

# the WAVE

Issue no. 5 | November 2018

Rotary  
District 9211



BE THE  
INSPIRATION



## ROBERT TUHAMIRE

DISABLED BY POLIO  
BUT NOT DEFEATED

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THE ROTARY  
FOUNDATION

### PROJECT SHOWCASE

Polio End Game Initiative

Rotary Club of Kampala South  
improving communities in  
Kikandwa

### BREAST CANCER AWARENESS

### DISTRICT ROUND UP

Congratulations: PDG Tusu

Third Rotary Zanzibar &  
Fumba Town Golf fundraiser  
for Makunduchi hospital

## EDITOR'S NOTE

# November is for CELEBRATING THE ROTARY FOUNDATION



CATHERINE NJUGUNA

It's our great pleasure to reconnect with you again and share stories of what has been happening in the district and beyond.

This month, we are celebrating the Rotary Foundation. **If Rotarians are the lifeblood of Rotary, then the Foundation is the heart**, beating steadily and strong, enabling Rotarians from all around the world to alleviate suffering and make the world a better place through community service. This November, how will you celebrate the Foundation? Share with us your stories and we will feature them in the next edition.

October highlights two very important life-threatening diseases that are a global challenge. One is the crippling disease that Rotary is on the fringe of making history. Yes, you guessed correctly – it is polio and we as Rotarians are working hard to see it become the second disease in the world to be eradicated through our massive vaccination campaigns.

In our inspiring Rotarian series, we bring you Robert Tuhamire from Uganda, a husband and a father, an entrepreneur, a Rotaractor and a polio survivor. Polio may have rendered him disabled, he's been laughed at but his spirit has not been broken! I am sure you will be as inspired by his story as we were.

The second disease that the whole month of October is dedicated to creating awareness about is breast cancer - creating awareness to both men and women – because yes, men also get the disease. Early detection is key to the successful treatment of the disease. So, monthly self-examination and annual mammograms for those past the age of 40 are very important. Other things we can do to reduce our chances of getting the disease include having healthy diets, reduce or eliminate alcohol consumption, no smoking, reduce excess weight and exercise regularly among other measures.

This October, the 10th edition of the iconic Dar Rotary marathon took place and this year the participants increased to over 15,000 people. We bring you this and other actions from around the district.

We hope you will enjoy reading the Wave as much as we enjoyed working on it!

The Wave Team

*Catherine, Flavia and Eric*

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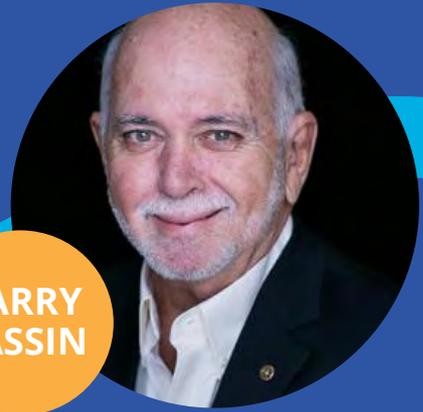
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## RI PRESIDENT'S MESSAGE

# Connect with the world BE THE INSPIRATION

BARRY  
RASSIN



*One early June, more than 30 years ago, I had a business trip scheduled to Las Vegas. I had been a Rotarian for about six years, and I thought of myself as an active member: I attended every meeting, I'd served as club secretary, I knew everyone in my club. But for me, Rotary was very much a community organization. It connected me to Nassau and perhaps even to the Bahamas — but no farther.*

I had never given much thought to Rotary beyond the Bahamas, and it had never crossed my mind to travel to a Rotary convention. But that spring, I realized that my trip to Las Vegas would coincide with the Rotary International Convention and thought, why not? I sent in my registration and paid my fees, never suspecting that the experience would change my life.

When I walked through the doors of that convention, I was stunned. It was one thing to know that I was part of a global organization with over a million members around the world. It was something else altogether to stand there in the middle of it. I went to every general session, looked in at every booth at the House of Friendship, and learned about projects that I hadn't even known you could do in Rotary. That convention didn't just open my eyes. It opened my mind. It inspired me to completely change the way I saw Rotary, what Rotary could do for me, and what I could do through Rotary. That inspiration has stayed with me ever since — and is renewed every year, at every Rotary convention.

In June 2019, Rotarians from all over the world will converge in Hamburg to Capture the Moment at the 110th Rotary International Convention. Many, like me, will have been coming to conventions for years; many others will be coming for the first time. Whether they're looking to connect with old friends, to find inspiration for a new Rotary year, or simply to see what Rotary is all about, each of them will find their own moment in Hamburg.

Hamburg is a port city that connects Germany to the world and that has been an economic and cultural hub for centuries. It's a wonderful place to visit — to stroll the shores of the city's lake, take a boat trip on the Elbe River, dine out, hear great music, and explore fascinating museums. It's also the ideal place to kick off a European vacation.

