

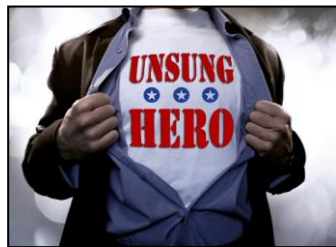


Metro Banner

Metropolitan Lubbock Rotary

District 5730 -- March 4, 2014

March 4th – Each Year's Only Command



Thursday, March 6th Unsung Heroes Award Ceremony – Be There or Be Square

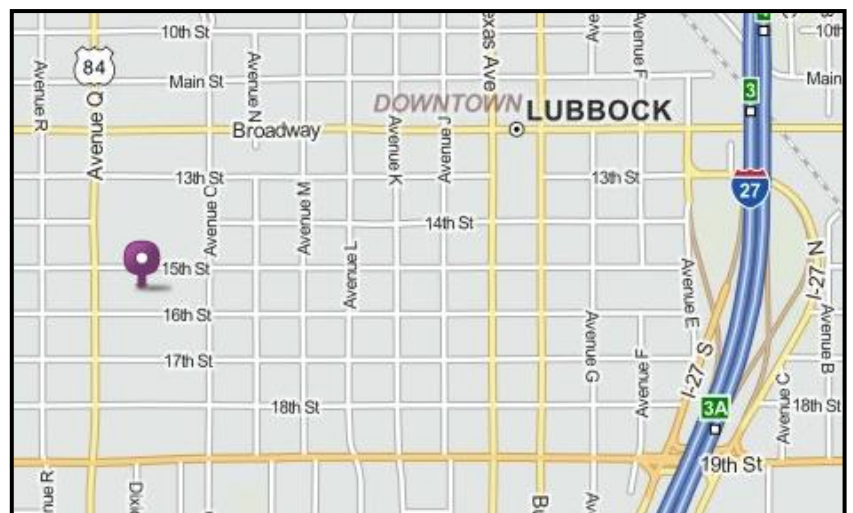
This year's
Unsung Heroes
Award
Ceremony will
be held at
6:30 PM on
Thursday,
March 6th at the



Prosperity Bank Conference Center
located at 1501 Ave. Q in Lubbock.
Fox News Anchorman Kurt Kiser will
be our guest speaker. Bring your
spouse and kids, for it will no doubt be
a moving, very special occasion.

Thanks to Prosperity Bank for again
hosting Unsung Heroes and to
Chick-fil-a for providing food.

*Thanks to VP-Elect Bobby McCloud for
organizing the event.*

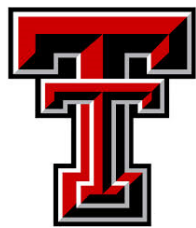


Metro Put on Its Paint Duds Friday and Saturday for Mosaic of Lubbock

On Friday and Saturday, February 28 and March 1, Metro members refreshed the paint for one of the Mosaic of Lubbock residencies. Take a look at these fine people. *Thanks to SarahLee Morris for pictures.*



L. A. Love – Newest Metro Member



On Friday, February 28, we were honored to initiate L. A. Love, Texas Tech's Assistant Director for Athletic Academic Services / Men's and Women's Basketball. L. A. spoke to Metro earlier this Rotary year about Habitat for Humanity, another of this very busy man's activities. We look forward to getting to know his wife, Tiffany, and their daughters, Jasmine, Anessyah, and Oliviyah.

Metro's Now a Friday Morning and Monday Evening Club

We're off and running with a second meeting time – Mondays at 5:15 pm – to go along with our traditional Friday 7-8 AM meeting time.

Invite prospective members to go to the Atrium of the Holiday Inn on the South Loop – our regular Friday meeting spot – at 5:15 to 5:30 PM for fellowship and 5:30-6:30 for the meeting. Of course, sooner is better; but anyone interested in checking out this new Rotary opportunity can start any March Monday.

The Monday group will meet each week just as other Rotary groups meet on a weekly basis. Meetings won't include meals, so dues will be limited to an anticipated \$75 per quarter.

During their five March meetings the folks who make up the Monday group will make plans for their future, including whatever service projects they want to undertake and the format for their meetings. Similar groups in other cities have had a regular club meeting one week, a meeting focused on their service project the next week, a meeting dedicated to classification talks the next week, and so forth.

We aim for the Monday group to be initiated into Metro on Friday morning, April 18.

Once initiated, the Monday group will be regular members of Metro but their usual meeting time will be on Monday, although they can attend the Friday meeting as a make-up. Our current Friday group and anyone who joins the Friday group will generally continue to meet on Fridays, although make-ups can be done on Monday.

In short, we will be one club; but some members will be "Friday members" and some will be "Monday members." At some time in the future the Monday group may choose to cut their Metro ties and go on their own as the 4th Rotary club in Lubbock.

Friday, March 7th – David Vroonland, Frenship ISD Superintendent



Rotarian David Vroonland, Frenship ISD Superintendent, will talk with us about the upcoming FISD tax levy vote. Growth in Frenship is huge; soon there will be more students than space.

