest **Val Mebust** from the Roseville Rotary Club (center) and her guest **Stacia Smith** with member Ray Ward



Guest **Bill Halldin** from the South Placer Rotary Club.

## HAPPY FINES

Diana Cralle – Arrived at their cabin in the Sierras and found only one inch of water on the floor

Ray Ward – Had a birthday

Geri Beck – Her church group will be helping Njeri Thubei with the Upendo Women's Foundation

Don Hicks – Survived hip-replacement surgery

Tyler Happe – Will be having a birthday sometime this year, possibly before he attends another meeting

Kristin Kaminski – Passed a probate planning examination

Maggie Hoy (and husband Joe) – Will not be moving to Colorado this year

Tom Rains – had a great trip to North and South Carolina

Shelley Mathews – Donated to the Upendo Women's Foundation

Joe Scheimer – Something about Pete Schroeder missing the Twin Rivers Charter Night

Bill Wagner – Donated to the Upendo Women's Foundation

Karen Romines – Thanks to Bill Wagner for years of service to Rotary District 5180

# Club Activities

## LITTLE FREE LIBRARIES

Photos From the Latest Work Party

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# Club Activities

## SCHEDULE OF UPCOMING EVENTS

Rotary Youth Exchange International Cook Out \$20 Donation	April 17 1:00 – 4:00 PM	Folsom Veterans' Hall 1300 Veterans Way Folsom
Club Meeting The Club Foundation & Proposed Changes	April 18	Round Table Pizza 9500 Greenback Lane 6:45 – 8:30 PM
Club Board Meeting	April 20	Romines' Residence 5949 Long Acres Ct 6:30 – 8:30 PM
Club Meeting Topic: Denmark Speaker: RYE Student Stine Nicolajsen	April 25	Clubhouse 6:15 – 8:30 PM
Club Meeting Speaker: Peter Wick Topic: Travels in the Middle East	May 2	Clubhouse 6:15 – 8:30 PM
Club Meeting Speaker: Jocelyn Baldwin Topic: Charter Schools	May 9	Clubhouse 6:15 – 8:30 PM
Club Meeting Speaker: Emily Butler from Splash Science Education & Outdoor Exporation	May 16	Clubhouse 6:15 – 8:30 PM
Club Board Meeting	May 18	Location TBA 6:30 – 8:30 PM
District 5180 Convention	May 20-22	DoubleTree Hotel in Berkeley
Club Meeting Topic: Club Assembly	May 23	Clubhouse 6:15 – 8:30 PM
Rotary International Conference	May 28 – June 1	Seoul, Korea
No Club Meeting	May 30	
Rotary Day at the River Cats	June 5 11:00 AM	Congregate at: Clubhouse Parking Lot For Bus Transportation
Club Meeting Speaker: Robert Sanger Topic: The Folsom Cordova Community Partnership	June 6	Clubhouse 6:15 – 8:30 PM
Club Meeting Topic: What are Rotary Fellowships?	June 13	Clubhouse 6:15 – 8:30 PM
Club Board Meeting	June 15	Location: TBA

# Club Activities

## AN UPCOMING EVENT

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### International Cook-out

Sunday April 17

Folsom Veterans Hall  
1300 Veterans Way  
Folsom Ca 95630

1:00-4:00

\$20.00 donations, 100% of proceeds helps fund RYE students at District Conference.

Please come taste food from around the world. The Rotary Youth Exchange students will be making a dish from their country. We also need adults to help make dishes from their heritage.

For more information Please contact:

Maggie Hoy [maggiehoy@gmail.com](mailto:maggiehoy@gmail.com) (916)705-6404

Heather Gregory [rotaryred5180@gmail.com](mailto:rotaryred5180@gmail.com)

Sherie Tobin [ryecompliance@gmail.com](mailto:ryecompliance@gmail.com)





# Club Activities

## IT'S MY PARK DAY – NEW DATE

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### It's My Park Day



Saturday, May 22nd, 2016

1pm-4pm

Appreciation BBQ from 4pm-5pm

Miller Park

### Sign up to volunteer today!

Fair Oaks Recreation and Park District has moved towards an online volunteer database. In order to volunteer at a Fair Oaks Recreation and Park District event or program you must complete an online volunteer application.

To submit an online application click [here](#).

Already filled out an online application? Sign-up for It's My Park Day [here](#).

Questions? Please contact Chelsey at [cadams@fairoakspark.org](mailto:cadams@fairoakspark.org)

### **Become a Sponsor**

Sponsoring is a great way to advertise, an outstanding public image tool and an interactive way to show support for the community. To become a sponsor of this event please contact Sabrina Bernardo at [sbernardo@fairoakspark.org](mailto:sbernardo@fairoakspark.org).