If you're a regular convention goer, you absolutely won't want to miss out on the friendship and inspiration you'll find in Hamburg. And if you've never been to a convention, please consider this my personal invitation. Register at [riconvention.org](http://riconvention.org) by 15 December for the best rate — and let this convention Be the Inspiration for your Rotary journey.

# Why you should give to THE ROTARY FOUNDATION



SHARMILA  
BHATT

*The month of November is the month that Rotary International dedicates to the programs and activities of the Rotary Foundation and this gives us a wonderful opportunity to focus our attention on the many great things that our foundation delivers to our district and the world. The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world.*

So, do we really need the Rotary Foundation? Well, it is possible for Rotarians to use own funds to carry out community service projects, but to plan and execute large, high impact & sustainable projects that will result in positive and lasting changes in our communities and the world, we need the technical and financial support that TRF offers. Our clubs today carry out innovative and sustainable service projects that support our six focus areas namely: Promoting peace, Fighting disease, Providing clean water, sanitation, and hygiene, Saving mothers and children, Supporting education and Growing local economies.

With donations like yours, Rotary has wiped out 99.9% of all polio cases in the world and as Rotarians of District 9211 we cannot get weary of donating. This year we have set out to raise \$90,000 towards Polio Eradication and \$650,000 towards Rotary Foundation. With this amount to polio

we shall immunise 150,000 children at a cost of 0.60 cents per child. Your donations also train future peacemakers, support provision of clean water, and strengthen local economies.

I would like to specially thank the District and Country Grants Officers and Chair of District Rotary Foundation team who tirelessly examine, advise and revise the many project proposals you send so that we adhere to the required standards for sustainable projects and stewardship while addressing the real needs of the community.

We are gearing up to celebrate our foundation giving and special plans are in progress to celebrate our giving to the foundation in the month of Feb 2019. More details will be provided closer to the time.

We take so much for granted in our lives, where water streams from each one of the many taps in our houses, there is

reasonable medical care just around the corner, an active education system that provides a future for our children and in this comfort zone it is very easy to mistakenly think that this is the case for everyone. Unfortunately, it is so very different for one-third of the world's population!

The Rotary Foundation is our charity and I am asking you to be part of it. This year I have even asked Rotaractors to give \$20 each and be part of our giving goal and I do hope that you as Rotarians are doing your part. As many as 34 clubs have set goals of giving to "zero" to the foundation but I do not believe that as Rotarians in these clubs you are not willing play your part and hence request you to speak to your club leadership to quickly review and demonstrate your commitment to our Foundation.

"Think of giving not as a duty but as a privilege." —John D. Rockefeller Jr.

# QUARTER 1 UPDATE

## MEMBERSHIP



### MEMBERSHIP

Achieved: **135**

Target: **1000**

Our membership targets were revised after the two country membership retreats to a 1000 new members.

### ROTARACTORS

Achieved: **35**

Target: **100**

Transitioning into Rotary.

## CLUBS



### NEW CLUBS IN FORMATION

**14** New clubs in  
Tanzania & Uganda

### NEW ROTARACT CLUBS IN FORMATION

**20**

Clubs  
in Tz

**30**

Clubs in  
Uganda

Clubs are working towards joint projects with youth. We need our focus here to be 100%.

## GIVING



### POLIO PLUS GIVING

Achieved: **\$12,000**

Target: **\$90,000**

### FOUNDATION GIVING

Achieved: **\$60,000**

Target: **\$650,000**

34 clubs have set zero targets for giving to Rotary foundation which is being revised as we work with the clubs.

### GRANTS - PROJECTS

Achieved: **\$700,000**

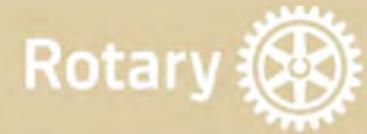
Target: **\$5,000,000**

New Grants are in the pipeline and undergoing vetting

### PUBLIC IMAGE

Clubs are beginning to adopt logo standardization in all collaterals being used.

## Rotary's Impact



DONATE: [www.rotary.org](http://www.rotary.org)

**Disease Prevention and Treatment**  
Polio has been reduced by 99% in the last 30 years, but children everywhere remain at risk until we eliminate the final 1%.



**Funding:**  
**\$14.2m**  
**Number of grants:**  
**265**

**Funding:**  
**\$11.2m**  
**Number of grants:**  
**198**



**Water and Sanitation**  
Rotary members carry out service projects that enhance water access, sanitation, and hygiene in communities around the world. Get involved with Rotary to improve health through clean water.

**Basic Education and Literacy**  
Rotary members provide technology, teacher training, vocational training teams, student meal programs, and low-cost textbooks to communities. Get involved with Rotary to provide access to a bright future.



