



The Highlander

THE ROTARY CLUB OF FOOTHILL-HIGHLANDS



2016-17 Rotary Leadership ROTARY INTERNATIONAL

John F. Germ
President
Rotary Club of
Chattanooga, Tennessee

DISTRICT 5180
Barbara Tracy
District Governor
Rotary Club of So. Sac.
Ray Ward
AG Area 8
Rotary Club of Fair Oaks

CLUB OFFICERS/ DIRECTORS

Dominic Mecklenburg
President

Roland Wright
President Elect/VP

Marilee Monagan
Treasurer

Lee Wiggins
Secretary

Maureen McBride
Club Administration

Patrick Magnani
*Community Service/
Membership*

Bob Meyer
International Service

Gordon Lipp
Vocational Service

Gene Long
Youth Services

Bob Spears
Sgt.-at-Arms

David Stone
VP/Rotary Foundation



Chartered March 12, 1959

August 15, 2016
Volume 59, Issue 6

Annual District Governor's Visit



District Governor Barbara Tracy from the Rotary Club of South Sacramento made her official visit to our club today.

CALL TO ORDER

District Governor Barbara Tracy met with the Board of Directors at 10:30 A.M. The purpose of the meeting was for each officer and avenue of service director to give the governor a brief overview of their particular area of responsibility.

Following the board meeting, the assembled group adjourned to the Fireside Room for our regular meeting. **President Elect Roland Wright** called the meeting to order at 12:15 p.m. **Gordon Lipp** served as our official greeter. Leading us in the pledge was PP **Maureen McBride** and PP **Bob Spears** provided the invocation. Substituting for Richard Hansen, **Mo** was the note taker.

VISITING ROTARIANS AND GUESTS

Joining us for the Annual District Governor's Visit were **District Governor Barbara Tracy** and her husband, **Jim** — both of whom are members of the Rotary Club of South Sacramento; Assistant Governor Area 8 **Ray Ward** from the Rotary Club of Fair Oaks; former RYE student, Rotarian **Mario Avendano** of the Rotary Club of San Andres Tuxtla Eyipantla, Mexico and his wife, **Kim Gregory** and their children **Lilian, Megan** and **Jose Ernesto** and former member **John Kosbau**.

ANNOUNCEMENTS

E-WASTE4GOOD PROGRAM:

There will be a pick-up of e-Waste this week at Hallsten Corporation.

If you have anything to donate, please bring it to Hallsten Corporation **before Thursday**.

USED/BROKEN EYEGLASS JOINT LIONS CLUB PROJECT:



As you know, we are partnering with the Antelope Lions Club this year to collect used/broken eyeglasses.

At our weekly meetings, we will have a BIG BOX at the rear of our meeting room for Rotarians to deposit their unwanted glasses.

Club Communications - Richard Hansen

[rch6242@comcast.net](mailto:rhc6242@comcast.net) 916-332-7448

Rotary Club Address

P.O. Box 6 North Highlands, CA 95660- 0006

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (ClubRunner)

DISTRICT 5180 WEBSITE: <http://rotary5180.com>

R.I. OFFICIAL WEBSITE: www.rotary.org

DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES.

Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3) organization.

EIN 68-0392810, PayPal link on Club Website: <http://www.foothillhighlandsrotary.org/>

BACKPACK PROJECT:



During the month of August, the Rotary Club of Foothill-Highlands will collect backpacks for under-served youth in our service area.

This week's Sunday edition of *The Sacramento Bee* had several additional "deals" on backpacks.

A BIG THANK YOU to the person who added to our growing collection of backpacks.

There will be a BIG BOX at the rear of our meeting room each week for deposit of your donations.



The Rotary Club of Foothill-Highlands has reserved a table at the District Foundation Dinner on **Saturday, October 22nd** at the **Red Lion Inn** on

Hwy. 160.

Mark your calendars and watch for additional details to follow.

