

The Highlander

THE ROTARY CLUB OF FOOTHILL- HIGHLANDS



2016-17 Rotary Leadership ROTARY INTERNATIONAL

John F. Germ
President
Rotary Club of
Chattanooga, Tennessee

DISTRICT 5180
Barbara Tracy
District Governor
Rotary Club of So. Sac.
Ray Ward
AG Area 8
Rotary Club of Fair Oaks

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Dominic Mecklenburg

President

Roland Wright

President Elect/VP

Marilee Monagan Treasurer

> Lee Wiggins Secretary

Maureen McBride
Club Administration

Patrick Magnani Community Service/ Membership

Bob Meyer International Service

Gordon Lipp Vocational Service

Gene Long
Youth Services

Bob Spears Sqt.—at-Arms

David Stone VP/Rotary Foundation Chartered March 12, 1959



October, 27, 2016 Volume 59, Issue 14

Rotary's World Polio Day October 24, 2016



Dennis Ogbe, Paralympian and polio survivor, tells his personal story of the disease at Rotary's World Polio Day event on 24 October 2016 at the head-quarters of the U.S. Centers for Disease Control and Prevention in Atlanta, Georgia, USA.

Photo Credit: Rotary International/Alyce Henson

While the fight to eradicate polio suffered a blow this year when the virus re-emerged in Nigeria, Rotary leaders and top health experts focused Monday on the big picture: the global presence of the paralyzing disease has never been smaller.

The headquarters of the U.S. Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, USA, served as the site of Rotary's fourth annual World Polio Day event. Some of the biggest names in the polio eradication campaign were there to reflect on the year's progress and discuss what's needed to end the disease for good.

More than 200 people attended the special live program, and thousands more worldwide watched online. Jeffrey Kluger, Time magazine's editor at large, moderated the event.

CALL TO ORDER

Due to the special nature of this week's meeting, we did not follow our usual format.

VISITING ROTARIANS AND GUESTS

Joining us for our meeting/lunch today were Rotarian Chuck McBride from the Rotary Club of Carmichael; Honorary Member Brent Seizer; Polly Lipp; Dayme Meyer; Jonnie Kropp, Staff Person with the Culinary Arts Program and Kirsten DuBray, Executive Director of the ARC Foundation.

ANNOUNCEMENTS

EVERGREEN FUNDRAISER

President Dominic has distributed the 2016 Sherwood Forest Farms Catalog and Order Forms for our upcoming evergreen fundraiser to all Rotarians. *The deadline to*



place orders is November 1st. Items will be delivered the week after Thanksgiving.

See flyer attached for more details.

E-Waste4Good Program

We continue our efforts to collect e-Waste. E-waste revenue collected so far YTD is \$70.24.

USED/BROKEN EYEGLASS JOINT ROTARY/LIONS CLUB PROJECT



Just a reminder that we are partnering with the Antelope Lions Club this year to collect used/broken eyeglasses.

At our weekly meetings, we have a BIG BOX at the front of our meeting room for Rotarians to deposit their unwanted glasses.

Remember the adage: Your trash is someone else's treasure. Give someone less fortunate an opportunity to give new life to your old glasses.

SUNSHINE COMMITTEE



Sending get well wishes to Sonja Cameron and Margaret Hansen.

Club Communications - Richard Hansen rch6242@comcast.net 916-332-7448
Rotary Club Address

P.O. Box 6 North Highlands, CA 95660-0006

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: http://rotary5180.com

R.I. OFFICIAL WEBSITE: www.rotary.org



DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES. Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3)organization.

EIN 68-0392810, PayPal link on Club Website: http://www.foothillhighlandsrotary.org/

CLUB DIRECTORY 2016-17

Last week Club Administration Chair

Maureen McBride circulated a sign-up sheet for those members who would like a "hard" copy of this year's Club Directory. To save future printing costs, the board decided at the October board meeting to move forward to print the Directory in a different format so future changes can be easily made without printing the entire directory. Some members have chosen to receive the directory in electronic format.

If you have not reserved your "hard" copy format directory, contact **Mo** within the next two weeks to reserve your copy.

We hope to have the directory available shortly after the New Year.

FELLOWSHIP ACTIVITIES

Annual Holiday Party—Our annual holiday party will be held on Monday,

December 5th at the Lions Gate Hotel and Suites. Festivities will begin with No

Host Cocktails in the Lobby Bar at
6:15 p.m. and Dinner at 7:00 p.m.

We will again have our traditional Gift Exchange with PEN **Patrick Magnani** assuming the role of Santa's Elf. The value of the gift should be ~\$20.