**Funding:**  
**\$6.8m**  
**Number of grants:**  
**121**



**Economic and Community Development**  
Rotary invests in people to create economic improvement in their lives and their communities. Get involved with Rotary to develop communities around the globe.

**Funding:**  
**\$7.8m**  
**Number of grants:**  
**148**

**Funding:**  
**\$5.1m**  
**Number of grants:**  
**69**



**Maternal and Child Health**  
Rotary members around the world improve access to essential medical services and support trained health care providers for mothers and children. Get involved with Rotary to improve health in developing communities.



**Peace and Conflict Prevention/Resolution**  
Up to 100 fellows a year train at six Rotary peace centers around the world to become the next generation of peacemakers. Get involved with Rotary to promote peace.

**Funding:**  
**\$2.5m**  
**Number of grants:**  
**67**

## BE THE INSPIRATION

# *Disabled by Polio* BUT NOT DEFEATED



*In this month's wave, our inspiration comes from Robert Tuhamire from Uganda, who did not just survive Polio, he thrived. Despite his disabilities, he beat the odds, getting a degree with support from well-wishers and today he has a successful career, various enterprises, a lovely wife and three beautiful children. He is also giving back to community and is a Past President of the Rotaract Club of Makerere University Business School (MUBS). Our Wave editor for Uganda, Flavia Serugo caught up with him to share with us this moving story.*

### BRIEFLY TELL US ABOUT YOURSELF

I am Robert Tuhamire, born on 15th March 1980 at Rwagashane in Mitooma district in a family of 10. I was born as a normal child but immunized with an expired polio vaccine which led to my disability. The country was recovering from the Idi-Amin war and government was experiencing challenges in supplying medicines and vaccines for immunization due to the political instability. My mum tried her best to seek treatment in hospitals as far as Nakivaale but unfortunately the condition was irreversible and left me crippled.

In my family, I am the only one who is disabled. But I'm grateful to God because most of the people who contracted the diseases, either had their limbs amputated or did not survive. I am also lucky that I got a good education plus scholarships for both O and A levels. I hold a Diploma as well as a degree in Business Administration and currently employed as a front desk manager at Makerere University Business school. I am married to one wife and a proud father to three boys

### ON GROWING UP, WHAT CHALLENGES DID YOU FACE AND HOW DID YOU OVERCOME THEM?

The death of my father in 1987 hit us hard as a family. It happened so suddenly, first he lost his sight and then he passed away. I was so worried about how we would cope. In the meantime, I had been denied an opportunity to attend school not because they hated me, but because they thought I was not able. One of my friends, Eddy Tindyebwa, a headmaster of a local school used to pass by our home on his way to work and would bring me sugarcane and sometimes a coin. One day he asked me to go to his school and later convinced my uncle to let me study after seeing my competences. My uncle welcomed the idea and that is how I joined Rwagashane Primary school.

My first day at school was very challenging. The children laughed at me and I felt so alone. However I found consolation in a nearby church where I used to play signal drums every Sunday, these are drums for calling people to attend church. I soon became very popular and people warmed up to me. Since then I started mingling with people. I am grateful to the church which gave me my first wheel chair in Primary 6. Another challenge I faced back then was I could not afford sandals to shield my palms. The mud and dirt would always leave my books very messy. However, soon I learnt how to improvise by cleaning my hands with dew.

Story continues to page 7.

## BE THE INSPIRATION

Being accepted was and is still a challenge. There is still a perception that most disabled people are uneducated and poor. Many times I have been shunned away by taxis and bodabodas thinking that I can't afford to pay for my fare, leave alone boarding a car. The first thing people see is the disability not the ability you have. It is not about what you see but the content that matters.

### YOU ARE A ROTARACTER AND WAS EVEN PRESIDENT IN 2012/2013, HOW DID YOU JOIN THE CLUB?

When I was at the Business School studying for my Diploma, there were some Rotary Clubs giving out wheel chairs. The Rotary club of Kampala East in collaboration with Rotaract of MUBS gave me my second wheel chair. That was the beginning of my Rotary journey. But prior to that, I had also received assistance from the Rotary Club of Bushenyi for my A-level scholarship and they had also supported me at my Diploma. I eventually got interested in the Rotaract activities and soon joined. RC Kampala East would take us for service projects. I hope I will be accepted to join Rotary Kampala East



### HOW FAR HAVE YOU GONE IN ACHIEVING YOUR DREAMS AND INSPIRING OTHERS?

I completed a diploma and a degree in Business Administration and planning to enroll for Masters in Energy, Economics and Governance at MUBS. My job has exposed me to many people and I hope one day I will be able to represent the disabled at a national level. I have been going around schools and tertiary institutions to give talks and I will continue with that.

