

# *The Rotary Club of Natomas* **NEWSLETTER**

Wednesday, July 30, 2014



**\*\* Reminder: We are Meeting at Holiday Inn Express on Aug 1 – King Monarch Room\*\***

## **Recent Happenings...**



We started off our new year off with BBQ's for the kids at Stanford Settlement's Annual 5 Week Day Camp and Angelique Ashby, Mayor Pro Tempore!

If you would like to hear what she had to update us with, you can go to this YouTube Link to listen to her talk:

<http://youtu.be/s1yOp8qTjys>



Then we were highly entertained with an informative presentation by Lead Instructor Chef Scot Rice of Le Cordon Bleu College of Culinary Arts in Sacramento. It is the largest culinary school in the nation. If you've eaten at almost any restaurant in the Natomas area (including Denny's!), you had a good chance your food was prepared by a graduate of theirs.

Alas, he did not bring samples...



### The Four Way Test

This test has been translated into more than one hundred languages and published in thousands of ways. It asks the four following questions:  
Of the things we think, say or do:

- Is it truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?

### New Member Proposals

Pursuant to Article 13, Section 5 of the Rotary Club of Natomas By-Laws, the following individuals have been proposed for membership:

- No member proposals

Any active member of this club objecting to the proposal must submit in writing the objection, stating reasons, to the Board within seven (7) days following this publication. If no objections are received within seven days, the person/s, upon payment of admission fee, as prescribed in the by-laws, shall be considered elected to membership.

## Just for the Fun of It!

Over the past year District 5180 has been promoting the usage of Facebook to promote not only our clubs but our District. Gannett (Channel 10) has been a large part of teaching us about exposure to the outside world through social media. Through this we have developed a District contest to get not only our members on social media (Facebook) but to expose our friends to what Rotary is all about. The end result we can hope is increased membership.

Between now and the 15th of September we are inviting all members, potential members and friends to like the Districts facebook page and register as a member or friend of your club. The rules are below:

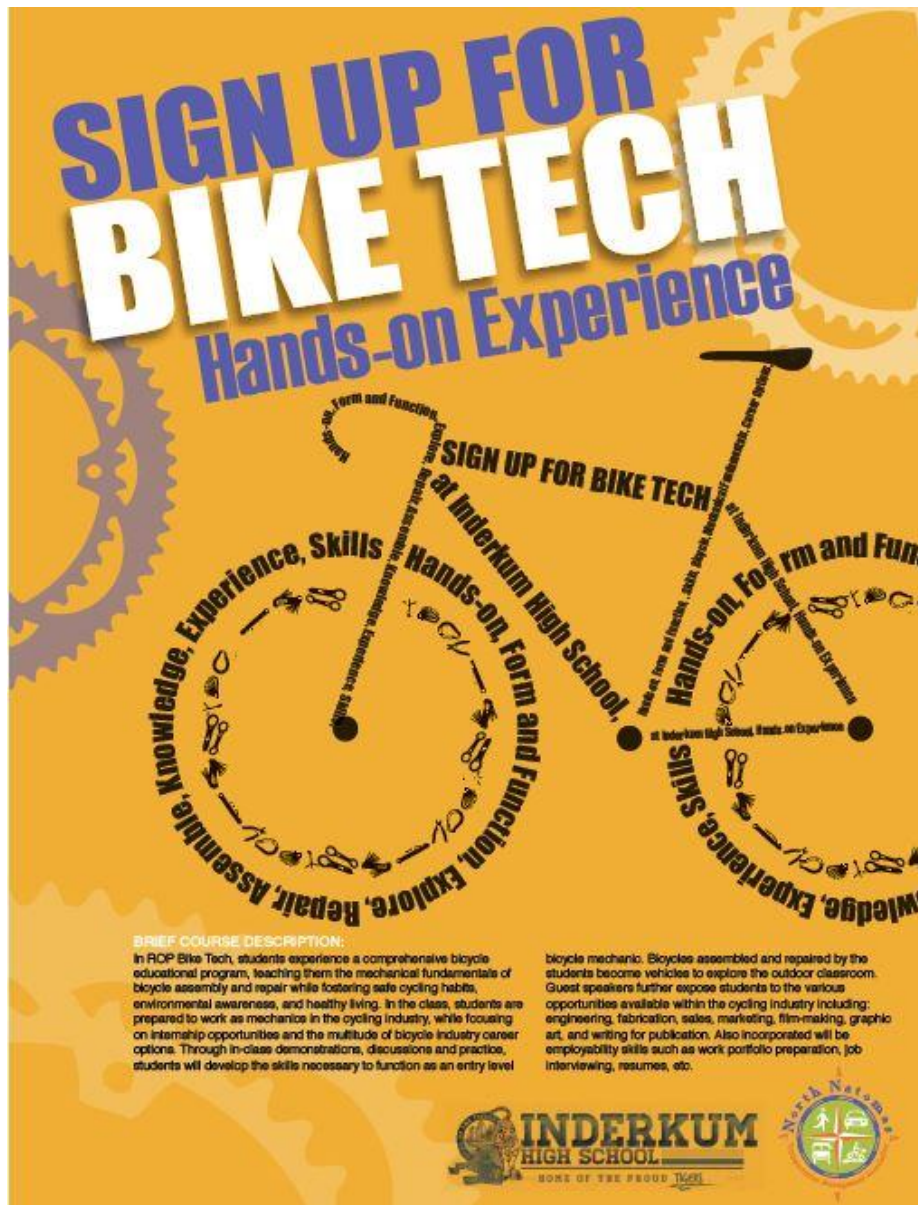
- Only clubs within Rotary 5180 may be entered
- Club with the most per capita friends at the end of the contest will receive 1 live Sac & Co segment (locally broadcasted at 11:30 a.m. on KXTV)
- Segment must be used to promote clubs local philanthropic activities

