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THE ROTARY CLUB OF FAIR OAKS MARCH 28, 2016 Rotary

CAREER EXPLORATION AT BELLA VISTA HS





PEGGY HASKINS PRINCIPAL

The Rotary Club of Fair Oaks

Website: www.RotaryFairOaks.org Email Address: FairOaksRotary@gmail.com

Phone Number: (916) 534-8557 Mail Address: PO Box 2 Fair Oaks, CA 95628

Facebook: www.facebook.com\FairOaksRotary

Weekly Meetings

We Meet Almost Every Monday Evening Social Hour 6:15 - 7:00 PM Dinner & Meeting 7:00 - 8:30 PM

Location: Fair Oaks Community Clubhouse 7997 California Avenue Fair Oaks

Visitors are Welcome

CAREER DAY And OTHER CAREER EXPLORATIONS AT BELLA VISTA HIGH SCHOOL SPEAKER: PEGGY HASKINS, PRINCIPAL

REPORTER: SHELLEY WEISMAN

Peggy Haskins
Principal
Bella Vista High School

Bella Vista Principal Pinch Hits!

We want to thank Peggy Haskins, principal at Bella Vista High School, for stepping in and being our speaker on Monday night when our scheduled speaker was a no-show!

Peggy used this time to thank the Rotary of Fair Oaks for helping to establish Career Day at the school. It had been noted back in 2011 by both the teachers and the administration that there was no vocational training

After lots of discussion Peggy was inspired to try to remedy this situation and with the help of Pete Schroeder the first Career Day was created in 2013. Pete and a number of club members worked with a group of Bella Vista teachers and administrators for several months to make it happen.

The Career Day was comprised of more than 80 speakers, presenting over three different sessions, throughout the morning. Bella Vista has 72 classrooms and all of them were used.

Every student had the opportunity to see three different people speak about any of 72 different vocations. The speakers gave insight to the students about what it takes to do their work, the required education and what their work day was like.

Feedback from the students was excellent, along the lines of "the best thing we've ever done at the school". According to Peggy the students loved the opportunity to learn from these people and because of this, Career Exploration was added into the students' curriculum, and the parents of students run the now established College and Career Center. The school has also created a Health and Wellness Day that trades off every other year with the Career Day.

In 2015, Bella Vista High School received a California Gold Ribbon School Award from the California Department of Education because of Career Day and their other vocational activities.

Editorial Note: I visited most of the classrooms during the 2013 Career Day to get a few photographs. Virtually all of the students in every classroom were paying close attention. In one classroom, a Superior Court judge was speaking. She made a huge impression when said, "I'm the first person in my family to get a college education". Jaws dropped and the classroom went absolutely silent.



MEETING HIGHLIGHTS



Dawn Abatemarco (left) became a Paul Harris Fellow for the first time. Dawn was honored for her work on many of the club's activities, especially room setup for our weekly meetings. That's Alice Rowe on the right.

The Goralka Law Firm, PC (below) was honored for their sponsorship of the 2016 crab feed. From the left: Lindsey Metzger, Executive Assistant; Kristin Kaminsky, member and attorney; and John Goralka.



ANNOUNCEMENTS

LITTLE FREE LIBRARIES

April 3, 2014

The final Little Free Library construction work party will be held at 11:00 AM on Sunday, April 3 at the Gustafsons' garage. (Ed Note: I'm guessing there will be another work party or two to install the Little Free Libraries on posts throughout Fair Oaks.)



IT'S MY PARK DAY

April 9, 2014 at 8:00 AM

IT'S MY PARK DAY is coming up quickly--APRIL 9th, 8:00am to 11:00am! Rotary is required to give 30 hours a year to the Park District which helps keep our costs down on our monthly rental of the Community Club and other Park District related events. Volunteers are needed for this annual event.

This year, It's My Park Day will be at Miller Park from 8:00am to 11:00am with an Appreciation Lunch to follow. You must pre-register to work. Contact Jeanne Maloney for more details.



HAPPY FINES

Kristin Kaminsky announced that she is pregnant.

Fred Rowe got to meet Elaine Rock's husband and they commiserated about their hip replacement surgeries.

