

The Highlander

THE ROTARY CLUB OF FOOTHILL- HIGHLANDS

Chartered March 12, 1959



2017-18 Rotary Leadership ROTARY INTERNATIONAL

Ian H.S. Riseley
President
Rotary Club of Sandringham
Victoria, Australia

DISTRICT 5180 Sandi Sava

District Governor Rotary Club of Sacramento Breakfast

David Veden AG Area 5 Rotary Club of Natomas

CLUB OFFICERS/ DIRECTORS

Roland Wright
President

Patrick Magnani
President Elect

Dominic Mecklenburg
Immediate Past
President/Treasurer

Lee Wiggins
Secretary

Maureen McBride Club Service

Jordan Backhaus Community Service

Bob Meyer International Service

Bob Spears
Vocational Service

Gene Long, Jr. Youth Services

Joe Kaiser Sergeant-at-Arms

David Stone VP/Program Chair

Marilee Monagan VP/Rotary Foundation



July 17, 2017 Volume 60, Issue 2

District 5180 Governor 2017-18 Sandra "Sandi" L. Sava Rotary Club of Sacramento Breakfast



Originally from Alaska, Sandi lived near Denali National Park as a child. She graduated from U.C. Berkeley with a degree in Political Science and earned her J.D. from McGeorge School of Law. She currently lives and practices law in Sacramento.

Sandi joined the Rotary Club of Sacramento Breakfast in 1996 and served as President in 2005-2006. In addition, she served as Club Secretary, Foundation Chair, International Service Chair and Club Information Officer (CIO). For 16 years, she chaired her club's annual Poinsettia Fundraiser.

At the District level, Sandi has served as an Assistant Governor, chaired the 2014 District Conference, chaired the 2008 District Assembly and co-chaired another. She was selected as the alternate GSE Team Leader to Austria. Sandi has also been on two Rotaplast International missions—one to India and one to Colombia.

Sandi is a strong supporter of the Rotary Foundation. She is a Paul Harris Fellow+8, a member of the Paul Harris Society and a Major Donor.

Although Sandi has a passion for shoes, her true passion is traveling. She was an exchange student to Germany and has traveled extensively in Europe. After law school, she bought an around-the-world plane pass and circled the globe for seven months. She and partner, Barry Kalar enjoy cruising and have sailed through the Panama Canal and around Cape Horn. When not practicing law or serving Rotary, Sandi teaches water aerobics and indoor cycling.

CALL TO ORDER

President Roland Wright began the meeting promptly 12:15 p.m. Leading us in the pledge was PP **Marilee Monagan** and PP **Bob Meyer** provided the invocation. **Richard Hansen** served as the note taker.

VISITING ROTARIANS AND GUESTS

Our only guest, our speaker **Shelli Bolsover**, Certified Safety Specialist at the Pacific Gas and Electric Company.

ANNOUNCEMENTS

Estate Sale



The Estate Sale has been scheduled for Saturday, July 29th from 9:00 a.m.—6:00 p.m. in the parking lot of Walnut Whitney Dental

Offices, 3501 Walnut Avenue, Carmichael.

If you have any items you would like to donate, please contact **President Roland Wright** to arrange pick-up of your items.

PP **Mo McBride** circulated a sign-up sheet to ensure we have adequate coverage throughout the day.



- We are renting a truck, and loading it on FRIDAY afternoon before the estate sale. Time 4:00 pm. We'll need some volunteers to meet at storage to load the truck. A-All mini storage in North Highlands. Contact Dominic for more info.
- We will have the truck on site at Walnut & Whitney to unload. Like to get an early start, estate sale opens basically when the truck roll up doors opens, and we're targeting a start time to unload and setup at 7am Saturday. The estate sale will go ALL DAY Saturday until about 6pm, and possible Sunday morning too.
- If we go to Sunday, and we probably will, then we'll end the estate sale around noon. At that time, we'll load our own trucks and trailers, and:
 - Take a few hauls back to storage
 - Take a truck load of garbage/trash to the Umpqua Bank dumpster
 - Take a loan of items to Goodwill for donation.

Club Communications - Richard Hansen
rch6242@comcast.net 916-332-7448
Rotary Club Address
P.O. Box 6 North Highlands, CA 95660-0006

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: http://rotary5180.com

R.I. OFFICIAL WEBSITE: www.rotary.org



DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES.

