

December 2, 2019
Volume 62 Issue 14

The Highlander



THE ROTARY CLUB OF FOOTHILL- HIGHLANDS

Chartered March 12, 1959
serving the Greater Sacramento Area communities
of Antelope, Elverta, Foothill Farms, McClellan,
North Highlands and Rio Linda

2019-20 R.I. Leadership

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Rotary Club of Decatur,
Alabama, USA

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District Governor
Ray Ward
Rotary Club of Fair Oaks

AG Area 5
David Veden
Rotary Club of Natomas

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Marilee Monagan
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Dominic Mecklenburg
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Secretary

Open
Club Administration

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Open
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Bob Meyer
International Service

Open
Vocational Service

Open
Youth Services

Joe Kaiser
Sergeant-at-Arms

Richard Hansen
VP/Communications

Bob Spears
Rotary Foundation

December is Disease Prevention and Treatment Month


DECEMBER IS

Photo by Alyce Hansen, © Rotary International. Design layout by Gilbert Thien Rotary Club of Miri.


**DISEASE PREVENTION
AND TREATMENT
MONTH**

"He who cures a disease may be the skillfullest, but he that prevents it is the safest physician."

Thomas Fuller

Rotary 

TAKE ACTION: Join Rotary, Get Involved



CALL TO ORDER

President Roland Wright called the meeting to order at 12:15 p.m. We had no greeter today. PE **Marilee Monagan** and providing the invocation was PP **Bob Meyer**. Note taker PP **Dominic Mecklenburg**.

ROTARIANS AND GUESTS

Our guests today were Rotarian **ADG Dave Veden**, and our speaker, **Jim Quinney** from Rise Against Hunger.

ANNOUNCEMENTS

By **Dominic**

- **Jeff Donlevy** donated \$100 towards **John Hallsten Vocational Scholarship Fund**.
- Evergreens are out for delivery this week, most arriving Wed-Fri.
- Local delivery items will be delivered by **Dominic** this week.
- Centerpieces now SOLD OUT and 3 sets of reindeer remain...who needs a white elephant gift?
- Operation Smile, \$240 club donation funded and matched by partnering business. Doing twice the good!!
- We completed our annual donation to ARC, \$1000 total or 2 x \$500 vocational scholarships. Those two lucky students, when selected, will be coming to our club to speak about their hopes, dreams and goals as recipients of our award, a contingency to receiving it bulletin.
- Dictionary delivery ETA pending; will notify club when they arrive and when dates are set, to deliver to 3 schools.

CALENDAR OF EVENTS

CLUB CALENDAR:

DEC 9	HOLIDAY PARTY, LIONS GATE HOTEL 6:30PM
DEC 10	BOARD MEETING
DEC 16	DYLLAN BALASSI, KIDS HELPING KIDS SACRAMENTO
DEC 23	NO MEETING - CHRISTMAS WEEK
DEC 30	NO MEETING - NEW YEARS WEEK
JAN 6	CLUB MEETING PROGRAM TBA
JAN 13	CLUB MEETING PROGRAM TBA

WEEKLY ASSIGNMENTS

MONDAY, DECEMBER 9, 2019

GREETER: LEE WIGGINS

PLEDGE: SAM MORGAN

INVOCATION: PATRICK MAGNANI

NOTE TAKER: RICHARD HANSEN

We meet on Mondays at 12:15 p.m.

Lions Gate Hotel and Suites

McClellan Business Park

3410 Westover Street

North Highlands, CA 95632

Club Communications - Richard Hansen

rch6242@comcast.net 916-332-7448

Rotary Club Address

P.O. Box 6 North Highlands, CA 95660-0006

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: <http://rotary5180.com>



DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES.

Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3) organization.

EIN 68-0392810, PayPal link on Club Website: <http://www.foothillhighlandsrotary.org/>



In Loving Memory
JOHN HALLSTEN
 1924 - 2019

In honor of the life and memory of John Hallsten, this fund will be used specifically to further Vocational Education. Students in our Rotary service area may apply.

Donate to the Foothill-Highlands Rotary Club, "John Hallsten Vocational Service Fund"

A non-profit 501(c)(3) organization. EIN 68-0392810



Mail checks to:

**Foothill-Highlands Rotary Club
 P.O. Box 6 North Highlands, CA 95660-0006**

The Rotary Club of Foothill-Highlands Annual Holiday Party!