We just recently received the holiday menu offerings from the Lions Gate and will be reviewing those within the next few weeks. Once the menu is in place, we will advise of the cost per person.

WEEKLY ASSIGNMENTS

MONDAY, OCTOBER 31, 2016

GREETER: GERRED POPEJOY PLEDGE: MARILEE MONAGAN

INVOCATION: BOB SPEARS

NOTE TAKER: MAUREEN McBRIDE

CALENDAR OF EVENTS

UPCOMING PROGRAMS AND EVENTS
OCTOBER IS ECONOMIC AND COMMUNITY
DEVELOPMENT MONTH

CLUB CALENDAR:

OCT. 31 DAVID BALLARD/EXECUTIVE DIRECTOR
CHILDREN'S RECEIVING HOME OF
SACRAMENTO

NOVEMBER IS ROTARY FOUNDATION MONTH

NOV. 7 JOHN COX/RESCUE CA EDUCATIONAL FOUNDATION

NOV. 14 MEMBERSHIP "WALK ABOUT" AT MCCLELLAN PARK

NOV. 21 NO MEETING - THANKSGIVING WEEK

NOV. 28 BILL WITTICH

DISTRICT 5180 CALENDAR:

MAY 5-7 DISTRICT CONFERENCE IN SANTA CLARA

MAY 20 RI PRESIDENT JOHN GERM DINNER SACRAMENTO (EXCLUSIVE D5180 PRESALE UNTIL 1/1/17)

VISIT

5180DINNER.EVENTBRITE.COM FOR TICKET INFO)

FOUNDATION NEWS

END POLIO NOW CAMPAIGN



In the absence of Foundation Chair **David Stone, President Dominic** reminded those present that we are continuing in our efforts to End Polio by asking that

EVERYONE BRING THEIR POCKET CHANGE — TO AFFECT CHANGE BY ENDING POLIO THROUGHOUT THE WORLD.

The **END POLIO NOW** campaign is one of Rotary International's top priorities this year. Rotary and the Bill & Melinda Gates Foundation have extended their partnership during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

Since we were at a different venue, there were no banks on the tables this week. Bring your change to Monday's meeting.

Our goal is \$1,000.

ANNUAL GIVING/PAUL HARRIS SUSTAINING FELLOWS

We continue our goal to have **Every Rotarian** contribute at least **\$100** to **The Rotary Foundation** and strive to achieve the status of 100% EREY and 100% Paul Harris Sustaining Fellows for the third year in a row.

Annual District Foundation Dinner

The annual **District 5180 Foundation Dinner** was held on **Saturday, October 22nd** at the Red Lion Hotel. Representing the Rotary Club of Foothill-Highlands were **President Dominic** and **Mary Mecklenburg, PE Roland** and **Diane Wright, PEN Patrick** and **Jennifer Magnani, Foundation Chair David Stone, Sam Morgan** and **Dick Biddle** and rounding out the group was PP **Maureen McBride,** who sat with hubby **Chuck** at the Carmichael Rotary Club table.



PE Roland and Diane Wright and President Dominic and Mary Mecklenburg



PEN Patrick and Jennifer Magnani arriving on the Red Carpet



Sam Morgan and Dick Biddle



PP David Stone being serenaded by **Marilyn Monroe**



Mo and DGE Sandi Sava

During the awards portion of the festivities, The Rotary Club of Foothill-Highlands was recognized as one of the clubs in the district who achieved the status of a 100% Paul Harris Sustaining Member Club (every member gave at least \$100 to the Rotary Foundation) and one of seven clubs who achieved EREY (Every Rotarian, Every Year) status.

In addition, **President Dominic** and **Mary Mecklenburg** were recognized as newly inducted members of the Bequest Society.

It was a great evening.



OTHER ACTIVITIES

President Dominic and his band of merry men, which included PE Roland and PEN Patrick, traipsed around Sacramento County on Friday, October 21st picking up items for the Estate Sale to be held in the spring and the on-going E-Waste Program.



JOKES

Due to the nature of today's meeting, there were no jokes.

