



The Highlander

THE ROTARY CLUB OF FOOTHILL-HIGHLANDS



2016-17 Rotary Leadership ROTARY INTERNATIONAL

John F. Germ
President
Rotary Club of
Chattanooga, Tennessee

DISTRICT 5180
Barbara Tracy
District Governor
Rotary Club of So. Sac.
Ray Ward
AG Area 8
Rotary Club of Fair Oaks

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President

Roland Wright
President Elect/VP

Marilee Monacan
Treasurer

Lee Wiggins
Secretary

Maureen McBride
Club Administration

Patrick Manganic
*Community Service/
Membership*

Bob Meyer
International Service

Gordon Lip
Vocational Service

Gene Long
Youth Services

Bob Spears
Sgt.-at-Arms

David Stone
VP/Rotary Foundation

Chartered March 12, 1959

June 6, 2017

Volume 60, Issue 36



Join The Rotary Foundation celebration

The culmination of a year-long celebration of the Foundation's centennial takes place in the city where it all began. Join the festivities at The Rotary Foundation's 100th Birthday Party. Attend a book signing and meet the author of "Doing Good in the World: The Inspiring Story of The Rotary Foundation's First 100 Years."



CALL TO ORDER

For this week's meeting, we had a change of location—**The Pancake Palace** on Watt Ave. in North Highlands. **President Elect Roland Wright** began the meeting at 12:15 p.m. **John Hallsten** served as our Official Greeter. Leading us in the pledge was **PE Roland Wright** and **PP Lee Wiggins** provided the invocation. **Richard Hansen** was the note taker.

VISITING ROTARIANS AND GUESTS

Guests included **Eddie Wiggins, Kris and Mary Ann Young**, guests of **PP Lee Wiggins** and our speaker, **Holly Byrom** from Women's Empowerment.

ANNOUNCEMENTS

JUNE BOARD OF DIRECTORS' MEETING

It has been decided to cancel the June board meeting.

Demotion Dinner

PE Roland Wright started taking sign-ups for this year's **Demotion Golf Tournament** and **Dinner** scheduled for **Monday, June 26th**. The events will be held at **Woodcreek Golf Course**.

Additional details will be forthcoming in the next couple of weeks.

Cambodian Well Project

In the early 1990's, **Lee Wiggins, D.D.S.** took his first trip to Cambodia with Health Teams International. At that time, Phnom Penh, the capital, was in a desperate state. About one-third of the buildings were uninhabitable, either burned out or bombed out. At night, a large percentage of the population slept on the streets and basic needs; such as, food and water were in scarce supply. In the countryside, where the health team was volunteering to provide medical and dental care, it was worse. Disease was rampant. Many of the sick were suffering from water-borne diseases. Each night as the team members settled into their guest house, they would pull out their Katadyn ceramic water filter and pump water for the next day. It struck them that the people they were treating didn't have that ability. These people got their water from ditches and drainage canals.

Upon returning to the United States, **Lee** inquired of our club if they would be interested in raising funds to help dig deep-water drinking wells in Cambodia. **Lee** had met and worked with an American Missionary working in Phnom Penh. His name was **Kris Young** and he was anxious to help us provide these people with

Club Communications - Richard Hansen

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Rotary Club Address

P.O. Box 6 North Highlands, CA 95660-0006

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: <http://rotary5180.com>

R.I. OFFICIAL WEBSITE: www.rotary.org



DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES.

Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3) organization.

EIN 68-0392810, PayPal link on Club Website: <http://www.foothillhighlandsrotary.org/>

desperately needed clean water. Our club stepped up to the plate and began a relationship with **Kris** and we have been providing the funds to dig three to five wells per year ever since.

Lee has returned to Cambodia numerous times since that first trip. The capital city is now thriving. However, the rural villages are still very primitive; and access to clean water is still a huge issue. On these return trips, it has been very gratifying for **Lee** to go into the villages where we have built wells over these past 20+ years and see first-hand their positive impact. The Cambodian villagers are so appreciative of the fact they have access to clean water and can now pump it whenever they need it.