District 5180 Family Picnic



PP **Maureen McBride** announced District 5180 will hold its first annual **Family Picnic** on **Sunday, August 21st** at Discovery Park in Sacramento from **11:00 a.m. to 3:30 p.m.**

The cost is \$7 per person if you bring your own food and \$20 if you purchase food from Capital City Catering.

Bob Mutchler and his band will perform for your listening pleasure, a bounce house for the kids, volleyball and lots more.

For those wishing to attend, the district website has a link to the registration form. **The deadline for registration is TODAY, August 15th.**

Please advise **Mo** if you plan to attend and perhaps we can arrange for carpools.

WEEKLY ASSIGNMENTS

MONDAY, AUGUST 22, 2016

GREETER: **GENE LONG**

PLEDGE: **JOE KAISER**

INVOCATION: **DAVID STONE**

NOTE TAKER: **RICHARD HANSEN**

SUNSHINE COMMITTEE



President Dominic was released from the hospital late last week and is at home recovering from his bout with pneumonia. He is hoping for a speedy recovery and hopes to be back with us soon.

Margaret Hansen was released from Whitney Oaks Care Center in Carmichael and is back home. A home healthcare professional was scheduled to visit with them this morning to provide a home care program.

Gene Long, Sr. is also on the sick list.

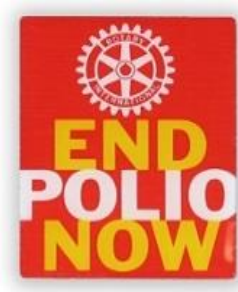
We send our very best wishes for a speedy recovery to **Dominic, Margaret** and **Gene, Sr.**

FOUNDATION NEWS

ANNUAL GIVING/PAUL HARRIS SUSTAINING FELLOWS

We continue our goal to have **Every Rotarian** contribute at least **\$100** to **The Rotary Foundation** and strive to achieve the status of 100% EREY and 100% Paul Harris Sustaining Fellows for the third year in a row.

END POLIO NOW CAMPAIGN



Foundation Chair **David Stone** is continuing with the Polio Banks and asks that you —

**BRING YOUR CHANGE
— FOR CHANGE.**

The **END POLIO NOW** campaign is one of Rotary International's top priorities this year. Rotary and the Bill & Melinda Gates Foundation have extended their partnership during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

This year's goal is \$1,000.

Polio Immunization Trip

Foundation Chair **David Stone** announced there will be a Polio Immunization trip to Port Harcourt, Nigeria, West Africa on **October 18-16, 2016.**

Travel is being arranged by Howard Tours. The cost is \$1,629 double occupancy and includes hotel accommodations, transfers, most meals, polio immunization exercise, hands-on community service field work, West Africa Project Fair registration, special Rotary and fellowship events, sightseeing, etc.

Anyone interested should contact **PDG Bob Deering** for additional information.

JOKES



The only one with a joke today was none other than **PP Bob Spears**.

Bob told another cute joke. This time about a Police Officer

involved in a high-speed chase. He gets better each week.

PE Roland Wright asked for a show of hands to give **Bob** a Fine-Free Pass. This week **Bob** got the coveted Pass.

FINES AND RECOGNITIONS

Finemaster Bob Spears called on **PP Maureen McBride** who shared she will celebrate 24 years in Rotary on August 24th. **Mo** volunteered to ring the bell for \$100 to the club.

Bob then asked IPP **Gene Long** to stand. Seems IPP **Gene** was in such a hurry to get to the board meeting that he locked his keys in his car on the dashboard for ALL to see. His daughter bailed him out as she had a spare set. **Gene** spun the wheel for \$14. Ouch!

Next, PP **David Stone** rang the bell for \$100 to the club—JUST BECAUSE.

PP **Bob Spears** also rang the bell because he was so happy to see some old and special friends.