Please come and join us at the Lions Gate Hotel on December 9th, reception @ 6:30pm, dinner @ 7:00pm.

We would like welcome and encourage all friends and family of

Rotary to sign up and participate.

Please send me an email or call and you will be added to the list.

There are three dinner selections and an optional gift exchange, \$20 maximum.

President Roland Wright

(916) 417-1426

RWright@hallsten.com

END POLIO NOW CAMPAIGN



EVERYONE BRING YOUR POCKET CHANGE — TO AFFECT CHANGE BY ENDING POLIO THROUGHOUT THE WORLD.

The **END POLIO NOW** campaign is still one of Rotary's top priorities. The Bill & Melinda Gates Foundation have extended their partnership with Rotary during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

Foundation Chair **Bob Spears** announced this year's goal is to raise \$1,000. Please save your loose change and deposit it in the *Change for Change* banks on the tables at our weekly meetings. **Today we collected \$41. We have collected \$279.28 YTD from all sources for Polio Plus.**



June Hallsten and her granddaughter **PP Annie Hallsten Narayan.**

Services for **June Hallsten** were held on Saturday, November 30th at East Lawn Sierra Hills in Sacramento. Eleven Foothill-Highlands Rotarians and spouses were in attendance – an excellent showing of support from our club. In addition, our club's Sunshine Committee sent a beautiful bouquet to the **Hallsten** family just prior to Thanksgiving that was very well received.

December Board Meeting



Antelope.

All members are welcome and encouraged to attend.

The December Board Meeting will be held **Tuesday, December 10th, 5:30 p.m. at the Umpqua Bank in**

Our evergreens order has been placed and the WREATHS will soon be on the way (after Thanksgiving). As I order in full cases, I do have some remaining items left for sale, while supplies last:

3 Snowy Holiday Reindeer Sets (\$17ea)

Let me know if you're interested!!! Great gifts for your neighbors, co-workers or friends...



*Tabletop
Centerpiece*

ITEM # C5 ●

Cedar, Noble fir, pine, and berried juniper arranged in an oasis block and bowl for your table. Snowy white cones and red faux holly berries included for custom arrangement. Also includes traditional taper candle holder. Size is approximately 12" inches diameter.



*Snowy Holiday
Reindeer Set*

ITEM # R7

Hand-made, wrapped with twine, complimented by a faux rustic pinecone wreath, and snow dusted, this reindeer set is a wonderful addition for your home or others this holiday season. Set includes two metal reindeer measuring approximately (R: 9½"h, L: 8¼"h)

\$ 17

E-Waste4Good Program



Our program is going strong with monthly pick-ups at Umpqua Bank. Larger items are being picked up and stored at Hallsten Corporation.

Ewaste going strong, a pickup happening this week 12/5 @ Umpqua Bank

Total E-waste revenue fiscal YTD: \$194.41.

RECOGNITIONS

Finemaster Joe Kaiser began by asking if there were any happy thoughts.

- Polio collection =\$41.00, **Joe** was master collector
- **Dominic**, December birthday, wheel spin \$3
- **Joe**, December birthday, bell ringer
- **Bob Meyer**, happy thought, \$100 to **John Hallsten Vocational Scholarship Fund**
- **Roland**, happy thought, \$100 to **John Hallsten Vocational Scholarship Fund**.

ADG Dave Veden got in on the wheel spin action, celebrating his Sac State Hornets and their football win. He got off easy, He spun \$4



Caught on the Rotary spy cam and by our president...**Joe** on his cell phone during a meeting!!!

BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

Richard Hansen	(B)(GRIF)	PHF+ 8
Joe Kaiser	(B)(GRIF)(JH)	PHF+ 8
Gordon Lipp	(B)	PHF+ 4
Patrick Magnani	(B)	PHF+ 1
Dr. Steven Martinez		
Dominic Mecklenburg	(GRIF)(JH)	PHF+ 8
Bob Meyer	(JHx2)	PHF+ 5
Marilee Monagan	(GRIF)(JH)	PHF+ 4
Sam Morgan		PHF+ 6
Bob Spears	(B)(GRIF)	PHF+ 4
Lee Wiggins	(GRIF x3)	PHF+ 4
Katy Wright		
Roland Wright	(B)(GRIF)(\$100 Polio+)(JH)	PHF+ 8

Bell Ringer & Gong Codes:

(B) = Bell Ringer \$100 to Club

(GFHF) = Gong Bonger \$100 to Club Foundation

(GRIF) = Gong Bonger \$100 to RI Foundation

(JH) = A donation to the John Hallsten Vocational Service Fund

A Paul Harris Fellow is an individual who contributes \$1,000 to the Rotary Foundation Annual Programs Fund or other approved program. Each additional \$1,000 contribution is recognized with a plus and the number.

Amazon Smile

Support Foothill-Highlands Rotary by shopping at AmazonSmile. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases when you shop at AmazonSmile. Use this link:

<https://smile.amazon.com>

Car Donation Program



To arrange for a donation, call **Dominic's** cell **916-995-4006**. He will make the arrangements for the pick up.

Total YTD car donation revenue is \$790.50

The Donation Form is on Page 13 of the bulletin.

Ink and Toner Cartridges Mini Fundraiser



PP Dominic is continuing to collect spent ink and toner cartridges as a mini-fundraiser for the club.

IT'S SO EASY TO DO!

Keep a plastic or paper bag by your printer. As you replace the ink or toner cartridges, put the old ones in the bag and bring them to Rotary.



HIGHLIGHTS OF THIS WEEK'S PROGRAM

Our speaker was **Jim Quinney**. He was born and raised in Jacksonville, Florida, is married to Amy and they have two grown daughters. **Jim** has owned or co-owned several small insurance agencies and retired from the insurance business after 34 years. **Jim** and Amy moved to Rocklin in 2003 and now live in Lincoln.

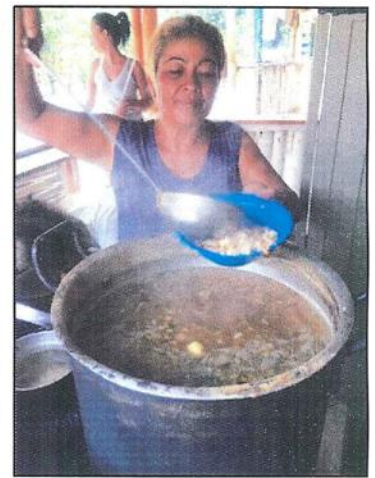
During the past six years, **Jim** has been involved with a number of global and local outreach programs, including Living Water International, Rise Against Hunger, Lighting for Literacy, St. Luc School in Haiti, and the Gathering Inn. He was recently asked to become the Community Engagement Manager for Rise Against Hunger in Sacramento. **Jim** looks forward to doing something he is truly passionate about every day, helping people transform their lives both here and abroad.

VENEZUELA REGIONAL CRISIS

Since 2014, the Bolivarian Republic of Venezuela has seen deteriorating economic and political conditions. As these conditions continue to worsen, the country is seeing a record number of people fleeing. More than 3 million people have left since 2014, and currently, up to 40,000 migrants cross the Colombian border daily in search of staples like medicine, vegetables and eggs. Many Venezuelans stay in the border town of Cucuta, Colombia. Rise Against Hunger meals help support the influx of need in 10 distribution centers throughout the city.

Many migrants are fleeing to neighboring countries on foot, often walking over 900 miles to neighboring countries such as Peru and Ecuador in hopes of finding work. While carrying all their possessions, these migrants are reliant on the network of distribution centers along the route to eat one hot meal a day. Rise Against Hunger meals are in four of these distribution centers, along with our partner organizations, Rotary Club of Cucuta and e-Rotary Club of Houston, supporting the work of the local grassroots movement by providing nutrient dense, hot meals. In addition, Rise Against Hunger is providing access to complementary proteins and vegetables.

Rise Against Hunger's current relief effort was scheduled to end on March 31. However, after visiting distribution sites, it is clear the need is still urgent and ongoing. To meet the needs of approximately 5,400 individuals daily, that are directly affected by the crisis in Venezuela, Rise Against Hunger will need to invest \$65,000 through the end of May. Our plan is an on-the-ground approach with a strategic partnership with a network of Rotary Clubs to continue feeding migrants in emergency shelters, temporary housing, displacement camps, and community kitchens. With our partners, we will also aim to encourage local procurement for complementary foods and our meals.