FINES AND RECOGNITIONS

No fines were levied at today's meeting

BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

(Jordan Backhaus	(B)(GRIF)	PHF
Sonja Cameron		PHF
John Hallsten	(B)(GRIF)	PHF+ 5
Richard Hansen	(B) (GRIF)	PHF+ 7
Joe Kaiser	(GRIF)(GRIF) (B)	PHF+ 7
Gordon Lipp	(GRIF)	PHF+ 2
Gene Long	(B)(GRIF)	PHF
Gene Long Sr.		
Patrick Magnani	(GRIF)(GRIF) (B)	PHF
Dr. Steven Martinez		
Maureen McBride	(B) (GRIF)	PHF+ 8 +
Dominic Mecklenburg	(GRIF)(GRIF)	PHF+ 8 +
Bob Meyer	(GRIF)	PHF+ 4
Marilee Monagan	(B)(GRIF)	PHF+ 2
Sam Morgan	(B)	PHF+ 5
Gerred Popejoy	(GRIF)(GRIF)	PDF
Bob Spears	(GRIF)(GRIF)	PHF+ 3
David Stone	(GRIF)(GRIF) (B)	PHF+ 7
Lee Wiggins	(B)(GRIF)	PHF+ 4
Roland Wright	(GRIF)(GRIF)	PHF+ 6
Bell Ringer & Gong Codes:		

(B) = Bell Ringer chi\$100 to Club

(GFHF) = Gonger \$100 to Club Foundation

(GRIF) = Gonger \$100 to RI Foundation

(RIF) = \$100 to Rotary Foundation

A Paul Harris Fellow is an individual who contributes \$1,000 to the **Rotary** International Annual Program Fund or other approved programs. Each additional \$1,000 contribution is recognized with a plus and the number.

ROTARY FOUNDATION BENEFACTORS

NAME

Hallsten, John
Hansen, Richard
Kaiser, Joe
Lipp, Gordon
Long, Gene
Magnani, Patrick
McBride, Maureen
Mecklenburg, Dominic
Meyer, Bob
Monagan, Marilee
Morgan, Cheryl (Sam)
Spears, Robert B.
Stone, David M.
Wiggins, Lee N.
Wright, Roland

A Benefactor is someone who has contributed \$1,000 to the Permanent Fund or made provisions in their will of at least \$1,000 benefiting The Rotary Foundation.

DISTRICT 5180 NEWS

The District Public Image Team will be hosting four training seminars through the course of the year on various topics to improve Club communications. The focus will be on providing instruction to develop public image plans and hands-on demonstrations of how to use available tools.

The schedule is as follows:

December 3, 2016 - Using Facebook and Social Media February 11, 2017 - Using Video to Promote Your Club April 22, 2017 - Preparing News Releases for Club Promotion

Seating will be limited, so Rotarians are encouraged to sign up early.

At present, there is no additional information available on these seminars, i.e. where, what time, etc. Visit the District Website for add'l. information as we get closer to the actual dates.

HIGHLIGHTS OF THIS WEEK'S PROGRAM

Pre-empting our regular weekly meeting, we met at American River College on Thursday, October 27th.

Vocational Service Director Gordon Lipp

arranged for us to have a guided tour of the Culinary Arts Building followed by lunch at the Oak Café. **Gordon** introduced us to our tour guide **Jonnie Kropp**, who he referred to as the Chief Cook and Bottle Washer in the Culinary Arts Program.



Foothill-Highlands Rotarians at ARC Vocational Tour

Gordon and Polly Lipp, President Dominic, Brent Seizer, Marilee Monagan, Dayme and Bob Meyer, Joe Kaiser, Roland Wright, Maureen McBride, Bob Spears, who arrived just in time for the tour, Chuck McBride, who took the picture and Lee Wiggins, who joined us for the lunch portion.

American River College is among the most respected culinary arts programs in northern California. The program emphasizes business theory and hands on cooking. Classes focus on job skills and professional fine dining cuisine. The program can be completed in 18 months, including a semester working in the kitchen of The Oak Café, the college's 4-star restaurant. There are two types of programs available to students—the degree program and a certificate program.

In 2014, the Culinary Arts Program underwent a major facelift increasing its teaching space from 2,000 square feet to 13,600 square feet which was unveiled in early 2015. The building features five



Students preparing a faculty lunch

teaching labs, a retail bakery and a studentrun Oak Café. In the original Oak Café, the space could accommodate 43 diners but was increased to 87 as a result of the renovation.

The new facility has state-of-the-art equipment and the Oak Café has a reputation

of being among the best restaurants for lunch in the area. It gives students a real-world experience in running a fine dining restaurant.

As we walked through the new Culinary Arts Building, **Jonnie** pointed out several pieces of original artwork which grace the walls. Some are quite impressive and all are available for purchase.



Dayme Meyer admiring one of the pieces of artwork pointed out by our Tour Guide **Jonny**

While we were on the tour, those of us who were adventurous enough to take the plunge were offered a sample of a cheese and cauliflower soufflé which missed the mark as it had collapsed. While it may not have been pretty, it was very tasty.