FORMER YES AKA RYE

While at the podium, PP **Bob Spears** introduced Rotarian **Mario Avendano** who was a RYE student 30 years ago. **Mario** came to the U.S. for the first time through the Rotary Youth Exchange Program. He was hosted by former members **John** and **Laura Kosbau**, **Ernie** and **Mary Ellen Marston** and **Bob** and **Trisha Spears**. **Mario** also mentioned that during the year he was here, he went on several trips with former member **Ed** and **Diane Jacobs**. **Ed** and **Diane** took **Mario** to Lake Tahoe where he experienced snow for the first time and tried skiing.



It appears that **John** and **Laura Kosbau** taught **Mario** to speak English—a requirement for any exchange student.

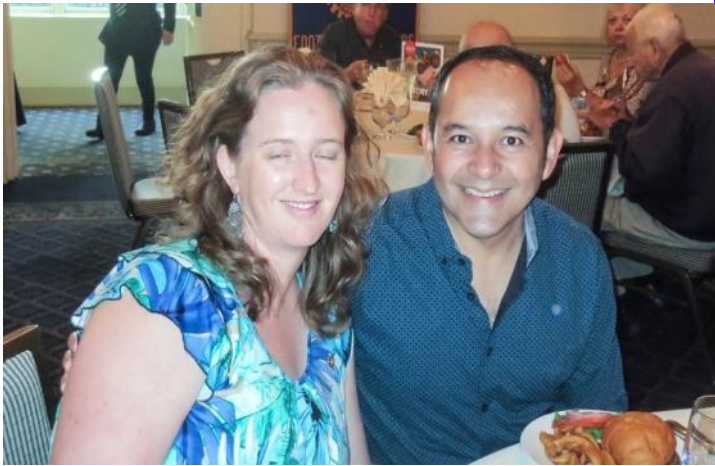
Mario said the year he spent in Sacramento was one of the best years of his life and had a significant impact on his future.

The year **Mario** turned 30 he visited Sacramento and **John Kosbau** told him he needed to join Rotary. **Mario** decided **John** was right and joined Rotary in March of 2000.

Mario is a member of the Rotary Club of

San Andres Tuxtla Eyipantla, Mexico and has been a GSE Team Leader to Wisconsin. His club is currently working with the Rotary Club of Bishop, CA to provide training for mid-wives.

What a wonderful story! A BIG thanks to the **Spears, Kosbaus, Marstens** and **Jacobs** for having such a positive impact on the man.



Mario and his wife, **Kimberly**

ROTARY FOUNDATION BENEFACTORS

NAME

Hallsten, John
Hansen, Richard
Kaiser, Joe
Lipp, Gordon
Long, Gene
Magnani, Patrick
McBride, Maureen
Mecklenburg, Dominic
Meyer, Bob
Monagan, Marilee
Morgan, Cheryl (Sam)
Spears, Robert B.
Stone, David M.
Wiggins, Lee N.
Wright, Roland

A Benefactor (has contributed \$1,000 to the Permanent Fund or made provisions in their will of at least \$1,000 benefiting The Rotary Foundation).



Lilian, Megan and **Jose Ernesto**



Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

(Jordan Backhaus	(GRIF) (BR)	PHF
Sonja Cameron		PHF
John Hallsten	(GRIF)	PHF+ 5
Richard Hansen	(GRIF)	PHF+ 7
Joe Kaiser	(GRIF)(GRIF)	PHF+ 7
Gordon Lipp	(GRIF)	PHF+ 2
Gene Long	(GRIF)	PHF
Gene Long Sr.		
Patrick Magnani	(GRIF)(GRIF)	PHF
Dr. Steven Martinez		
Maureen McBride	(GRIF)	PHF+ 8 +
Dominic Mecklenburg	(GRIF)(GRIF)	PHF+ 8 +
Bob Meyer	(GRIF)	PHF+ 4
Marilee Monagan	(GRIF)	PHF+ 2
Sam Morgan		PHF+ 5
Gerred Popejoy	(GRIF)(GRIF)	PDF
Bob Spears	(GRIF)(GRIF)	PHF+ 3
David Stone	(GRIF)(GRIF) (BR)	PHF+ 7
Lee Wiggins	(GRIF)	PHF+ 4
Roland Wright	(GRIF)(GRIF)	PHF+ 6