 $Foothill-Highlands\ Rotary\ Club\ Foundation\ is\ a\ non-profit\ 501 (c) (3) organization.$

EIN 68-0392810, PayPal link on Club Website: http://www.foothillhighlandsrotary.org/

District 5180 Membership Workshop on July 22

PP Maureen McBride reminded members that Membership is everyone's responsibility. District 5180 has invited experts from the Zone to share their expertise with us. We will learn new ways to attract prospective members and retain and engage current members. Mo circulated a sign-up sheet for those wishing to attend.

See attached flyer for additional details.

Rotary Night at the River Cats

On Sunday, July 30th at 5:05 p.m. Rotary District 5180 will gather Rotarians together to support the End Polio Now Campaign when the Sacramento River Cats will play the New Orleans Baby Cakes.

See attached flyer for additional details.

If anyone is interested in purchasing tickets, call **Mo**

The Board of will be meeting with the District Governor before the game

Ink and Toner Cartridges Mini Fundraiser

President Dominic is collecting spent ink and toner cartridges as a mini-fundraiser for the club.

Keep a plastic or paper bag by your printer; and as you replace the ink or toner cartridge, put the old ones in the bag and bring them to Rotary.

Foundation Seminar

PP **Maureen McBride** invited the Rotarians to sign up for the Foundation Seminar on Saturday, August 19th 8:00 to 12:00 am at the Citrus Heights Community Center.

Learn how the Rotary Foundation can work for your Club.

See attached flyer for details.

District 5180 Family Picnic

Passport Club President JoAnne Tanner announced District 5180 will be holding its second annual District Family Picnic on Sunday, August 27th from 11 a.m. to 3 p.m. at Discovery Park.

See attached flyer for details.

E-Waste4Good Program

Our E-Waste Program is still going strong. Our most recent check received from the operators of the program was \$152.00.

\$379.54 is the new figure for this fiscal year to date revenue made from e-waste recycling.

There is a pickup at Umpqua Bank this week on 7/20. Bring anything/everything down for recycling before/on that day.

Hospital Bed Available

Richard Hansen still has a hospital bed to give away.

If you are interested or know of someone who needs one, contact him as soon as possible. He is anxious to find a new home for it.

WEEKLY ASSIGNMENTS

MONDAY, JULY 24, 2017

GREETER:

PLEDGE:

INVOCATION:

NOTE TAKER: RICHARD HANSEN

IF THEY ARE OT AVAILABLE, IT FALLS TO THEIR BUDDIES.

CALENDAR OF EVENTS

UPCOMING PROGRAMS AND EVENTS

JULY 24 CLUB ASSEMBLY

JULY 29 ESTATE SALE (SATURDAY)

JULY 31 NO MEETING AFTER ESTATE SALE

AUG 1 TBA

AUG 12 DISTRICT GOVERNOR'S VISIT AT

RIVER CATS GAME AT RALEY FIELD

AUG 14 DARK FOLLOWING DG VISIT

AUG 21 TBA AUG 28 TBA

DISTRICT 5180 CALENDAR:

JULY 22 PRIORITY #1 PLUS MEMBERSHIP

WORKSHOP

JULY 30 ROTARY NIGHT AT THE RIVER CATS

AUG 19 DISTRICT FOUNDATION SEMINAR

AUG 27 DISTRICT FAMILY PICNIC

OCT 28 DISTRICT FOUNDATION DINNER

DISTRICT NEWS

2018 District Conference

The 2018 District Conference will be held at the Hyatt Regency Hotel, Spa and Casino at Incline Village in Lake Tahoe, May 11-13, 2018.

Early registration began at the District Conference in Santa Clara and continued until the end of May. The registration fee increased to \$50 effective June 1st and will be increased again in November. If you are thinking about attending the Conference, now is the time to register.

Hotel reservations should be available on the District Website shortly. As soon as that happens, we will notify you. In the meantime, you can register for the Conference on the District 5180 website. The link is on the first page.

If you have any questions, call Mo.



Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

FOUNDATION NEWS

END POLIO NOW CAMPAIGN



EVERYONE BRING YOUR POCKET CHANGE — TO AFFECT CHANGE BY ENDING POLIO THROUGHOUT THE WORLD.

The **END POLIO NOW** campaign is again one of Rotary International's top priorities this year. Rotary and the Bill & Melinda Gates Foundation have extended their partnership during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

Foundation Chair **Marilee Monagan** announced this year's Club goal is \$1,000. Please save your loose change and deposit it in the *Change for Change* banks on the tables at our weekly meetings.

This week we received **\$14.41** from the *Change* banks and \$100 from **President Roland.** Total for the year is \$146.34. Good start for the year.

