November 6, 2017 Volume 60 Issue 14 (meeting 15)

2017-18 Rotary Leadership ROTARY INTERNATIONAL

lan H.S. Riseley President Rotary Club of Sandringham Victoria, Australia

> DISTRICT 5180 Sandi Sava

District Governor Rotary Club of Sacramento Breakfast

> **David Veden** AG Area 5 Rotary Club of Natomas

> > <u>CLUB OFFICERS/</u> <u>DIRECTORS</u>

Roland Wright President

Patrick Magnani President Elect

Dominic Mecklenburg Immediate Past President/Treasurer

> Lee Wiggins Secretary

Maureen McBride Club Service

Jordan Backhaus Community Service

Bob Meyer International Service

Bob Spears Vocational Service

Gene Long, Jr. Youth Services

Joe Kaiser Sergeant-at-Arms

David Stone VP/Program Chair

Marilee Monagan VP/Rotary Foundation

The Highlander

THE ROTARY CLUB OF FOOTHILL- HIGHLANDS

Chartered March 12, 1959 serving the Greater Sacramento Area communities of Antelope, Elverta, Foothill Farms, McClellan, North Highlands and Rio Linda





November Is Rotary Foundation Month



The Rotary Foundation transforms your gifts into projects that change lives both close to home and around the world. As the charitable arm of Rotary, we tap into a global network of Rotarians who invest their time, money, and expertise into <u>our</u> <u>priorities</u>, such as <u>eradicating polio</u> and <u>promoting peace</u>. Foundation <u>grants</u> empower Rotarians to approach challenges such as poverty, illiteracy, and malnutrition with sustainable solutions that leave a lasting impact.

Strong <u>financial oversight</u>, a stellar <u>charity rating</u>, and a unique <u>funding model</u> mean that we make the very most of your contribution. <u>Give</u> and become a part of Rotary's life-changing work!

CALL TO ORDER

President Roland Wright called the meeting to order at 12:15 p.m. and thanked PP **Joe Kaiser** for serving as today's official greeter. Leading us in the pledge was PP **Marilee Monagan** and providing the invocation was PE **Patrick Magnani**. **Richard Hansen** served as the note taker.

VISITING ROTARIANS AND GUESTS

Guests were **Mike** and **Karen Rutledge**, friends of Rotary and our speaker **Joycelynn Brown-Hollis**, Director for the Sacramento Veterans Resource Center.

ANNOUNCEMENTS

Dictionary Project

IPP **Dominic Mecklenburg** announced that we have ordered 168 Dictionaries for third graders at three Schools in our service area. They will arrive on November 16.

We meet Mondays at 12:15 p.m. Lions Gate Hotel and Suites McClellan Business Park 3410 Westover Street North Highlands, CA 95632

Club Communications - Richard Hansen <u>rch6242@comcast.net</u> 916-332-7448 Rotary Club Address P.O. Box 6 North Highlands, CA 95660- 0006

November Board of Directors Meeting



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The November Board Meeting will be held on **Wednesday**, **Nov. 8th** at **5:30 p.m.** at Umpqua

Bank in Antelope.

Just a reminder: All members are invited to attend.

EVERGREEN FUNDRAISER



IPP **Dominic Mecklenburg** announced we will again have our annual Evergreen Fundraiser. The attached green pages (2) are the local items delivered to **Dominic** who will distributed them. Items on the frosty white/blue page are the items that can be shipped to anyone in the USA. Along with payment, provide the recipient's name, address & a short message to **Dominic** with each order!

Deadline to order: 11/7/17. For Rotarians in good standing, orders can be placed on tab. Items will be delivered in the week immediately following Thanksgiving.

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: <u>http://</u>rotary5180<u>.com</u> R.I. OFFICIAL WEBSITE: www.rotary.org



DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES. Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3)organization. EIN 68-0392810, PayPal link on Club Website: <u>http://www.foothillhighlandsrotary.org/</u>

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Membership Development Meeting

At **Mo's** house on Tue, 11/14 @ 5:30pm. Board members interested in brainstorming how to increase membership in our club are welcome!

