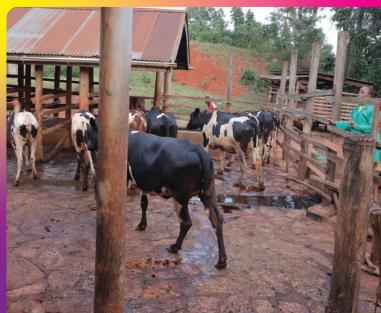


SOUTHERN TIMES

ISSUE 4 - OCTOBER 2025







Theme:

COMMUNITY ECONOMIC DEVELOPMENT







DISCON 101 THEME NIGHTS



















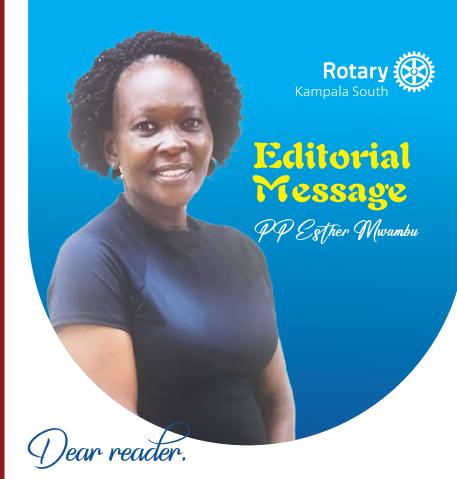




Editorial Message 3 **Message of the President** 4 **Faridah Namutebi** Message of the **District Governor Message of the RI President District Governor's Engagements & Club Visits** 8 (pictorial) **Africa Peace Concert 2025** 10 **Ambassadors Membership Engagement** 12 **Service Projects** 14 **Rotary District 9213** 18 **Milestones Feature Story on Economic** 20 **Empowerment of Teenage Mothers Upcoming Events** 24 **Family of Rotary** (October Birthdays) 26

RAPS and Buddy Group of

October (Pictorial)



Rotary worldwide celebrates and showcases Community Economic Development in the month of October each rotary year, through its service projects and how they have impacted the lives of the most vulnerable in our societies based on its seven areas of focus, namely: Maternal and Child Health (MCH); Disease Prevention and Treatment; Water, Hygiene and Sanitation (WASH); Basic Education and Literacy; Community Economic Development: Peace Building and Conflict Resolution; and Support to the Environment.

In the oncoming pages, the Southern Bulletin showcases the impact of Community Economic Development through service projects implemented by the Rotary Club of Kampala South.

From provision of In-calf heifers to rural women for nutrition and economic empowerment; to the Jjanyi-Ddundu-Dewe Adopt-A-Village community empowerment projects through poultry rearing, brick-making and pig rearing in past years; and the current Aggrey Kankunda Memorial Agribusiness Scheme (AKMAS) targeting nutrition and economic empowerment of rural schools; as well as economic empowerment of rural communities

through the club's Rotary Community Corps (RCCs) that are helping the rural communities improve their livelihoods in Uganda today. Each project has ensured that the most vulnerable are reached through the generous and big hearts of Rotarians worldwide.

The bulletin also features the DG's engagements in October through the lens; celebrating milestones in Polio eradication; the 'white only' event at the lakeside aimed at fundraising for the Mengo Hospital Rotary Blood Bank; the Peace Concert that raised funds for the Rotary Peace Centre at Makerere University, Kampala (MUK) and for the Peace Fund; his official visits to clubs; and fundraiser events to support rotary activities in District 9213, Uganda. As well as the usual Kampala South club engagements by members, induction of new members, the tree planting with PKF to support the Rotary D9213 'Green Campaign'; the Southern birthday celebrants and anniversaries; as well as tributes to our fallen heroes in rotary and a glimpse into the exciting upcoming Rotary events in 2025/2026.

Engoy the reading as you Savour our Southern monthly cuisine of the bulletin.





Faridah (amutebi 34th President RC Kampala South

Dear Fellow Rotarians.