Over the years, **Kris Young** has visited our club several times and keeps the club updated with emails and pictures of the villagers standing in front of the wells. Our most recent contribution of \$500 is being used to drill three wells in Svay Rieng province near the Viet Nam border. **Kris Young** has been a real hero in this long-term venture doing all the leg work to make this project a success. He truly embodies Rotary's motto "Service Above Self." As a way to show our appreciation, the Board of Directors voted unanimously to give him a Paul Harris Fellowship. **Kris** and his wife, **Mary Ann** are visiting Northern California to see family and friends so it was an opportune time to honor him with this prestigious recognition. Foundation Chair **David Stone** did the presentation and looked on as **Lee Wiggins** pinned **Kris** with his Paul Harris pin. And, it was obvious **Kris** was very grateful for this recognition and gave an update on the project.

There are a lot of villages which still need

wells dug and the wells that we have provided need annual maintenance to keep them flowing. The Rotary Club of Foothill-Highlands is poised to send additional funds during this Rotary year and our relationship with **Kris** will undoubtedly continue into the foreseeable future.

This is an ongoing story of a Rotarian experiencing a need first-hand and taking the initiative to bringing the need to the attention of his fellow Rotarians and a Rotary club's commitment to making the lives of people, literally a world away, infinitely better. Makes one feel very proud to be a Rotarian in knowing we're making a significant difference in the lives of people we, most likely, will never meet face to face. This is truly *Rotary Serving Humanity*.

Our deepest gratitude to **Lee Wiggins** and **Kris Young** for their commitment to this project.



Foundation Chair **David Stone**,
PP **Lee Wiggins** and **Kris** and **Mary Ann Young**



PP Lee Wiggins pinning Kris Young with his Paul Harris Fellow pin.



The National Flag of Cambodia



Various Cambodian Villagers standing by the Wells our club has helped build.

District 5180 Membership Workshop

PE **Roland Wright** and PEN **Patrick Magnani** are encouraging everyone to attend as membership is everyone's responsibility.

See attached flyer for details.

WEEKLY ASSIGNMENTS

MONDAY, JUNE 12, 2017

GREETER: **RICHARD HANSEN**

PLEDGE: **JORDAN BACKHAUS**

INVOCATION: **DAVID STONE**

NOTE TAKER: **RICHARD HANSEN**

IF THEY ARE NOT AVAILABLE, IT FALLS TO THEIR BUDDIES.

CALENDAR OF EVENTS

UPCOMING PROGRAMS AND EVENTS JUNE IS ROTARY FELLOWSHIPS MONTH

JUNE 12	TBA
JUNE 13	BOARD MEETING// CANCELLED
JUNE 19	TBA
JUNE 26	DEMOTION GOLF TOURNAMENT AND DINNER
JULY 29	ESTATE SALE

DISTRICT 5180 CALENDAR:

JUN 10-14	ROTARY INTERNATIONAL CONVENTION IN ATLANTA
JULY 22	DISTRICT 5180 MEMBERSHIP WORKSHOP

E-Waste4Good Program

Our E-Waste Program is still going strong.

Our most recent check received from the operators of the program was \$152.00.

Estate Sale

The Estate Sale has been scheduled for **Saturday, July 29th**. It will be held for **one day only** from **9:00 a.m.—5:30 p.m.** in the parking lot of **Walnut Whitney Dental Offices**, 3501 Walnut Avenue, Carmichael.

If you have any items you would like to donate, please contact **PE Roland Wright** to arrange pick-up of your items.

Ink Cartridges Mini Fundraiser

President Dominic is collecting spent ink cartridges as a mini-fundraiser for the club. Keep a plastic or paper bag by your printer; and as you replace the ink cartridge, put the old ones in the bag and bring them to Rotary.

USED/BROKEN EYEGLASS JOINT ROTARY/LIONS CLUB PROJECT



We are partnering with the Antelope Lions Club to collect used/broken eyeglasses.



At our weekly meetings, we have a BIG BOX at the front of our meeting room for Rotarians to deposit their unwanted glasses.

Hospital Bed Available

Richard Hansen has a hospital bed to give away. If you are interested or know of someone who needs one, contact him as soon as possible. He is anxious to find a new home for it.

