



# SOUTHERN TIMES

Issue 2 - August 2025



Theme: *Membership and New Club Development*





# EARLY BIRD REGISTRATION

(Exclusive of Lunch)

FOR ROTARIANS

FOR ROTARACTORS

**\$149**

**\$99**

**DEADLINE: 31ST OCTOBER 2025**

**DATE**

**VENUE**

**16-18  
APRIL 2026**

Imperial Resort  
Beach Hotel,  
Entebbe



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# Contents

Editorial Message	3
Message from President Faridah Namutebi	4-6
District Governor's Message	7
RI President's Message	8
District Governor's Engagements in August	9-11
Membership Engagement	12-15
Kampala South Toastmasters Club	16-17
Service Projects	18-19
New Club Development	20-21
Service beyond the Club	22
Dedicated Service in Rotary	23
Family of Rotary (pictorial)	28
Obituaries	28
TRF Giving	30-31



## Editorial Message

*PP Esther Mwambu*



### ***Embracing Membership and New Club Development,***

**Dear Members of the Rotary Club of Kampala South, our broader rotary family and our readership,**

As we embrace August, this issue of the Southern Times will present to you how the dual themes of membership and new club development are pivotal to club growth and impact. How our club has reaped into the benefits of having a diverse, vibrant and engaged membership, and how far the club has come in nurturing new members and in developing new clubs.

Increasing our membership is essential, but equally important is our commitment to nurturing new clubs that expand the Rotary spirit in our communities. Membership is not merely a number; it's about the strength of our connections and the collective power we harness to create change.

Embracing membership among others requires us as rotarians to invite individuals who resonate with the Rotary mission and values to join the Rotary family, while also considering how we can support the establishment of new clubs aligned with our vision. Once we have the opportunity to empower more individuals to join the Rotary family, we can then spread our message of service and fellowship further than ever before. Together, we can inspire others and cultivate a thriving network dedicated to making a difference.

Thank you for your ongoing commitment to our club and the broader Rotary community. Let's work hand in hand to enhance our membership and foster new clubs for a brighter future .

*Together, We Unite for Good!*





## “Message from *Faridah Namutebi* President RC Kampala South

### *Dear Rotary Family and Friends,*

As we close the second month of my presidency, I'm inspired by what we've achieved together and grateful for the energy and teamwork that define Kampala South Rotary Club. Our collective efforts are already making a tangible difference in our community and beyond.

#### **Highlights and Achievements in the month of August**

We welcomed a new club and strengthened our mentorship network to nurture leadership within the new club, The Rotary of First Aid and Emergency, the world's first-ever Rotary club dedicated to First Aid and Emergency Care.

In a show of solidarity and with a spirit of Service Above Self, a team of rotarians and rotaractors from the rotary clubs of Kampala South, Kabale, Nairobi Samawati & Millimani from Kenya District 9212. Rotaract clubs of Kampala South, Upper Kololo, Kibuli, Kanos & Karura D9212, came together to execute several service projects in Kabale District, Western Uganda on the weekend of 23rd to 24th August 2025.

Among the projects executed were: The handover of a newly constructed classroom block at Nyakijumba

Primary School; tree planting in partnership with ASA Microfinance; a visit to Grace Villa Orphanage where they donated food; donation of 50 pairs of ducks to the Nyaconga Rotary Community Corps (RCC); and conducted a medical camp at Kamuganguzi Health Centre III where the rotarians educated teenage girls on menstrual hygiene and donated medical supplies, Mama Kits, sanitary towels and scholastic materials to the girls; they also gave reproductive health education to women.

I express my gratitude to all rotarians and partners of rotary who had supported the Nyakijumba Primary School project from as far back as 2018. She said Phase I of the project was to renovate the primary 1 to 3 classrooms while phase II was furnishing of the classrooms; while phase III was construction of a new classroom block to accommodate primary 4 to 7.

I implore the community to ensure that their children attend school in order to reduce child marriages and so that they are economically empowered.

The project was initiated by Rct Kampala South in partnership with the rotary clubs of: Chicago Citywide Service, Arlington Heights, Schaumanburg-Hoffman Estates, Glenview Sunrise, Niles and Kampala South.



Corporate partners included: Sanlam Insurance Ltd, Athena Hotel, Nyakijumba Community, Mathew Lee and Rotaract Uganda Trip.

The handover ceremony was presided over by AG Francis Katigutta of the RC of Kabale.

Over the years RC of Kampala South has ensured that engagement of club members has facilitated the integration of innovative ideas into service projects. Members have been empowered to propose new initiatives, often based on their observations and interactions within their communities. This democratic approach to project development not only strengthens commitment to the projects but also ensures that they are well aligned with the actual needs of those being served.

#### Focus for Sept'25

**Membership Growth & Engagement:** Continue onboarding prospects, induction night, mentorship to our new members and clubs, and wind down fellowship to deepen commitments.

**Fundraising & Foundation:** Increase participation in Rotary Foundation giving; plan a targeted fundraising event to sustain community programs.

#### Foster and deepen our partnerships:

Collaboration is key. Strengthen ties with other Rotary clubs, corporate partners, and community organizations.

“

### How You Can Help as a member of the Kampala South family.

1. Attend weekly meetings and actively participate in project planning and execution.
2. Contribute to the Rotary Foundation or our club's project fund to amplify impact.
3. Participate in club activities and share ideas for new service opportunities addressing local needs in regard to 7 areas of focus.

(Peace and Conflict Prevention/Resolution, Disease Prevention and Treatment, Water, Sanitation, and Hygiene, Maternal and Child Health, Basic Education and Literacy, Economic and Community Development, and Protecting Our Environment.)

4. Make use of Rotary learning centre for professional growth in areas of personal leadership, project management, communication, public speaking and team work to sharpen skills you can use in and beyond Rotary.

With Rotary fraternal spirit and optimism for the days ahead,

*Faridah N Namutebi*  
President, Rotary Club of Kampala South





## Maternal and Child Health through Medical Outreach

At Kamuganguzi Health Centre III, a medical camp was conducted, offering outpatient consultations, antenatal care, family planning services, cervical cancer screening, and distribution of essential health kits. A total of 119 patients were attended to, including 28 pregnant women who received antenatal services and mama kits for safe delivery. Additionally, 70 adolescent girls and 26 women were given sanitary pads to support menstrual hygiene. This activity built upon the Rotary Global Grant interventions that have already strengthened maternal and neonatal services at the health centre, ensuring improved healthcare access for a catchment population of over 11,000 people.