In addition to my family, I am taking care of two other children of my deceased brother so my salary alone is not enough. To supplement, I keep chicken in the village and currently have 230 birds. I was also able to buy a plot of land in Kinawataka where I built my house and 4 rooms which I rent out to students. I have plans for expanding the rooms into a hostel and do my poultry business on a large scale



### ANY FINAL COMMENTS OR WORDS OF ADVICE?

Firstly, I appreciate the role of Rotary in its fight to eradicate polio. Let's continue and not stop until polio is wiped out. Many people in the villages are still skeptical of these immunizations. We need to step up awareness programs spearheaded by survivors to tell testimonies as part of the sensitization. I also wish every meeting or fellowship there could be a polio moment on top of the contributions.

For those who are challenged and living with disabilities, let's not wallow in self-pity, it's not the end of the world. Find out your inner abilities, get skills or an education. There are many opportunities out there.

I am forever grateful for the support I have received all the years. My boss, Professor Wasswa Balunywa, offered me a job not because of my disability but my ability. My beautiful wife Anita loved me because of my personality and not my looks. I call upon those who are physically able, to support those who are challenged including getting for them jobs based on their abilities. Many have potential but are jobless. Let's give them a chance!

## END POLIO NOW

# POLIO END GAME INITIATIVE

*By Sarah Nakibuuka Behakana  
Rotary Club of Kampala Central, Uganda.*



The “Polio End Game” is an initiative of Rotary International to build awareness and advocacy towards eradication of Polio worldwide. In Uganda the initiative was launched by the country polio plus committee on 13th October 2018 at Kawaala Health Center III. The event was organized with support from KCCA and other partners including World Health Organization. A number of stakeholders who attended the event included: Rotarians, Local Government Officials, councilors, Medical officers, and mothers among others.

The Chairperson of TRF Polio Plus Sub Committee Rtn Winnie Kabumbuli, thanked the various partners for the support towards eradication of Polio in Uganda. The launch also aimed to officially commission Rotary Clubs to carry out routine immunization drives in their communities. She further urged clubs to continue contributing to the TRF Polio Plus Fund to support the foundation activities in line with Rotary focus areas

Dr. Mariam Nantambi Murungi District Medical Officer Rubaga Division thanked Rotary International for supporting the cause. She noted that Kasubi was one of the most populated areas in Kampala District with a population of over 140,000 people. The health center receives over 1,000 mothers for antenatal services each month. Between 500 – 600 mothers deliver from the health center each month. It is expected that the number will double when the new Theater is opened. Only 40% of children born complete the immunization schedule by the age of five says Dr. Murungi.

She noted that, despite the opportunity of free medical services offered by Rotary and partners, a number of parents were still hesitant when it comes to immunizing their children because of religious and cultural beliefs.” Dr. Murungi called on parents of Kawaala and elsewhere to always embrace such programs.

Dr. Naboth Kuule a Lecture Makerere University a polio survivor and activist called on parents to embrace immunization for their children. Telling his story, he noted that children stand at a risk if they missed out on immunizations. “No parent wishes to see their children paralyzed. It took me a lot of time to appreciate who I am”, he said.

The Polio End Game activities were also carried on to mark the World Polio day on 23rd October. Key activities included a Polio awareness procession from Bweyogerere leading into a joint fellowship of Tuesday clubs hosted by the Rotary Club of Bweyogerere Namboole where 52 Rotary clubs, 4 Rotaract clubs and 1 Interact club were in attendance . The keynote speaker Dr Naboth shared his polio story.



## PROJECT SHOWCASE

*Rotary Club of Kampala South*

# IMPROVING COMMUNITIES IN KIKANDWA

*By Rotarian Miriam Wegoye  
Rotary Club of Kampala South, Uganda.*

Brad was a Rotarian and a man of great faith who believed firmly in Service Above Self. He was involved in the first discussions with the Drake University professors about the dream of Kikandwa Health Centre, and was the person responsible for Rotary Club of Kampala south commitment to supply Mama Kits for women at the Kikandwa Health Centre. Unfortunately, Brad passed away in 2013 and was not able to see his dream become a reality. We believe he would be very pleased with the lifesaving initiatives the partnership has made possible.

A partnership of the Rotary Club of (RC) Des Moines AM, USA; students of Drake University, USA; and the Rotary Club of Kampala South has borne a Health Center for the communities in Kikandwa village, Mukono District. The Health Center was a result of the funds secured by RC Des Moines AM, USA in a grant from the Brad Peyton Memorial Endowment Fund of the Shining City Foundation. The Rotary Club of Kampala South every year raises money through their signature Annual Independence Boat Cruise event towards completion of the Kikandwa Health Center project.

The project was commissioned in January 2013, with phase I involving construction of the general ward. Phase II was the construction of a maternity ward, which was completed in June 2018. Phase III is the construction of a children's ward which will commence in 2019.

The major aim of the Kikandwa Health Centre II project was to construct, equip and upgrade the Health Centre to a Health Centre III, in order to provide adequate medical and maternal health services to the Kikandwa community in Mukono District.

