September 21, 2020 Volume 63 Issue 8

2020-2021 R.I. Leadership

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VP/Membership Development

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Roland Wright
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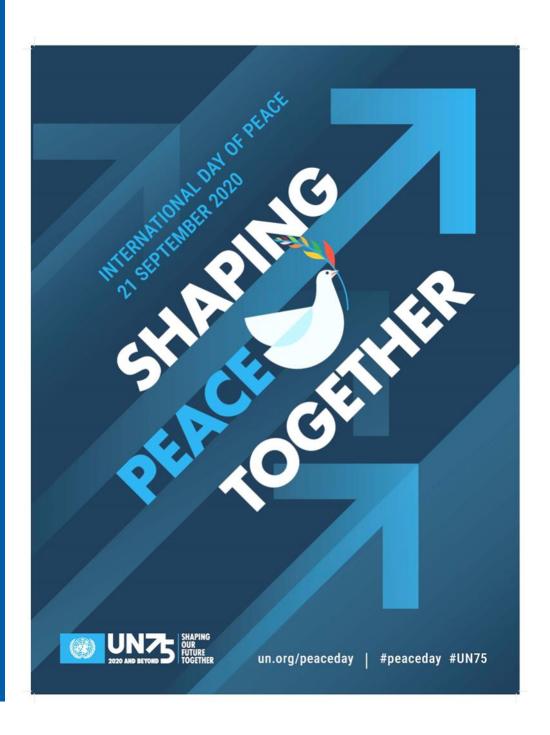
The Highlander

THE ROTARY CLUB OF FOOTHILL- HIGHLANDS

Chartered March 12, 1959 serving the Greater Sacramento Area communities of Antelope, Elverta, Foothill Farms, McClellan, North Highlands and Rio Linda







CALL TO ORDER

President Marilee Monagan called the meeting to order at 12:15 p.m. We held the meeting at the Lions Gate Hotel in McClellan Park. We met in the lawn area next to the patio. Leading us in the pledge was **Richard** Hansen and providing the invocation was PP Patrick Magnani. Richard Hansen served as the note taker.

There is never a dull moment meeting outside under big pine trees. Last week it was protesters. This week it was the squirrels gathering acorns for winter. We were bombarded until the waiter brought out a large umbrella.

ANNOUNCEMENTS

CALENDAR OF EVENTS

- 9/28 Board Meeting and Lunch at Lions Gate.
- 10/5 Regular Meeting and Lunch at Lions Gate.
- 10/12 Regular Meeting and Lunch at **Lions Gate**
- 10/19 Regular Meeting and Lunch at Lions Gate.
- 10/26 Fellowship Meeting, Location and Time TBD.

ROTARIANS AND GUESTS

Guests included David Hansen, and P. J. Garrido, a friend of President Marilee's.

WEEKLY ASSIGNMENTS

MONDAY, SEPTEMBER 28, 2020

GREETER: GORDON LIPP

PLEDGE: JOE KAISER

INVOCATION: PASTOR BOB HALE NOTE TAKER: RICHARD HANSEN

Club Communications - Richard Hansen rch6242@comcast.net 916-332-7448 **Rotary Club Address** P.O. Box 6 North Highlands, CA 95660-0006

We meet on Mondays at 12:15 p.m. **Lions Gate Hotel and Suites McClellan Business Park** 3410 Westover Street North Highlands, CA 95632

CLUB WEBSITE: www.foothillhighlandsrotary.org/ (Club Runner)

DISTRICT 5180 WEBSITE: http://rotary5180.com



DONATE TO HELP OUR ROTARY CLUB SUPPORT LOCAL CHARITABLE AND NONPROFIT CAUSES. Foothill-Highlands Rotary Club Foundation is a non-profit 501(c)(3)organization. EIN 68-0392810, PayPal link on Club Website: http://www.foothillhighlandsrotary.org/

RECOGNITIONS

Finemaster Joe Kaiser began by asking if anyone had a happy thought.

PP **Roland Wright** shared that he just returned from an 800 mile road trip with his brother and son on motorcycles. He spun a 2. All Rotarians paid \$1.

PP **Bob Spears** shared that new member Miguel fixed his home computer so he could play Karaoke. He spun the wheel for \$15.

PP **Patrick Magnani** celebrating two birthdays, wife **Jennifer** and her father. He spun the wheel for \$4.

Next, **Joe** had **David** spin the wheel just for fun. **David** spun the wheel for \$13. **Richard** will pay.

Finemaster Joe related a story about having trouble getting a Real ID from DMV as they did not like his birth certificate. **Joe** spun the wheel for \$6.

SUNSHINE

PP **Bob Meyer** is recovering at home.

HIGHLIGHTS OF THIS WEEK'S PROGRAM

PP **Patrick Magnani** presented today's program on investing. **Pat** is an investment counselor for **Edward Jones**.