WEEKLY ASSIGNMENTS

MONDAY, NOV 13, 2017

GREETER: BOB SPEARS PLEDGE: SAM MORGAN INVOCATION: STEVEN MARTINEZ NOTE TAKER: RICHARD HANSEN

CALENDAR OF EVENTS

UPCOMING PROGRAMS AND EVENTS November is Rotary Foundation Month

CLUB CALENDAR:

NOV. 8	BOARD MEETING
NOV. 13	RYLA PROGRAM
NOV. 14	MEMBERSHIP DEVELOPMENT MEETING
NOV. 20	NO MEETING - THANKSGIVING WEEK
NOV. 27	ТВА

DISTRICT 5180 CALENDAR: DEC. 10 ROTARY DAY AT THE KINGS

MAY 11-13, 2018 DISTRICT CONFERENCE AT HYATT REGENCY HOTEL, SPA AND CASINO

* FOR THE NEXT FEW MONTHS, BOARD MEETINGS WILL BE HELD ON WEDNESDAYS.

E-Waste4Good Program

Our E-waste Program is going strong with monthly pick-ups at Umpqua Bank. Large items are being picked up and stored at Hallsten Corp. until a scheduled E-waste pick up. **IPP Dominic** announced that Year to Date we have earned **\$121.91**.

Thanks to everyone for your continued support of this program.

Ink and Toner Cartridges Mini Fundraiser



IPP Dominic is continuing to collect spent ink and toner cartridges as a mini-fundraiser for the club.

Keep a plastic or paper bag by your printer; and as you replace the ink or toner cartridge, put the old ones in the bag and bring them to Rotary.

DISTRICT NEWS

2018 District Conference

The 2018 District Conference will be held at the **Hyatt Regency Hotel**, **Spa and Casino** at **Incline Village** in **Lake Tahoe**, **May 11-13**, 2018.

Hotel reservations are available on the District Website. You can register for the Conference on the District 5180 website. The link is on the first page.

If you have any questions, call **Mo**. **See attached flyer for more details**

RECOGNITIONS

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Fine Master **Joe Kaiser** returned from his trip and asked **President Roland** where his gavel was, **President Roland** had left it in his truck. He spun the wheel for \$14.

Joe notated that several Rotations did not have there Rotary Pins on.

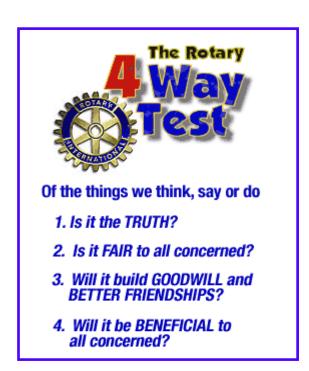
President Roland spun the wheel for a 2, all Rotarians paid \$1.

PE **Patrick Magnani** spun the wheel for \$2 and a oo.

Gordan Lipp spun the wheel for \$2.

IPP **Dominic Mecklenburg** spun the wheel for \$2.

Fine Master **Joe** Bonged the Gong for \$100 to the Rotary Foundation.





Advance Notice For Our Annual Holiday Party

We have scheduled our **Annual Holiday Gathering** for **Monday**, **December 4th** at the Lions Gate Hotel and Suites. Festivities will begin with no host cocktails at 6:30 p.m.

Watch for more details in November.



Club members are supporting Women's Empowerment by donating clothing to the women they serve. They need items in good condition such as: coats/jackets, dresses, suits, pants, tops, skirts, jeans, sweats/activewear and accessories, i.e. scarves, knit hats, gloves, belts, shoes, etc.

With Fall in the air, our thoughts turn to changing around our closets from Summer to Winter. If you have any items you don't want anymore, bring them to our weekly meetings and **Mo** will take them at the end of each month to Women's Empowerment.



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BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

Jordan Backhaus		PHF	
Sonja Cameron	(GRIF)	PHF	
John Hallsten	(GRIF)	PHF+ 5	
Richard Hansen	(B)(GRIF) (GRIF Polo Plus)	PHF+7	
Joe Kaiser	(GRIF x2)	PHF+ 8	
Gordon Lipp	(B)	PHF+4	
Gene Long		PHF+1	
Patrick Magnani	(GRIF)	PHF+1	
Dr. Steven Martinez			
Maureen McBride	(GRIF)	PHF+ 8	
Dominic Mecklen- burg	(GRIF)	PHF+ 8	
Bob Meyer	(GRIF)	PHF+ 5	
Marilee Monagan	(GRIF) (GRIF Polo Plus)	PHF+ 2	
Sam Morgan	(B)(GRIF)	PHF+ 6	
Gerred Popejoy		PHF	
Bob Spears	(B)(GRIF)	PHF+3	
David Stone		PHF+ 8	
Lee Wiggins	(B)	PHF+4	
Roland Wright	(B)(GRIF) (GRIF Polo Plus x2)	PHF+ 8	
Bell Ringer & Gong Codes:			
(B) = Bell Ringer chi\$100 to Club			
(GFHF) = Gonger \$100 to Club Foundation			
(GRIF) = Gonger \$100 to RI Foundation			
(RIF) = \$100 to Rotary Foundation			

A Paul Harris Fellow is an individual who contributes \$1,000 to the **Rotary** International Annual Program Fund or approved Each other programs. additional \$1,000 contribution is recognized with a plus and the number.