Kikandwa Health Centre II opened its doors to the community in July 2014, and initially served as an outpatients' facility. With the completion of the



maternity ward, the health centre currently caters for in-patients as well. The services offered at the health centre include: Medical clinics, nutrition education, laboratory services, ultra sound scans, maternity related consultations and treatment; and pharmaceutical services.

The Rotary Club of Kampala South together with partners from the Rotary Club of De Moines AM from the USA, and students from Drake University started the Rotary Community Corps (RCC) in Kikandwa Village to ensure that the project's impact lives within the community long after the Rotary Club of Kampala South and its partners' direct grant ends.

Rotary Community Corps (RCCs) are local and part of the community. They help mobilize the community and ensure that local needs are met. Most significantly, RCCs have a vested interest in their own success. Their members have to live with the results of their work; their commitments are the basis for sustainability

The Rotary Club of Kampala South and its partners are committed and passionate towards providing sustainable solutions to poverty. Rotary Club of Des Moines AM, USA donated a total of US\$ 750 as start-up capital towards the establishment of a fund (Micro Finance Scheme). The Rotary Club of Kampala South partnered with Finance Trust Bank, Uganda and organized a training session for the Kikandwa RCC members. The training objective was to create awareness and sensitization on financial literacy and what it takes for them to succeed as a microfinance group in order to ensure poverty eradication and community development.



## HEELS THAT HEAL

*Iconic Rotary Dar Marathon attracts 15,000 participants*

On October 14, all roads in Dar es Salaam led to the Green, in the upmarket Masaki area, the start and the finishing point for the Dar Rotary marathon. This year was the tenth edition of the event which continues to grow in numbers and events from its humble beginning in 2009 as a charity walk with 700 participants.

The chief guests and patron of the event the former President His Excellency Al-Haj, Ali Hassan Mwinyi was at the event to receive and hand out medals to the winners. Winners of the 42-km event, were Samson Ntandu and Sarah Ramadhani in the male and female races respectively both from Tanzania.

The event attracted over 15,000 runners, walkers and bikers – up from 14,000 last year who took part in 5 km and 9 km walks, a 21.1 km and 42.2 km marathons and, 21.1 km and 42.2 km cycling.

The marathon was yet again to raise funds to support the Comprehensive Community Based Rehabilitation in Tanzania (CCBRT) to help provide affordable health care to the needy.

The marathon is a joint project of the eight Rotary Clubs of Dar es Salaam and this year's Marathon Chair was Rotarian Catherinerosé Barreto.



*Winners for the men's 42.2KM run*



*DG Sharmila awarding the medal to the oldest female marathon runner.*

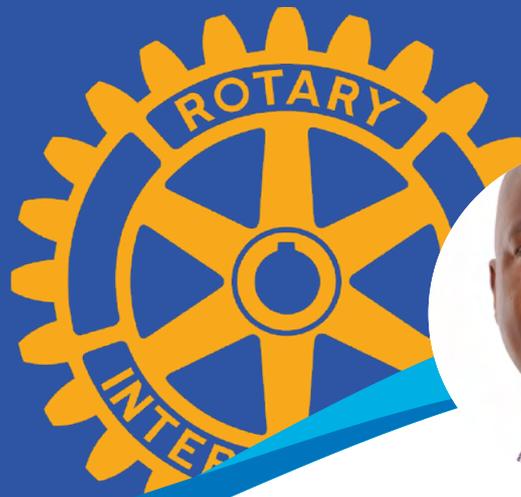


*Past President of Tanzania, H.E. Ali Hassan Mwinyi and patron of the marathon*

## ROTARY PUBLIC IMAGE

# BRAND COMMUNICATION

*is Essential To Rotary*



*By: Rtn David Sempala  
Member, District Public Image Committee  
Rotary Club of Acacia Sunset-Kampala*

*Rotary is one of the more than 2 million non-profits world-wide competing for limited volunteer hours, donor money and other resources. By providing a clear consistent image of Rotary- what we stand for and how we differ from other charitable organizations - we offer prospective members, a strong vision of what it means to engage with us. Rotary has a great story to tell, but we need to tell it more simply and consistently.*

At one time Rotary kept a low profile- but fortunately, this is not the way Rotary is doing business today. Even for Rotary Founder Paul Harris, promotion was important to reach the large numbers of potential Rotarians.

Our clubs will also benefit from the high level of public awareness. Club members are the face of Rotary to the community. Community members are more likely to learn about Rotary through personal information, social media pages, news articles in main stream media as well as the projects we do in the communities. Promoting Rotary can also be easy as wearing your Rotary pin.

