

The Highlander

THE ROTARY CLUB OF FOOTHILL- HIGHLANDS

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June 15, 2015

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2014-15 Rotary Leadership ROTARY INTERNATIONAL

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Taipei, Taiwan
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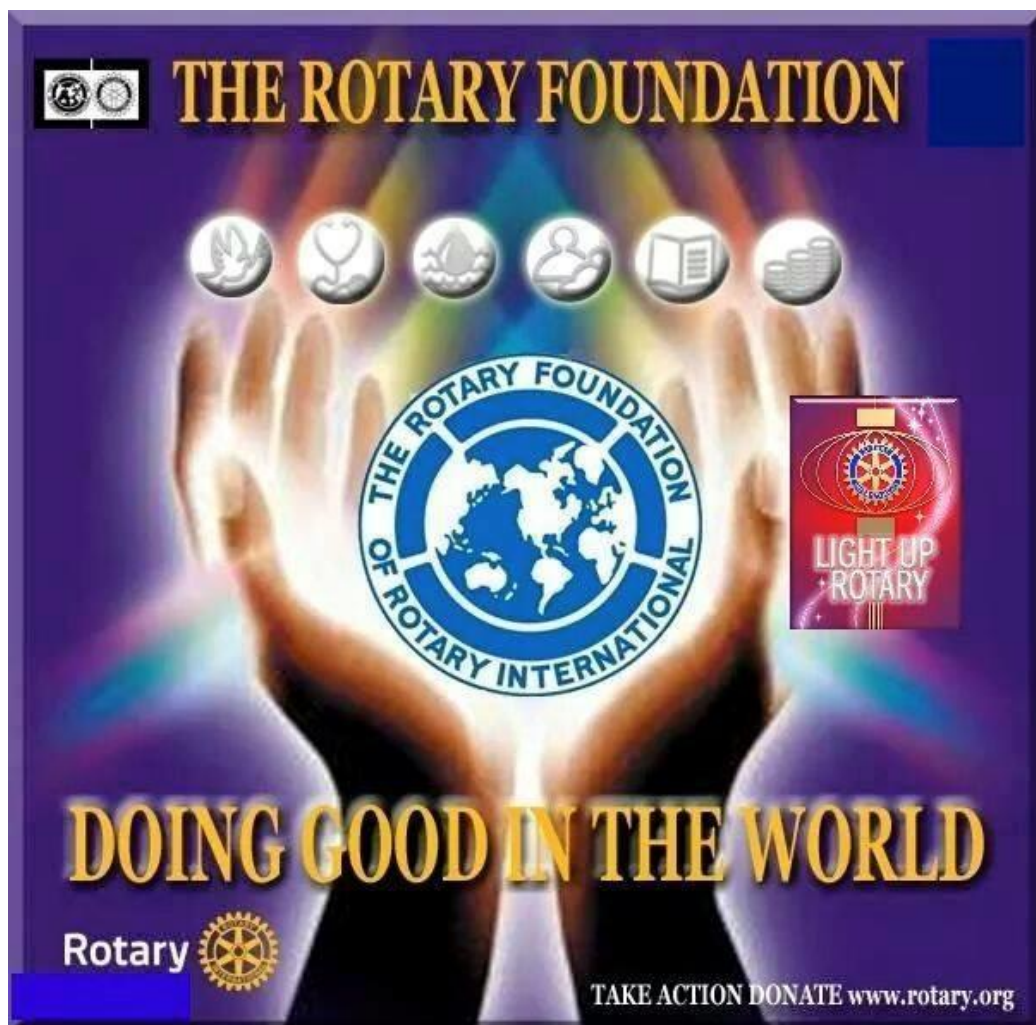
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Gene Long
Youth Services

Bob Spears
Vocational Service

David Stone
Sergeant at Arms

Joe Kaiser
Membership Development



**From the Rotary Club of
Tariac Metro, Philippines
Shared by PDG Tommy Neuman**

CALL TO ORDER

President Rich Ryan began the meeting promptly at 12:15 p.m. PP **David Stone** served as our official greeter. Leading us in the pledge was **Gordon Lipp** and PP **Marilee Monagan** provided the invocation. **Richard Hansen** was the note taker.

VISITING ROTARIANS AND GUESTS

The only visitor today was our speaker, **Jennifer Laam**.

ANNOUNCEMENTS

MARK YOUR CALENDARS

President Rich Ryan's Demotion Dinner is scheduled for **Monday, June 29th** with no-host cocktails beginning at 6:15 P.M.

PP **Roland Wright** circulated a sign-up sheet at today's meeting. If you plan to attend and were not at today's meeting, please call **Roland** to confirm your attendance.

Night at the Museum Debriefing

PE **Gene Long** announced there will be a NATM debriefing on **Wednesday, June 17th** at **6:00 pm** at the Lions Gate.