Bell Ringer & Gong Codes:

(B) = Bell Ringer hi\$100 to Club

(GFHF) = Gonger \$100 to Club Foundation

(GRIF) = Gonger \$100 to RI Foundation

(RIF) = \$100 to Rotary Foundation

A Paul Harris Fellow is an individual who contributes \$1,000 to the Rotary International Annual Program Fund or other approved programs. Each additional \$1,000 contribution is recognized with a plus and the number.

CALENDAR OF EVENTS

UPCOMING PROGRAMS AND EVENTS AUGUST IS MEMBERSHIP AND NEW CLUB DEVELOPMENT MONTH

CLUB CALENDAR:

- AUG. 22 OFFICER JOE BALDI/MARIJUANA PROHIBITION
- AUG. 29 EVENING MEETING: ART DEARDOFF TECHNOLOGY INSTRUCTION ON FACEBOOK, WEBSITE, ETC.
- SEPT. 5 LABOR DAY-DARK
- SEPT. 12 ERIC LOFHOLM/MOTIVATIONAL SPEAKER AND BUSINESS COACH
- SEPT. 19 ASSEMBLYMAN KEN COOLEY
- SEPT. 26 BETH HASSETT/WEAVE

DISTRICT 5180 CALENDAR:

- AUG. 21 DISTRICT-WIDE PICNIC
- OCT. 8 DISTRICT FOUNDATION SEMINAR
- OCT. 22 DISTRICT FOUNDATION DINNER
- MAY 5-7 DISTRICT CONFERENCE IN SANTA CLARA
- MAY 20 RI PRESIDENT JOHN GERM DINNER SACRAMENTO



Support The Rotary Club of Foothill-Highlands by shopping at AmazonSmile. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases when you shop at AmazonSmile.

Use this link:

<https://smile.amazon.com/ch/68-0392810>

HIGHLIGHTS OF THIS WEEK'S MEETING

Assistant Governor Area 8 **Ray Ward** did the honors of introducing **District Governor Barbara Tracy**. A native Californian, **Barbara** grew up in the Bay Area. She relocated to Sacramento after earning her undergraduate degree in mathematics at U.C. Davis. She taught high school mathematics for 22+ years but decided to return to school and earned her MS in counseling from California State University, Sacramento. On the last day of her 60-unit program, she was advised to look at Administration. She earned an Administrative Credential; and ultimately, a doctorate in Educational Administration from the University of the Pacific.

Barbara loved her work and often says if she were to do it all again, she do exactly the same thing. Since retiring, **Barbara** provides free tutoring in Math.

Barbara has been very active in Rotary at both the club and district levels. **Barbara** served as her club's President in 2007-08 and has been on the district staff in a variety of positions since 2008. She is a multiple Paul Harris Fellow.

Barbara and **Jim** have participated in three international service projects—wheelchair distribution in Peru in 2009, a Polio National Immunization Day in India in 2014 and the delivery of water filters in Brazil in 2015. They both enjoy being involved in Rotary.

After much discussion, it was decided that **Jim's** title during **Barbara's** stint as DG

should be the "DGs Detail Man."

Key Names we should all be familiar with:

John Germ, who is the 2016-17 Rotary International President.

Brad Howard, who is the R.I. Director for Zones 25 and 26.

The international theme for 2016-17 is *Rotary Serving Humanity*.

The district theme is *Feel the Power of Rotary*. **DG Barbara** and **Jim** have been greatly impacted by their international Rotary project trips because they have seen first hand how Rotary is changing lives around the world.