Patrick speaking

It can sometimes be difficult for long-term investors to stay the course during tough periods of market volatility and uncertainty. Some decide that a more volatile environment requires a more active, "nimble" strategy. Others flee to what they believe are "safe" investments. However, we believe following a long-term investing plan is a more strategic approach and may perform better than more nimble efforts.

Review your portfolio regularly.

It's important to review your investments regularly and rebalance your portfolio when appropriate. Staying invested doesn't mean being frozen in place. Regular portfolio maintenance helps to keep your portfolio from veering off course, and it also gives you the opportunity to keep your portfolio aligned with your long-term financial goals.

Diversify your portfolio among quality investments.

Select an appropriate mix of quality investments rather than guessing which ones will perform the best. Consider including international equity investments, as well as domestic large-, mid- and small-cap stocks. And consider adding high-yield bonds, as well as investment-grade bonds, to help improve the diversification of your fixed-income portfolio.

Avoid owning too much of a single investment.

Don't try to guess which individual investments will perform best. Even when the outlook for a company or industry is favorable, it's impossible to say with any certainty which stock has the most "upside." Avoid overconcentration, which results in taking too much risk in a few individual stocks or bonds. Diversifying your equity and fixed-income investments can help reduce your portfolio's volatility.

Stay invested.

Prepare to stay invested as stocks become more volatile. Sticking with the investments you own today is one of the most important lessons to hold on to, because those who exit for the sidelines usually fail to reinvest. As we all know, you have to be invested to participate when stock prices rise. You'll also be invested when they fall, but, historically, stocks have risen for more months than they have fallen.

Buy-and-hold is a simple strategy, but it's not always easy to execute. It means staying invested when it feels like you should sell and doing nothing exactly when you most want to make changes. While some may criticize a long-term approach as unsophisticated, it's a strategy that typically outperforms more nimble efforts As a result, it's much more strategic than you may realize.

Edward Jones MAKING SENSE OF INVESTING

President Marilee then asked the group to stand, raise their glasses and join her in a toast to Rotary Around the World.

The meeting was then adjourned.



Past President Roland Wright from the Rotary Club of Foothill-Highlands joined by contributor Jeannine Sparks from the Rotary Club of Laguna Sunrise setting up a booth for the distribution of backpacks.





Rotary supplied 200 back packs for children in need, age 8 to 12. **LeLe** donated 200 Tee skirts



Shoes which donated 200 pairs of new shoes to these kids.

Front Entrance of **Sheik**



Inside view of **Sheik Shoes**.

Mother showing us kids the great back pack her daughter picked out today!



Radio show host **Big Mike** showing us the back packs these kids picked out.



Radio show host **Big Mike** showing us the goody bag with school supplies & Shirts these kids received.

ROTARY FOUNDATION BENEFACTORS

NAME

Hansen, Richard
Kaiser, Joe
Lipp, Gordon
Magnani, Patrick
Mecklenburg, Dominic
Meyer, Bob
Monagan, Marilee
Morgan, Cheryl (Sam)
Spears, Robert B.
Wiggins, Lee N.
Wright, Roland

A Benefactor is someone who has contributed \$1,000 to the Permanent Fund or made provisions in their will of at least \$1,000 benefiting The RI Foundation.



E-Waste4Good Program

PP **Dominic Mecklenburg** announced that our E-Waste program is going strong with

monthly pick-ups at Umpqua Bank. Larger items are being picked up and stored at Hallsten Corporation. We received our first check for this Rotary year for \$81.61.

Car Donation Program

To arrange for a donation, call **Dominic's**



cell **916-995-4006.** He will make the arrangements for the pick up.

The Donation Form is on Page 10 of the bulletin.



BELL RINGERS, GONG BONGERS PAUL HARRIS FELLOWS

Robert Hale		
Richard Hansen	(B)(GFHF)	PHF+ 8
Joe Kaiser	(B) (GRIF)	PHF+ 8
Gordon Lipp	(B)	PHF+ 4
Patrick Magnani	(Bx2)(GRIF)	PHF+ 1
Dr. Steven Martinez		
Dominic Mecklenburg	(B)	PHF+ 8
Bob Meyer		PHF+ 5
Marilee Monagan	(B)(GFHF)(GRIF)	PHF+4
Sam Morgan	(B)(GRIF)	PHF+ 6
Bob Spears	(GRIF)	PHF+ 4
Lee Wiggins	(B)	PHF+ 5
Roland Wright	(B x 2)(GRIF)	PHF+ 8

Bell Ringer & Gong Codes:

(B) = Bell Ringer \$100 to Club

(GFHF) = Gong Bonger \$100 to Club Foundation

(GRIF) = Gong Bonger \$100 to RI Foundation

(JH) = A donation to the John Hallsten Vocational Service Fund

A Paul Harris Fellow is an individual who contributes \$1,000 to the Rotary Foundation Annual Programs Fund or other approved program. Each additional \$1,000 contribution is recognized with a plus and the number.