Reid and Mary Cate Gustafson thanked the club for helping them make Fair Oaks their home.

Dawn Abatemarco got her week at Camp RYLA comfirmed.

Joe Scheimner has now been a Rotarian for 20 years.

Ray Wards daughter Alyssa has been accepted at Chapman University.

Jim Cralle celebrated his birthday and announced that he will be a RYLA councilor this year.

Warren McWilliams donated an \$85 birthday check.

Buzz McClain was happy because he got to have two Easter egg hunts with his grand kids.

Mazzy Chirwa was happy because she lost significant weight.

Blaine Lamb (our recently published author) was on a three-person panel with two Pulitzer Prize winners.

CLUB ACTIVITIES LITTLE FREE LIBRARIES

These are some photos from last weekend's Little Free Work Party.

The highlight might have been pizza baked in Reid and Mary Cate's backyard pizza oven.























Don't Stop Here! On the Following Pages You Will Find

Our assistance for Stop Hunger Now
A message from President Pete Schroeder
Information about a workshop on water-efficient watering
Information on bicycle ride to raise money for End Polio Now
An International cookout to support Rotary Youth Exchange
A schedule of future events
And finally, a flyer for the 2016 District 5180 Conference

STOP HUNGER NOW



The club donated \$500 to Stop Hunger Now, which will provide about 1,740 meals for people in four countries. On March 30, members of the Rotary Club of Fair Oaks helped the Citrus Heights Rotary Club package meals for hungry people living in some of the most impoverished places in the world. **Ron Adams** managed the club's involvement.

FROM THE PRESIDENT

We Are A Family

Last week's meeting was a wonderful demonstration of remembering departed members. And it was even more - it served as a reminder that our club is like a family. It IS a family. When someone accomplishes something, we all applaud and congratulate. When someone is going through a tough time, we are there to help and/or support. When a newcomer arrives, we welcome them. And when someone leaves, we honor them. This is what a family does.

Yes, we don't always get along; at times, we have conflicting personalities or opinions. But, we care about one another in spite of any differences. Like a family.

If you want to be part of a group of individuals, who are ready, willing, and able to applaud, congratulate, help, support, and care, we are there for you. But it's up to you. Volunteer! Sign up! Contribute! Our Club is Your Club - if you want it to be!

Believe me, we have many kind, caring folks who are indeed ready, willing and able to stand alongside you in good and gloomy times, through successes and stumbles. Why, because we are a family, as our Forget-Me-Not Dinner proved.

Pete Schroeder

FUTURE EVENTS

FUTURE MEETINGS AND EVENTS

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No Meeting	April 4	
Regional Speech Contest Final	April 4	Doubletree Hotel 2001 Point West Way 6:00 – 8:00 PM
Club Meeting Estate Planning Speakers: Nancy Regan, Tyler Happe, Kristin Kaminski and Fred Rowe	April 11	At the Clubhouse
Rotary Youth Exchange International Cook Out \$20 Donation	April 17 1:00 – 4:00 PM	Folsom Veterans' Hall 1300 Veterans Way Folsom
Club Meeting Rotary International Foundation	April 18	Round Table Pizza 9500 Greenback Lane 6:45 – 8:30 PM
Club Meeting Rotary Youth Exchange Speaker: Stine Nicolajsen	April 25	Clubhouse
Club Meeting Peter Wick Travels in the Middle East	May 2	Clubhouse
Club Meeting Speaker: TBA	May 9	Clubhouse
Club Meeting Emily Butler: Splash Science Education & Outdoor Exporation	May 16	Clubhouse
District 5180 Conference	May 20-22	DoubleTree Hotel in Berkeley
Club Meeting Topic: Club Assembly	May 23	Clubhouse
Rotary International Conference	May 28 – June 1	Seoul, Korea
No Club Meeting	May 30	
Rotary Day at the River Cats	June 5 11:00 AM	Congregate at: Clubhouse Parking Lot For Bus Transportation
Club Meeting Speaker: TBA	June 6	Clubhouse