### Economic Empowerment through Duck Rearing

In Nyaconga Parish, 50 women from the Rotary Community Corps (RCC) were each supported with a pair of ducks (one male and one female) to establish sustainable poultry enterprises. Ducks reproduce quickly, with a female laying between 80 to 120 eggs annually. With proper care, each woman's flock is expected to grow to 15–25 birds within two years, translating into household incomes of UGX 225,000 to UGX 375,000. Beyond income, the project provides a reliable source of nutrition and financial resilience, with the initial 100 ducks projected to create a revolving community flock worth UGX 15 million within two years.







## Message from the District Governor

*Geoffrey Martin Kitakule*  
District Governor D9213 2025-26

**D**ear Rotarians and Rotaractors, thank you for a wonderful start of the Rotary year. Your energy and determination in July has set a wonderful pace for the year. Thank you to the Public Image team for the excellent campaign of RotaryEyamba.

We continue to showcase impact stories to show that indeed Rotary Cares and helps. I would like now to talk about something that is vital to the future of our clubs and our mission: membership growth.

Rotary began with just four individuals and an idea to come together in friendship and service. From those humble beginnings, we've grown into a global force Uniting for good. But at every level whether global or local, Rotary's strength lies in its people. And that's why we must be intentional and passionate about inviting new people into this family.

### **When we increase our membership:**

- We gain more hands to serve, more ideas to innovate, and more voices to advocate for change. The task ahead of us is huge.
- We bring in diverse experiences and talents that enrich our projects and strengthen our community ties.
- We ensure that the spirit of Rotary continues not just for this year, but for generations to come.

Potential members are everywhere. They are:

Young professionals looking for purpose

Retirees eager to give back teachers, doctors, entrepreneurs, lawyers, farmers, artisans people who care, people with heart and sometimes, they're simply waiting to be asked.

Let's not just wait for people to come to us. Let's go to them. Let's share what Rotary means, what Rotary does, and most importantly what Rotary could become with them involved.

Membership is not about filling seats it's about building relationships. A personal invitation, a story shared, a life changed these are what grow our clubs. Let's each commit to bringing in just one new member this year.

Imagine what we could accomplish if every Rotarian did that.

We are not growing Rotary for numbers we're growing it for impact. The more we grow, the more lives we touch, the more problems we solve, the more hope we spread. We need to create clubs that also fit within the work life and other social life. I am happy to say in addition to clubs like that of Emergency medicine, Rugby and Environment we are also creating corporate clubs. We have a corporate club in DFCU bank called Blue Hearts and we are starting a Rotary Club of Mapeera with Centenary Bank. Let's open our doors, open our hearts, and remind our communities that Rotary is not just an organization it's a movement.

And it's a movement worth joining.

Let's grow together, serve together, Unite for Good and build a Rotary that's stronger than ever.





## Message from the Rotary International President

*Francesco Grezzo*

*President, Rotary International, 2025-26*

August is Membership Month, but our commitment to growth and connection is year-round. When we focus on growing Rotary, we grow our ability to serve, to lead, and to bring lasting change.

Membership growth isn't just about numbers. It's about opening doors. It's about inviting more people who are ready to give their time, talents, and hearts to a cause greater than themselves. When we welcome new members, we bring in fresh ideas and new energy.

We expand our impact, strengthen our clubs, and ensure that Rotary continues to evolve with the world around us.

Remember, there is now great flexibility in fashioning nontraditional club models. I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.

In Korea, the growth of satellite clubs has created opportunities for nearly 1,000 new members to find their place in Rotary. In Romania, the close collaboration between Rotarians, Rotaractors, and Interactors has built a pipeline of future leaders. In India, some Rotarians gather around a shared interest whether it's professional development or a passion for service and those connections deepen their commitment and their joy in being part of Rotary.

And we've seen cause-based clubs thrive in regions as diverse as Southeast Asia, Africa, and Europe.

There's a common thread: Where clubs are growing, membership is a priority and there is a willingness to try something new. Rotary is not limited to one structure or tradition. We are a global network of people of action, and that means there is room for many kinds of clubs, many ways to serve, and many paths into our organization.

This spirit of innovation is also guiding our efforts to reach new communities. In places where there has never been a Rotary club or where a club once existed and faded Rotarians are finding ways to grow Rotary. They are identifying areas of potential and building clubs that reflect the character and needs of their communities.

Every member plays a part in this journey. Whether you introduce a friend to your club, support a new meeting format, reconnect with program alumni, or simply share your Rotary story, you are helping our organization grow stronger and more vibrant.

No one owns a Rotary club. It is a gift we pass on to the next generation. When we nurture that gift, when we invite others to share in it, we ensure that Rotary continues to be a force for good.

Let's prioritize membership growth not just in August but every month of the year. Together, through friendship, creativity, and shared purpose, we will grow Rotary and Unite for Good.







# DG GEOFFREY MARTIN KITAKULE'S ENGAGEMENTS IN AUGUST 2025



## ROTARY STARTS SH1B DRIVE FOR HEART PATIENTS

By Rhymany Agaba

Hundreds of heart patients in northern Uganda and West Nile are set to benefit from free surgeries under the Rotary Club's Little Hearts Project, a five-year initiative to cover seven districts.

The project, estimated to cost more than sh1b (about \$295,000), will be rolled out in Arua, Gulu, Lira, Yumbe, Koboko, Abim and Adjumani districts. It aims to enhance regional hospitals' capacity to diagnose, treat and manage paediatric heart diseases, including congenital and rheumatic conditions.

Speaking during the project launch on Monday at Hotel Africana in Kampala, James Serugo from the Rotary Club of Kampala and district co-ordinator for the Little Hearts Project, said efforts are underway to set up heart treatment centres in selected regional hospitals.

"We are working in six hospitals – Soroti, Mbarara, Lira, Arua, Gulu and Yumbe. We are applying for grants to equip these facilities to provide heart care, while also training cardiac specialists to manage the centres," Serugo said.

He appealed to Rotary clubs, individual Rotarians, media houses and the public to support the initiative, particularly through sponsorships and awareness campaigns.

Rotary District D9213 governor Geoffrey Kitakule said the project intends to upgrade infrastructure, procure essential diagnostic and surgical equipment for four hospitals, train

### BETWEEN THE LINES

James Serugo from the Rotary Club of Kampala and district co-ordinator for the project, said efforts are underway to set up heart treatment centres in selected hospitals.

three cardiologists and four cardiology nurses, as well as increase community awareness to promote early detection and treatment.