Below is the landing page that we created for the facebook like contest. This can be found by using the link...[Click here to go to the district contest landing page](http://a.pgtb.me/N9w5F1) or going to Districts facebook page from July 18<sup>th</sup>. (or copy and paste the following to your favorite browser: <http://a.pgtb.me/N9w5F1> )

If you have any questions please let District 5180 Public Image Chair Bob Deering (bobdeering5180@gmail.com) know. GOOD LUCK!!!!

## UPCOMING LOCAL ROTARY EVENTS AT A GLANCE

DATE	DESCRIPTION	TIME	LOCATION
8/2	Foundation Training (4 Sessions)	8:30 am – 12:30 pm	Bill McAnally Racing (Roseville)
8/3	Rotary Day at River Cats (vs Las Vegas 51s – AAA Affiliates of New York Mets)	5:05 pm start time	River Cats Stadium
8/7	Super STRS – Powerpoint		Lemmon Law Office
8/9	Super STRS - Leadership		Sacramento Rotary Clubhouse
8/9	Point West's Lunar Lunacy Bike Ride (benefitting Society for the Blind)	8:00 pm - Midnight	West Steps of the California State Capitol
8/11	Sacramento Club – Golf 4 Kids	9am - 6 pm	Northridge Country Club
8/19	Clubrunner Users Group meeting – Using Photography and Video	6 pm – 7 pm	Sacramento Rotary Clubhouse
8/23	ToolTime Membership/Marketing/PI Training Seminar	9am - 12pm	Sacramento Marriott, Rancho Cordova



### The Fine print:

In ROP Bike Tech, students experience a comprehensive bicycle educational program, teaching them the mechanical fundamentals of bicycle assembly and repair while fostering safe cycling habits, environmental awareness, and healthy living. In the class, students are prepared to work as mechanics in the cycling industry, while focusing on internship opportunities and the multitude of bicycle industry career options. Through in-class demonstrations, discussions and practice, students will develop the skills necessary to function as an entry level bicycle mechanic. Bicycles assembled and repaired by the students become vehicles to explore the outdoor classroom. Guest speakers further expose students to the various opportunities available within the cycling industry including: engineering, fabrication, sales, marketing, film-making, graphic art, and writing for publication. Also incorporated will be employability skills such as work portfolio preparation, job interviewing, resumes, etc.

***"GO AND MAKE IT A GREAT DAY!"***