I am pleased to share with you all the exciting initiatives and projects that our club has been working on in past years to-date. Our focus this month has been on Community Economic Development, a key area of interest for Rotary clubs around the world.

Through our various efforts and partnerships, we have been able to make significant strides in empowering our local communities economically. From supporting small businesses in the Jjanyi-Dundu-Dewe Adopt-A-Village projects South of Kampala City; to providing skills training and resources for budding entrepreneurs in our Rotary Community Corps (RCCs) countrywide; and the Aggrey Kankunda Memorial Agribusiness Scheme (AKMAS) projects; we have been working hard to create sustainable solutions for economic growth in our communities.

I am incredibly proud of the dedication and hard work that our members have put into these projects. Your commitment to service and making a difference in the lives of others is truly inspiring.

As we move forward into the month of November, let us continue to build on the momentum we have created in the area of Community Economic Development. By working together and leveraging our collective resources, we can make a real and lasting impact on the economic well-being of our community.

Thank you for your continued support and dedication to our club and our community. Together, we can achieve great things.

Yours in Rotary service,

Faridah Mamutebi President, Rotary Club of Kampala South



Members of Nyaconga RCC launching the duck rearing project in September 2025







Above & Below: Members of Kikandwa RCC attending a financial literacy and economic empowerment session





PARTNER WITH US

THE AGGREY KANKUNDA MEMORIAL AGRBUSINESS SCHEME (AKMAS)

TOTAL: \$165,000















DC'S MESSAGE:

Geogrey Martin Kitakule.

District Governor - Rotary District 9213

Empowering the Vulnerable

t the heart of Rotary's global mission lies a fundamental commitment to building a better world. As Rotarians, we are bound by the belief that lasting peace and prosperity cannot be built without dignity, opportunity, and hope.

Economic empowerment is not just about financial stability; it is about unlocking human potential, restoring dignity, and creating pathways for self-reliance. Rotary's motto,

Service Above Self, is lived out every time we equip a young person with skills, every time we support a small entrepreneur, and every time we open doors for women and vulnerable groups to participate fully in economic life.

In many of our communities, poverty is not just the absence of money; it is the absence of opportunity. Unemployment among youth, limited access to credit, and a lack of vocational skills often trap families in cycles of poverty.

But where others see obstacles, Rotarians see possibilities.

Economic empowerment is one of Rotary's seven areas of focus because it addresses the root causes of poverty and lays a foundation for sustainable development.

Rotary plays a significant role in economic development in Uganda. This has been through skills training, infrastructure, empowerment of marginalized groups, health interventions that reduce economic burdens, and partnership-driven community projects. These interventions support Uganda's 3rd National Development Plan, particularly in boosting economic inclusion, infrastructure, human development, and agriculture and rural development. Our interventions also align with the global Sustainable Development Goals such

as SDG 1 (No Poverty), SDG 2 (Zero Hunger), SDG 4 (Quality Education), SDG 5 (Gender Equality), SDG 6 (Clean Water & Sanitation), SDG 8 (Decent Work and Economic Growth), among others.

Through our economic empowerment projects, we have seen an increase in incomes and job creation.

Small enterprises and vocational training enable people to earn livelihoods rather than depending solely on subsistence or informal Labor. Improved sanitation, clean water, and hygiene reduce incidences of disease. This reduces medical expenses and time lost to illness. The empowerment of women and youth helps reduce inequality and promotes inclusive growth.

Behind every project is a human story:

- A young mother who once struggled to feed her children but now runs a tailoring business.
- A school leaver who, through vocational training, now earns a living in carpentry.
- A community that once lacked clean water but now thrives because time once spent fetching water is now spent in productive work.

These are the lives Rotary touches, and they remind us why we serve. When we empower one person economically, we empower a family. When we empower a family, we strengthen a community. And when we strengthen communities, we create the foundation for peace and prosperity in our nation and our world.

That is the true power of Rotary.

Indeed, Rotary cares for our communities. #RotaryEyamba

Geogrey Martin Xitateute.

District Governor - Rotary District 9213





RI President's Message: Francesco Arezgo

President, Rotary International, 2025-26

ctober is Rotary's Community Economic Development Month, a time to spot light our efforts to help communities build thriving, sustainable futures.