The launch was attended by several Rotary and Rotaract clubs, including Kampala South, Kiwatule, Arua, Arua Eco City, Gulu, Lira, Lira Metro, Gulu City, Yumbe, Koboko, as well as Arua Nursing School. Organisers said more than 528 workers will be deployed to support the project across different sites.

Rotary Club of Kampala South president Faridah Namutebi said the partnership with local clubs ensures sustainability.

### SURGICAL CAMP

The Association of Surgeons of Uganda also announced it will hold a surgical camp in the West Nile region this month. Prof. Moses Galukande, the association's president, said a team of 580 medical workers will depart from Kampala today for a five-day outreach across all 12 districts.

"We shall work in 23 sites, visit 10 schools, and anticipate seeing over 10,000 patients, 8,000 schoolchildren, and operating on about 2,500 patients. These are vulnerable populations," Galukande said.



# **DG GEOFFREY MARTIN KITAKULE'S ENGAGEMENTS IN AUGUST 2025**







# MEMBERSHIP ENGAGEMENT IN AUGUST



Hudson Mutalya  
MEMBERSHIP DIRECTOR

## Buddy Group stats for August 2025

Jaguar 53%  
Panther 50%  
Lion 49%  
Leopard 45%  
Puma 45%  
Tiger 43%

*The Buddy Group of the month is Jaguar*









# MEMBERSHIP ENGAGEMENT IN AUGUST

## Canvas & Cocktails



Emmanuel Njuki Club Administrator





# MEMBERSHIP ENGAGEMENT IN AUGUST

## Canvas & Cocktails





# KAMPALA SOUTH TOASTMASTERS CLUB

## A TOAST TO ITS THREE YEAR JOURNEY

By Hannington Hakiza



### The current Executive members of the Club include;

President:	TM Hannington Hakiza
Immediate Past President:	TM Richard Kalungi
Vice President Education:	TM Zambarau Kisakye
Vice President Membership:	TM Dan Bogere
Vice President Public Relations:	TM Diana Mirembe
Secretary:	TM Martha Bagaaya
Sergeant At Arms :	TM Jennifer Byokusheka
Treasurer:	TM Albert Rubombora

### Serving outside Club

Immediate Past Division Director: TM Paul Muwanga

Kampala South Toastmasters Club was chartered in 2022. It is the first Toastmasters-Rotary club in Africa, and was originally founded to offer a platform for the rotary community to improve its public speaking, communication and leadership skills.

Kampala South Toastmasters Club is currently in district 114, Division C, Area 10.

The Club meets every 2nd and 4th Tuesday of the month at 6.00pm, BMK House 6th Floor, Wampewo avenue, Kampala, Uganda.



*Club meeting setting*

Kampala South Toastmasters Club has 22 members, and continues to attract members from diverse professions seeking to improve their communication skills, and become better leaders.

In 2023, our second year of existence, the charter President, TM Paul Muwanga, went on to become an Area Director, and Division Director in 2024.

The Club President in 2023 was TM Patrick Lassu, followed by TM Richard Kalungi in 2024.

Together with the past Presidents, they have been instrumental in guiding the club to where it is now.

Kampala South Toastmasters Club has participated in speech contests at Club, Area, Division and District level.

In 2024, the Club performed very well. TM Zambarau Kisakye participated in the International Speech contest, reaching the Area level. TM Martha Bagaaya participated in the On-line Speech contest, and was winner at the Area level, winner at the Division level, qualifying for TEACON in Ethiopia, where the finals at District level were held. She came out fourth overall. This contest attracted participants from Uganda, Rwanda, Kenya and Ethiopia.



*Matha Bagaaya*



*Zambarau Kisakye*



The Toastmasters program is self-paced and has 10 Pathways. These Pathways were developed around 5 core competences, namely; Public speaking, Interpersonal communication, Strategic leadership, management and Confidence. The pathways include; Presentation Mastery, Dynamic Leadership, Leadership Development, Effective Coaching, Engaging Humour, Innovative Planning, Motivational Strategies, Persuasive Influence, Team Collaboration, Visionary Communication. Each pathway has different levels and projects.

One of the other attractions of Toastmasters is that it is a safe and positive environment, where everyone seeks to better themselves through useful feedback and evaluations.

A typical meeting has different roles and role takers, which roles help build different skill sets. The roles comprise a Toast master of the day (TMOD), a Timer, a Table Topics master, an Ah counter, a Grammarian, and Evaluators.

### **Toastmaster of the day (TMOD)**

The TMOD is an equivalent of a Master of Ceremonies. They originate the meeting theme and guide the proceedings of the meeting, ensuring smooth transitions.

Skills developed: Time management, organization and public speaking.

### **Table Topics Master**

Leads the session for impromptu speeches. These are spontaneous and short speeches.

Skills developed: Thinking on your feet, and confidence.

### **Speakers**

Delivers prepared speeches on various topics. Skills developed: Structured speech delivery, confidence, body language and storytelling.

### **Timer**

Ensures all speakers adhere to their time limits. Skills developed: Time management, observation and attention to detail.

### **Grammarian & Ah-Counter**

Monitors good language use, including filler words. Skills developed: Active listening, improving grammar and attention to detail.

### **Evaluator**

Provides positive feedback on prepared speeches. Skills developed: Active listening, objective evaluation, and communication skills.

### **General Evaluator**

Evaluates the entire meeting, including quality of speeches and roles. Skills developed: observational skills, critical thinking, and a general understanding of meeting dynamics.

Kampala South Toastmasters Club continues to encourage collaboration with other clubs through joint meetings, Open House engagements, and

taking on meeting roles with our sister clubs; MU-JHU Toastmasters Club from Mulago, Ntinda Toastmasters Club, UNOC Toastmasters Club, Lubowa Toastmasters Club, Muyenga Toastmasters Club, etc.

We have had joint meetings with Kampala Executives Toastmasters club.

As Kampala South Toastmasters Club, we are happy to note that all the Presidents of Rotary Club of Kampala South, from the time the Toastmasters Club was established, have been Toastmasters; Odaga Charles, Paul Muhame, Rita Tinka, Samuel Sewagudde and Faridah Namutebi.

Kampala South Toastmasters Club continues to attract members outside of its mother club, and has gone a long way in greatly improving the speech and confidence of its members.