RECOGNITIONS



President Dominic, Nick and Mary Mecklenburg at Nick's Graduation

Congratulations to our son, **Nick Mecklenburg**, Valedictorian, Oakmont High School, Class of 2017. The speech was amazing!!! We are so proud of him. Look out Berkeley, here he comes...



President Elect Roland Wright congratulating his son, **Curtiss** following graduation ceremonies at Woodcreek High School.
Curtiss is off to UOP in the Fall to pursue a Music Education Major and Teaching Credential

Congratulations to both our graduates from your Foothill-Highlands Rotary family. We are so proud of you and all you've accomplished.



Rotarians enjoying lunch at the Pancake Place

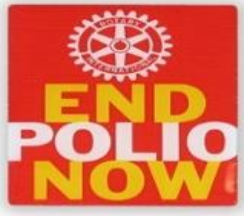


Perfect Attendance Project at Community Outreach Academy

President Dominic representing us at John's Incredible Pizza outing

FOUNDATION NEWS

END POLIO NOW CAMPAIGN



EVERYONE BRING YOUR POCKET CHANGE — TO AFFECT CHANGE BY ENDING POLIO THROUGHOUT THE WORLD.

The **END POLIO NOW** campaign is one of Rotary International's top priorities this year. Rotary and the Bill & Melinda Gates Foundation have extended their partnership during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

Total for the year is 819.76. That is "81.97%" of our goal of \$1,000. Only \$180.24 to go before June 30th.

ANNUAL GIVING/PAUL HARRIS SUSTAINING FELLOWS

We continue our goal to have **Every Rotarian** contribute at least **\$100** to **The Rotary Foundation** and strive to achieve the status of 100% EREY and 100% Paul Harris Sustaining Fellows for the third year in a row.

ROTARY FOUNDATION BENEFACTORS

NAME

Hallsten, John
Hansen, Richard
Kaiser, Joe
Lipp, Gordon
Long, Gene
Magnani, Patrick
McBride, Maureen
Mecklenburg, Dominic
Meyer, Bob
Monagan, Marilee
Morgan, Cheryl (Sam)
Spears, Robert B.
Stone, David M.
Wiggins, Lee N.
Wright, Roland

A **Benefactor** is someone who has contributed \$1,000 to the Permanent Fund or made provisions in their will of at least \$1,000 benefiting The W Foundation.



JOKES

No jokes today.

BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

Jordan Backhaus	(B)(GRIF)	PHF
Sonja Cameron	(GRiF)	PHF
John Hallsten	(B)(GRIF)	PHF+ 5
Richard Hansen	(B) (GRIF)	PHF+ 7
Joe Kaiser	(B)(GRIFx2)	PHF+ 8
Gordon Lipp	(B) (GRIF)	PHF+ 3
Gene Long	(B)(GRIF)	PHF+1
Gene Long Sr.		
Patrick Magnani	(B)(GRIFx2)	PHF+1
Dr. Steven Martinez	(GRIF)	
Maureen McBride	(B) (GRIF)	PHF+ 8
Dominic Mecklenburg	(B) (GRIFx2)	PHF+ 8
Bob Meyer	(GRIF)	PHF+ 4
Marilee Monagan	(B)(GRIF)	PHF+ 2
Sam Morgan	(B)(GRIF)	PHF+ 6
Gerred Popejoy	(B)(GRIFx2)	PHF
Bob Spears	(B)(GRIFx2)	PHF+ 3
David Stone	(B)(GRIFx2)	PHF+ 8
Lee Wiggins	(B)(GRIF)	PHF+ 4
Roland Wright	(Bx2)(GRIFx3)	PHF+ 6

Bell Ringer & Gong Codes:

(B) = Bell Ringer chi\$100 to Club

(GFHF) = Gonger \$100 to Club Foundation

(GRIF) = Gonger \$100 to RI Foundation

(RIF) = \$100 to Rotary Foundation

A Paul Harris Fellow is an individual who contributes \$1,000 to the Rotary International Annual Program Fund or other approved programs. Each additional \$1,000 contribution is recognized with a plus and the number.