This month's observance aligns perfectly with the Rotary core value of leadership.

Leadership means empowering people to guide their own progress. That is precisely what Rotary's economic development projects aim to achieve.

Take, for example, a recent initiative in southern India in which Rotary members unlocked the power of women of the Adivasi tribal groups through sewing training to earn a living and regain social inclusion. Historically, widows and abandoned women in this region lose social standing and are shunned by society or blamed for their misfortunes.

Opportunities to support themselves or obtain training are minimal.

This year, the Rotary Club of WindsorRoseland, Ontario, partnered with clubs in Districts 3203 and 3234 in India — and with the Indian organization Sevalaya Trust-to provide sewing machines and training to 80 Adivasi women. They learned to stitch saree blouses, kurta tunics, and salwar suits, enabling them to support themselves and their families. Each woman received a certificate for completing the program, and the sewingmachine provider offered free long-term maintenance for the machines.

The project offered vital income and dignity to women ostracized by society after widowhood.

This story is one example of Rotary leadership in action: local people guiding solutions that address their community needs.

Our role is not to deliver charity or to impose outside models, but to foster self-reliance by investing in leadership, skills, and sustainable enterprise.

This October, I invite Rotary members worldwide to reflect on economic leadership in their communities. Who is stepping forward to lead local economic initiatives? Where is there untapped talent that could be supported with training or mentorship? How can your club catalyze opportunity through partnerships with local businesses, vocational schools, or savings groups?

Leadership is not always about being visible. Sometimes it means listening, working collaboratively, and amplifying the voices of others. That approach lies at the heart of Rotary's philosophy and our lasting impact on economic development.

By building capacity — whether through microcredit vocational training workshops, groups, entrepreneurship programs — we enable communities to lead their own transformation.

When people take ownership of their progress, change becomes sustainable.

Let us lead with good intention and provide support with heart.

By nurturing local leadership, we can create opportunities that ripple through communities, empowering individuals, families, and societies.

Together, we can support economies that work for everyone and enact community development projects that last.

Francesco Areggo
President, Rotary International



DG GEOFFREY MARTIN KITAKULE'S ENGAGEMENTS & OFFICIAL CLUB VISITS

















DG GEOFFREY MARTIN KITAKULE'S ENGAGEMENTS & OFFICIAL CLUB VISITS





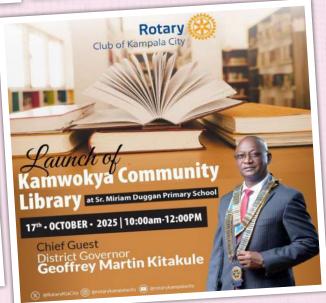
new cases registered in some parts generating pro-













Africa Peace Concert 2025 Ambassadors











Africa Peace Concert 2025 Ambassadors













MEMBERSHIP ENGAGEMENT IN OCTOBER















MEMBERSHIP ENGAGEMENT IN OCTOBER



















SERVICE PROJECTS

Community Economic Development by Rotary Club of Kampala South



Creven Emmanuel MukwendaDirector Service Projects 2025/26

South has sought to boost community economic development in many ways. The first attempt was the Rocket Stove Project implemented between 1998-2000, where the club distributed rocket stoves as a means of providing sustainable and affordable fuel cooking energy to victims of the 20-year Kony Rebellion in Northern Uganda residing in the Internally Displaced Persons (IDP) Camp in Lira IDP Camp, Northern Uganda. This was accompanied with setting-up of a Reading Centre in the camp, fully furnished with books to provide the beneficiaries with basic education and literacy.

Later, from 2000 to 2009, the club implemented the Send-a-Cow Project with a grant from The Rotary Foundation (TRF), and in partnership with M/s Send-a-Cow, a non-governmental Organisation (NGO), distributed In-calf heifers to women in Apac and Lira districts in Northern Uganda; Kumi District in Eastern Uganda; Mbarara and Rakai districts in Western









Left: AKMAS Vegetable Growing Project at Rwabutura Primary School, Kabwohe. Right: Nyaconga RCC members attending a health camp organised by the Rotary Club of Kampala South

Uganda; and Nakisunga, Mityana and Mubende districts in Central Uganda. The aim was to empower the women economically as well as improve the nutrition of their families.