2015 U.S. Senior Open

Jeff Donlevy is putting together a group of volunteers to work at the event.

Dates: June 22-28, 2015

Location: Del Paso Country Club in Sacramento, California

Attendance: 125,000-140,000 spectators expected throughout the week.

Economic Impact: More than \$17 million to the Sacramento community.

North Highlands Jubilee

PE **Gene Long** announced the NH Jubilee will be on **Saturday, October 10, 2015**. **Gene** and **Jeff** need help with this event and will be forming various committees to orchestrate this event. Be thinking about how you want to participate.

WEEKLY ASSIGNMENTS

MONDAY, JUNE 22, 2015

GREETER: LEE WIGGINS

PLEDGE: GENE LONG

INVOCATION: SAM MORGAN

NOTE TAKER: RICHARD HANSEN

Club Communications - Richard Hansen

rch6242@comcast.net 916-332-7448

Rotary Club Address

P.O. Box 6 North Highlands, CA 95660- 0006

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: <http://rotary5180.com>

R.I. OFFICIAL WEBSITE: www.rotary.org



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DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES.

Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3) organization.

EIN 68-0392810, PayPal link on Club Website: <http://www.foothillhighlandsrotary.org/>



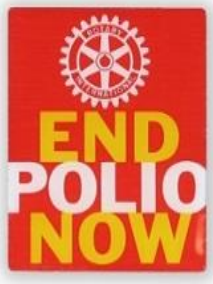
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Foundation News:

END POLIO NOW



Mo has asked throughout the year for everyone to save their spare change and deposit it in the **END POLIO NOW** banks on the tables at our weekly

meetings.

The **END POLIO NOW** campaign is one of Rotary International's top priorities this year. Rotary and the Bill & Melinda Gates Foundation have extended their partnership during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership your contribution of \$25 becomes \$75.

Our Club goal for 2014-15 was \$500 which we exceeded and are hoping to reach \$1,000 by June 22nd. Today's yielded was \$65.00. Our total from the banks is \$530.09 + another \$600 from Rotarians contributing \$25 or more. Our total Polio Giving YTD is \$1,130.09 — **Outstanding!!!! Thanks to everyone who participated in this challenge. You did a great job.**

Anyone wishing additional information on any aspect of The Rotary Foundation can contact **Mo** at **487-1152**.

CALENDAR OF EVENTS

UPCOMING PROGRAMS AND EVENTS JUNE IS ROTARY FELLOWSHIPS MONTH

CLUB CALENDAR:

JUNE 22	BILL TOBIN, ROTARY SHELTER BOX PROGRAM
JUNE 29	DEMOTION DINNER-NO-HOST COCKTAILS AT 6:15 P.M.
JULY 6	TBA
JULY 13	TBA
JULY 14	BOARD MEETING/PLANNING SESSION
JULY 20	TOUR
JULY 27	CLUB ASSEMBLY
AUG. 31	DISTRICT GOVERNOR'S VISIT
SEPT. 14	DISTRICT ATTORNEY ANNE MARIE SCHUBERT

DISTRICT 5180 CALENDAR:

JULY 25	FOUNDATION, YOUTH SERVICES AND LITERACY SEMINAR
AUG. 24	6TH ANNUAL ROTARY DISTRICT 5180 GOVERNOR'S CUP
SEPT. 19	FOUNDATION SEMINAR
NOV. 7	FOUNDATION DINNER

JOKES

Jeff Donlevy was first with a funny joke and earned a fine-free pass. PP **Bob Spears'** joke didn't garner any votes for a fine-free pass.

FINES AND RECOGNITIONS

Fine Master **David Stone** asked if any Rotarians forgot to wear their Rotary pins?

President Rich Ryan, PP **Roland Wright**, PE **Gene Long** and **Gary Monk** all fessed up and paid a \$1 fine.

Fine Master **David** then asked if anyone had any birthdays, anniversaries or good news they wanted to share.

Jeff Donlevy moved to a new house over the weekend. He bonged the gong. \$100 to Rotary Foundation.

PP **Bob Spears** survived golf on Friday—he played in the Demotion Golf Tournament and the temperature hit triple digits. **Bob** wanted to use up some of his fine-free passes, so he spun the wheel trying to land on two so everyone would be required to pay \$2; but no luck.