Membership is currently \$10 per month, a bargain for a great life skill!!T



**Division Director Paul Muwanga as Evaluator**



**Past President Patrick Lassu as Evaluator**



**Mathew Kyaligonza delivering an Icebreaker speech**



**Jennifer Byokusheka evaluating a speech**



**Albert Rubombora as Grammarian**



**Dr Dan Bogere delivering a speech**



**Past President Richard Kalungi as Evaluator**



**Club meeting No. 73**



# SERVICE PROJECTS



**Creven  
Emmanuel  
Mukwenda**  
Director Service  
Projects 2025/26



**Rotary**  
Kampala South

**PARTNER WITH US**

**THE AGGREY KANKUNDA MEMORIAL  
AGRBUSINESS SCHEME (AKMAS)**

**TOTAL: \$165,000**

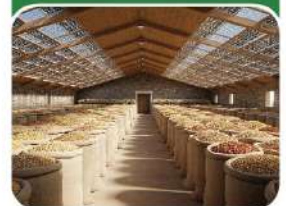
**1**

Improve Agribusiness  
skills as a way of  
enabling job creation



**2**

Improve food  
sustainability



**3**

Lead to robust  
household  
income liberation



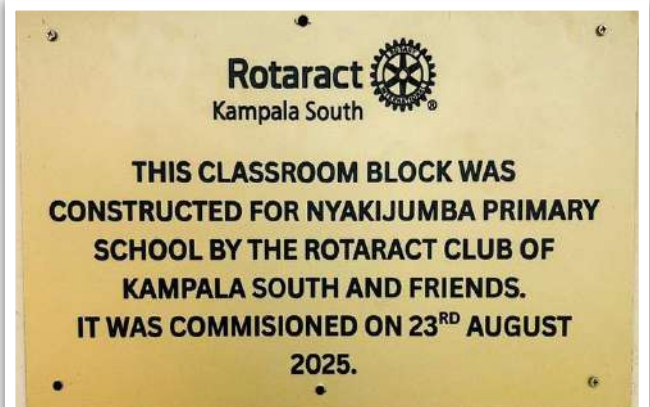
**4**

Reduce Gender  
Disparity in  
Education





# SERVICE PROJECTS



Rotary  
Kampala South  
Nairobi Samawati  
Milimani

Rotaract  
Kampala South  
Karura





# NEW CLUB DEVELOPMENT

## Rotary Club of Kampala First Aid and Emergency Response Chartered in a Colourful Celebration!

The Rotary Club of Kampala First Aid and Emergency Response, the world's first-ever Rotary club dedicated to First Aid and Emergency Care, was inaugurated yesterday at Fairway Hotel. District Governor Geoffrey Martin Kitakule of Rotary International District 9213 officially welcomed the club, installing Dr. Mirriam Apiyo as its Charter President and inducting a total of 25 Charter members.

The club's journey began on Cancer Run Day in 2022, when Drs. Richard Kalungi and Peter Kavuma envisioned a world where first aid and emergency care are readily available to all. After a year of planning, the Rotary Club of Kampala South board recognized the efforts and passed a resolution to sponsor the new club in August 2023.

As a cause-based Rotary club, the club attracts both medical and non-medical professionals. Members are united by their passion for first aid and emergency care, and will implement community projects and initiatives around this specific cause. The club has already launched initiatives to create awareness around hypertension by measuring blood pressures and availing blood pressure machines, as well as a first aid kit initiative to provide kits at an affordable price and offer training through Rotary clubs.

Trauma injuries and hypertension are significant public health concerns in Uganda. According to Dr. Hussein Ssenyonjo, a NeuroSurgeon who attended the function, over 25,000 deaths annually are attributed to trauma injuries. In Mulago Hospital, over 85% of patients at the emergency unit, have head injuries usually due to road traffic crashes involving motor cycle "boda boda" riders. Meanwhile, hypertension affects one in three adults globally, with nearly half of those with hypertension unaware of their condition. In Uganda, the burden of hypertension is

substantial, and efforts to prevent, detect, and manage the condition are crucial to preventing related complications such as stroke, heart attack, and kidney damage.

The charter president committed to transforming the first aid and emergency care landscape through the club's efforts. Notably, the club will lead the first aid and emergency care response at the forthcoming District Conference (101st Conference) at Imperial Royale Hotel in April 2026, ensuring delegates are safe and healthy.

Over 150 guests, including Rotarians from nine Rotary clubs, Rotaractors, and friends of Rotary, attended the ceremony. The event was graced by the Charter President's family, workmates from Case Hospital, officials from the Ministry of Health and Rotary District 9213, including the Immediate Past District Governor, District Executive Secretary, District Membership Chair, Assistant Governors, Presidents, and Past Presidents of Rotary Club of Kampala South.

District Governor Geoffrey Kitakule encouraged non-Rotarians to join Rotary and contribute to serving humanity. "The birth of this club is a testament to the power of service and community," he said. "We invite like-minded individuals to join us in making a difference."

The Rotary Club of Kampala First Aid and Emergency Response is poised to make a significant impact in the community, and its inauguration marks a new chapter in Rotary's commitment to service above self.

**Richard Kalungi**  
Rotary Club of Kampala South





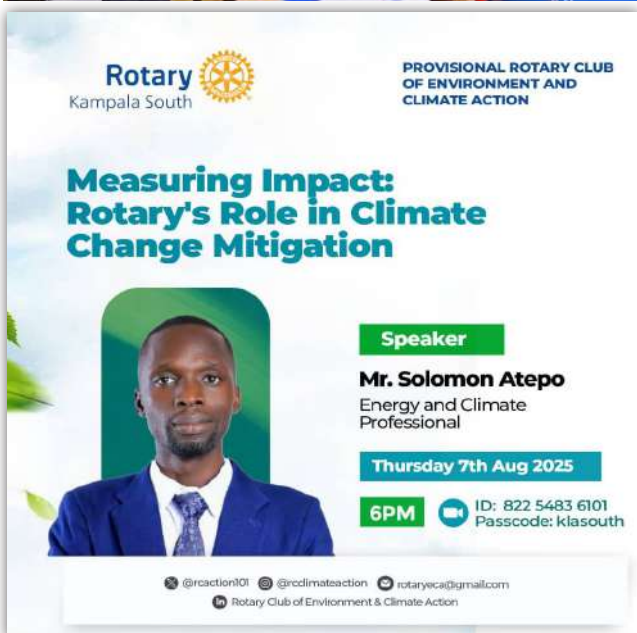
# NEW CLUB DEVELOPMENT

## Cause-Based Clubs: The New Norm in Rotary

Cause-based clubs are increasingly becoming the new norm in rotary circles because of their exclusively corporate membership.