# District Activities

## 2016 DISTRICT CONFERENCE

# 2016 District Conference

## “Come Dressed To Play”

Don't  
Miss  
The  
Fun



Where: DoubleTree by Hilton Berkeley, CA

When: Conference May 20-22, 2016

Excursions begin May 19th to 22nd

Registration [www.Rotary5180.org](http://www.Rotary5180.org)

**Limited Event Availability**

**Why Attend?**

- Enjoy Friendship with Fellow Rotarians
- Explore the Bay Area
- Great Speakers
- Great Entertainment



To Sign-Up go to [www.Rotary5180.org](http://www.Rotary5180.org)

Deadlines

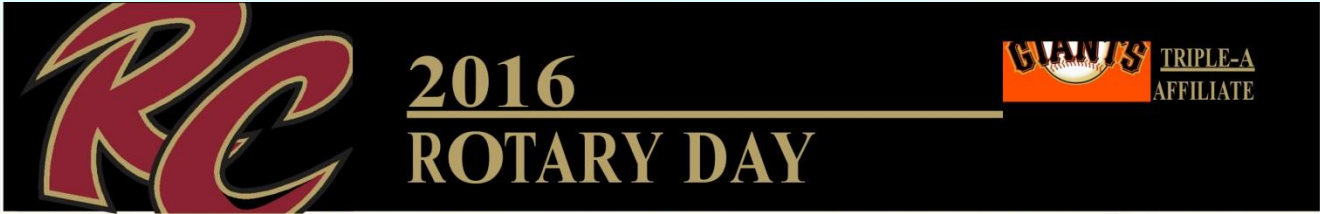
- 4/25/2016 For Hotel Group Rate
- 5/6/2016 Conference Registration



No Deposit Refunds After July 1, 2015

# District Activities

## ROTARY DAY AT THE RIVER CATS



**Sunday, June 5 at 1:05 p.m.**  
**Sacramento River Cats vs. Albuquerque Isotopes**  
*Triple-A Affiliate of the Colorado Rockies*



### ENJOY THESE EXCITING BENEFITS!

- ★ Excellent Rotarian Seating Options - Senate & Assembly
- ★ \$22 Senate Seating (\$6 to End Polio Now), \$15 Assembly Seating (\$3 to End Polio Now) & \$10 Donation Seating (to be given away by the district) (\$2 to End Polio Now)
- ★ Seat selection based on best seats available at time of payment (yes, early birds get the 3rd base side)

*Can't make it, but still want to support POLIO NOW? Tickets purchased for this game can be exchanged at the Raley Field's Round Table Pizza Ticket Office for any Sunday-Thursday regular season game.*

**DEADLINE FOR ORDERS is JUNE 1st 2016! Remember early birds get the best seats**

**Name:** \_\_\_\_\_ **Member ID #:** \_\_\_\_\_

**Rotary Club of:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City/State/Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

# OF TICKETS	
\$22	Senate: _____ = \$ _____ <small>(\$6 Polio)</small>
\$15	Assembly: _____ = \$ _____ <small>(\$3 Polio)</small>
\$10	Donated* Tickets: _____ = \$ _____ <small>(\$2 Polio)</small>
<b>TOTATDUE: \$ _____</b>	

\* River Cats will match every donation ticket purchased

To place your order,, please return this form along with payment (made payable to Rotary District 5180) to:

Tom Cicchini  
 2200-B Douglas Blvd., Suite 150  
 Roseville, CA 95661

For questions please contact: Tom Cicchini at 916.773.1938 or tom.cicchini@raymondjames.com



# ROTARY INTERNATIONAL 107<sup>th</sup> ANNUAL CONVENTION



## 107th International Rotary Convention Seoul, South Korea & Japan — May 23-June 9, 2016



### Please join us in South Korea &/or Japan

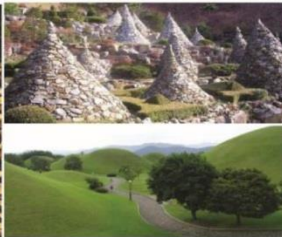
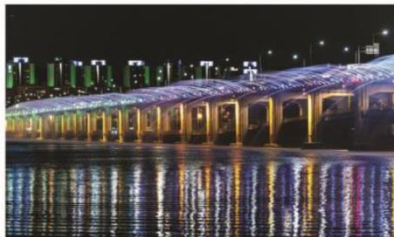
#### South Korea (Depart USA May, 23, 2016)

- ❑ **Pre-Convention Tour: South Korea**  
May 24-28, 2016 — from \$1,549pp
  - 4-nights accommodation (4-4.5 star hotels)
  - Daily breakfast & lunches, Welcome Dinner & Reception
  - Tours: Seoul, Namsan Cable Car, Namsangoi Hanok Village, Dongdaemun Market & Design Plaza, Korea Folk Village, Kimchi making, Wawoojeongsa Temple, Daejeon Hot Springs, Daereungwon King's Tomb Complex, Cheomseongdae Observatory, Gyeongju National Museum & more...
  - Deluxe private motorcoach transportation
  - All entrances fees, service charges, taxes per itinerary
- ❑ **Convention Tour: Seoul**  
May 28-June 1, 2016 — from \$1,199pp
  - 3-nights accommodation (3.5 - 4 star hotel)
  - Daily breakfast, lunch on tour days, Farewell Dinner
  - Tours: Gyeongbokgung Palace & National Folk Museum, DMZ full-day tour includes Imjingak Park, Freedom Bridge, the 3rd Infiltration Tunnel, DMZ Theater/Exhibition Hall, Dorasan Station & Unification Village & more...
  - All entrances fees, service charges, taxes per itinerary