During this year, there will be five focal points:

1. Expand each Rotarians vision and experience. She is suggesting that a regular meeting be cancelled and instead have a club visitation day where members visit other clubs in the district and bring back new ideas.
2. Polio Plus Program—Let's get the job done. At the beginning of the year, there were 19 reported cases of polio—13 in Pakistan and 6 in Afghanistan. Within the past two weeks, there was a report of two new cases of Polio in Nigeria which was ending two years of being polio-free. We need to be vigilant if we are to reach our goal of a polio-free world.
3. Membership—Last year the District lost 30 members. We need to bring in additional members.

Rotary is an aging organization. We need to work at attracting new, younger members. Get them involved and keep them engaged. If

a member's circumstances change and they feel they need to leave Rotary, suggest they join the Passport Club to keep them connected until such time as they can rejoin Rotary.

4. **DG Barbara** mentioned an important milestone being celebrated this year—the 100th Anniversary of the Rotary Foundation. In recognition of this event, perhaps members would consider giving more than their usual contribution.

The district is working on a Grant to combat Human Trafficking as it is a major issue in the Sacramento area because of access to the Freeway system. There are 54 agencies in Sacramento dealing with this issue but there is no coordinated effort. There needs to be an Assessment Center to help individuals affected by Human Trafficking and to education kids on the kinds of things to be on the look out for to keep from being victimized.

5. Celebrate the Family of Rotary. To help kick this off, the District is hosting the Family Picnic on August 21st at Discovery Park. Children under the age of 8 are free. See flyer to determine other costs.

Another way to bring families together is to have them participate in a work project.

DG Barbara encouraged the Rotarians to consider attending the Rotary International Convention in Atlanta, GA June 10-14, 2017. DGE Sandi Sava is currently negotiating special room rates. Info should be available shortly.

DG Barbara also promoted her District Conference at the Marriott in Santa Clara. The focus of the conference is FUN. They've lined

up great speakers; and on Friday, they've organized an event at the Winchester Mystery House. They'll be local tours as well.

Jim Tracy is organizing a *Zany Photo Contest* which will be judged at the Conference. *The deadline for submissions is April 15th.*

For those who have never attended, this might be something to consider. It should be a lot of FUN.

Following **Barbara's** presentation, **PE Roland** invited her to the podium to present her with a certificate stating that a \$100 contribution to The Rotary Foundation/ Polio Plus Program will be made in her name.



DG Barbara and PE Roland

PE Roland also presented **Jim Tracy** with a gift in appreciation of his support of **Barbara** during her year as DG and serving as the Governor's Detail Guy.



Detail Guy Jim Tracy and PE Roland

PE Roland then presented **Ray Ward** with a gift as a thank you for his commitment to Rotary and serving as our Assistant Governor.



**AG Area 8 Ray Ward and
PE Roland Wright**

PE Roland announced our next meeting's speaker and the duty assignments of same.

As an ending to each weekly meeting, **PE Roland** asked us to stand, raise our glasses and give a toast to *Rotary Around the World*.

The meeting was adjourned.



DISTRICT 5180 FAMILY FUN PICNIC & BAR-B-QUE

INVITED: FAMILIES, FRIENDS, NEIGHBORS, CO-WORKERS

PLACE: DISCOVERY PARK- REDBUD, SACRAMENTO, CA

DATE & TIME: SUNDAY AUGUST 21, 2016
11:00 AM TO 3:00 PM +



ENTERTAINMENT:

LIVE BAND: ROTARIAN BOB MUTCHLER & HIS BAND OF DOCTORS, BOUNCE HOUSE, FUN GAMES, HORSE SHOE PITS, VOLLEYBALL

(We encourage you to bring any additional sports equipment and extra seating that you might want to use and share)

MUST REGISTER IN ADVANCE BY AUGUST 15TH (Copy & Paste LINK below into internet browser):

<https://rotarypassport.vapsody.com/event/index/45519/district-5180-family-fun-picnic-bbq>

PRE-PAID PRICE PER PERSON:

ADMISSION (Bring you own Food & Beverage) \$ 7.00

(We will provide charcoal & starter fluid if needed)