Our strategy ought to center on telling and re-enforcing our story on the community actions projects we undertake using a planned communication mix targeting our members, central/local governments, partners as well as communities where we operate. We're passionate about the future; we're looking at transforming tomorrow using our spirit of service. We want to inspire prospective members to join us in our efforts. You can help, because it's up to all of us to communicate our story in all our interactions.

Let us tell our Rotary story in all our interactions to help strengthen Rotary's image and engage members and the public. In the end, Rotary will become stronger and the stronger we become the more impact we create in society.



*The People of action campaign is a great tool to communicate the work that we do in Rotary*

# BREAST CANCER AWARENESS

## ROTARY AND CROCHET WITHOUT BORDERS MARK WORLD CANCER MONTH



*Members Crochet Without Borders.*

For women, breasts are the epitome of femininity and for many breast cancer survivors who have had their breasts amputated, their confidence as women is knocked off too.

Crochet Without Borders in Tanzania, which brings together knitting and crocheting enthusiasts has been producing soft knitted prosthetics breasts for cancer survivors who've under gone a mastectomy.

To mark the breast awareness month and to create awareness on the diseases, The Rotary Clubs of Dar es salaam - Mzizima and Dar North joined hands with crotchet without border to organize talk and fashion show on breast cancer. October is breast cancer awareness month.

The crotchet without borders knit prosthetics for breast cancer out of soft cotton yarn. At the event breast cancer survivors modelled clothes by Rotarian Hilu bora.

Speaking at the event Rotarian Hawa who is also a member of the crotchet without borders said the prosthetic breasts meant a lot to the women who are usually forced to use other material such as scarfs, polythene bags some of which cause sores on the wound.

"After we give women this prosthetic breasts, their faces light up and they stop covering themselves up. They are knitted with a lot of love by members of the crotchet without borders.

Two oncologists from the Agha khan hospital and ocean road cancer institute gave a talk on breast cancer urging both men and women to conduct monthly self breast examination, as early detection is one of the ways to ensure successful treatment.

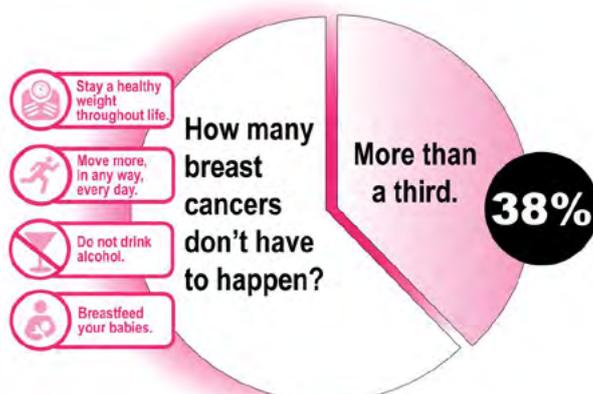
[More pictures online](#)

### QUIZ

*October is National Breast Cancer Awareness Month and a good time to learn about the risk factors of breast cancer and ways to prevent it.*

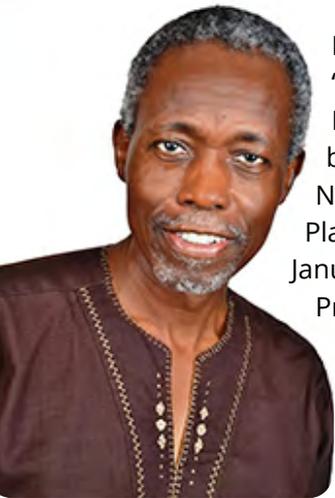
1. Antiperspirants can cause breast cancer.
  - a. True
  - b. False
2. Most breast lumps aren't cancer.
  - a. True
  - b. False
3. In the 14th century, breast cancer was known as the disease of:
  - a. Nuns
  - b. Widows
  - c. Nymphs
4. You need to worry about breast cancer only if it runs in your family.
  - a. True
  - b. False
5. What's the main risk factor for breast cancer?
  - a. Age
  - b. Being a woman
  - c. Hormone therapy

**REVEAL ANSWERS**



# DISTRICT ROUND-UP

## CONGRATULATIONS: PDG TUSU



Past District Governor Francis "Tusu" Tusubira continues to fly D9211 flag high! PDG Tusu, has been assigned to speak about the New Rotary International Strategic Plan at the International Assembly, January 2019 and to represent President Barry at the District 5340 District Conference at the beginning of March 2019.

In 2016, PDG Tusu was appointed as a Member of the Strategic Planning from 1 July 2016 until 30 June 2019 by then RI president John F. Germ (2016-17).

Let us all congratulate him for these appointments.

## INDEPENDENCE BOAT CRUISE 2018 – SAILING FOR A WORTHY CAUSE

*By Rtn Charles Odaga  
RC Kampala South*



Way back in October 2013, 75 sailors boarded MV Amani for the maiden boat cruise organised annually by the Rotary Club of Kampala South. The purpose then was simply to raise funds to run club projects. Through the years the popularity of the #IndependenceBoatCruise has grown a hundred-fold from the 75 sailors in 2013 to 829 this year. The fundraising has also leaped from Shs. 4,387,300 to about 36,000,000.