In Uganda, they include the newly chartered ones such as: RC of Kampala First Aid and Emergency Response, set up to train and provide skills to the Rotary fraternity in First Aid and Emergency Care; as well as provide health kits for such emergencies at a reasonable price. RC Mapeera constituted by staff of Centenary Bank; and Provisional RC of Environment and Climate Change. Others are: RC Kampala Blue Hearts with its membership composed of staff from DfCU Bank; and the Rotary Fellowship for Fitness and Wellness.

According to RI President 2025/2026, "Some Rotarians gather around a shared interest - whether it's professional development or a passion for service - and those connections deepen their commitment and their joy in being part of Rotary. And, we've seen cause-based clubs thrive in regions diverse as South East Asia, Africa and Europe."



The Rotary Fellowship for Fitness and Wellness has been awarded for collaboration with the judiciary in the first ever International Judiciary Wellbeing Day



# SERVICE BEYOND THE CLUB



District Governor  
Geoffrey Martin  
Kitakule



Executive Assistant  
to District Governor  
Allen Nambakire



Chair Strategy  
Peter Mukuru



Chair 101<sup>ST</sup> DISCON  
Charles Odaga



Treasurer 101<sup>ST</sup> DISCON  
Paul Muwanga



Governors Banquet  
101<sup>ST</sup> DISCON  
Joseph Baroraho



Vice Chair Ethics &  
Governance  
Irene Namuli



Ian Senkatuka  
Assistant Governor



Vice Chair Community  
Service  
Richard Kalungi



Grants Qualification  
Richard Mayebo



Rotary Year  
Documentation Officer  
Esther Mwambu



Jane Langoya  
The Little Hearts Project



Wendy Kasujja  
The Little Hearts Project



# DEDICATED SERVICE IN ROTARY

**Rotary**  
Kampala South

**HONORING ELEVEN YEARS OF  
EXEMPLARY ROTARY SERVICE!**



IPP. SAMUEL SEWAGUDDE   RTN. DR. DAN BOGERE   RTN. VICTORIA NABISENKE   RTN. JOEL KIWANUKA   RTN. BARNABAS TAREMWA

Congratulations on this extraordinary achievement of eleven years of dedicated service as a Rotarians. Your tireless commitment, deep compassion, and unwavering drive to foster positive change have profoundly impacted our community and left an enduring legacy. We are truly inspired by your contributions, which stand as a testament to the power of dedicated service. With deep gratitude and admiration, we celebrate you today and look forward to your continued fellowship and impactful service in the years ahead.


The Rotary Cub of Kampala South appreciates your commitment and dedication to the values and missions of Rotary.

@Kampalasouth   rckampalasouth   @klasouthrotaryclub

Tunga Nutrition   Best Western PLUS   OLEA   PKF   CWEZI   ASA   nbs

**Rotary**  
Kampala South

**HONORING YEARS OF  
EXEMPLARY ROTARY SERVICE!**



RTN. DOREEN ORISHABA   RTN. CAROLINE LUBIKIRE

**4 YEARS**   **7 YEARS**

**JULY 2025**

Congratulations on your years of dedicated service to Rotary! Your commitment to "Service Above Self" Thank you for your leadership, generosity & unwavering passion. Here's to many more years of impact, friendship and service.

The Rotary Cub of Kampala South appreciates your commitment and dedication to the values and missions of Rotary.

@Kampalasouth   rckampalasouth   @klasouthrotaryclub

Tunga Nutrition   Best Western PLUS   OLEA   PKF   CWEZI   ASA   nbs

**Rotary**  
Kampala South

**HONORING YEARS OF  
EXEMPLARY ROTARY SERVICE!**



RTN. JOY NEKESA   RTN. JENNIFER BYOKUSHEKA   RTN. HUDSON MUTALYA   RTN. ICULET LILIANE

**13 YEARS**   **15 YEARS**   **15 YEARS**   **14 YEARS**

**AUG 2025**

Congratulations on your years of dedicated service to Rotary! Your commitment to "Service Above Self". Thank you for your leadership, generosity & unwavering passion. Here's to many more years of impact, friendship and service.

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@Kampalasouth   rckampalasouth   @klasouthrotaryclub

Tunga Nutrition   Best Western PLUS   OLEA   PKF   CWEZI   ASA   nbs



# ASA MICROFINANCE (UGANDA) LTD



**A simple and affordable health and life cover for all ASA loan borrowers.**

#### Hospital Cash

**UGX 20,000 to UGX 100,000**

Per night of admission, up to 10 nights in a Year.

Get cash to cover additional expenses like medication and household bills during inpatient hospitalizations.

#### Funeral Cover

**UGX 500,000 to UGX 2,000,000**

Paid to the next of kin in case you lose your life.

Ensure your loved ones receive financial support, helping to cover expenses such as funeral costs, and daily living expenses.

#### ASA LifeCare

Benefits (Annual Limit)	4 Months	6 Months	8 Months	11 Months
Hospital Cash (UGX)	200,000	400,000	600,000	1,000,000
Funeral Cover (UGX)	500,000	1,000,000	1,500,000	2,000,000
Total Premium on Principle Loan (UGX)	4,000	12,000	24,000	44,000

## Our Vision

## Our Purpose

## Our Mission



**Just and financially inclusive societies.**



**To reduce poverty and enable female empowerment**



**Enhance socio-economic progress of low-income entrepreneurs by increasing financial inclusion.**

## Our Company Values



**PROFESSIONALISM**



**INTEGRITY**



**TEAMWORK**

<http://uganda.asa-international.com>





**ASA**  
INTERNATIONAL

# ASA Microfinance (Uganda) Limited

Creating Hope. Changing Fortunes.