FOUNDATION NEWS END POLIO NOW CAMPAIGN



EVERYONE BRING YOUR POCKET CHANGE — TO AFFECT CHANGE BY ENDING POLIO THROUGHOUT THE WORLD.

The **END POLIO NOW** campaign is once again one of Rotary's top priorities in the coming year. The Bill & Melinda Gates Foundation have extended their partnership with Rotary during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

Foundation Chair **Marilee Monagan** announced this year's goal is to raise \$1,000. Please save your loose change and deposit it in the *Change for Change* banks on the tables at our weekly meetings. We received **\$16.90** in the banks today.

YTD is **\$607.56** or **60.76% of this year's goal.**

EREY (Every Rotarian/Every Year) Club

For clubs which achieve a minimum Annual Fund contribution of \$100 per capita during the Rotary year and every dues-paying member must personally contribute at least \$25 to the Annual Fund during the year.

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ROTARY FOUNDATION BENEFACTORS

<u>NAME</u>

Backhaus, Jordan Hallsten, John Hansen, Richard Kaiser, Joe Lipp, Gordon Long, Gene Magnani, Patrick McBride, Maureen Mecklenburg, Dominic Meyer, Bob Monagan, Marilee Morgan, Cheryl (Sam) Spears, Robert B. Stone, David M. Wiggins, Lee N. Wright, Roland

A Benefactor is someone who has contributed \$1,000 to the Permanent Fund or made provisions in their will of at least \$1,000 benefiting The RI Foundation.

ANNUAL GIVING/PAUL HARRIS SUSTAINING FELLOWS

We continue our goal to have **Every Rotarian** contribute at least **\$100** to **The Rotary Foundation** and strive to achieve the status of 100% Paul Harris Sustaining Fellows for the forth year in a row.

For those who donate \$100 or more to **The Rotary Foundation**, **Marilee** will be presenting them with a special sticker for their badge.

HIGHLIGHTS OF THIS WEEK'S PROGRAM

PP Marilee Monagan began by asking the veterans in the group to stand, she then introduced Joycelynn **Brown-Hollis**. Joycelynn is a native Sacramentan born on Mather Air Force Base in the existing VA hospital and attended John F. Kennedy High School. She studied Public Administration at Xavier University in Louisiana. She then returned to the Sacramento area and completed her BA degree in Communications and Public Relations at California State University Sacramento. She is currently Director for the Sacramento Veterans Resource Centers of America and has been serving our veterans for over five years.

Veterans Resource Centers of America, formerly, Vietnam Veterans of California, was established in 1972, by Peter Cameron and a number of other Veterans, whom had returned from Vietnam and were displeased with the services that were provided at the time. They started the project called 'Revenge of the Dragon" which would later become our organization.

The current SVRC location was opened in 1992 and houses our Men's Transitional Program, Behavioral Health Center, and The Supportive Services for Veteran Families Program (SSVF).

Located off site is our Women's Transitional Program, which houses female veterans. Additionally, VRC has just completed and opened our first Permanent Supportive Housing facility, locatedat Mather Field.

Quick Facts:

1. Currently has 14 Centers through out Northern California, Nevada Arizona.

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- 2. Has a Corporate office in Santa Rosa, CA
- 3. Is 85% plus, Grant Funded
- 4. Has administrative rates of only 10%, which means that 90% of all funding goes directly to client services

Men's Transitional Housing

A two year dormitory style program that focuses on building skills and promotes positive steps towards self sufficiency. Currently there are 42 Beds for male Vets. Clients are assisted with obtaining benefits locating permanent housing and sustaining long term income. Clients are typically homeless or extremely disadvantaged and range from Vietnam era to the current Enduring Freedom Campaign era Veterans. All cliental must have a mental health or substance abuse diagnosis.