[Read more.](#)

## THIRD ROTARY ZANZIBAR & FUMBA TOWN GOLF FUNDRAISER FOR MAKUNDUCHI HOSPITAL



The Rotary Club of Zanzibar, Stone Town, together with its main partner, Fumba Town Development, have yet again brought hope to the community at the small coastal town of Makunduchi, in south eastern Zanzibar.

[Read more](#)

## ARUSHA POLIO WALK 2018

*By IPP Gloria Otieno,  
PR Director, RC Arusha Mt. Meru*



In commemoration of World Polio Day which is observed every year on 24 October, the Rotary family in Arusha came together to organize a walk to raise awareness about the fight to eradicate the disease and fundraise towards this important cause. The Rotary Clubs of Arusha and Arusha Mt. Meru and Rotaract Clubs of St. Jude and of Arusha City worked together to organize the event - secure sponsorship, publicize the event and volunteer on the day. It was a wonderful example of all the members of one global family working together in the name of Rotary for our biggest cause.

[Read more](#)



## ATTENTION

### BAHARI CLUB GOLF RAISES FUNDS FOR PROSTHETIC LIMBS PROJECT



The Rotary Club of Bahari's annual golf tournament was held on 29 September to raise funds for the club's prosthetic limbs project at Peoples Empowerment Foundation. The project's aim is to empower the disabled in the community by providing them with artificial limbs. The event which attracted over 100 golfers raised USD17,250.

[Read more](#)

### ROTARIANS' RED GOLD DONATION

*By IPP Gloria Otieno,  
PR Director, RC Arusha Mt. Meru*



On Sunday 28 October 2018, the Rotary Club of Arusha Mt. Meru (RCAMM), held a Blood Donation Camp at the Shree Hindu Mandal Hospital in Arusha from 9:00 a.m. to 5:00 p.m. This is part of the club's regular effort to boost the regional blood bank, which is currently short of blood. The last blood camp organized by RCAMM was held in February 2018, and the funds are raised entirely from member contributions in either cash or kind.

[Read more](#)

### WE NEED YOUR HELP -RC MBALE

The Bududa mudslides that occurred on October 11, 2018 left at least 60 people dead and up to 500 people remain missing. The local authorities believe that the number will continue to rise. A trading center with clinics and two primary schools was completely destroyed. Local roads and bridges within the area were as well swept away by the mudslide that opened banks of the flooded local rivers as a result of the heavy rains ravaging the sub region.

As such, people were left are homeless.as over 65 homes were destroyed. There is urgent need for shelter and sanitation. **TOGETHER WE CAN DO SOMETHING AS ROTARY IN UGANDA.**

Bududa is located in the southeastern part of Uganda to the border with Kenya. It is 35.9 kilometers and about 60 minutes from the eastern town of Mbale and about 260 kilometers or six hours from the capital Kampala.

The Rotary Club of Mbale and Red Cross Society is coordinating operations to restore confidence and calm among the people of bududa. Any ideas and contributions are welcome.

**Contact AG Sydney Nsubuga (Eastern Region) - +256 772 952964**



### AKWANG HILL INTERACTORS LIGHTING UP ROTARY IN THE NORTH

*By Okello Samuel*

*Patron Interact Club Akwang Hill SS)*



Akwang village is a rural area in Agago district, 400 kilometers north from Kampala. It is among the few districts without an active Rotary club yet the Rotary brand is very alive through the actions of the District Award winners 2015/2016- Interact Club of Akwang Hill SS. The Club with a membership of 114 is sponsored by the Rotary Club of Kampala Naalya.

During the Economic and community development month, the club embarked on a project of making Sanitary pads having identified that a number of girls were dropping out of school in addition to missing classes due to inaccessibility of sanitary pads. With a minimum budget of Shs. 150,000, they got materials and training on making good sanitary pads locally and cheaply. Most interestingly even the boys participated actively acknowledging that what affects their sisters affected them too. They also intend to make sanitary pads for their sisters when they go back home as well as generate some income for themselves. The interactors have plans to extend their skills to the neighboring community,

The Interactors also regularly visits and help out the elderly and helpless in their community. The effect of the LRA war left many widowed and alone. One such victim is 94-year-old Laying Martina, a childless widow who was living in a dilapidated hut that leaked and slept on rugs, for a mattress, among other problems. The interactors swung into action to renovate her hut, bought her a mattress among other items. We still look forward to supporting our Grandma and other people as such within our community because we have BIG HEARTS for ROTARY

[More photos](#)

### INTERACTORS OF ST KIZITO HOST DISTRICT GOVERNOR D9211

*By Rtr Joseph Ochieng*

*Club Patron- St Kizito*



As the District Governor continues with her visits to Rotary clubs, the Interact Club of St Kiizito High school Namugongo were very humbled to host the DG on Thursday, 20th September 2018. Upon her arrival, she toured the club projects which included smart Agriculture, fish farming, mushroom growing, waste management and brickets - modern charcoal and was impressed with the club's involvement in economic and community development initiatives.