FUTURE EVENTS

WATERSMART IRRIGATION

Getting the Best Yard for the least Water
Hosted by the Fair Oaks Water District & admission is free
Seating is limited and online registration is recommended
April 9, 2016 at 9:00 AM at Fair Oaks Water District Administrative Offices
10326 Fair Oaks Blvd

This class will be taught by Cheryl Buckwalter of EcoLandscape California

For more information, contact Cheryly at 530-887-9887, cheryl@ecolandscape.org, or visit EcoLandscape.org

Learn about the watershed-based approach to healthy landscapes:

- Reducing run-off of water and pollutants from our yards and into waterways
- Selecting, grouping, and spacing plants for our climate and conditions
- Placing emitters and plant water needs from establishment to maturity
- Converting and upgrading irrigation systems for efficient use of water, including sprinklers and low-volume drip
- Using WaterSmart irrigation scheduling tools and resources

Information on registering can be found on the homepage of the Fair Oaks Water District website: http://www.fowd.com/

BIKE TO SCOTT'S ON THE RIVER

Raise Money for End Polio Now

For riders of all levels. A 38-mile ride (mostly downhill and flat) along the American River Bike Trail from Folsom Lake to Old Sacramento, across the Tower Bridge to Miller Park, and then next to the Sacramento River finishing at Scott's on the River Restaurant for lunch on the North Patio. Cyclists start at Beale's Point (start of trail at Folsom Lake) at 7:30 a.m. or can join up under the Watt Avenue Bridge about 10:00 AM. Pack your own water, power bars, bike tubes and equipment as this ride is NOT supported, and there is no SAG. The cost of this event includes lunch and a \$25.00 donation to Polio Plus (a program of Rotary International) to help support the eradication of polio. The event also is open to non-riders serving as shuttle drivers for cyclists. Each rider should plan his/her own return transportation. For questions, contact Sandi Sava at (916) 947-1958 orsava@mjplawfirm.com.

The total cost of the ride is \$50.00 and the website for the event is https://www.eventbrite.com/e/bike-to-scotts-on-the-river-tickets-20571612246

Scott's Seafood: 4800 Riverside Blvd in Saramento

International Cook-out

Sunday April 17

Folsom Veterans Hall 1300 Veterans Way Folsom Ca 95630

1:00-4:00

\$20.00 donations, 100% of proceeds helps fund RYE students at District Conference.

Please come taste food from around the world. The Rotary Youth Exchange students will be making a dish from their country. We also need adults to help make dishes from their heritage.

For more information Please contact:

Maggie Hoy maggiehoy@gmail.com (916)705-6404

Heather Gregory rotaryred5180@gmail.com

Sherie Tobin ryecompliance@gmail.com



2016 District Conference "Come Dressed To Play"

Don't Miss The Fun



Rotary



Where: DoubleTree by Hilton Berkeley, CA

When: Conference May 20-22, 2016

Excursions begin May 19th to 22nd

Registration www.Rotary5180.org

Limited Event Availability Why Attend?

- Enjoy Friendship with Fellow Rotarians
- Explore the Bay Area
- Great Speakers
- Great Entertainment

To Sign-Up go to www.Rotary5180.org
Deadlines

- 4/25/2016 For Hotel Group Rate
- 5/6/2016 Conference Registration



No Deposit Refunds After July 1, 2015

It's My Park Day



Saturday, April 9th, 2016 8am-11am

Appreciation BBQ from 11am-12pm

Miller Park

Interested in Volunteering? Contact Chelsey Adams at cadams@fairoakspark.org.

Sign up to volunteer today!

Fair Oaks Recreation and Park District has moved towards an online volunteer database. In order to volunteer at a Fair Oaks Recreation and Park District event or program you must complete an online volunteer application.

To submit an online application click here.

Already filled out an online application? Sign-up for It's My Park Day here.

Become a Sponsor

Sponsoring is a great way to advertise, an outstanding public image tool and an interactive way to show support for the community. To become a sponsor of this event please contact Sabrina Bernardo at sbernardo@fairoakspark.org.

Rotarians weren't the only critters industrious beings at work at the Gustafson's last Saturday.