Following the tour, we gathered in a private room where we were treated to a family-style dining experience. As such, we were able to sample a variety of appetizers, entrees and desserts which included a garden salad topped with shrimp, duck sautéed in a mushroom sauce and chocolate mouse (my favorite.)



Foothill-Highlanders and their guests awaiting lunch
Table No. 1



Foothill-Highlanders and their guests awaiting lunch
Table No. 2

The service staff consists of students enrolled in the Dining Room Management Course while the kitchen staff are culinary arts students. The Oak Café offers a limited menu which is designed at the beginning of each semester by the faculty to teach students a variety of different preparations techniques.

Toward the end of our lunch, we were joined by **Kirsten DuBray**, who is the Executive Director of the American River College Foundation. **Gordon** introduced **Kirsten** and asked her to give an overview of the ARC Foundation and its Scholarship Program.



Gordon Lipp and Kirsten DuBray

Kirsten acknowledged **Chuck McBride**, who played a key role in helping initiate the Funeral Services Program at ARC and getting the needed accreditation. **Chuck** also served on the ARC Foundation Board and the Funeral Services Advisory Board for several years.

The ARC Foundation awards \$200,000 in scholarships annually. For many students who cannot afford a four-year college tuition, community colleges provides an opportunity for individuals to pursue additional training/education to better

their lives.

ARC plays an integral role in educating the workforce in the Sacramento area with award-winning programs, like the one we witnessed today.

Kirsten stated that groundbreaking will begin this Fall on a new Science, Technology, Engineering and Math (STEM) building at American River College. The 38,000 sq. ft. three -story building will replace the Liberal Arts Wing that has existed at the college since the 1960s.

Design elements will provide shared, flexible and movable space and labs for programs and disciplines that include Business & Computer Science, Mathematics, Astronomy, Physics and Engineering.

Phase II of the project will modernize the Science division which produces 47% of ARC's graduates and is the largest division in the Los Rios Community College District.

Many successful and notable alums in the fields of science, healthcare, engineering, biotech and research have benefited from their start at American River College. This new STEM Center will offer greater opportunities to more students.

Following her remarks, **Gordon** informed **Kirsten** that the Rotary Club of Foothill-Highlands wanted to present her with two \$500 checks for scholarships. The first in the fields of Electronics Technology, Nursing and Allied Health and the second in the fields of Computer Science, Funeral Services and Teacher Education.

Scholarship funds are distributed in the summer in time to pay for educational expenses for the fall term. Students' eligibility is verified before the funds are distributed. **Kirsten** said she would be happy to let us know who receives the benefit of our two scholarships and accompany them to one of our meetings so we can meet them and hear their stories.



President Dominic presenting **Kirsten DeBray** with the scholarship checks

Kirsten also held a raffle of an arrangement created by students in the Floral Design Program. It appears from the huge smile on his face that **PE Roland Wright** won the raffle.



In summarizing, those who attended today's meeting got an in-depth view into the Culinary Arts and Hospitality Program at ARC and the importance of helping students achieve their goals by providing financial support to some who might not, otherwise, be able to Continue their education.



A BIG
THANKS to
Vocational
Chair **Gordon Lipp** for
organizing
this great
program.



Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

Local Group Delivery Items

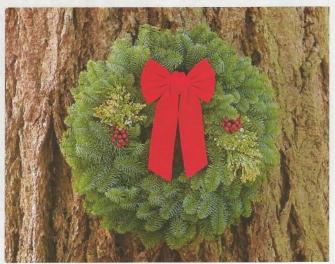
All items in this category are delivered to the group for local distribution.



28" Mixed Evergreen Wreath

ITEM # W3

An aromatic combination of Noble fir, berried juniper, and incense cedar. Touches of color are provided by red faux holly berries. A red velvet water repellent bow is included for easy attaching.



22" Mixed Evergreen Wreath

ITEM # W4

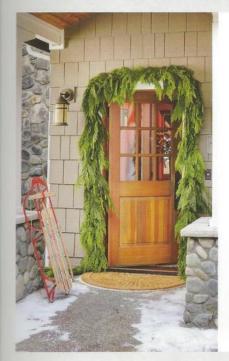
An aromatic combination of Noble fir, berried juniper, and incense cedar. Touches of color are provided by red faux holly berries. A red velvet water repellent bow is included for easy attaching.



22" Noble Fir Wreath

ITEM # W2

Fresh, fragrant Noble fir wreath in a traditional arrangement. Includes a red velvet water repellent bow and two snowy pine cone clusters for easy attaching.



\$ N/A

Western Cedar Garland

ITEM # G3

10' of fragrant, fresh cut western cedar garland made especially to adorn your front door or porch railing. (Two 10' garlands pictured.)