DISTRICT NEWS

2018 District Conference

PP **Maureen McBride** announced that the 2018 District Conference will be held at the **Hyatt Regency Hotel, Spa and Casino** at **Incline Village in Lake Tahoe, May 11-13, 2018.**

Early registration began at the 2017 District Conference at Santa Clara and was so successful **the discounted registration fee of \$40 per person was extended until May 31 2017.** In addition to the discounted registration fee, registrants received a special luggage tag.

To register, go to the District 5180 website; and on the first page, there's a link to the registration form.

If you have any questions, call Mo.



Of the things we think, say or do

- 1. Is it the TRUTH?**
- 2. Is it FAIR to all concerned?**
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?**
- 4. Will it be BENEFICIAL to all concerned?**

HIGHLIGHTS OF THIS WEEK'S PROGRAM

Jordan Backhaus introduced **Holly Byrom**. **Holly** grew up in Chico, California, where she received her BA in Communication Studies. She has always had a passion for the non-profit sector and her non-profit work over the years has included clean water advocacy and education, as well as many years working in youth services. After moving to Portland, Oregon and achieving her Master's degree, **Holly** discovered Women's Empowerment online and completely fell in love with its mission and its heart for people. She began working at Women's Empowerment last September as the Community Partnerships Coordinator, and recently stepped into the position of Development Manager in May.

The mission of Women's Empowerment is to educate and empower women who are homeless with the skills and confidence necessary to get a job, maintain a healthy lifestyle, and regain a home for themselves and their children.

Located in Sacramento, California, Women's Empowerment's mission was created by homeless women expressing their needs and a community coming together with the desire to end homelessness—for good.

Their executive director and founder, Lisa Culp, was working at Sacramento Loaves & Fishes when the idea formed. Lisa watched homeless mothers raising their children on the streets. She watched those children grow up, still homeless, to become mothers of new babies born into homelessness. She knew there must be a solution to this cycle of poverty.

Working with focus groups at Loaves &

Fishes, Lisa listened to women share their stories and their needs. In 2001, she worked with community leaders to create Women's Empowerment, which proved to be an immediately successful solution in ending the cycle of poverty.

In 2004, Women's Empowerment became an independent 501(c)(3) non-profit. Since then, the team has grown to include a board and staff with deep knowledge of the homeless community's needs and hundreds of volunteer teachers and mentors—all of whom donate countless hours of their time to ensuring that homeless women successfully rise out of poverty. Since its inception, Women's Empowerment has served 1,322 women and more than 3,000 children. In 2015, 93% of women regained a safe home for their children and 83% of women secured a job or enrolled in school/training.

The Difference

At Women's Empowerment, they believe each woman can be the author—and the hero—of her own life. While she may enroll to secure a home and become financially self-reliant, what she also reclaims is her dignity, inner strength, and her place in her community. She discovers her own voice and becomes the author of her future, rather than the victim of her past. Most importantly, she regains something life-changing and vital: her hope.

"When you help a woman, you strengthen the whole family. Strong families create healthier communities."

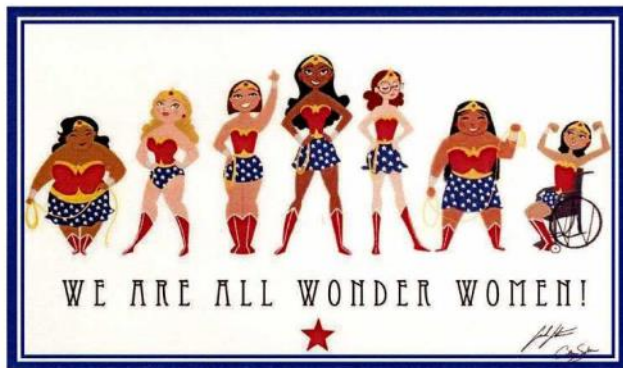
Fighting the Causes Of Homelessness

Women and children are the fastest growing segment of the homeless population. Helping each woman achieve self-reliance is the best long-term solution to this shocking fact. Helping a woman get back on her feet and re-enter the workforce provides stability for her and her children, because—when you teach a mother to fish, her family will eat for generations.



Holly Byrom

Women's Empowerment
Session 67
Graduation



*Your greatest self has been waiting your whole life.
 Don't make it wait any longer.*

Please join us in honoring the success of these phenomenal women!