This club was sponsored by the Rotary Club of Kampala Ssesse Islands, who have been very instrumental in funding the brickets project as well as inspiring the young interactors to become productive members of the community

In her speech DG Sharmila thanked RC Ssesse for being good mentors and for ensuring great relationships and partnership with the Interactors for the last 18 years.

The club is proud to have produced great personalities who include Mr. Ochieng Ochieng the outgoing Guild President of Kyambogo University, Mr. Odong Stanley current presenter of NBS youths voice (a former president of the club) to mention but a few. The club currently has 75 active members and is headed by President Ssenzadde A Pasha. The District Governor was accompanied by President Nelson Kabwama of Rotary club of Kampala Ssesse islands among others.

[More photos](#)

# DG VISITS

CLICK HERE FOR MORE PHOTOS OF DG'S VISITS TO CLUBS



*Chartering RC Namasuba*



*RC Kiwatule*



*RC Iringa*



*RC Naguru*



*Chartering RC Kampala City*



*RC Ntinda Metropolitan*



*RC Kisasi - Kyanja*



*RC Babati*



*RC Kitante*



**DG VISITS**

**CLICK HERE  
FOR MORE PHOTOS  
OF DG'S VISITS  
TO CLUBS**



*RC Naguru*



*Chartering RCT Kampala Naalya*



*The Inner Wheel Club of Kampala*



*RC Bukoto teachers' house*



*RC Bukoto planting trees*



*RC Kyengera house for teachers*



*RC Arusha Mt. Meru Interactors*



*RC Arusha Mt. Meru project of empowering teenage girls*



*RC Ibanda planting trees*

# UPCOMING EVENTS

**Rotary**  **NAIROBI 2018**  
 ROTARY DAY AT THE UNITED NATIONS  
 YOUTH INNOVATION CREATING SOLUTIONS TO EMERGING CHALLENGES

**Dr. SALOME GITOHO**  
 Rotary representative to UNHABITAT

**DGE JOE OTIN**  
 Rotary representative to UNEP

**We are Inviting you to  
 NAIROBI**

**SATURDAY**  
 10TH NOV, 2018

**22<sup>nd</sup>-25<sup>th</sup>  
 Nov**

**Rotaract Africa  
 Summit**

Zanzibar Beach Resort

**Theme:  
 Rotaract Africa  
 Inspiration of Hope**

 **Rotaract Africa Summit 2018 | ZANZIBAR**  
 ROTARACT AFRICA. INSPIRATION OF HOPE

**Rotary**  **BE THE INSPIRATION**  
 District 9211

**Rotary**  **District 9211**

 **94<sup>th</sup> District Conference and Assembly**  
 DAR ES SALAAM | 24 - 27 APRIL 2019

 **BE THE INSPIRATION**

**94<sup>th</sup> DISTRICT CONFERENCE & ASSEMBLY | APRIL 24-27, 2019**

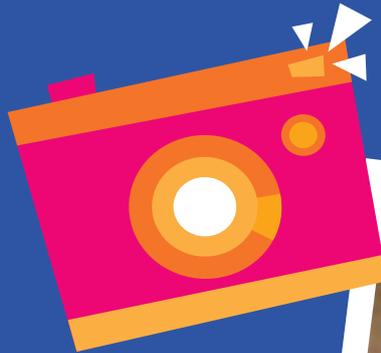
**NETWORKING + SPEAKERS + PROJECTS + SO MUCH MORE**

Be a part of the conversation on how to make Rotary have more impact in our communities



**REGISTER NOW ON  
 ROTARYD9211.ORG**

# GIVE US YOUR BEST SHOT



**SHARE YOUR BEST PHOTOS FOR A CHANCE TO  
WIN IN THE WAVE'S PHOTO CONTEST!**

Enter the Wave's photo contest and show us the world through a Rotarian/Rotaractor's eyes. Submit your photos to [dg9211news@gmail.com](mailto:dg9211news@gmail.com) every month. The best photo and prize will be announced in February 2019.

For more details, visit [rotaryd9211.org/page/photocontest](http://rotaryd9211.org/page/photocontest)



## the WAVE

*The Wave is the official newsletter of the District Governor of Rotary District 9211, Tanzania & Uganda.*

*We welcome contributions to the next edition of the Wave. Email to: [dg9211news@gmail.com](mailto:dg9211news@gmail.com)  
Kindly send your articles, photos, commentaries by September 20.*

Rotary  
District 9211



BE THE  
INSPIRATION