An Iowa native, Dr. Vroonland has a bachelor's degree from Centenary College in Shreveport, La., a master's degree from Midwestern State University in Wichita Falls, and a doctorate from the University of North Texas.

Friday, February 28th Christy Reeves, Corporate Wellness



The program on Friday morning, February 28, was given by Christy Reeves, who is serving as the Director of Corporate Wellness Today. She showed slides and told us about the programs of Wellness Today with their office located at 2431 S. Loop 289,

where they provide instruction on Total Wellness. She is working with corporate businesses trying to transform Lubbock into a more fit community. She talked about the growing concerns of obesity and diabetic problems in the Lubbock area. She said that one of the biggest problems to our health is our inability to handle stress. She left us with handouts on Fitness, Wellness Today, Nutrition and their exercise programs. It was a very healthful program.

Thanks to Jim Graves for reporting on our programs each week.

District Conference – May 2-4

Hold these dates, especially Friday, May 2, when there will be no Metro meeting in the morning. Instead, we will meet as part of the district luncheon that day. Please attend as much as you can so Metro can support DG Ken Patterson. And watch for volunteer opportunities.



Happy March Birthdays:

Spouse Birthdays:

Susan McAlexander March 17

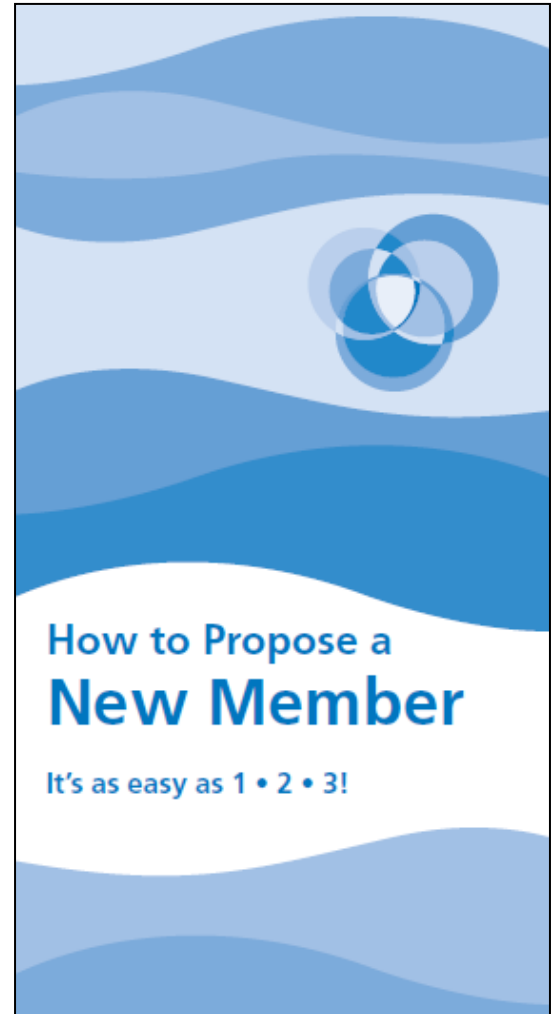
Member Birthdays:

Mary Frances Agnello March 8
Elyn Patterson March 20



How to Propose a New Member

1. Talk with someone you'd like to invite to join Metro. Let them know about expectations of attendance at all but at least half of the club meetings, initiation fee of \$50, and quarterly dues and meals of \$180.
2. When he or she expresses an interest, fill out Part A of the "Membership Proposal Form" found at http://www.rotary.org/RIdocuments/en_pdf/254en.pdf (shown to the right). It's only a couple questions long.
3. Give the completed form to Linda McMurry, Metro's Secretary.
4. After the Metro Board approves the proposed member, the Board will arrange to talk with the proposed member about membership in the club and ask her or him to fill out Part B of the "Membership Proposal Form."
5. Information about the proposed member will be published to club members; and if no objections are raised, after seven days the proposed member will become a member of Metropolitan Lubbock Rotary and the club secretary will report their membership to Rotary International.
6. The club president will arrange a formal induction ASAP at a club meeting.



Mark Your Calendars **ROTARY READERS DATES**

DUPRE SCHOOL – 21st AND AVE T
7:00AM-7:45AM

March 6th

April 10th

May 8th





Caryl's College of Useless Knowledge

1. When does Mardi Gras officially start?
2. What do the official Mardi Gras colors – purple, green and gold – symbolize?
3. Where and when did the Mardi Gras start in America?
4. What does the French term Mardi Gras mean in English?

Answers
on Page 7

Future Meetings

Want to know what upcoming programs have been planned by President Elect SarahLee Morris and friends? Go to our club's ClubRunner homepage (<http://www.clubrunner.ca/Portal/Home.aspx?accountid=9071>) and click on Speakers to get to this screen.



