November 27, 2017 Volume 60 Issue 16 (meeting 17)

2017-18 Rotary Leadership ROTARY INTERNATIONAL

lan H.S. Riseley

President

Rotary Club of Sandringham Victoria, Australia

DISTRICT 5180 Sandi Sava

District Governor
Rotary Club of Sacramento Breakfast

David VedenAG Area 5
Rotary Club of Natomas

CLUB OFFICERS/ DIRECTORS

Roland Wright

President

Patrick Magnani
President Elect

Dominic Mecklenburg
Immediate Past
President/Treasurer

Lee Wiggins Secretary

Maureen McBride Club Service

Jordan Backhaus Community Service

Bob Meyer International Service

Bob Spears
Vocational Service

Gene Long, Jr. Youth Services

Joe Kaiser Sergeant-at-Arms

David Stone VP/Program Chair

Marilee Monagan VP/Rotary Foundation

The Highlander

THE ROTARY CLUB OF FOOTHILL-HIGHLANDS

Chartered March 12, 1959

serving the Greater Sacramento Area communities of Antelope, Elverta, Foothill Farms, McClellan, North Highlands and Rio Linda





November is Rotary Foundation Month



4

star charity - Charity Navigator's highest level

Six Areas of Concentration

- Promoting Peace
- Providing Clean Water
- •Saving Mothers & Children
 - •Supporting Education
- •Growing Local Economies
 - Fighting Disease

The Rotary Foundation transforms contributions into service projects that change lives both close to home and around the world.

During the past 100 years, the Foundation has spent \$3 billion on life-changing, sustainable projects.

CALL TO ORDER

President Roland Wright called the meeting to order at 12:15 p.m. and thanked PP Bob Meyer for serving as today's official greeter. Leading us in the pledge was PE Patrick Magnani and providing the invocation was PP Maureen McBride. Richard Hansen served as the note taker.

VISITING ROTARIANS AND GUESTS

Our only guests today were our speakers **Joseph Andrade** and **Angela Santana** from the American Red Cross Gold Country Region.

ANNOUNCEMENTS

CALENDAR REMINDER NEXT WEEK'S MEETING

Annual Holiday Party



Our annual Holiday Gathering is scheduled for **Monday, December 4th** at the Lions Gate Hotel. Festivities will begin with no host cocktails at 6:15 p.m. in the Lobby Bar with dinner and the program at 7:00 P.M.

NO NOON MEETING AT THE Lions Gate



EVERGREEN FUNDRAISER

IPP **Dominic Mecklenburg** delivered the items at today's meeting. If you were not present, please check with **Dominic** to arrange pickup/delivery.

Fellowship Event



The U.S.A.F. Commanders Jazz Band of the Golden West will be in Sacramento on **Wednesday**, **December 13th** at **7:00 p.m.** at **Memorial Auditorium**. We have acquired 24 complimentary tickets and invite you to join us. Limit—two tickets per Rotarian.

If interested in attending, contact PP **Maureen McBride** no later than this **Friday, December 1st** to reserve your tickets.

Club Communications - Richard Hansen rch6242@comcast.net 916-332-7448
Rotary Club Address
P.O. Box 6 North Highlands, CA 95660-0006

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: http://rotary5180.com

R.I. OFFICIAL WEBSITE: www.rotary.org



DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES. Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3)organization.

EIN 68-0392810, PayPal link on Club Website: http://www.foothillhighlandsrotary.org/

We meet Mondays at 12:15 p.m. Lions Gate Hotel and Suites McClellan Business Park 3410 Westover Street North Highlands, CA 95632

WEEKLY ASSIGNMENTS

MONDAY, DEC 4, 2017

GREETER: LEE WIGGINS

PLEDGE: BOB SPEARS

INVOCATION: DOMINIC MECKLENBURG

NOTE TAKER: RICHARD HANSEN

CALENDAR OF EVENTS

UPCOMING PROGRAMS AND EVENTS

December is Rotary Disease Prevention and Treatment Month

CLUB CALENDAR:

DEC. 4 ANNUAL HOLIDAY PARTY (EVE. MEETING)