Quick Facts:

- 1. Last year SVRC had 200 Veterans in Transitional Housing
- 2. We serve approximately 60,000 meals yearly, on a budget of \$6 per day, per person, for Breakfast, Lunch and Dinner
- 3. All clients are required to attend 5 groups weekly: 2 clinical groups, life skills group, housing group and Winning The Employment Game (Employment group). Other AOD and mental health groups are assigned as needed.
- 4. Most Clients stay with us an average of 18 months
- 5. Our Clinical Transitional Programs have one of the highest rates of recidivism in the nation
- 6. SVRC's Clinical transitional housing programs are V.A. Funded and regulated

Supportive Services for Veterans Families

The SSVF Program is designed to help homeless and low income veterans and their families, locate or remain in permanent housing. The program can provide Case Management Services, Rental Assistance, Security Deposits, Utility Arrears Payments, Emergency Hotel Vouchers and much more for our Veteran Families. The program can also assist with employment needs, child care and moving cost. There are some income requirements to the program. The SSVF program is designed to prevent or create a quick solution to veteran homelessness.

Mather Veterans Village

In May 2016, VRC opened its first permanent Supportive housing Project at Mather Field, Mather Veterans Village. Phase one of this project is all leased up and includes 50 apartment units for homeless veterans and their families.

These Vets pay only 30% of their income towards rent, while SVRC provides the wraparound supportive services necessary to help our clients maintain self-sufficiency.

Phase two of the Mather Project is scheduled to break ground in December 2017, with 46 units of Transitional Housing. VRC is currently raising the funds to complete this project

The final Phase of the Mather Veterans Village Project, Phase 2 will also break ground in December 2017, and will include an additional 50 units of Permanent Supportive Housing.

When all Phases of the Mather project are complete, our current SVRC location will convert to a 50 bed Behavioral Health Center that will also offer out patient services to members of the Sacramento Veteran Community.

The John S. Qberg Behavioral Health Center is a dual diagnosis treatment center, that works with veterans who are suffering from mental health related illnesses and addiction issues.

This center is a 10 bed program and is designed to last approximately 90 days, although most of our BHC residents request longer stays. This program provides a number of groups, one-onone counseling sessions and activities to encourage and maintain our clients sobriety.

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Quick Facts:

- 1. The Oberg Center is currently one of the best residential treatment centers in the nation for Dual Diagnosis Veterans, boasting one of the highest recidivism rates the VA system.
- 2. Last year the BHC provided approximately 1250 hours of behavioral heath group therapy. We currently provide 22 groups per week in the Behavioral Health.
- 3. Additionally the BHC staff also provided 940 hours of individual therapy to clients and residents of the BHC program.
- 4. This program is staffed 24 hours a day with at least a Certified AOD Councilor.
- 5. Most BHC clients will become transitional clients after they complete their recovery with SVRC
- 6. This program is funded and regulated by the Department of Veterans Affairs

7.

Donations

Corporate and local citizen donations are the only way that we are able to provide extras for our cliental. When programs place limitations, VRC employees find other ways to make miracles happen and we could not do it without the support of our generous donors and supporters, like yourselves.

In the past Donations have been used to pay for: Travel tickets for client family emergencies.

Job Interviews and site visits for permanent housing.

Fun Friday events, which include' River day, pizza parties, movie nights, group outings etc

Educational Needs: Books, lap tops, etc to complete degree/certificate programs.

Necessary housing items: kitchen/cleaning supplies, bedding, beds, etc Child Care

Donations: on going needs

We are currently looking for support in these areas.

- 1. A 15 plus passenger Van/Bus to provide transportation to clients and their families.
- 2. MRE type meals, new blankets. coats and hats, for Vets currently on the streets
- 3. New chairs for our group rooms and dining halls.
- 4. Musical equipment for our music therapy room.
- 5. Any additional fund to provide a better quality of life for our clients.
- 6. Volunteers for Mack interviews and the Crab Feed (March 24. 2018)
- 7. Baskets and Gift Cards for the Crab Feed.
- 8. Volunteer contractors/electricians to assist with repairs and construction of the Kitchen and Gym structures.
- 9. New toys for the Veterans' children for Christmas.

http://www.vetsresource.org/index.html



Joycelynn Brown-Hollis and President Roland

As is our usual custom, **President Roland** presented today's speaker with a Rotary gift in gratitude for her informative presentation.