\$ NIA

Noble Fir Door Swag

ITEM # \$4

Newly designed for guaranteed sustainability and quality, this item is the perfect alternative to a wreath. Includes 1 set of snow dusted cones and a red bow. Approximately 30"x19".

For your convenience all items come individually packaged in an easy-to-handle, plastic carrying bag.

· All sizes are approximate.



Centerpiece

\$ 17

ITEM # C5

Cedar, Noble fir, pine, and berried juniper arranged in an oasis block and bowl for your table. Snowy white cones and red faux holly berries included for custom arrangement. Also includes traditional taper candle holder. Size is approximately 12" inches diameter.



Holiday Cones

\$ NIA

ITEM # **N7**

Large, medium and small natural pine cones perfect for rustic holiday decorating. Also includes small snowy pine cones to accent the assortment. (Bowl and berries not included.)

Direct Delivery Gift Items

All items in this category are individually packaged and delivered directly to the recipient (within the contiguous United States only)

Gift Items make the perfect gift for your friends, family & clients.

All items are individually packaged and delivered fresh to the recipient during the first 2 weeks after Thanksgiving.

A personalized message can be included on the address label. Share the holiday spirit this season with a Gift Item!

28" Mixed Evergreen Gift Wreath

ITEM # W3M

Our largest, most dramatic wreath is made from Noble fir, berried juniper, incense cedar and complemented with red faux holly berries, with a red and gold snowflake bow.

Our lar

All Gift Items are delivered are delivered directly to the recipient

22" Mixed Evergreen Gift Wreath

\$ 39

ITEM # W4M

An aromatic combination of Noble fir, berried juniper, and incense cedar. Touches of color are provided by red faux holly berries. A pretied checkered tree bow is included for easy attaching.

Rustic Pine Cone Gift Basket

ITEM # N7M

A rustic wicker basket filled with an assortment large, medium and small pine cones with berry accents. Approximately 12" in diameter and 6" deep.

*Basket finish may vary.

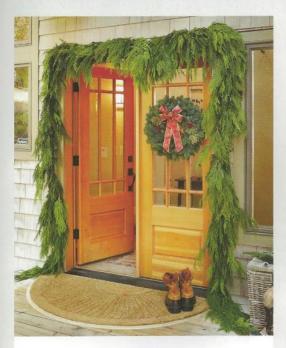
\$ 45

\$32

Western Cedar Gift Garlands

ITEM # G3M

Two sections of stunning 10' garland for decorating a doorway or porch railing. Made of fragrant fresh cut western cedar.





Gift
Centerpiece
with LED Candle

ITEM # C5M

Cedar, Noble fir, pine, and berried juniper arranged in an oasis block and bowl for your table. Accented by snowy white cones and red faux holly berries. Size is approximately 12" in diameter. *AA batteries not included.

Evergreen Gift Set

\$ 66

ITEM # EGM

The evergreen gift set complements and completes the holiday decoration for any entry. Includes **two** 10' western cedar garlands and an aromatic 22" mixed evergreen gift wreath with Noble fir, berried juniper, incense cedar, red faux holly berries and a checkered tree bow.



Gift Door Swag \$ 38

ITEM # S4M

A fragrant Noble fir door swag is now ready to be delivered directly to any* door. Measuring 30"x 19" this beautiful swag is exclusively sold by Sherwood and is the perfect alternative to a wreath. Includes white snow dusted cones and our checkered tree bow.

*Within the contiguous United States

Contact Information:

GROUP NAME

CONTACT NAME

PHONE

EMAIL

GROUP WEBSITE

Foothill Highlands Rotary Club 916-995-4006

Dominic Mecklenburg dmecklenburg@comcast.net











E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL...EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.



Your donation has another great benefit - it is good for the environment. We share your commitment to a cleaner, greener environment - and donating your car ensures it is recycled via many different channels!

Not every "vehicle" is a car - but every vehicle, in any condition, can be donated!

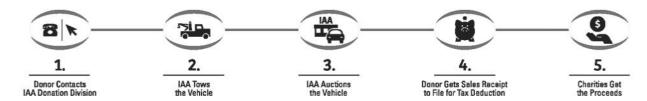
Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Boats
- Snowmobiles
- · Heavy equipment

- Trucks
- Motorcycles
- · Personal watercraft

The process is easy. Here's how it works:



- Tax deductible
- Free towing
- Any vehicle, any condition

Drive change.

Donate a vehicle today.

ROTARY CLUB OF
FOOTHILL-HIGHLANDS

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Click here to donate now

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