

The Orange Peel

2023-2024 | President Don Morris | "Have Fun and Share Rotary"

Next Meeting Friday, April 26, 2024

Speaker - Susan Aimes
Stars and Stripes Dog
Rescue

Greeters - Sue Frost and
Diana Newman

Invocation - Bert Smith

Vocation - Sue Frost

Prospector -
Don Russell - last time

The Four-Way Test

Is it the TRUTH?

Is it FAIR to All
Concerned?

Will it build GOOD
WILL and BETTER
FRIENDSHIPS?

Will it be BENEFICIAL
to all concerned?

Couples Resource Collective

Katrina Womack introduced her longtime friend **Billy Schult** who the Executive Director of **CRC Counseling** as today's guest speaker.



C o u p l e s
R e s o u r c e
C o l l e c t i v e (C R C)
i s a n o n p r o f i t
c o u n s e l i n g
o r g a n i z a t i o n
t h a t e m p l o y s a
c o l l e c t i o n o f
p r o f e s s i o n a l s
a n d v o l u n t e e r s .
T h e m i s s i o n o f
C R C i s t o
s t r e n g t h e n

couples and communities by providing affordable and accessible services to couples and their families by well-trained and caring providers and staff. CRC has two locations, one in Sacramento and the other is in Davis.

Billy founded the organization in 2017 while he was still in grad school and it was originally named Couples Therapy. Billy recognized that he liked helping and mentoring people but he could only

Recap of the Meeting April 19, 2024

Guests

Billy Schult -

CRC Counseling

Janet Cahill - guest of

David Shepherd

**District 5180 Governor
Sidney Smith**

**District 5180 Theme
“Go Meet Do”**

Saying Yes to our
fellowship means:

- We get to **Go** places we never would have gone!
- We **Meet** people we never would have met!
- We **Do** things we never would have done!

counsel so many people per day.

Billy decided to create a nonprofit that would help to train therapists while helping individuals and couples. He wanted to provide more training than other nonprofits. “Mentoring trainees and associates to become effective and well-balanced mental health practitioners is a rewarding passion.” He is the clinical supervisor for the counseling and training program.

Billy talked about a young therapist who was going to work with an older veteran. She was 30 years old and the client was 60 years old. Being a new therapist and looking at the age difference, the client wasn’t sure he would be understood.

Billy recognized that both individuals wanted to grow. The vet was not sure they would connect and at first he was antagonistic to her. He was testing her; would she sit in the fire with him? They grew together, it was new to the vet to talk about his feelings. She learned and he learned. It was a collective experience and both sides grew. Sometimes getting a new therapist is good.

The schools are churning out therapists and Billy can help them get experience and additional training. They can earn hours towards becoming certified as a Licensed Marriage and Family Therapist. He has helped 20 clinicians.

CRC accepts Blue Cross Medi-Cal, Health Net Medi-Cal, and California Health and Wellness insurances. Individuals are covered but not couples.

In the month of May, CRC will have a GoFundMe campaign to raise \$50,000. The money will help 100

families and couples go through the entire program (16 sessions) and it will help 20 therapist get advanced training.

CRC is motivated to help clients achieve success because we believe happy couples raise healthy families and build strong communities.

For more information about CRC, visit CouplesResourceCollective.org

When Billy finished his presentation and answered questions, incoming President Katrina presented him with a thank you gift; a wooden pen made by past president Bob Kurtz.



Announcements

President Don Morris was in court today so in-coming president **Katrina Womack** served as president for the meeting and she did a great job. She won't be attending next week's meeting because she and her husband **Ernie** will be picking up their new puppy, named **Lily**. Katrina will visit the May 2nd Orangevale Farmer's market with her new puppy.

Katrina will be attending the Rotary District Conference in Reno, Nevada. It will be the third weekend of May at the Grand Sierra Hotel. The conference will be a combined District Conference for three Districts - 5150, 5180, and 5190.

