

THE ACORN

THE ROTARY CLUB OF FAIR OAKS

Rotary



Rotary Youth Leadership Awards (RYLA)

September 14, 2015



The Rotary Club of Fair Oaks

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Weekly Meetings

We Meet Almost Every Monday Evening
Pre-Meeting Social 6:15 - 7:00 PM
Dinner & Meeting 7:00 - 8:30 PM

Location: Fair Oaks Community Clubhouse
7997 California Avenue
Fair Oaks

Visitors are Welcome

THE ACORN FOR SEPTEMBER 14, 2015



Our speakers: **Olga Rozmarynovska and Sydney Keller.** They attended Rotary Youth Leadership Awards (RYLA) camp in June, 2015.

This week in Rotary we heard from Sydney and Olga, our two most recent RYLA campers from Bella Vista. The girls not only shared how much fun the camp was, but also articulated the impact it has had on them personally.

On their first night of camp each of the RYLA participants was instructed to write down, on a rock, something that was weighing them down. Olga shared how she was feeling weighed down and overwhelmed by things like college, school work and marching band. Sydney was weighed down by lack of confidence. Throughout the week the campers would work together to help each other let go of those things that were weighing them down.

They described some of the activities at RYLA:

- Square Dancing One night the Rotary Club of Auburn came and taught the campers how to square dance (and they said it was a blast!).
- Community Outreach They also reached out to the community and built bikes for underprivileged kids. After the bikes were built they got to spend a day with the kids and give them their bikes. It's no surprise that the recipients were extremely grateful and it was fulfilling for the RYLA campers to be able to give to those in need.
- Ropes Course The campers took a personality test called Emergenetics about a month before going to camp. ((Ed note: Emergenetics testing measures three behavioral attributes (expressiveness, assertiveness and flexibility) and four thinking attributes (analytical, structural, social and conceptual).) They were placed in heterogeneous groups based on the results of this personality test. Within these groups they completed both the low ropes and high ropes courses. The high ropes course is at the end of the week. Both courses require campers to work together and use everyone's individual strengths to make the group stronger.
- Superhero Night One night they all got to create their own superhero identities and act as superheroes to each other by sharing words of encouragement to help them let go of that rock that is weighing them down.
- Mind Olympics Campers worked in teams again to compete in the Mind Olympics. There were six stations that had mind challenges, as opposed to the physical challenges of the ropes courses. Sydney's team, the RYLA Cats, won!
- Candle Ceremony On the last night of camp at the candle ceremony campers were asked "What will you bring back from camp?" Sydney shared that she wanted to bring back everything she learned about herself and use it to make a positive impact. Olga wanted to focus on putting others before herself (spoken like a true Rotarian!).

It was very moving to hear about the impact of this camp. Sydney and Olga left camp with a renewed sense of confidence and purpose, as well as a new outlook on their relationships with others. Sydney was able to let go of that rock that symbolized her lack of confidence. She is now willing to share more of herself in order to get to know others better. Olga learned that everyone has a story and you can't really know someone until you know their story. Even the counselors briefly shared how working at the camp has impacted them. There is no doubt that RYLA is "Training tomorrow's leaders today".

Reporter: Mary Cate Gustafson

NEW MEMBER INDUCTED



Andrew "Drew" Young was inducted as a new member. His wife **Nichole** and her mother **Sue** attended the meeting with Drew.



Anne Browning, Drew's sponsor, gives him his first Rotary pin.



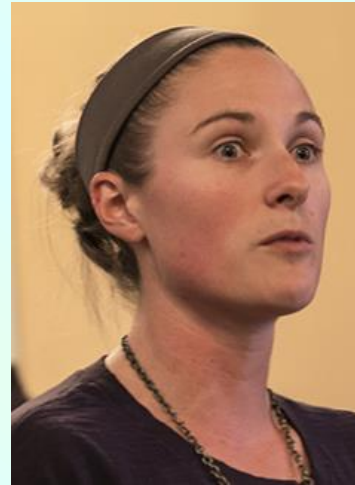
President **Pete Schroeder's** motto for the year is "building bridges". This meeting was held at the Old Spaghetti Factory in Folsom and we forgot to bring the bridge that new members walk across after they are inducted. Since there was no wooden bridge, the Board members formed a human bridge for Drew.