Mar 14, 2014

Myron Hargrove and Howard Mercer
"South Plains Honor Flight"

Mar 21, 2014

Chris Atkinson, LCDC
"Community Recovery Center in Post, TX"

Mar 28, 2014

Brad Moran, RAMAR Communications
"The Broadcast Industry on the South Plains"

Apr 04, 2014

Amy Johnson-Rubio
"March of Dimes"

Apr 11, 2014

Robert Kollman
"The Chicken Express Business"

Answers to Caryl's Questions



1. The Mardi Gras officially starts on January 6, the Twelfth Day of Christmas.
2. Purple represents justice; green symbolizes faith; and gold connotes power.
3. Mardi Gras started in America in Mobile, Alabama, in 1703 and was introduced to New Orleans in the mid-19th century.
4. The French term Mardi Gras translates to Fat Tuesday in English



Prominent Rotarians



Adlai E. Stevenson, Ambassador to the United Nations
Governor of Illinois and Candidate for U.S. President in 1952 & 1956
Rotary Club of Springfield, Illinois



Margaret Thatcher, Prime Minister, England
Rotary Club of Westminster East, Greater London

I Looked for a Mardi Gras Cartoon, but . . .

I thought I'd do a Mardi Gras theme, but the cartoons were bad and the jokes worse, so you're getting one of my audacious, old Gary Larsen favorites.



"Oh, hey! I just love these things! . . .
Crunchy on the outside and a chewy center.

COME FLY WITH US!



It's that time of year when all Rotarians in District 5730 can do our part to give back to the Rotary Foundation. The way we do this is by holding a district-wide raffle. The lucky winner of this raffle will be awarded a Southwest or United Airlines travel voucher in the amount of \$2,500.00.

Members of each club are asked to sell or buy for themselves; ten tickets (each ticket costing \$10.00). All proceeds of this raffle will be given to the Annual Fund of The Rotary Foundation. Please remember, half of those proceeds will come back to the district in three years and the other half will go to The Rotary Foundation World Fund.

To make this raffle a lot more fun and in keeping with District Governor Ken's sports theme, we will make this raffle a district-wide competition. The clubs that sell ALL of their tickets will be recognized at the District Conference the night of the drawing. To make it even more interesting, the club selling the most tickets (in their respective clubs size: small 1-30, medium 30-75, large 75+) will receive a plaque with their club name on it. The three plaques will stay in the winning club during their winning year and transfer each year thereafter to the winning clubs.

ADGs and/or Presidents will receive your area/club raffle tickets this coming week to distribute to your members. If clubs need more tickets, please let me know. I am here to help and make this a fun and successful year.

Let's get excited about this and show that this district not only is up for the challenge but we will do so in the name of Rotary and the Rotary Foundation.

ADG'S/PRESIDENTS and CLUB FOUNDATION CHAIRS

All money collected for this raffle should be sent directly to me at the address below. Checks are to be made payable to the Rotary Foundation. **DO NOT SEND TO ROTARY FOUNDATION!**

Susan Wierzba, District Raffle Chair
4015 84th Street
Lubbock, Texas 79423

Please make sure that all money and stubs are clearly marked with the club and member. Clubs who succeed in selling all of their tickets will also become EREY clubs.

Tickets for the club competition will end on April 29th so that name plates can be made. Individual raffle tickets will continue to be on sale throughout the district conference.

NOTE TO Presidents and Club Foundation Chairs: Please send money/stubs throughout the process so that it can all be tabulated prior to district conference.

If there are any questions, please email or call, but most importantly, **HAVE FUN!**

Susan A. Wierzba, District 5730
Annual Fund/District Raffle Chair
4015 84th Street
Lubbock, Texas 79423
sawierzba@yahoo.com
(806)789-7045 cell

District Conference 2014
Lubbock, Texas
May 2 - May 4



ROTARY DISTRICT 5730 ASSEMBLY

Saturday, March 29, 2014

Midland, Texas



REGISTRATION BEGINS AT 9:30 AM

Meeting starts at **10:00 AM** and will end at **4:30 PM**

Grace Lutheran Church
3000 W. Golf Course

REGISTRATION: \$20.00

Includes Continental Breakfast, lunch, drinks, and snacks

Rotarians will gather at District Assembly for President Elect, Treasurer, Secretary, and Foundation training. We invite spouses and anyone interested in learning more about Rotary.

This is a perfect time for meeting Rotarians from all around the District and indulging in great fellowship.

Please plan to stay for the Foundation Dinner the same evening. Cost for the steak dinner is **\$75.00** per person. Speaker will be **Amanda Wirtz**, an amazing 34 year old Rotarian with the most incredible life story of perseverance and dedication.

Children are welcome to attend with parents at the Assembly. Child care can be provided for both functions, but reservations are required.

Please contact Dianne Anderson ☎ **432-684-4560** ✉ **ddanderson24@gmail.com** for inquiries and reservations.

Members can register by logging in to rotary5730.org, scroll down to right hand section entitled 'District Events', click '2014 District Assembly' then click 'Members'. (Please click 'Guest' for non-members.)

Rotarians in Midland and Odessa are opening their homes to host any Rotarian who would like to spend the night in the area. A block of rooms has also been made available at SpringHill Suites by Marriott at 5716 Deauville Blvd, Midland, TX | 432-695-6670



Scan to register