Audrey Smith-Wiberg gave a summary of the prom held for the 120 TRS athletes and their dates. (Therapeutic Recreation Services (TRS) provides therapeutic recreation opportunities for individuals with disabilities residing in Sacramento County.) The attendees were thrilled with the food. At previous proms, only chips and lemonade were served. For this prom, **Bill Wagner** and the Knights of Columbus provided charcuterie platters and lots of food, There was a DJ, a photo booth and lots dancing. A very successful event.

Bill Wagner said that the Knights of Columbus held a wine tasting event last Tuesday. Alicia poured eight Tuscan wines both red and white. Over \$4,500 was raised for the maternity home.

Bill reported that the Knights of Columbus also cooked lunch for the Special Olympics events that were held at Vista Del Lago High School in El Dorado Hills.

Dave Shepherd announced that the next Charitable Fund meeting will be held on Thursday May 9 at 7pm.

Dennis Sarkisian, Community service, reminded everyone that the Big Day of Service is coming up on Saturday, May 4. We are working on Project #2, the clean up of the Joe Surra Track at Louis Pasteur Elementary School. Dennis ent everyone an email that contains the link to sign up for the event and if you sign up, you will get a t-shirt.

Steve Blair, Treasurer, sent out meal invoices for the last quarter. You can pay by Zelle, Google Wallet, check, cash or credit card.

Don Russell, Club Chairperson, ran through the four nominations for the next Dine Around. The late entry by Rob Auernig was Holaloha Fusion Restaurant won the show-of-hands vote. The Dine Around will be held on Thursday, April 25 at 5:50pm.
Holaloha Fusion Restaurant - 9580 Oak Avenue, Folsom.

Vocational Talk

Past-President Bob Kurtz had a career as a professional photographer for 15 years. He showed the photos he took for one of his clients, The Palace Hotel in San Francisco. He passed around a brochure that the hotel issued and it contained the photos that Bob took for them. The Garden Court in the hotel was especially beautiful with its glass ceiling. It was a popular location for brides and grooms to have their reception. Bob showed photos of the room decorated for Christmas and a tall 12 days of Christmas cake. Bob was friends with their executive chef and he often took his portrait.

On special occasions such as Mothers' Day Bruch, Bob used a green screen to photograph a family group and then replace the background with a beautiful photo

of the Garden court. Bob reminisced about taking up to 800 photos at the event and using a color printer to produce a photo in 90 seconds for the family to take home.

Prospector

Prospector Don Russell said that only Bryan Daniel and Mairy Droese were fine free because they volunteered to donate \$100 to The Rotary Foundation. Then Don proceeded to fine the people \$1 who haven't signed up for the Big Day of Service.

He fined Steve for not knowing his Rotary number and Josh for sitting with Steve. He fined Keith for having his photo taken at the Kings game and not knowing that Brad was in the same photo. Don asked several people questions about the Tuscan Wine Tasting event and collected several dollars.

Don asked questions about Bob Kurtz's vocational talk and caught several people giving incorrect answers - more dollars collected.

Jim Buntin donated a NASCAR hat to be auctioned off. Unfortunately there weren't any NASCAR fans to bid on the hat so Don bought it for \$5.

Happy fines:

- **Bert Smith** talked about Bill Newton's memorial service and passed around the program from the service.
- **Katrina Womack** is happy to go on a trip to pick up her puppy.
- **Mairy Droese** is happy to be attending the Tiki Oasis conference in Scottsdale, Arizona.

Next week is Don's last week as Prospector. Think about who you want to replace him.

The Orange Ball

Mairy Droese pulled out the orange ball last week so the raffle started afresh with ten balls (including the orange ball) and \$39. Patty Wolfe won the raffle but that is where her luck ended. She pulled out a white ball from the basket. Boo-hoo!



The Thought for the Day

“No one cares how much you know until they know how much you care.” -
President Theodore Roosevelt.

Have Fun and Share Rotary!