Of the things we think, say or do

- 1. Is it the TRUTH?**
- 2. Is it FAIR to all concerned?**
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?**
- 4. Will it be BENEFICIAL to all concerned?**

BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

Jordan Backhaus	(GRIF)	
Sonja Cameron	(B)(GRIF)	PHF
Warren Coffeen	(GRIF)	PHF+ 1
Jeff Donlevy	(B)(GRIFx2)	PHF
John Hallsten	(B)(GRIF)	PHF+ 5
Richard Hansen	(B)(GRIF) (\$100 Polio +)	PHF+ 6
Joe Kaiser	(GRIFx3)	PHF+ 7
Gordon Lipp	(B)(GRIF)	PHF+ 2
Gene Long	(B)(GRIF)	PHF
Patrick Magnani	(B)(GRIFx2)	PHF
Maureen McBride	(B)(GRIFx2) (\$25 Polio+)	PHF+ 8 +
Dominic Mecklenburg	(GRIFx2) (\$25 Polio +)	PHF+ 4
Bob Meyer	(GRIF) (\$25 Polio+)	PHF+ 4
Marilee Monagan	(B)(GRIF) (\$50 Polio +)	PHF+ 2
Gary Monk	(B)(GRIF) (\$100 Polio+)	
Sam Morgan	(B)(GRIF)	PHF+ 4
Richard Ryan	(B)(GRIF x3)	PHF
Bob Spears	(B)(GRIF)	PHF+ 2
David Stone	(B)(GRIF)	PHF+ 5
Lee Wiggins	(B)(GRIF)	PHF+ 4
Roland Wright	(B)(GRIF x4) (\$100 Polio+)	PHF+ 5

Bell Ringer & Gong Codes:

(B) = Bell Ringer hi\$100 to Club

(GFHF) = Gonger \$100 to Club Foundation

(GRIF) = Gonger \$100 to RI Foundation

(RIF) = \$100 to Rotary Foundation

A Paul Harris Fellow is an individual who contributes \$1,000 to the Rotary International Annual Program Fund or other approved programs. Each additional \$1,000 contribution is recognized with a plus and the number.

Demotion Golf Tournament

The Annual Rotary Club of Foothill-Highlands Demotion Golf Tournament was held on Friday, June 12th at the Woodcreek Oaks Golf Course in Roseville. The tee time was 12:30pm.



Past Presidents **Dominic Mecklenburg, Roland Wright, Patrick Magnani and David Stone**
The Winners of the "Big" Tournament



Roland and Diane Wright, Patrick Magnani, Dominic Mecklenburg, David Stone and President Rich Ryan

The Street Tacos were great!!!!



Roland's Golf Cart Partner, Pat



**A swing and a miss...
Who is this masked
man??**



**Patrick Official
Pose**



Reload!



**Dominic —
Closest To
The Pin**



**David Stone
Which Club Should I Use?**



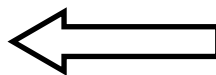
**Who Won This?—
Pat**



**For The Most Balls
Into The Sandy Beach-
Pat.**



**Patrick, Gene and
Dominic**



**For The Most Balls Into
The Water: PE Gene**



**These Guys Put on the
Show**

Demotion Golf Tournament Video's (Click to play)

<https://youtu.be/KzJiWv-kAh0>

<https://youtu.be/OmcEKYE2zZ0>



**Pres. Rich getting
ready for the next hole**



David and Dominic



Bob Spears



Dominic and David



Dominic, David and Patrick

HIGHLIGHTS OF THIS WEEK'S PROGRAM

PP **Marilee Monagan** introduced our speaker, Author **Jennifer Laam**. **Jennifer** earned her master's degree in History from Oakland University in Michigan and her bachelor's degree from the University of the Pacific in Stockton. She has lived in Los Angeles and the suburbs of Detroit, traveled in Russia and Europe, and worked in education and non-profit development. She currently resides in Northern California. Her books are titled, "**The Secret Daughter of the Tsar**" and coming out soon "**The Tsarina's Legacy**."

Jennifer's presentation summed up the challenges she faced trying to pursue her dream of being a writer.

Do you have enough time in the day to write? I don't. At least, I didn't. I fantasize about life in a mythical paradise where writers write and painters paint and musicians...well, you get the idea. Other times, I fantasize about marrying a millionaire. Since my taste in men tends toward pretty and poor, that probably won't happen. So I need to balance my writing with the craziness of keeping a full-time day job.

This past summer, despite long hours of sunlight, I felt like the walking dead. Writing is the activity most important to me, and yet I was devoting less and less time to actually doing it.

What didn't work, in my case, was endlessly re-arranging my daily schedule to make time for writing. Go to bed early and set the alarm for 5 am! (No.) Set the alarm later and stay up until 1 am! (No.) Write for 30 minutes during lunch! (Some luck there, but I missed bonding with co-workers over lunchtime walks.) Schedules are fantastic and do wonders for many writers. But I didn't function well creatively when every hour of my life felt mercilessly scheduled.

What did work was taking a hard and critical look at the shape of my days. I wasn't living the life I wanted. Furthermore, my day job wasn't the culprit. I was. My ridiculous daily "To Do" lists were overwhelming me. To avoid them, I spent my free time commuting, watching television, and fretting.

