

ACTIVITY REPORT: MEDICAL CAMP & PROJECT REVIEW AT KAMUGANGUZI HEALTH CENTRE III-MCH GLOBAL GRANT



Date of Activity: Saturday, 23rd August 2025

Location: Kamuganguzi Health Centre III, Kabale District, Uganda

Reporting Period: August 2023 – August 2025

Global Grant GG2230735: Maternal and Child Health Mobile Clinics

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1.0 EXECUTIVE SUMMARY

On Saturday, 23rd August 2025, the Rotary Club of Kampala South conducted a targeted medical camp at Kamuganguzi Health Centre III in Kabale District. This activity was a direct implementation event under the Rotary Foundation Global Grant GG2230735, "Maternal and Child Health Mobile Clinics." The camp served 124 beneficiaries, providing critical services including general outpatient care, antenatal care, family planning, and distribution of mama kits and sanitary pads. This report details the day's activities, aligns them with the grant's core objectives, and demonstrates the significant, measurable impact the project has had on Kamuganguzi HC III and its catchment population of approximately 11,425 people since its launch in August 2023.

2.0 INTRODUCTION & PROJECT BACKGROUND

The national Maternal Mortality Rate in Uganda remains high at 336/100,000, with child mortality at 45/1,000 live births (UDHS). In remote regions like Kabale, challenges such as low female literacy (24%), early marriages, and limited access to quality healthcare exacerbate these statistics.

Global Grant GG2230735 was approved to address these dire needs directly. Kamuganguzi Health Centre III was identified as one of five key health facilities in underserved regions to be equipped and supported. The grant's primary objectives are:

1. To improve access to and quality of Reproductive and Child Health services.
2. To promote positive health-seeking behavior.
3. To improve Ante-Natal (ANC) and Post-Natal (PNC) care coverage and promote institutional deliveries.
4. To educate adolescents on family life and promote menstrual health.

The project launch was held at Kamuganguzi HC III on **19th August 2023**, signifying its strategic importance to the grant.

3.0 DETAILED ACCOUNT OF ACTIVITIES: MEDICAL CAMP OF 23RD AUGUST 2025

The medical camp was a holistic intervention designed to address multiple Rotary Areas of Focus simultaneously.

3.1. Disease Prevention and Treatment

- **General OPD Services:** A total of **105 patients** received curative medical consultations and treatment.
 - 35 Adult Males
 - 51 Adult Females
 - 19 Adolescents



3.2. Maternal and Child Health (Core Focus Area)

- **Antenatal Care (ANC):** **28 pregnant mothers** received comprehensive ANC services, including health education and check-ups. Notably, 4 were in their first trimester, 13 in the second, and 11 in the third trimester, demonstrating early engagement.
- **Mama Kits Distribution:** All **28 antenatal mothers** received mama kits to encourage safe and hygienic institutional deliveries.

- **Family Planning: 7 mothers** received family planning services, empowering them to make informed choices about their reproductive health.



3.3. Water, Sanitation, and Hygiene (WASH) / Menstrual Health

- **Sanitary Pad Distribution: 26 women** of reproductive age and **70 adolescent girls** (at the health camp and Nyakijumba Primary School) received sanitary towels. This is a critical intervention in a region where menstrual health is a significant barrier to girls' education and dignity.



4.0 IMPACT ASSESSMENT: RELATING THE ACTIVITY TO BROADER PROJECT GOALS

The one-day camp is a snapshot of the sustained impact the global grant has had on Kamuganguzi HC III over two years.

4.1. Enhanced Service Capacity & Utilization:

Data from the project's Log Frame reveals a dramatic increase in the facility's capacity and community utilization:

- **ANC Services:** over 1,994 mothers. The project has consistently supported hundreds of consultations per quarter (e.g., 1398 mother receiving ANC).
- **Institutional Deliveries:** Baseline: 350 deliveries. The provision of mama kits and equipment has been crucial in promoting and supporting these safe deliveries. And over 796 post ANC)
- **Patient Load:** The facility now handles over **11,950 outpatient treatments annually**, a number sustained through improved services and community trust.



4.2. Reduction in Critical Barriers:

The grant provided an ultrasound scan machine. This has **reduced costly referrals to town**, keeping care within the community, saving lives, and reducing financial burdens on families. This directly addresses the project's objective to improve access.

4.3. Building on a Foundation of Success:

This camp was not an isolated event but part of sustained engagement in Nyaconga. It builds on previous interventions funded by this grant, including:

- Procurement and donation of essential medical equipment (ultrasound scan, stethoscopes, fetoscopes).
- Installation of MCH software(Cutana) for patient tracking and telemedicine via USSD code.
- Training of health workers on equipment use and data management.
- Past outreaches that have provided services to hundreds of community members.

5.0 PROJECT VISIBILITY



- <https://x.com/kampalasouth/status/1959928673085120947?s=46&t=ZPS3HYiulCAIB2CsbWVOJw>
- <https://x.com/kampalasouth/status/1960404278499270843?s=46&t=ZPS3HYiulCAIB2CsbWVOJw>
- https://drive.google.com/drive/folders/1flhMm_UWBipjBhlrXzgy4guFFjC3qGwV?usp=drive_link (for images)
- <https://drive.google.com/drive/folders/1uZc8aZD6hWf6mViiCLzZUBKdcIWTeaRP?usp=sharing> – Video footage
- <https://nilepost.co.ug/news/283378/rotary-club-of-kampala-south-brings-healthcare-closer-to-kabale-community>

6.0 CONCLUSION

The medical camp on 23rd August 2025 successfully delivered targeted, essential health services to the vulnerable community of Nyaconga, directly fulfilling the objectives of Global Grant GG2230735. The activities in maternal health, disease prevention, and menstrual hygiene are creating lasting change.

The evidence is clear: the partnership between Rotary Clubs and Kamuganguzi HC III has **transformed the facility into a more robust, trusted, and effective primary healthcare center**. It has moved the needle on key health indicators for its catchment population, contributing to the reduction of maternal and child mortality in Kabale District.

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