## Product Chart 2025

Effective from 1<sup>st</sup> May'25

SL	Description		Small Loan		Small Business Loan	
1	Member Registration / Admission		Ugx 2,000		Ugx 5,000	
2	Loan processing fee		2.5% on Principal Loan.		2.5% on Principal Loan.	
3	Passbook Sale		Ugx 1,000.		Ugx 1,000.	
4	Security/Cash collateral (savings) 1st and initial loan against Principal Loan		10% on Principal Loan		10% on Principal Loan	
5	Security/Cash collateral (savings) 2nd and onward against Principal Loan.		15% on Principal Loan		15% on Principal Loan	
6	Frequency of meeting		Weekly		Weekly	
7	Total member in a group	Minimum	5		5	
		Maximum	30		30	
8	Loan Amount (1 <sup>rd</sup> cycle).	All Loans	Ugx 200,000 to Ugx 1,500,000		Ugx 1,600,000 to Ugx 4,000,000	
9	Loan increment (2 <sup>nd</sup> cycle).		Ugx 100,000 to Ugx 400,000 or up to Ugx 1,500,000 loan (to reach) for 2 <sup>nd</sup> cycle.		Ugx 300,000 to Ugx 800,000 or upto Ugx 4,000,000 loan (to reach) for 2 <sup>nd</sup> cycle.	
	Loan increments (3 <sup>rd</sup> cycle and above).		Ugx 100,000 to Ugx 400,000 or up to Ugx 4,000,000 loan (to reach) for 3 <sup>rd</sup> and above cycles.		Ugx 300,000 to Ugx 800,000 or up to Ugx 8,000,000 loan (to reach) for 3rd and above cycles.	
10	1 <sup>st</sup> loan disbursement (4,6,8 and 11 months)		Number of 2nd meeting day from the enrollment Or after 7days of the enrollment.		Number of 2nd meeting day from the enrollment or after 7days of the enrollment.	
11	Number of Installments weekly.	4 Months	16 installments.		16 installments.	
		6 Months	23 installments.		23 installments.	
		8 Months	30 installments.		30 installments.	
		11 Months	43 installments.		43 installments.	
12	Mode of repayment (4,6,8 and 11months loans)		Weekly		Weekly	
13	1 <sup>st</sup> installment collection for weekly (4,6,8 and 11 Months)		7 Days after the date of disbursement / 1st meeting day after Loan disbursement		7 Days after the date of disbursement / 1 <sup>st</sup> meeting day after Loan disbursement	
14	Service Charge/ Interest rate Weekly/ Bi-weekly / Monthly loans	4 Months	9%		9%	
		6 Months	15%		15%	
		8 Months	20%		20%	
		11 Months	29%		29%	
15	Risk cover (In case of client death)		Full Loan Outstanding will be written-off		Full Loan Outstanding will be written-off	
16	Advance installment collection for weekly.	4 Months (16 weeks)	Last 2 installments (3 installments including current 1)		Last 2 installments (3 installments including current 1)	
		6 Months (23 weeks)	Last 4 installments (5 installments with current 1)		Last 4 installments (5 installments with current 1)	
		8 Months (30 weeks)	Last 5 installments (6 installments including current 1)		Last 5 installments (6 installments including current 1)	
		11 Months (43 weeks)	Last 7 installments (8 installments including current 1)		Last 7 installments (8 installments including current 1)	
17	Highest loan		Ugx 4,000,000		Ugx 8,000,000	
18	ASA LifeCare					
	Benefits (Annual Limit)		4 Months	6 Months	8 Months	11 Months
	Hospital Cash (UGX)		200,000	400,000	600,000	1,000,000
	Funeral Cover (UGX)		500,000	1,000,000	1,500,000	2,000,000
	Total Premium on Principle Loan (UGX)		4,000	12,000	24,000	44,000

### Head Office:

ASA Microfinance Uganda Limited

Plot # 5195 Buye Kigowa, Ntinda

Post Box No. 245 Ntinda Kampala-Uganda

Tel: +256 200 906 777, Head EMPU: +256 758481819, Head SPSM: +256 702409141

Website: uganda.asa-international.com



# UPCOMING EVENTS



Association  
of Surgeons of  
Uganda

Rotary  
District 9213



**Partner  
with us**

in this noble  
cause !

## WESTNILE SURGICAL CAMP 2025 PROMISE



**20<sup>TH</sup> - 27<sup>TH</sup> SEPTEMBER 2025**



**10,000**

Free specialist  
consultations



**2,500**

free operations



**650**

volunteer Health  
workers



**6,000**

school children  
screening for eye,  
dental, hearing and  
muscle & bone issues



**1,000**

adult screening for  
common cancers  
such as breast,  
prostate and cervix

Cost per operation  
**480,000/- UGX**  
[ USD 132]

**Surgeries will include :**  
cataract, hernia, goiter, piles, burns contractures,  
fractures, lipoma, stoma reversal, undescended  
testes, dental, endoscopy etc

**SPONSOR ONE  
SPONSOR MORE**

Contact us via:

Email : [asou.or.ug@gmail.com](mailto:asou.or.ug@gmail.com)

WhatsApp: 0774509870





# UPCOMING EVENTS



Association  
of Surgeons of  
Uganda



Rotary  
District 9213



## ASOU WEST NILE SUB-REGION SURGICAL CAMP



20<sup>th</sup> - 27<sup>th</sup> September 2025

### Theme:

increasing access to quality  
surgical care & reducing burden  
of surgical disease

### Districts:

Pakwach, Nebbi, Zombo, Madi-Okolo,  
Terego, Koboko, Maracha, Yumbe,  
Obongi, Moyo, Adjumani, Arua district &  
Arua City. Primary & Schools.

### Services to be offered:

1. General Surgery (Hernias, masses);
2. Kids Surgery
3. Brain and Spine Surgery
4. Eye Surgery
5. Ear, Nose, and Throat Care (goitres)
6. Breast and Endocrine surgery;
7. Breast & Cervical Cancer Screening.
8. Upper & Lower GI; Endoscopies
9. Hepato-Pancreatico-biliary surgery;
10. Orthopedics - Limb Prosthesis Reconstruction,
11. Oromaxillofacial
12. Plastics & Reconstructive surgery,
13. Safe Male Circumcision
14. Screening at schools: Hearing Defects, Disabilities, Eye defects, ENT, Ophthalmology, Musculoskeletal & Dental
15. TB screening
16. Blood Donation