CHILDREN 8 YEARS AND YOUNGER- Free

OR,

ADMISSION INCLUDING FOOD \$20.00

BAR-B-QUE CHICKEN, COLE SLAW, POTATO SALAD, WATERMELON

COOKIES, ICED TEA, LEMONADE & WATER

CHILDREN 8 YEARS AND YOUNGER- Free

FOR SALE:

BEER, WINE & SODAS, BOTTLED WATER, SNOW CONES

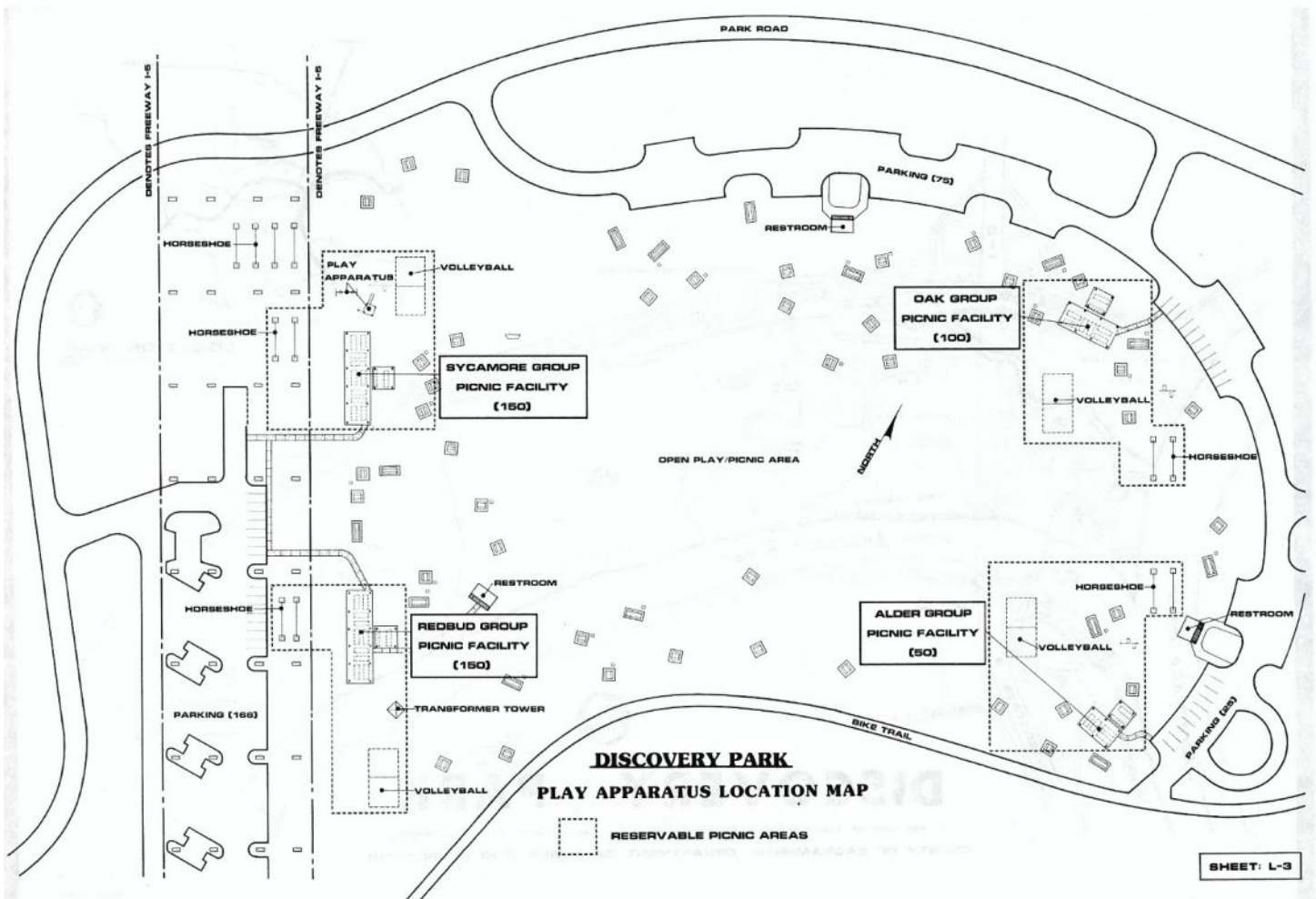
DIRECTIONS/MAP/PARKING:

EASY ACCESS OFF INTERSTATE HIGHWAY 5

Discovery Park is located at 200 Jibboom Street, Sacramento off Interstate 5 and Richards Blvd., or the Garden Highway exit north of downtown Sacramento. Take either of these exits and follow the signs to the Park. [View map of Discovery Park picnic areas.](#)

<http://www.regionalparks.saccounty.net/SpecialEventsReservations/Documents/Discovery%20Park%20Picnic%20Map.pdf>

PARKING: \$5 PER VEHICLE





GOOD 4 PEOPLE - GOOD 4 EARTH - GOOD 4 YOU
Powered by Tri Valley Recycling

Rotary 

free
e-waste
pickup
fundraiser

PLEASE
HELP
SUPPORT

FOOTHILL HIGHLANDS
ROTARY CLUB

Schedule your FREE pick up by visiting
www.eWaste4good.com

Fill in your information and within a few days a dispatcher will contact you to schedule an at home or office pickup date. Then, your electronics will be picked up, recycled and the proceeds will be donated to the organization of choice.
You can also call **eWaste4good at 800-317-3112**



GOOD 4 PEOPLE - GOOD 4 EARTH - GOOD 4 YOU
Powered by Tri Valley Recycling

Items we pickup, working or not:

- All Televisions
- Computer Monitors
- Fax Machines
- Desktop Copiers
- Telephones
- Vacuum Cleaners
- Keyboards
- Mice
- Networking Equipment
- Misc Wires and Cords
- Household Phones
- Medical Equipment
- Video Games
- Computers
- Calculators
- Cell Phones
- Printers
- Speakers
- Scanners
- Laptops
- Power Tools
- Small Appliances
- Stereo Systems
- And Much More!

All electronics are recycled locally in California.

We also do free business and residential pickups throughout Northern California.

Please visit
www.eWaste4good.com
to schedule.



thank you
FOR HELPING
US!!



E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL...EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.



Your donation has another great benefit - it is good for the environment. We share your commitment to a cleaner, greener environment - and donating your car ensures it is recycled via many different channels!

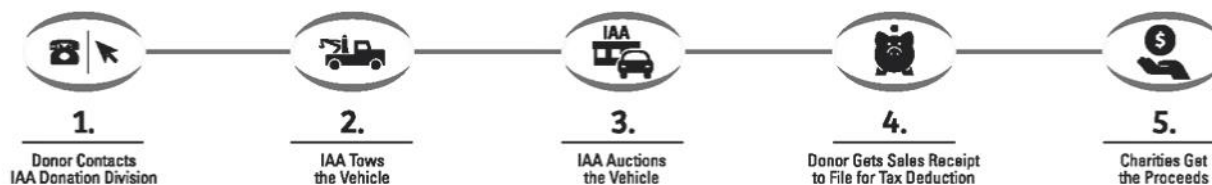
Not every "vehicle" is a car - but every vehicle, in any condition, can be donated!

Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Trucks
- Boats
- Motorcycles
- Snowmobiles
- Personal watercraft
- Heavy equipment

The process is easy.
Here's how it works:



Call 800-240-0160



ROTARY CLUB OF
FOOTHILL-HIGHLANDS

- Tax deductible
- Free towing
- Any vehicle, any condition

Program Powered by the IAA Donation Division.

© 2014 Insurance Auto Auctions, Inc. All rights reserved.

Drive change.
Donate a vehicle today.

Click here to donate now

Program Powered by the IAA Donation Division.

© 2014 Insurance Auto Auctions, Inc. All rights reserved.