[www.ehregister.com/rotary](http://www.ehregister.com/rotary)

#### Japan

- ❑ **Post-Convention Tour: Japan**  
June 1-9, 2016 — from \$2,929pp
  - 8-nights accommodation (4-5 star hotels)
  - Daily breakfast, lunch on tour days, Welcome & Farewell Dinners
  - Tours: Hiroshima, Peace Park & Museum, boat trip to Miyajima Island, Kiyomizo Temple, Nijo Castle & Gardens, Kinaku-ji Golden Pavillion, Craft Workshop, Gion Corner in Kyoto, Nara Todaiji Temple, Kasuga Shrine, Nara Dear Park, Hakone, Komagatake Ropeway, Lake Ashi cruise, Mt. Fuji 5th Station, Fuji Visitor Center, Tokyo city tour & a visit to several of Tokyo's distinct districts
  - All entrances fees, service charges, taxes per itinerary
  - Transportation by Bullet Train (Hikari) or Deluxe private motorcoach
- ❑ **Travel Services** (Provided on all tours with a minimum 20 people)
  - Arrival & departure assistance
  - Round-trip group airport transfers by motorcoach in South Korea & Japan
  - Luggage assistance & portering at the hotel
  - Travel Documentation includes:
    - Passport wallet, luggage tags & personalized trip itinerary booklet
  - Taxes, services fees included
  - Travel escort to accompany the group



For more information, contact Dan McVeigh: 916-520-5438  
or Georgia Shoemaker at Expanding Horizons: 714-975-9941  
[www.ehregister.com/rotary](http://www.ehregister.com/rotary) - coming soon!

  
EXPANDING HORIZONS  
A TRAVEL FULFILLMENT COMPANY  
CST: K2011884-80

# District 5180

## Young Professional Summit

Join us for a day of breaking down the stereotypes of “Emerging Rotary Leaders” and help build plans to educate, engage and empower those in District 5180

### Who should attend:

Young Professionals in your club between the ages of 18-45  
AND a club board member

April 15, 2016

No Host—Meet & Greet

Happy Hour

6-730pm ~ Hot Italian

April 16, 2016

Workshop Summit, 8am-5pm

Dante Club

2330 Fair Oaks Blvd, Sacramento 95825

1627 16th Street, Sacramento 95814



Register at [www.rotary5180.org](http://www.rotary5180.org) by April 10, 2016

Cost = FREE (paid for by a RI Grant!)

Questions? Contact Samantha Hoshida, 916-801-5793

[samanthahoshida@gmail.com](mailto:samanthahoshida@gmail.com)

**Rotary**  
District 5180



## NEARBY MAKE-UP LOCATIONS

**When you have to miss a meeting, you can easily attend a make-up meeting at any of the following neighboring clubs. For a list of every club in Rotary District 5180, please click on the link at the bottom of this page.**

Rotary Club of Citrus Heights  
Wednesdays at 12:15 PM  
Citrus Heights Community Center  
6300 Fountain Square Drive  
Citrus Heights, CA 95621

Rotary Club of Roseville  
Thursdays at 12:00 PM  
Sierra View Country Club  
105 Alta Vista Way  
Roseville, CA 95678

Orangevale Rotary  
Friday Mornings, 7:00 AM  
La Placita Mexican Restaurant  
9272 Greenback Lane  
Orangevale, CA 95662

Rotary Club of Historic Folsom  
Thursdays at 7:00 AM  
Folsom Veterans Hall (VFW)  
1300 Forrest Street  
Folsom, CA 95630

Rotary Club of Folsom  
Thursdays at 6:30 PM  
Folsom Rotary Club House  
Lew Howard Park  
7150 Baldwin Dam Road  
Folsom, CA 95630

Rotary Club of Roseville Sunrise  
Thursdays at 7:00 AM  
Ginger's Restaurant  
1410 E. Roseville Pkwy  
In Palisades Plaza  
Roseville, CA

Rancho Cordova  
Tuesdays at 12:15 PM  
Rancho Cordova City Hall  
2729 Prospect Park Drive  
Rancho Cordova, CA 95670

Rotary Club of Granite Bay  
Cattleman's Restaurant  
Fridays, 12:15 - 1:30 PM  
2200 Taylor Rd  
Roseville, CA 95678

Folsom Lake Rotary  
Wednesdays at 12:00 PM  
Empire Ranch Golf Course  
1620 E Natoma Street  
PO Box 6305  
Folsom, CA 95630

**For a list of all clubs in District 5180, use the following link**

<http://www.clubrunner.ca/Portal/Organization/Meetings.aspx?accountid=50145>