DEC. 6 BOARD MEETING

DEC. 11 ROGER NIELLO

DEC. 13 U.S.A.F. BAND FELLOWSHIP

DEC. 18 ANNUAL MEETING—ELECTION OF 2018-19

OFFICERS AND DIRECTORS

DEC. 25 DARK/CHRISTMAS DAY

JAN. 1 DARK/NEW YEARS' DAY

APRIL 28, 2018 NIGHT AT THE MUSEUM FUND RAISER AT THE CALIFORNIA AUTOMOBILE MUSEUM

DISTRICT 5180 CALENDAR:

DEC. 10 ROTARY DAY AT THE KINGS

MAY 11-13, 2018

DISTRICT CONFERENCE AT HYATT REGENCY HOTEL, SPA AND CASINO AT INCLINE VILLAGE

* FOR THE NEXT FEW MONTHS, BOARD MEETINGS WILL BE HELD ON WEDNESDAYS.

Support the Santa Rosa/Napa fire victims

IPP **Dominic Mecklenburg** announced that Umpqua Bank has been having trouble deciding how to support the Santa Rosa/ Napa fire victims and the families impacted by the damage and devastation. Someone had a brilliant idea. On December 16 & 17, their Santa Rosa Main location is being converted into Santa's Workshop and they've Santa and a professional hired photographer to take pictures of kids, families, etc. for free. It is Umpqua's goal to give every child a toy on those two days. That said, they could see anywhere between 1,000 and 2,500 kids!!!

Dominic received board approval for our club to participate in two ways—our club donate 50 toys (cost =\$200) to this cause and we collect toy donations with a value of \$5.00 each +/- at our annual Holiday Dinner on December 4th. The toys should be new & unwrapped--any NEW toys people are willing to donate are acceptable. We will put a Rotary sticker on every toy.

Dominic collected \$115 at today's meeting.

December Board of Directors Meeting



The December Board Meeting will be held on

Wednesday, Dec. 6th at 5:30 p.m. at Umpqua Bank in Antelope.

Just a reminder: All members are invited to attend.

Rotary House Cleanup

PP Joe Kaiser thanked the Rotarians who helped "ready" Rotary House last Saturday for the new guests. Rotarians from Foothill-Highlands who helped were PP Joe Kaiser, PP Maureen McBride, PE Patrick Magnani, IPP Dominic Mecklenburg and PP Bob Meyer and President Roland Wright.

Holiday Gift Wrap Day

PE **Patrick Magnani** announced there will be a free Holiday Gift Wrap Day at the Umpqua Bank at 7921 Walerga Rd in Antelope on **December 9th** from **10 am** to **2 pm**.

E-Waste4Good Program

Our E-waste Program is going strong with monthly pick-ups at Umpqua Bank. Large items are being picked up and stored at Hallsten Corp. until a scheduled E-waste pick up. **IPP Dominic** announced that Year to Date we have earned \$121.91.

Thanks to everyone for your continued support of this program.

Ink and Toner Cartridges Mini Fundraiser



IPP Dominic is continuing to collect spent ink and toner cartridges as a minifundraiser for the club.

Keep a plastic or paper bag by your printer; and as you replace the ink or toner cartridge, put the old ones in the bag and bring them to Rotary.

RECOGNITIONS

Fine Master **Joe Kaiser** asked if there were any happy thoughts.

PP **Lee Wiggins** had one. His grandson was OK after an auto accident on Thanksgiving. **Lee** spun the wheel for a 2—all Rotarians paid \$1. **Lee** then spun a second time for \$3.

Fine Master **Joe Kaiser** spun the wheel for his phone ringing during our last meeting. Joe spun a 2.



Ending homelessness one woman - one family - at a time!

Club members are supporting Women's Empowerment by donating clothing to the women they serve. They need items in good condition such as: coats/jackets, dresses, suits, pants, tops, skirts, jeans, sweats/activewear and accessories, i.e. scarves, knit hats, gloves, belts, shoes, etc.

If you have any items you don't want anymore, bring them to our weekly meetings and **Mo** will take them at the end of each month to Women's Empowerment.

Women's Empowerment recently provided **Mo** with a Christmas Wish List. If you would like to participate, please contact **Mo** this week as items need to be delivered no later than **Tuesday**, **December 5th**.



BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

Jordan Backhaus		PHF
Sonja Cameron	(GRIF)	PHF
John Hallsten	(GRIF)	PHF+ 5
Richard Hansen	(B)(GRIF) (GRIF Polo Plus)	PHF+ 7
Joe Kaiser	(GRIF x2)	PHF+ 8
Gordon Lipp	(B)	PHF+ 4
Gene Long		PHF+1
Patrick Magnani	(GRIF)	PHF+1
Dr. Steven Martinez		
Maureen McBride	(GRIF)	PHF+ 8
Dominic Mecklen- burg	(GRIF)	PHF+ 8
Bob Meyer	(GRIF)	PHF+ 5
Marilee Monagan	(GRIF) (GRIF Polo Plus)	PHF+ 2
Sam Morgan	(B)(GRIF)	PHF+ 6
Gerred Popejoy		PHF
Bob Spears	(B)(GRIF)	PHF+ 3
David Stone		PHF+ 8
Lee Wiggins	(B)(GRIF)	PHF+ 4
Roland Wright	(B)(GRIF) (GRIF Polo Plus x2)	PHF+ 8
Bell Ringer & Gong Codes:		
(B) = Bell Ringer chi\$100 to Club		
(GFHF) = Gonger \$100 to Club Foundation		
(GRIF) = Gonger \$100 to RI Foundation		

A Paul Harris Fellow is an individual who contributes \$1,000 to the **Rotary** International Annual Program Fund or approved Each other programs. additional \$1,000 contribution is recognized with a plus and the number.

(RIF) = \$100 to Rotary Foundation

FOUNDATION NEWS

END POLIO NOW CAMPAIGN



EVERYONE BRING YOUR POCKET CHANGE — TO AFFECT CHANGE BY ENDING POLIO THROUGHOUT THE WORLD.

The **END POLIO NOW** campaign is still one of Rotary's top priorities. The Bill & Melinda Gates Foundation have extended their partnership with Rotary during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

Foundation Chair **Marilee Monagan** announced this year's goal is to raise \$1,000. Please save your loose change and deposit it in the *Change for Change* banks on the tables at our weekly meetings. We received **\$6** in the banks today.

YTD is **\$626.99** or **62.70% of this year's** goal.



ROTARY FOUNDATION BENEFACTORS

NAME

Backhaus, Jordan Hallsten, John Hansen, Richard Kaiser, Joe Lipp, Gordon Long, Gene Magnani, Patrick McBride, Maureen Mecklenburg, Dominic Meyer, Bob Monagan, Marilee Morgan, Cheryl (Sam) Spears, Robert B. Stone, David M. Wiggins, Lee N. Wright, Roland

A Benefactor is someone who has contributed \$1,000 to the Permanent Fund or made provisions in their will of at least \$1,000 benefiting The RI Foundation.

ANNUAL GIVING/PAUL HARRIS SUSTAINING FELLOWS

We continue our goal to have **Every Rotarian** contribute at least **\$100** to **The Rotary Foundation** and strive to achieve the status of 100% Paul Harris Sustaining Fellows for the fourth year in a row.

For those who donate \$100 or more to **The Rotary Foundation**, **Marilee** will be presenting them with a special sticker for their badge.



HIGHLIGHTS OF THIS WEEK'S PROGRAM

11/27/2017

PP Maureen McBride introduced Joseph Andrade. Everyone knows the Red Cross helps people during emergencies. But you may not know that it's also part of their mission to help the public help themselves. Our speaker today is here to do just that. He is currently serving as a volunteer with

He is currently serving as a volunteer with AmeriCorps through his host organization the American Red Cross. He recently graduated from the University of California/ Merced and decided to take a "gap year" between his undergraduate studies and his pursuit of advanced education in the field of medicine which he plans to start next August. In the interim, he is working in the community education program and being a disaster responder with the Red Cross. During this time, he's doing a great deal of traveling and is utilizing the time constructively - reading as much classic literature as he can (thanks to audio books.) He is also enjoying his free time for the first time in four years.

He began by giving an overview of the Red Cross. It is the world's largest non-profit humanitarian organization and has many different names around the world.