Then, **President Roland** asked us to raise our glasses and join him in a toast to *Rotary Around the World*. The meeting was then adjourned.

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DISTRICT 5180 UPDATE – FIRE VICTIMS SUPPORT From District Governor, Sandi Sava

Rotarians and members of our communities have been devastated by the fires in Northern California with loss of homes, schools and businesses, relocation, and, worse yet, death and injuries. We all are trying to figure out how, when, where and who to best help. I have been communicating regularly with the 41 Club Presidents in District 5180, our 8 Assistant Governors, our District Leadership, and a number of Rotarians. I also have been in close touch with Rotary International, our Zone Director John Matthews, and the District Governors in 4 neighboring Districts. Several plans are being developed and carried out at this time.

First, individual clubs and Rotarians are collecting and delivering personal hygiene and related items to evacuees and to victims of the fires in Yuba and Butte Counties in the Northern part of our District. They also are helping fire personnel and first responders. Our Assistant Governors are working with Club Presidents, Rotarians and members of our communities to proactively identify needs and provide assistance. While this is very important, the outpouring of donations has exceeded some needs. And, in some cases, the donated items cannot get to or through certain locations. Collection of personal hygiene items and new supplies still should be considered for victims who you specifically can identify, but donations of gift cards is preferred for many Napa and Sonoma victims at this time.

Second, our District has developed a funding platform to collect monetary contributions from donors who want to help financially. Specific details about use and disbursement of these funds will depend upon what information we obtain about needs and forms of assistance. Contributions can be made by check payable to "Rotary District 5180 Foundation" and mailed to District 5180 Foundation Chair, Robert Deering, 4917 Olympia Court, Carmichael, California 95608. We are not accepting electronic donations at this time.

Third, District 5180 is working with neighboring Districts to develop a regional fund with the help of and through Rotary International. As with the hurricanes and earthquakes, our fires make people from all over the world want to help directly, and a "Donor Advised Fund" through RI enables this. Although a DAF provides a platform to help with immediate help, it primarily provides opportunities for longer term assistance. We expect to have this in place within the next week.

The Lake Area Rotary Club Association [<u>www.larca5130.org</u>] is already set up to accept contributions and help those victims in Napa, Sonoma, Mendocino and Lake Counties. Our District will continue to work with the Presidents, Assistant Governors and other Rotarians as we navigate through this disaster. If you have specific information about how to help, please contact your Club President, AG or me. We are here to help too and will provide further updates in the future.

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Join us for Fun in Tahoe

Rotary District 5180 Conference May 11-13, 2018

Hyatt Regency Lake Tahoe Resort, Spa and Casino, Incline Village

You're invited to <u>register for the Rotary 5180 District Conference</u>, May 11-13, 2018 in Incline. And you can now <u>book your room at the Hyatt Regency Lake Tahoe Resort</u>!

Speakers: Rotary International Convention Speaker Minda Dentler Leadership and Fitness Expert Sara Kooperman

> Friday Night Beach Party Speech Contest Finals Activities on the Hotel Property Fun and Fellowship



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District 5180 Rotary Day at the Kings!



Join fellow Rotarians at Golden 1 Center as the Kings play the Toronto Raptors! District 5180's own quartet *Rotary Four-Way Test* will sing both the American and Canadian National Anthems. It's *Star Wars* Theme Day – so you can dust off your lightsabers and bring your favorite wookie!

WHEN: 12:30pm, Sunday, December 10, 2017WHERE: Golden 1 CenterWHY: Great venue, great company, rare day game

Order online at the link below to be included in the Rotary bloc of tickets using discount code <u>Rotary</u>:

http://bit.ly/RotaryDayAtKings12102017

Tickets limited so order now!

If you have questions, contact John McIntyre at 916-851-2011 or john.mcintyre@Dignityhealth.org



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E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL...EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

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Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.

Call 800-240-0160



Your donation has another great benefit - it is good for the environment. We share your commitment to a cleaner, greener environment - and donating your car ensures it is recycled via many different channels!

Not every "vehicle" is a car - but every vehicle, in any condition, can be donated!

Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Trucks
- Boats
- Motorcycles
- Snowmobiles
- Heavy equipment
- · Personal watercraft

The process is easy. Here's how it works:



- Tax deductible
- Free towing
- Any vehicle, any condition

Program Powered by the IAA Donation Division. © 2014 Insurance Auto Auctions, Inc. All rights reserved.



Drive change. Donate a vehicle today.