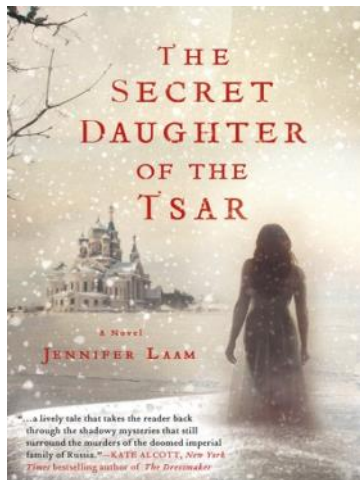
First step: I stopped making schedules and "To Do" lists. I didn't force myself to write when dead tired. I decided to be human and take some hours of the day to rest and recuperate. The world didn't end.

Second step: I moved to an apartment closer to my job. The rent was more expensive, but I got an hour or more of my life back every day. When I stopped facing traffic congestion, I stopped hating all people.

Third step: I still watched NetFlix DVDs, but waited several months before hooking up my basic cable. (I gave in and had it reconnected when both *Downton Abbey* AND *Sherlock* returned this past January. I'm not made of steel.) The time away from television changed my routine. I don't automatically flop on my couch the second I get home and mindlessly flip channels. Instead, I go for walks. I watch giant black birds gather ominously at the trailhead at dusk. I listen to trains roll by or NPR or new music. I (gasp) call my parents. I buy and prepare good food.

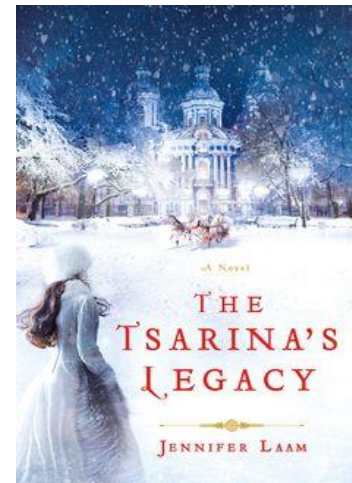
When it comes to writing, I haven't done away with structure completely. I scribble deadlines on my calendar and figure out how much time I need to devote to writing each week to make them. Even without a firm daily writing schedule, I write more and keep my deadlines, even when they're

self-imposed. I suspect it's because I'm no longer drained and worn out. This feels like the life I wanted.



In her first book, **Jennifer Laam** seamlessly braids together the stories of three women: Veronica, Lena, and Charlotte. Veronica is an aspiring historian living in present-day Los Angeles when she meets a mysterious man who may be heir to the Russian throne. As she sets about investigating the legitimacy of his claim through a winding path of romance and deception, the ghosts of her own past begin to haunt her. Lena, a servant in the imperial Russian court of 1902, is approached by the desperate Empress Alexandra. After conceiving four daughters, the Empress is determined to sire a son and believes Lena can help her. Once elevated to the Romanov's treacherous inner circle, Lena finds herself under the watchful eye of the meddling Dowager Empress Marie. Charlotte, a former ballerina living in World War II occupied Paris, receives a surprise visit from a German officer. Determined to protect her son from the Nazis, Charlotte escapes the city, but not before learning that the officer's interest in her stems from his longstanding obsession with the fate of the Russian monarchy. Then, as Veronica's passion intensifies and her search for the true heir to the throne takes a dangerous turn, the reader

learns just how these three vastly different women are connected. *The Secret Daughter of the Tsar* is thrilling from its first intense moments until its final, unexpected conclusion.



Jennifer's new book coming out in April 2016 is entitled, "**The Tsarina's Legacy.**"



Jennifer Laam and President Rich Ryan

As is our usual custom, **President Rich Ryan** presented **Jennifer** with a gift in gratitude for her informative presentation.

Then, **President Rich** asked us to raise our glasses and join him in a toast to *Rotary Around the World*.

The meeting was then adjourned.



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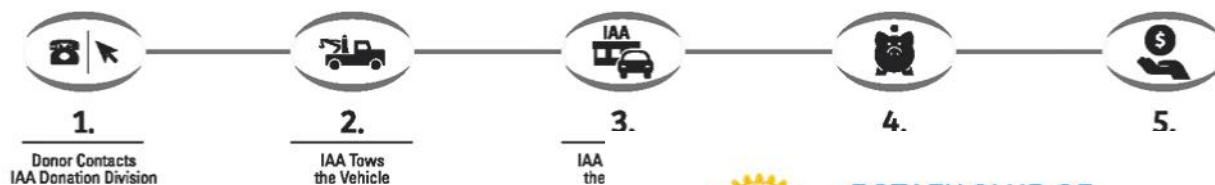
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Not every "vehicle" is a car, but every donation helps!

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