What the Red Cross Does:

- Service to Armed Forces
- Health and Safety
- Blood Services
- International Services
- Disaster Cycle Services
- Youth Services

Hazards in our area:

Wild Fires

- Earthquakes
- Floods
- Volcanos

Be Red Cross Ready:

1. Get a Kit

Recommended Supplies

- Water: 1 gallon a day per person for 3 days
- Food: non-perishable, canned, dried; can opener
- Medication, prescription and nonprescription
- First Aid Kit
- Flashlight + batteries
- Battery-powered radio/crank radio
- Toiletries
- Blanket
- · Cash and Coins
- Important papers

2. Make a Plan

Talk

- Talk with members of your household
- Learn each person's needs and abilities
- Assign roles and work together

Plan

- Two exits out of your home
- Two meeting locations
 - 1)Near home
 - 2)Outside neighborhood
- Out-of-slate contact

Practice

- Practice earthquake and fire drills twice a year
- Participate in the Great Shakeout in October

3. Be Informed Information Sources

- Television
- Radio
- Internet/Social Media
- Telephone/Text Message

- Local Emergency Warning System
- Other people

Other Ways of Being Informed

- First aid and CPR
- Earthquake safety
- Fire safety
- Practice your plan

What emergency situation is common in California?

Wildfires!

- Most common during hot. dry weather but can occur year-round
- 9 out of 10 are caused by human carelessness
- Destroy forests and grasslands
- Pose a threat to those who live near the area
- Respiratory hazard (especially for children and older adults)

Prepare your home for a Wildfire Protect Your Home

- 30-foot-wide safety zone around the house
- Keep gutters clean, trim overhanging branches
- Make sure address is visible from the street

Plant Accordingly

- Keep lawn short, and well-watered
- Less flammable, trees and shrubs (not conifers!)
- Rock gardens
- · and flowerbeds

What do you do during a wildfire? Safety Tips

- If told to evacuate do so immediately
- You can evacuate at any time
- during a wildfire emergency
- Close all home openings (windows and doors)
- Move outside furniture and plants indoors

If Evacuating:

- Bring emergency supplies kit prescription meds important documents
- Follow evacuation route
- Watch smoke as you drive

- Listen for updates
- Wait for the "all clear" before returning

Steps to Fire Safety To evacuate from a fire:

- Stay low to avoid smoke
- Feel closed doors with the back of your hand for heat
- Get out stay out call 911 If you cannot get out:

Move to room furthest from fire

- Close the door put cloth under the door to stop smoke
- Hang a cloth out the window to signal for help

What Can You Do Today?

- Start your kit
- Sign up for a CPR and First Aid class
- Share your preparedness knowledge with members of your household
- Practice your escape plan

ARE YOU PREPARED?

Red Cross Mobile Apps

Red Cross mobile apps offer vital information for you to prepare and respond to emergencies http://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps

Contact

- Local
- 1565 Exposition Blvd, Sacramento. CA 95815
- Phone: (916) 993-7070
- http://www.redcross.org/local/california/gold-country
- For general inquiries
- getprepared@redcross.org



President Roland, Joseph Andrade and Angela Santana

As is our usual custom, **President Roland** presented today's speaker with a Rotary gift in gratitude for his informative presentation.

Then, **President Roland** asked us to raise our glasses and join him in a toast to *Rotary Around the World*. The meeting was then adjourned.

DISTRICT NEWS

2018 District Conference

The 2018 District Conference will be held at the **Hyatt Regency Hotel, Spa and Casino** at **Incline Village** in **Lake Tahoe, May 11-13, 2018.**

Conference and hotel reservations are now available on the District Website.

If you have any questions, call **Mo**.





DISTRICT 5180 UPDATE - FIRE VICTIMS SUPPORT

From District Governor, Sandi Sava

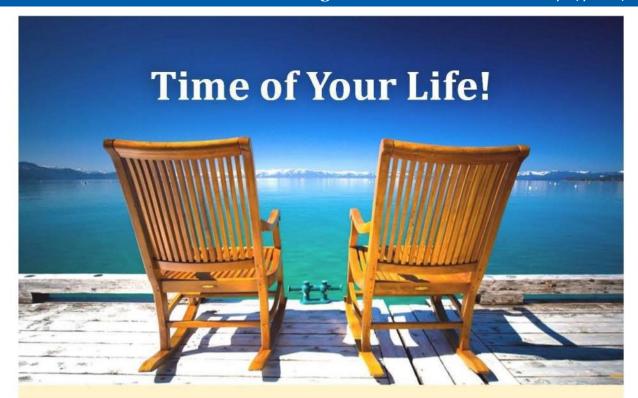
Rotarians and members of our communities have been devastated by the fires in Northern California with loss of homes, schools and businesses, relocation, and, worse yet, death and injuries. We all are trying to figure out how, when, where and who to best help. I have been communicating regularly with the 41 Club Presidents in District 5180, our 8 Assistant Governors, our District Leadership, and a number of Rotarians. I also have been in close touch with Rotary International, our Zone Director John Matthews, and the District Governors in 4 neighboring Districts. Several plans are being developed and carried out at this time.