Simon Bolivar international Bridge

Rotary District 5180 Meal Packing Experience

Saturday April 18, 2020 (time to be determined)

McClellan Conference Center

Phase 1 Fundraising October - February

We live in a world where 821 million people suffer from chronic malnutrition. Malnutrition is the leading cause of disease and death in the world. Approximately 3.1 million children die from undernutrition each year (UNICEF, 2018a). That's over 8,000 children each day. What can We do? By inspiring and connecting our Rotary community District 5180, collaborating together we can gather the resources to save lives, one child at a time.

We then did a hands on meal packing event.



Jim Quinney explaining what to do.



As is our usual custom, **President Roland** presented our speaker with a gift in gratitude for his informative presentation.

He then asked the group to stand, raise their glasses and join him in a toast to Rotary Around the World.

The meeting was then adjourned.



GOOD 4 PEOPLE - GOOD 4 EARTH - GOOD 4 YOU
Powered by Tri Valley Recycling

Rotary 


free
e-waste
pickup
fundraiser

PLEASE
HELP
SUPPORT

FOOTHILL HIGHLANDS
ROTARY CLUB

Schedule your FREE pick up by visiting
www.eWaste4good.com

Fill in your information and within a few days a dispatcher will contact you to schedule an at home or office pickup date. Then, your electronics will be picked up, recycled and the proceeds will be donated to the organization of choice. You can also call eWaste4good at 800-317-3112



GOOD 4 PEOPLE - GOOD 4 EARTH - GOOD 4 YOU
Powered by Tri Valley Recycling

Items we pickup, working or not:

- All Televisions
- Computer Monitors
- Fax Machines
- Desktop Copiers
- Telephones
- Vacuum Cleaners
- Keyboards
- Mice
- Networking Equipment
- Misc Wires and Cords
- Household Phones
- Medical Equipment
- Video Games
- Computers
- Calculators
- Cell Phones
- Printers
- Speakers
- Scanners
- Laptops
- Power Tools
- Small Appliances
- Stereo Systems
- And Much More!


All electronics are recycled locally in California.

We also do free business and residential pickups throughout Northern California.

Please visit
www.eWaste4good.com
to schedule.



thank you
FOR HELPING
US!!



E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL...EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.

Call Dominic at 916-995-4006 E-mail dmecklenburg@comcast.net

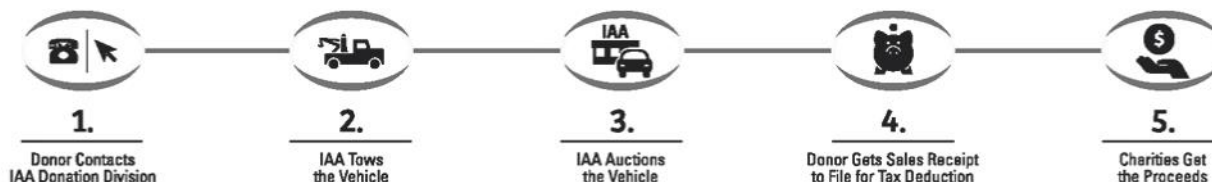
Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Boats
- Snowmobiles
- Heavy equipment
- Trucks
- Motorcycles
- Personal watercraft

The process is easy.

Here's how it works:



- Tax deductible
- Free towing
- Any vehicle, any condition

Donate today!

Program Powered by the IAA Donation Division.

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DONATION
DIVISIONDonate Direct Referral Form

Date: _____

Charity: Rotary Club of Foothill Highlands**Donor Information:**

Donor Name: _____

Mailing Address: _____

City: _____ State/Province: _____ Zip/Postal: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Vehicle Information:

Year: _____ Make: _____ Model: _____

VIN #: _____ Mileage: _____

Title Available: ☐Drivable: ☐**Comments:**

IAA Donation Division Office Use Only:

Campaign: Donate Direct NS

Claim: _____

Rotary Club of Foothill Highlands
PO BOX 6
North Highlands, CA. 95660
Contact: Dominic Mecklenburg
916-995-4006 CELL
dmecklenburg@comcast.net