ROTARY FOUNDATION BENEFACTORS

NAME

Backhaus, Jordan Hallsten, John Hansen, Richard Kaiser, Joe Lipp, Gordon Long, Gene Magnani, Patrick McBride, Maureen Mecklenburg, Dominic Meyer, Bob Monagan, Marilee Morgan, Cheryl (Sam) Spears, Robert B. Stone, David M. Wiggins, Lee N. Wright, Roland

A Benefactor is someone who has contributed \$1,000 to the Permanent Fund or made provisions in their will of at least \$1,000 benefiting The RI Foundation.

ANNUAL GIVING/PAUL HARRIS SUSTAINING FELLOWS

We continue our goal to have **Every Rotarian** contribute at least **\$100** to **The Rotary Foundation** and strive to achieve the status of 100% EREY and 100% Paul Harris Sustaining Fellows for the forth year in a row. Minimum requirement starting this year per member, \$26.50

minimum requirement starting this year per member, \$26.50



BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

Jordan Backhaus		PHF
Sonja Cameron		PHF
John Hallsten	(GRIF)	PHF+ 5
Richard Hansen	(B)(GRIF)	PHF+ 7
Joe Kaiser	(GRIF)	PHF+ 8
Gordon Lipp		PHF+ 3
Gene Long		PHF+1
Patrick Magnani	(GRIF)	PHF+1
Dr. Steven Martinez		
Maureen McBride		PHF+ 8
Dominic Mecklenburg	(GRIF)	PHF+ 8
Bob Meyer		PHF+ 4
Marilee Monagan		PHF+ 2
Sam Morgan		PHF+ 6
Gerred Popejoy		PHF
Bob Spears	(GRIF)	PHF+ 3
David Stone		PHF+ 8
Lee Wiggins		PHF+ 4
Roland Wright	(B)(GRIF) (GRIF Polo Plus)	PHF+ 6

Bell Ringer & Gong Codes:

(B) = Bell Ringer chi\$100 to Club

(GFHF) = Gonger \$100 to Club Foundation

(GRIF) = Gonger \$100 to RI Foundation

(RIF) = \$100 to Rotary Foundation

A Paul Harris Fellow is an individual who contributes \$1,000 to the Rotary International Annual Program Fund or other approved programs. Each additional \$1,000 contribution is recognized with a plus and the number.

RECOGNITIONS

Finemaster **Joe Kaiser** began by defining two things:

- If someone spins the wheel for a oo, then **Joe** will pay the \$10 fine
- If someone spins a 2, then every club member is billed on tab for \$1ea.

He then called on **Gordon Lipp**, he has his 89th birthday this month. **Gordon** spun the wheel for \$8.

Next was **President Roland Wright**, he had a birthday. He rang the bell for \$100 to the Club and gonged the bong for \$100 to the Rotary International Foundation Polo Plus campaign.

Mo then presented **President Roland** with a Rotary T Shirt for his birthday.

John Hallsten had a birthday he spun the wheel for \$6.



HIGHLIGHTS OF THIS WEEK'S PROGRAM

PP **David Stone** introduced **Shelli Bolsover**, Certified Safety Specialist.

Shelli Bolsover has one of the most fun and fulfilling jobs in the universe. She works both behind a desk and in the field to keep people alive and whole. She is currently a Corporate Safety Specialist at Pacific Gas and Electric Company but she has represented bargaining unit mechanics as their union elected Safety Person at United Airlines all the way to Manager in the PG&E Safety Department. Shelli has a Master's Degree in Business Administration, a Bachelors in Industrial Technology and is a Certified Safety Specialist. In her spare time she is a Rio Linda Lion, teaches at the University of Davis Extension and with her wonderful husband, adopted and raised 5-kids. She is here to talk about Safety in the Utility Industry.

Safety in the Utility Industry We Have Come a Long Way

Worker and Employer Responses

- Workers and firms responded to these dangers in a number of ways. Some workers simply left jobs they felt were too dangerous, and risky jobs may have had to offer higher pay to attract workers.
- life and accident insurance companies expanded, and some workers purchased insurance or set aside savings to offset the income risks from death or injury.
- Some unions and fraternal organizations also offered their members insurance.
- Railroads and some mines also developed hospital and insurance plans to care for injured workers.

Safety in the Utility Industry We Have Come a Long Way Workers' Compensation Laws

- in 1910, New York became the first state to pass a workmen's compensation law.
- Instead of requiring injured workers to sue for damages In court and prove the employer was negligent, the new law automatically compensated all Injuries at a fixed rate.
- Compensation appealed to businesses because it made costs more predictable and reduced labor strife.
- To reformers and unions it promised greater and more certain benefits.