ANNOUNCEMENTS



Anne Browning is leading the effort to collect donations (money and supplies) for the victims of the Butte and Valley Forest Fires. If you would like to donate, there is a list of needed items on Anne's Facebook page. In addition to cash, they need tents, sleeping bags, tarps, Easy Ups and a number of other things.

We passed the hat and collected about \$130, which will be matched by the club.



The Honeymooners is a club within Fair Oaks Rotary for people who have been members for less than a year. **Mary Cate Gustafson** (above) announced that the Honeymooners recently held their first meeting. Their next meeting will be held on October 14 at Mary Cate and Reid Gustafson's home. At the meeting, the club-related topic of discussion will be ClubRunner and how to use it.



Joedda Wick is organizing volunteers for the club's October fundraiser, Fair Oaks Uncorked. If you're interested in volunteering, please contact Joedda. Or, just wait a while and you will be hearing from Joedda.

See **Bonnie McClain** if for tickets to sell. If you would like to help recruit restaurants, see **Jeanne Maloney**.



Karen Romines discussed the upcoming Bella Vista Career Day, which will be held on October 16. We still need a few speakers for the event (e.g. a truck driver, a software engineer and a radio broadcaster). Contact Karen or Linda Aseltine for a complete list.

Karen needs three of four people to direct traffic in the parking lot and help speakers find their way to the assembly area in the Bella Vista library.

GUESTS



In the photo above, from the left

Tara Abraham, President of the Bella Vista Interact Club

Maggie Hoy, club Youth Services Director

Pete Schroeder, club President

Stine Nikolajsen, our 2015-16 Rotary Youth Exchange student from Denmark

Sydney Keller, who attend RYLA camp in June and spoke at the meeting.

Dave Clemens, a member of the Roseville Sunrise Rotary club and a RYLA counselor.

Olga Rozmarynowska, who also attend RYLA camp in June and spoke at the meeting.

Amy Abatemarco, daughter of member Dawn Abatemarco and a RYLA counselor

Dawn Abatemarco



Howard Papworth (left) with his fifth-generation family friend, **Richard Shore**. Richard is from Maple Ridge in British Columbia, Canada



Cliff Strahley with his friend **YuYu**

GUESTS, CONTINUED



Neil Shepherd and his wife Marty

BIRTHDAYS AND ANNIVERSARIES

Member Birthdays

Name	Date
Shepherd, Neil	Sep 04
Straehley 3, Cliff	Sep 07
Hicks, Don	Sep 14
Parks, Faith	Sep 23
Lamb, Blaine	Sep 27
Gustafson-Quiett, Mary Cate	Sep 30
Smallhouse, Cathy	Sep 30

Anniversaries

Name	Spouse Name	Years	Date
Hagel, Bruce	Price, Debra	41 years	Sep 14 1974
Rock, Elaine	Rock, Chris	33 years	Sep 25 1982

Date Joined Rotary

Name	Years	Date
Papworth, Howard	37 years	Sep 01 1978
Rains, Tom	7 years	Sep 08 2008
Vincent, Bruce	6 years	Sep 28 2009

ABSENT FRIENDS

When we don't see someone for a while, we wonder why. In Alice's absence, I have talked with a few such absent friends.

James Mann would dearly like to make all of our meetings, but many days he just doesn't have the strength to get here. So, when we do see him, do welcome him.

Another great member is John Brothers who has been extravagantly busy with academics (he did pass and get his degree!). Congratulations! We hope we'll see him back once the rollercoaster of his job search winds down. As many members can empathize, midlife is not the easiest of times to land a job.

And demands of work and grandchildren keep my erstwhile sponsor John Chavez from making meetings. Monday nights used to be his nights for soccer, but these days his activity has slowed and he doesn't play. (His daughter's restaurant in Fair Oaks, Fabian's, is a favorite place for oldtime club members.)

It is rare that Virginia Grabbe is able to get to our meetings because she conducts a residency drug rehab meeting for the Salvation Army downtown on Mondays and Thursdays. She's doing well, she's still at home, she's still driving, she still reads *The Acorn* and loves us all!

As Alice wrote several weeks ago, Trish Barnes had to leave the club due to some true upsets in her life. I visited her in her new Citrus Heights quarters which she is satisfied are safe and congenial for her clientele. It seemed however in her overall best interests not to continue the demands of her membership.

--Charley Blatchford