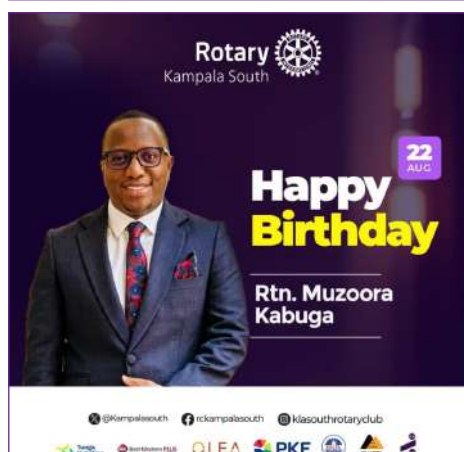
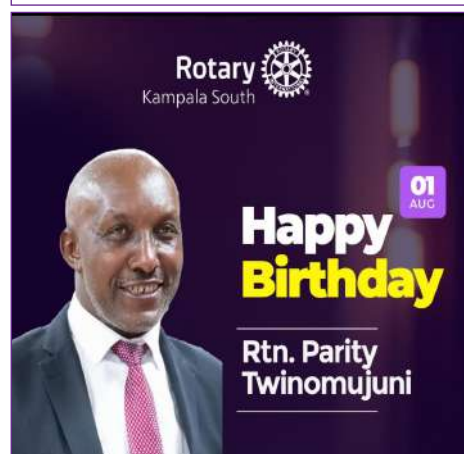
# FAMILY OF ROTARY IN PICTURES

## Birthdays of August

1. Parity Twinomujuni - 1st August
2. Brenda Kharono- 2nd August
3. Annette Mbedha - 4th August
4. Lillian Kenya - 12th August
6. Yvette Musingo - 13th August
7. Muzoora Kabuga - 22nd August
8. Hudson Mutalya - 24th August

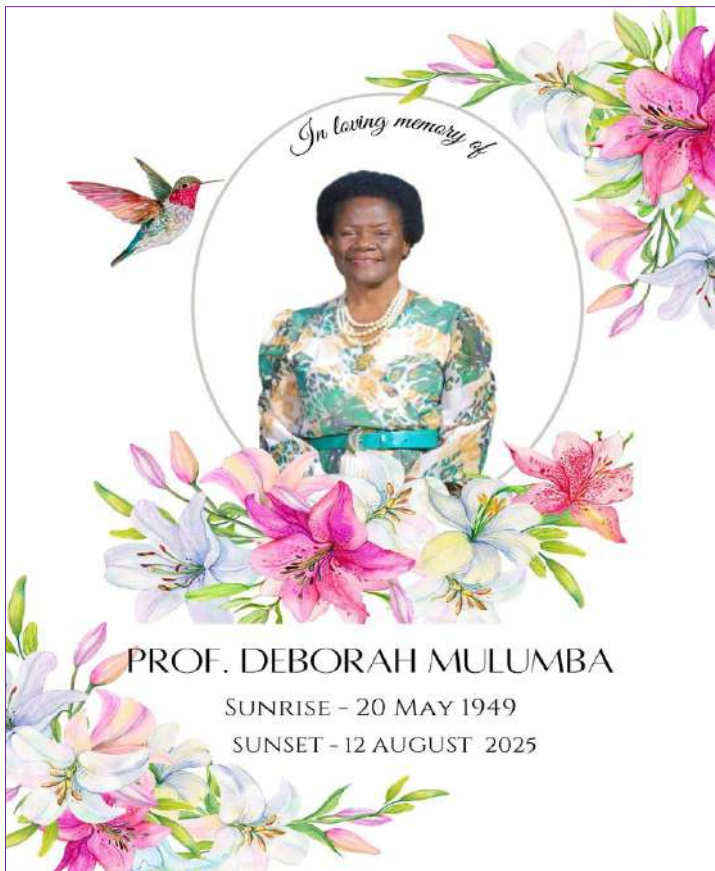



Sheila Namara  
Chair, Family of Rotary






# OBITUARIES





## DEATH

ANNOUNCEMENT










The Rotary Club of Kampala South, with deep sorrow announces the death of Katongole Isaac, Father to our friend Pius Kusilima President RAC Kampala Maisha.

Burial will take place tomorrow 23rd Aug 2025 in Kakindo TC, Kakumiro District.

May His Soul Rest in eternal peace!

@Kampalasouth
rkampalasouth
klasouthrotaryclub

2 Timothy 4:7

“I have fought a good fight, I have finished my course, I have kept the faith.”



# THE ROTARY FOUNDATION (TRF) - “LIFTING ONE ANOTHER TO GREATNESS”



**Rtn Meshach Bagarukayo Nuwabiine**  
**Chair TRF**

**T**he journey is getting real and sweeter. Two months into the Rotary Year 25/26 and the tyres are already kissing the tarmac. We are grateful to the great Rotarians that have continued to oil The Rotary Foundation wheel into renewed rolling; thank you South. But first, let us understand this TRF subject a little more.

As Rotary's one and only charity, The Rotary Foundation (TRF) taps into a global network of Rotarians who invest their time, money and expertise into priorities that align with our seven areas of focus and Foundation grants empower Rotarians to approach problems such as disease, poverty, illiteracy, and malnutrition with sustainable solutions that leave a lasting impact.

The Rotary Foundation is known throughout the world for its exceptional financial management and for the efficient use of its donations. Every year since 2008, TRF has received the top four-star rating from Charity Navigator, the world's largest and most trusted charity evaluator. This rating is a standard achieved by only one

percent of charities for judicious care of donors' money.

## WHAT IS THE ROTARY FOUNDATION?

The Foundation was created in 1917 by Rotary International's sixth president, Arch Klumph. It was established as an endowment fund to provide an ongoing and sustainable income for Rotary to allow us to 'do good in the world'. It has grown from an initial contribution of US\$26.50 from the Rotary Club of Kansas City to more than US\$1 billion. It provides grants of over \$1 million per day to support projects led by Rotarians. Today, TRF has one of the largest and most prestigious international fellowship programmes in the world.

Since it was founded, it has spent more than US\$4 billion on life-changing, sustainable projects. TRF's mission is to enable Rotarians 'to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty'.

Our Foundation has special qualities because it is an enabling Foundation. It is a not-for-profit organisation that is supported solely by donations from its members and friends. TRF asks us to donate, just like other charities, but it also asks us to get involved and utilise the funds. Our Foundation is able to achieve its mission through the generous contributions and the active participation of its members.

A major recipient of donations to TRF is the Annual Fund. When we donate, half our contributions are directed to the District Fund and the other half to the World Fund. Both help support and enable Rotary projects to become a reality through global and district grants.

## LEADERSHIP

The Board of Trustees manages the business of the Foundation, led by the Trustee Chair, who is currently (2022-2023) Past RI President, Ian Riseley, from Australia. The Rotary International President Elect nominates the Trustees, who are elected by the Rotary International Board of Directors. The Trustee Chair serves for one year and the Trustees serve for four years.

## FOUNDATION ACHIEVEMENTS

The Foundation leads the way on worldwide Rotary campaigns such as eradicating polio and promoting peace.