Safety in the Utility Industry We Have Come a Long Way Occupational Safety & Health Act (OSHA) - 1970

- Develop and enforce job safety standards
- Monitor job-related illnesses and injuries
- Provide research to solve occupational safety and health problems



The San Bruno Gas Explosion

The comments by PG&E Chairmen and CEO Tony Earley

- "Since the 2010 explosion..., we have worked hard to do the right Ching."
- "we have dedicated ourselves to re-earning the trust... this tragic event will not be forgotten."
- "We have committed ourselves to a goal of transforming this compare into the safest and moist reliable energy provider in America.



 "We've hired some of the best experts in the county to help guide this efforts and we've supported it with billions of dollars In shareholder funded investments In gas safety."

Strategies to eliminate injuries and illnesses

Leading Indicator Strategies

- Engineering and design
- Near Hits
- Corrective Action Program
- Training
- Spark Program
- 1-800 How am I Driving
- Telogis
- Nurse Report Line
- Observations
- Office ergonomic interventions

Lagging Indicator strategies

- Trend analysis
- Incident analysis
- Serious Injury Fatality potential
- Human performance analysis
- Accountability
- Nurse Report Line

More Focused Leadership

- Making employee, public and contractor safety the #1 value
- Investing in safety infrastructure



Safety as a Career

The primary focus of safety practice is to prevent incidents and accidents that may lead to injuries, illnesses, damage to property and equipment, or harm to the environment. Many companies have combined safety, health, and environmental matters into a single department.

\$79,999

High school graduate: 14.9 percent \$50,000-\$59,999

Some college: 19.2 percent \$60,000-

\$79,999 **Four-year degree**: 30.6 percent \$70,000-

Advanced degree: 53.2 percent \$100,000-\$125,999

A CSP adds an average of \$17,000 per year to the employee's salary

Why You Might Want to Hire a Safety Professional

- Reduce injuries and worker's comp costs
- Create and implement the Safety Program.
- Create a safety culture
- Handle safety claims and injuries.
- Keep up on latest standards and provide training to all employees.
- Track safety metrics as required by law and for good accountability in the company.
- Open new avenues of revenue

Why You Might Want to Hire a Safety Professional

- OSHA hit Kaiser Foundation Hospitals with nearly \$150,000 in fines for willful violations. Inspectors found that custodial workers were at risk of being infected while removing waste from the hospital's collection box for used needles, "The box," state inspectors reported, "frequently overflowed with uncapped needles...
- ExxonMobil received by far the largest fine totaling \$566,000 including 12 serious and six willful citations stemming from an investigation into an explosion at the company's Los Angeles County refinery in Torrance. Four workers were injured in the accident.
- The 35•year•old man died when the bulldozer he was operating near Big Sur

tipped over on a steep embankment and pinned him to the ground.



Shelli then asked the Rotarians if they had any questions.

She then changed to her Lions Club jacket and passed out flyers for there clubs Steak & Lake fundraiser.





President Roland and Shelli Bolsover

As is our usual custom, **President Roland** presented **Shelli** with a gift in gratitude for her informative presentation.

President Dominic then asked us to stand, raise our glasses and join him in a toast to *Rotary Around the World*.

The meeting was then adjourned.

Rotary Club of Foothill-Highlands



Saturday, July 29th

9:30am to 5:30pm



Furniture, household items and much, much more!

Proceeds go to fund local community service projects

3501 Walnut Avenue in Carmichael **Cross streets - Walnut and Whitney Avenues** (NW corner)











2017 District 5180 Foundation Seminar

"Learn Practical Applications to Make the Engine that Runs Rotary Work for your Club!!"

Saturday, August 19th, 8:00 a.m. – 12:00 p.m. Citrus Heights Community Center, 6300 Fountain Square Drive Registration https//www.eventbrite.com/e/rotary-district-5180foundation-seminar-tickets-35951813843

Guest Presenters:



Steve Lewis, Regional

Rotary Fountation Coordinator.

Carson City, NV

LeAnn Mobley, Assistant Regional

Rotary Fountation Coordinator

Eagle Point, OR





Richard Clark, Endowment/

Major Gift Advisor

Comox, British Columbia, Canada

Seminar Specifically Designed for Presidents, Foundation Chairs and Rotarians wanting to get their clubs involved in TRF's three areas of giving.