END POLIO NOW CAMPAIGN



EVERYONE BRING YOUR POCKET CHANGE — TO AFFECT CHANGE BY ENDING POLIO THROUGHOUT THE WORLD.

The **END POLIO NOW** campaign is still one of Rotary's top priorities. The Bill & Melinda Gates Foundation have extended their partnership with Rotary during the critical endgame phase of the Global Polio Eradication Initiative. Thanks to this partnership our contributions are matched two for one—\$25 becomes \$75.

For the new year, our lucky wine carafe has brought in \$73.01 in Polio Plus donations.

Ink and Toner Cartridges Mini Fundraiser



PP Dominic is continuing to collect spent ink and toner cartridges as a mini-fundraiser for the club.

IT'S SO EASY TO DO!

Keep a plastic or paper bag by your printer. As you replace the ink or toner cartridges, put the old ones in the bag and bring them to Rotary.



In Loving Memory

JOHN HALLSTEN

1924 - 2019

In honor of the life and memory of John Hallsten, this fund will be used specifically to further Vocational Education. Students in our Rotary service area may apply.

Donate to the Foothill-Highlands Rotary Club, "John Hallsten Vocational Service Fund"

A non-profit 501(c)(3)organization. EIN 68-0392810



Mail checks to: Foothill-Highlands Rotary Club P. O. Box 6 North Highlands, CA 95660-0006

Amazon Smile

Support Foothill-Highlands Rotary by shopping at AmazonSmile. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases when you shop at AmazonSmile. Use this link:

https://smile.amazon.com

AmazonSmile has brought in \$21.03 this year.



E-WASTE RECYCLING IS HERE!

THIS IS A GREAT OPPORTUNITY FOR YOU TO GET RID OF SOME UNWANTED CLUTTER AND HELP OUR CLUB RAISE SOME MONEY. THEY WILL ACCEPT ANY PIECE OF ELECTRONICS INCLUDING TV'S, COMPUTERS, APPLIANCES, CORDS, KEYBOARDS, MICE AND EVEN POWER TOOLS. THE HEAVIER THE BETTER (WE GET PAID BY THE WEIGHT!) ANYTHING WITH A CORD IS ACCEPTABLE, AND THEY TAKE THE CORDS TOO. THEY SEPARATE AND RECYCLE THE PLASTIC, METAL... EVERYTHING! IF YOU HAVE ITEMS TO DONATE, GIVE ME A CALL TO COORDINATE THE PICKUP. SOME ITEMS I CAN COLLECT AT OUR WEEKLY MEETINGS TOO! IF YOU HAVE FRIENDS OR RELATIVES THAT HAVE SOME E-WASTE, I CAN ARRANGE FOR A FREE PICKUP FOR THEM TOO!

THIS IS AN ONGOING PROJECT. CONTACT DOMINIC FOR MORE INFORMATION.

You can also call eWaste-4good at 800-317-3112 and tell them proceeds are to go to The Rotary Club of Foothill-Highlands.

Drive change. Donate a vehicle today.

It will be sold at auction, and we will get the proceeds.

Your donated vehicle will provide critical funding to our charity and further our mission while supporting our goals. Even better, by donating your vehicle - you could also earn a tax deduction.

We have a partnership with the IAA Donation Division to process and sell the vehicles donated to us. They provide us with a simple solution to turn donated vehicles into much needed dollars.

The process of donating your vehicle is quick and easy - simply call 800-240-0160 or visit us online at foothillhighlandsrotary.org. Better yet, towing is free and scheduled for your convenience.



Your donation has another great benefit - it is good for the environment. We share your commitment to a cleaner, greener environment - and donating your car ensures it is recycled via many different channels!

Not every "vehicle" is a car - but every vehicle, in any condition, can be donated!

Call Dominic at 916-995-4006 E-mail dmecklenburg@comcast.net

Not every "vehicle" is a car, but every donation helps!

We accept every type of vehicle, including:

- Cars
- Boats
- Snowmobiles
- · Heavy equipment

- Trucks
- Motorcycles
- Personal watercraft

The process is easy.

Here's how it works:



- Tax deductible
- Free towing
- · Any vehicle, any condition

Donate today!

Program Powered by the IAA Donation Division.

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Donate Direct Referral Form

Date:		
Charity: Rotary	Club of Foothill Highland	S
Donor Informa	tion:	
Donor Name: _		94
Mailing Addres	s:	
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Home Phone:	Cell Phone:	
Email:		
Vehicle Inform		
Year:	Make:	Model:
VIN #:		Mileage:
Title Available:		Drivable:
Comments:		
1		
(

IAA Donation Division Office Use Only:

Claim: ___

Campaign: Donate Direct NS

Rotary Club of Foothill Highlands PO BOX 6 North Highlands, CA. 95660 Contact: Dominic Mecklenburg 916-995-4006 CELL dmecklenburg@comcast.net