In 1930, the Foundation made its first grant of US \$500 to the International Society for Crippled Children. In 1947, following the death of Rotary's founder Paul Harris, scholarships were the first large programme to be set up. These scholarships were established pre-dominately as a tribute to Paul. To date, more than 350,000 scholarships have been awarded, allowing re-cipients to study overseas.



*Polio eradication is Rotary's top philanthropic priority. Rotary launched the Polio Plus programme in 1985. In 1988, when Rotary began working with its partners in the Global Polio Eradication Initiative, there were more than 350,000 polio cases in over 125 countries. Since then, nearly 3 billion children have been immunised against polio, and the incidence of polio has decreased by 99.9 percent. As of 2021, Rotary's contributions to the global polio eradication effort, including matching funds from the Bill & Melinda Gates Foundation, exceeded US\$2 billion.*

## THE ROAD AHEAD – TRF NIGINA

Hundreds of thousands of people now enjoy access to clean water, health care and education, thanks to TRF's humanitarian projects.

In our inaugural communication at the start of this Rotary Year, we put out to you a number of ways through which we would engage the Members of Kampala South as we walk the giving to humanity path. We all acknowledge that service to the communities around us can only be possible if we spare a portion of our resources towards the cause.

I will expound, for our appreciation, one of the proposed methods to help us contribute to TRF without much damage to our pockets; the TRF **Nigina**. This

is an acclaimed collective way of groupings of people who come together to make periodic support contributions in smaller quantities but the totality of which supports one of the group members to attain a milestone.

In the case of Kampala South, our milestone shall be to achieve a Paul Harris Fellow (PHF) Status for as many members as are in the **Nigina** groups. Yes, the Rotary Club Kampala South can easily become an all PHF Club! For our memory, a PHF is a member who has contributed a minimum of \$1000 in one go or cumulatively. Any further additions of \$1000 above the initial bestows the giver a Multiple PHF Status, a prestigious status in Rotary if you ask me.

In our simple achievable algebra, we have put across different schedules that respective members can chose to belong basing on their abilities and will. These are:

No of people in the group	Monthly contribution (\$)	Period to reach target (months)	Target for each member
04	250	4	1000
05	200	5	1000
08	125	8	1000
10	100	10	1000
10	50	10	500

The last category of persons shall be awarded points to elevate them to PHF Status.

Let us identify our niche and get going. The end is getting clearer each passing day.

Rtn. Meshach B Nuwabiine (Mish)

TRF Chair, RC Kampala South 25/26





## PARTNER WITH US

# LITTLE HEART PROJECT **TOTAL: \$283,311**



### Triage Area

Weighing Scales with measuring rod,  
Digital weight and Height scale, Mobile Vital  
signs Monitor with Variable BP cuff lengths,  
Adult + Paed SPO2 sensors

**SUBTOTAL: \$16,832**



### Consultation Room

Stethoscopes (Paed + Adult) Lithmann,  
Bed side screens, Examination Couch  
(With Prop up capabilities)

**SUBTOTAL: \$2,054**



### ECG Room

ECG Machine with Paediatric and adult electrodes,  
ECG papers A4, Sonography Gel (5 litres),  
Examination Couch (With Prop up capabilities)

**SUBTOTAL: \$14,749**



### ECHO Room

Echocardiography machine with Neonatal,  
Paediatric + Adult Cardiac probes, Linear/Vascular  
Probe, Sonography Gel (5 litres)

**SUBTOTAL: \$81,631**



### Mini Point of Care Laboratory/ Pharmacy

Point of Care INR machine, strips, Warfarin,  
Benzathine Penicillin, Pen V

**SUBTOTAL: \$3,378**



### Emergency room

CPAP machines with air compressor,  
Cardiac beds

**SUBTOTAL: \$86,649**

### Human Resource Training

Paediatric Cardiologist, Cardiac Nurses,  
Training general cadrac staff

**SUBTOTAL: \$46,486**

### Operational Costs

PERSONALE COST - Trainers, OFFICE RUNNING COSTS -  
Stationary, communication and utilities costs.  
Contingency

**SUBTOTAL: \$31,531**





# MENGO HOSPITAL DIALYSIS CENTER PHASE II

**PARTNER  
WITH US**

**FUELING HOPE**

**TOTAL: \$230,900**

1

Dialysis  
Machine  
USD 135,240



2

Dialyzer  
Reprocessing  
Machine  
USD 13,248



3

Suction  
Machine  
USD 1,656



4

Dialysis Beds/  
Chair  
USD 5,000



5

Ultrasound  
Machine  
USD 2,000



6

Patient Bed  
ICU  
USD 13,800



7

Patient Monitor  
Modular  
USD 11,040



8

Patient  
Monitor Basic  
USD 2,000



9

Procedure  
Trolley  
USD 4,830



10

Capacity  
Building  
USD 41,400



5 Nurses  
1 Biomedical



# ACCOMODATION CATEGORIES

## Imperial Botanical Beach Hotel



### ROOMS: BED & BREAKFAST (PER NIGHT)

	SINGLE	DOUBLE
Deluxe Room	\$70	\$100

CONTACT: Booking office: +256 (0)417 111000  
Email: imperialhotels@hoteleq.com

For booking: <https://tinyurl.com/23eequ3d>

## Imperial Resort Beach Hotel



### ROOMS: BED & BREAKFAST (PER NIGHT)

	SINGLE	DOUBLE
Deluxe Room	\$100	\$130

CONTACT: Booking office: +256 (0)417 111000  
Email: imperialhotels@hoteleq.com

For booking: <https://tinyurl.com/28uaymxw>

## Imperial Golf View Hotel



### ROOMS: BED & BREAKFAST (PER NIGHT)

	SINGLE	DOUBLE
Deluxe Room	\$100	\$130

CONTACT: Booking office: +256 (0)417 111000  
Email: imperialhotels@hoteleq.com

For booking: <https://tinyurl.com/292ejj7y>

## Imperial Heights Hotel



### ROOMS: BED & BREAKFAST (PER NIGHT)

	SINGLE	DOUBLE
Deluxe Room	\$100	\$130

CONTACT: Booking office: +256 (0)417 111000  
Email: imperialhotels@hoteleq.com



Scan to register.  
**Registration  
is now open**

16TH - 18TH  
APRIL 2026

IMPERIAL RESORT  
BEACH HOTEL,  
ENTEBBE

DISCON 101