PRIORTY #1 PLUS

MEMBERSHIP WORKSHOP

Membership is priority number one!

Learn how to create the best Rotary Brand Experience to improve Club Culture and Retention.

Presenters:

Steve Lingenbrink

Zone Membership Advisory Chair

Vicki Puliz

Rotary Public Image Coordinator Zone 25





- NO COST!
- Club presidents, board members,
 Membership Chairs and <u>all</u> Rotarians are welcome!
- LIMITED SEATING!
- Reserve your space and register at:

http://rotary5180.org/event/ priority--1-plus-membershipworkshop/

Saturday July 22, 2017

8:00am - Check-In Continental Breakfast

8:45am - 12:00 Noon Workshop

Event Location:

2003 Howe Avenue Sacramento, CA



Join us for ROTARY NIGHT at the RIVER CATS!



Sunday, July 30th @ 5:05 PM

Sacramento River Cats vs New Orleans Baby Cakes!

ENJOY THESE EXCITING BENEFITS!

- \$2, \$3, or \$6 OF EVERY TICKET SOLD SUPPORTS "END POLIO NOW"! (Each Rotarian or Club buying tickets will receive Paul Harris Fellow credit)
- SPONSOR DESERVING KIDS! (The River Cats will match all "Child Donation" tickets distributed by the District.
- Come early and enjoy the Tailgate Party hosted by the Rotary Club of Clarksburg (RSVP 916.832.8965)

CONTACT INFORMATION	
NAME:	
RI MEMBER ID #:	
ROTARY CLUB OF:	
ADDRESS:	
CITY/STATE/ZIP:	
PHONE: ()	_
E-MAIL:	





TICKET OPTIONS

PRICE	LOCATION (# OF SEATS x \$\$ =)
\$10	Donation Ticket = \$
	(\$2 to END POLIO NOW)
\$15	Assembly = \$
	(\$3 to END POLIO NOW)
\$22	Senate Seats = \$
	(\$6 to END POLIO NOW)
	TOTAL DUE =
	make it, but you still want to ort "END POLIO NOW"?

Tickets purchased for "Rotary Night" can be exchanged at the Raley Field Box Office for any Sunday – Thursday regular season game, all season long!

To place your order, please return this order form with payment to Tom Cicchini. For questions contact: Tom Cicchini

2200-B Douglas Blvd., #150

Roseville, CA 95661

Please make checks payable to "Rotary District 5180" (916) 773.1938 or at tom.cicchini@raymondjames.com



August 27, 2017

11:00 am - 3:00 pm



District 5180 FAMILY PICNIC

Bring Your Own Picnic Food
Grills, Plates, Cups & Utensils will be provided
Soda, Beer & Wine available for purchase

MUSIC • FUN • FELLOWSHIP

Invite Your Family, Friends & Neighbors \$7 per Person, \$5 Parking Kids 7 & under - Free (contact your Club President for Tickets)

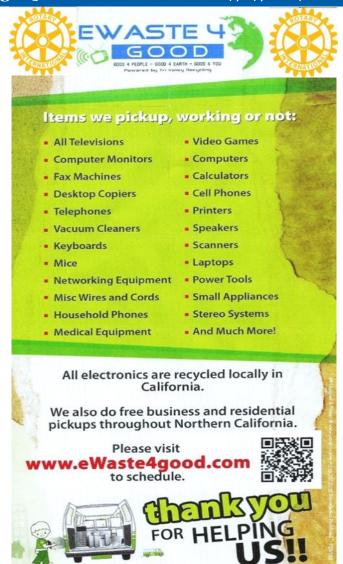
Discovery Park-Redbud Group 200 Jibboom Street, Sacramento

Questions?

Email JoAnne@JoAnneTanner.com







E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL...EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.



Your donation has another great benefit - it is good for the environment. We share your commitment to a cleaner, greener environment - and donating your car ensures it is recycled via many different channels!

Not every "vehicle" is a car - but every vehicle, in any condition, can be donated!

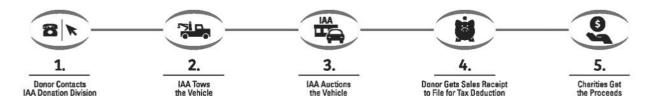
Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Boats
- Snowmobiles
- · Heavy equipment

- Trucks
- Motorcycles
- · Personal watercraft

The process is easy. Here's how it works:





- Free towing
- Any vehicle, any condition

Drive change.

Donate a vehicle today.

ROTARY CLUB OF
FOOTHILL-HIGHLANDS

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Click here to donate now

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