



## RYLA Campers Tell Their Story



**Bob Kurtz** introduced our speakers today – Casa Roble High School students **Maisey Rew** and **Crystal Kodsuntie**, both who attended the 7-day Rotary Youth Leadership Award (RYLA) camp. The young ladies took turns talking and showing pictures from their adventures.

Crystal started the talk by thanking Orangevale Rotary for the opportunity to go to the camp. Maisey spoke about Day 1. The students from Nevada who attended the camp arrived before the Californian campers. The Nevada students made a tunnel by holding hands overhead and the new arrivals high-fived and ran through the human tunnel.

The first assignment was an Orienteering exercise where the students were given maps and a compass. Most of the students had never used a compass before. It was a good way to work together and to start to know one another.

Each camper was given a rock and they wrote on the rock what they wanted to get out of the camp. They kept the rock as a reminder and looked at it every day. They folded origami hearts and wrote words on the heart that embodied the different groups. As the week went on, the hearts were given to the students who best embodied those words.

The students learned about Emergenetics, which is 4 categories of team behavior. Each person has on dominant category but a successful group should reflect all four categories.

<b>Date</b>	Friday, August 10, 2018
<b>Speaker</b>	Mike McKibbin, Life in the Attorney Generals office
<b>Greeters</b>	Ron Cochran, Bryan Daniel
<b>Invocation</b>	Ron Cochran
<b>Prospector</b>	Rob Aurenig filling in for Jane Wise

On Day 2 there was a guest speaker and activities to break the ice such as learning to square dance. That was Crystal's favorite activity. At the end of the busy day, everyone wrote in their journal – what did they experience today and how that could help in the future. Maisey learned how to get out of her comfort zone.

On Day 3, each cabin named their team and participated in the camp Olympics. Maisey's team was Trust Tribe and Crystal's team was named IV (four) because they were the fourth team to be set up.

The Olympics consisted of the low ropes course. They would have an exercise such as stating their fear and then swinging out on a swing which represented pushing through the fear.

On Day 4, it was the high ropes course all day. It was exciting but scary. Besides ropes, they had to climb over a very high wall with the help of their teammates.

Day 5 was a fun day because we spent time with young people, ages 7 to 9 years old, from the Boys and Girls Club. Crystal was paired with Jack who loves soccer and they played together. Jack said he didn't like to dance but he learned a line dance and he loved it.

Maisey spent time with Ozmun and he liked to dance to "Can't Stop the Feeling" and "Cotton-eye Joe". As the day progressed, she saw him change through the day.



All of the children received a bike at the end of the day and they were speechless. Then they got their bike and rode away and around the park.

Thursday evening was long and tiring but eventful. There was a chair lifting exercise where team members lifted up a team member on a chair. The theme was Energy.

Each camper received a wooden board and they wrote words and phrases on one side of the board that made them uncomfortable. On the other side they wrote words of encouragement. To raise each other's energy, the group chanted Yes, Yes, YES! And one by one, the campers broke their boards.

When it was Crystal's turn, she had multiple tries but could not break the board. She got another board and wrote on it, what she wanted to be. She broke the board on her first try!

After everyone's board was broken, there was a dance party and they danced until 1pm. There was a candle ceremony and a speaker spoke about the candle flame lighting up a room. When you light a flame and help others to light their flame it keeps the synergy going.

Friday was wrap up day and they learned about the backbone of Rotary which is Service Above Self. In the camp, we learned to work on ourselves so we could be available to give to others.

Their first Service Above Self activity that the campers participated in was helping and loving the Boy and Girls club children. Now they will take that experience wherever they go.

You take your experiences wherever you go. Bring the attitude you experienced in camp back to school and into your life.

Both Maisey and Crystal gave a big thank you to Orangevale Rotary. President Tommy told the ladies that we support RYLA to make you better leaders. Thank you for letting us help you be better people and thank you for sharing your experience. He gave each of them an Orangevale coffee cup.

### Recap of the meeting – August 10 2018

#### Rotary Visitors

**Vi McKorkle** – honorary Rotarian, wife of Orangevale past-president Bob McKorkle, and member of Orangevale Innerwheel

**Richard Kowaleski** – Sacramento Club, Deception, retail

#### Visitors

**Justin Lack** – Bella Vista Laird Smith scholarship winner

**Maisey Rew** – Casa Roble High School student RYLA camper

**Brian Rew** – father of Maisey

**Crystal Kodsuntie** – Casa Roble High School student and RYLA camper

**Becky and Tawatchai Kodsuntie** – parents of Crystal

#### Scholarship Winner

**Ann Hively** invited Bella Vista high school student, **Justin Lack**, up to the front of the room. He was awarded the Laird Smith Scholarship. Justin commented that he could see the Service in our hearts. Justin was be attending Cal Poly, San Luis Obispo in the fall and he will be studying Environmental Earth Science and he wants to serve humanity through working on the environment.



## Announcements

**Don Russell**, the Club Service Chair is looking for a suggestion for the third-Tuesday Dine Around. Email your suggestion (it's the only recommendations he will consider). Don is looking for someone to host a Bacon and Ice Cream Social and in September, he needs a host for a lobster fest.

**Jane Wise** spoke to former Orangevale president, **Betty Olson**. She and husband Al, live 15 miles east of Redding and their home is safe from the fires. Unfortunately, Betty's health is not good. She is diabetic, on dialysis and needs to learn to walk again. A greeting card for Betty was passed around the room for everyone to sign. If you want to send a card her address is 24451 Shel Max Rd., Oak Run, CA 96069.

**Ann Hively** spoke about the American Cancer Society's Relay for Life to be held on Aug 4-5. She handed out maps to the Interact Super Heros campsite at Hagen Park in Rancho Cordova. The opening ceremony is at 9:00am.

**Russ Rheams**, treasurer, spoke about the invoice and statements he sent to the club members. He investigated using Club Runner's on-line payment system but decided not to use it because it would cost \$20 a month to use.

It's time to pay the Rotary International dues and the district dues (which has gone up). Russ can't process credit cards today but should be prepared to take them next week.

When Russ was helping with the Divine Savior's Treasure Fest, he met a teacher from Mission Oaks elementary located in the San Juan district. She would like to have our sailor hats if the members would like to donate them. She will use the hats in her classroom. Please bring your hats to the next meeting and Russ will collect them for the teacher.

The next board meeting will be held on August 9 at 6pm at Russ and Lorie's home. Come one time because it will be a long meeting.

**Steve Blair** checked out the Pasteur track and it need work. He sprayed 8 gallons of weed killer on the track. He will schedule a work party in September.

## Orange Ball – Always Elusive

This week there were 9 golf balls and \$56 in the pot. **Ann Hively** had the lucky ticket and when she reached into the basket, she pulled out a white ball!! Darn, try again next week!



## Recap of the Relay For Life

Photos of the Interact Super Heroes team at last weekend's Relay For Life at Hagan Community Park in Rancho Cordova.



The team raised \$1460 to fight cancer!! Our team of 8 volunteered to help at registration as well as at the Relay Wear clothing stand. Our Batman boxcar came in 2nd in the Road To Recovery boxcar race!



Ann was so happy that Bud, Mairy, Bert, Barbara and Dave came by!

A big thank you to Jim for lending us 2 EZup's!! Personal luminaria bags were placed in front of our campsite. The Luminaria Ceremony was again a highlight!



Thanks to Maisey's mom for chaperoning the 6 students who camped overnight!! As always it was a very fun, rewarding experience for all of us!