First, individual clubs and Rotarians are collecting and delivering personal hygiene and related items to evacuees and to victims of the fires in Yuba and Butte Counties in the Northern part of our District. They also are helping fire personnel and first responders. Our Assistant Governors are working with Club Presidents, Rotarians and members of our communities to proactively identify needs and provide assistance. While this is very important, the outpouring of donations has exceeded some needs. And, in some cases, the donated items cannot get to or through certain locations. Collection of personal hygiene items and new supplies still should be considered for victims who you specifically can identify, but donations of gift cards is preferred for many Napa and Sonoma victims at this time.

Second, our District has developed a funding platform to collect monetary contributions from donors who want to help financially. Specific details about use and disbursement of these funds will depend upon what information we obtain about needs and forms of assistance. Contributions can be made by check payable to "Rotary District 5180 Foundation" and mailed to District 5180 Foundation Chair, Robert Deering, 4917 Olympia Court, Carmichael, California 95608. We are not accepting electronic donations at this time.

Third, District 5180 is working with neighboring Districts to develop a regional fund with the help of and through Rotary International. As with the hurricanes and earthquakes, our fires make people from all over the world want to help directly, and a "Donor Advised Fund" through RI enables this. Although a DAF provides a platform to help with immediate help, it primarily provides opportunities for longer term assistance. We expect to have this in place within the next week.

The Lake Area Rotary Club Association [www.larca5130.org] is already set up to accept contributions and help those victims in Napa, Sonoma, Mendocino and Lake Counties. Our District will continue to work with the Presidents, Assistant Governors and other Rotarians as we navigate through this disaster. If you have specific information about how to help, please contact your Club President, AG or me. We are here to help too and will provide further updates in the future.



Join us for Fun in Tahoe

Rotary District 5180 Conference May 11-13, 2018

Hyatt Regency Lake Tahoe Resort, Spa and Casino, Incline Village

You're invited to <u>register for the Rotary 5180 District Conference</u>, May 11-13, 2018 in Incline. And you can now <u>book your room at the Hyatt Regency Lake Tahoe Resort!</u>

Speakers:

Rotary International Convention Speaker Minda Dentler Leadership and Fitness Expert Sara Kooperman

Friday Night Beach Party
Speech Contest Finals
Activities on the Hotel Property
Fun and Fellowship





District 5180 Rotary Day at the Kings!



Join fellow Rotarians at Golden 1 Center as the Kings play the Toronto Raptors! District 5180's own quartet *Rotary Four-Way Test* will sing both the American and Canadian National Anthems. It's *Star Wars* Theme Day – so you can dust off your lightsabers and bring your favorite wookie!

WHEN: 12:30pm, Sunday, December 10, 2017

WHERE: Golden 1 Center

WHY: Great venue, great company, rare day game

Order online at the link below to be included in the Rotary bloc of tickets using discount code Rotary:

http://bit.ly/RotaryDayAtKings12102017

Tickets limited so order now!

If you have questions, contact John McIntyre at 916-851-2011 or john.mcintyre@Dignityhealth.org





E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL...EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.



Your donation has another great benefit - it is good for the environment. We share your commitment to a cleaner, greener environment - and donating your car ensures it is recycled via many different channels!

Not every "vehicle" is a car - but every vehicle, in any condition, can be donated!

Call 800-240-0160

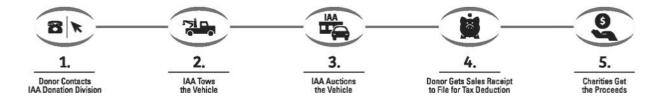
Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Boats
- Snowmobiles
- · Heavy equipment

- Trucks
- Motorcycles
- · Personal watercraft

The process is easy. Here's how it works:



- Tax deductible
- Free towing
- Any vehicle, any condition

Program Powered by the IAA Donation Division.

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Drive change.

Donate a vehicle today.