Friday, June 16, 2017, at 9:00 a.m.
1590 North A Street
Sacramento, CA 95811



www.womens-empowerment.org



For more information go to:

www.womens-empowerment.org



**President Elect Roland and
 Holly Byrom**

President Elect Roland thanked **Holly** for her informative presentation and expressed an interest in finding ways our club can provide support to this very worthwhile and much needed program.

President Elect Roland then asked us to stand, raise our glasses and join him in a toast to *Rotary Around the World*.

The meeting was then adjourned.



PRIORITY #1 PLUS

MEMBERSHIP WORKSHOP

Membership is priority number one!
Learn how to create the best Rotary Brand Experience
to improve Club Culture and Retention.

Presenters:

Steve Lingenbrink
Zone Membership Advisory Chair

Vicki Puliz
Rotary Public Image Coordinator
Zone 25



**ROTARY:
MAKING A
DIFFERENCE**



- ♦ NO COST!
- ♦ Club presidents, board members, Membership Chairs and all Rotarians are welcome!
- ♦ LIMITED SEATING!
- ♦ Reserve your space and register at:

<http://rotary5180.org/event/priority--1-plus-membership-workshop/>

Saturday July 22, 2017

8:00am - Check-In
Continental Breakfast

8:45am - 12:00 Noon Workshop

Event Location:
2003 Howe Avenue
Sacramento, CA





GOOD 4 PEOPLE - GOOD 4 EARTH - GOOD 4 YOU
Powered by Tri Valley Recycling

Rotary 

free
e-waste
pickup
fundraiser

PLEASE
HELP
SUPPORT

FOOTHILL HIGHLANDS
ROTARY CLUB

Schedule your FREE pick up by visiting
www.eWaste4good.com

Fill in your information and within a few days a dispatcher will contact you to schedule an at home or office pickup date. Then, your electronics will be picked up, recycled and the proceeds will be donated to the organization of choice.
You can also call **eWaste4good at 800-317-3112**



GOOD 4 PEOPLE - GOOD 4 EARTH - GOOD 4 YOU
Powered by Tri Valley Recycling



Items we pickup, working or not:

- All Televisions
- Computer Monitors
- Fax Machines
- Desktop Copiers
- Telephones
- Vacuum Cleaners
- Keyboards
- Mice
- Networking Equipment
- Misc Wires and Cords
- Household Phones
- Medical Equipment
- Video Games
- Computers
- Calculators
- Cell Phones
- Printers
- Speakers
- Scanners
- Laptops
- Power Tools
- Small Appliances
- Stereo Systems
- And Much More!

All electronics are recycled locally in California.

We also do free business and residential pickups throughout Northern California.

Please visit
www.eWaste4good.com
to schedule.



thank you
FOR HELPING
US!!



E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL...EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.



Your donation has another great benefit - it is good for the environment. We share your commitment to a cleaner, greener environment - and donating your car ensures it is recycled via many different channels!

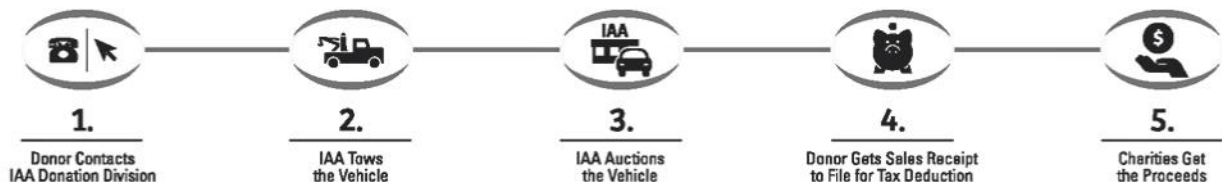
Not every "vehicle" is a car - but every vehicle, in any condition, can be donated!

Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Trucks
- Boats
- Motorcycles
- Snowmobiles
- Personal watercraft
- Heavy equipment

The process is easy.
Here's how it works:



ROTARY CLUB OF
FOOTHILL-HIGHLANDS

- Tax deductible
- Free towing
- Any vehicle, any condition

Program Powered by the IAA Donation Division.

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Drive change.
Donate a vehicle today.

Click here to donate now

Program Powered by the IAA Donation Division.

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