And, between 2005 and 2014, the club was able to receive another grant, a TRF 3H Matching Grant 72517 worth \$34,047 in partnership with rotary clubs worldwide as follows:

- RC Kampala South (D9211) \$515
- RC Muyenga (D9200) \$1,000
- RC of Wiarton (D6330) \$5,762
- RC North Napa (D5130) \$3,000
- RC Sonoma Valley (D5130) \$2,847
- RC St. Thomas (D6330) \$1,000
- RC Southampton (D6330) \$2,000
- RC Flint (D2480) \$2,000

- RC Ioannina (D2480) \$3,500
- Share (DDF) Fund for D5130 \$5,847
- Share (DDF) Fund for D6330 \$5,000
- Share (DDF) Fund for D9200 \$1,500
- Interest Earned \$76

The grant enabled the club implement the Jjanyi-Dundu-Dewe Adopt-A-Village Project located in the villages of Jjanyi-Dundu-Dewe, approximately 20 km South of Kampala City in Central Uganda. Under this project, the club supported the beneficiaries with piggery and poultry rearing as well as brickmaking projects. They also distributed mosquito nets to low-income residents of the three villages.

The project brought significant benefits to residents in the communities that implemented the project and the impact was enormous as outlined below:





- Over 2,400 community members benefitted from 480 mosquito nets handed out;
- 13 families benefitted from the piggery project;
- 17 families benefitted from pullets (poultry) received;
- Community members benefitted from 2 brick-making machines supplied to make circular and interlocking bricks to build pig sties, water tanks and other structures.
- The bricks were made of earth, and not burnt clay bricks that need firewood from trees cut down, which reduced the number of trees cut, and lessened the negative environmental effect resulting from cutting of trees.
- The bricks further provided more affordable housing/buildings, and enabled the beneficiaries to improve their homes by constructing better and more permanent structures.
- Increased income for the beneficiaries and their families; and
- Increased awareness on the importance of working and running a business.



Members of Bumasikye RCC attending a financial literacy and economic empowerment session

From 2015 to date, the club has set-up Rotary Community Corps (RCCs) countrywide to further expand its reach to vulnerable communities in a bid to boost community economic development broadly and more effectively.

Among the RCCs that have been formed are: Nyaconga in Western Uganda, Bumasikye, Bushikori, Busesa, Muki and Jinja RCCs in Eastern Uganda) and Kikandwa in Central Uganda. These have been supported by the club with over \$9,000 to-date.





The RCCs are engaged in several activities such as growing of Irish potatoes commercially, duck rearing and running of Savings and Credit Organisations (SACCOs) that in turn provide capital for members to engage in small businesses and/or income generating projects that economically empower the RCC members and their families; as well as surrounding community members.

To-date, over 120 members of the RCCs and their families and surrounding community members have benefited from financial literacy training, economic empowerment through savings and credit schemes (SACCOS) financed by RC Kampala South; and community development whereby the RCCs have promoted environmental protection and sustainability in the communities in which they reside through tree planting activities in partnership with RC Kampala South.

Recently, in 2021, the club set-up the Aggrey Kankunda Memorial Agri-business Scheme (AKMAS) project in memory of one of its pioneer members, the Late Aggrey Kankunda, who was very pivotal in the growth of the club.

The pilot project is located at Rwabutura Primary School in Sheema, Western Uganda;



and the beneficiaries are primary schools in Sheema District, Western Uganda.

With initial funding of about \$2,000 for the pilot project, the club aims to foster economic

empowerment through agribusiness; as well as through basic education and literacy for primary school pupils around the country.



Above & Below: Beneficiaries of the Jjanyi-Dundu-Dewe Adopt-A-Village Project poultry rearing









Above: Beneficiaries of the Send-a-Cow Project



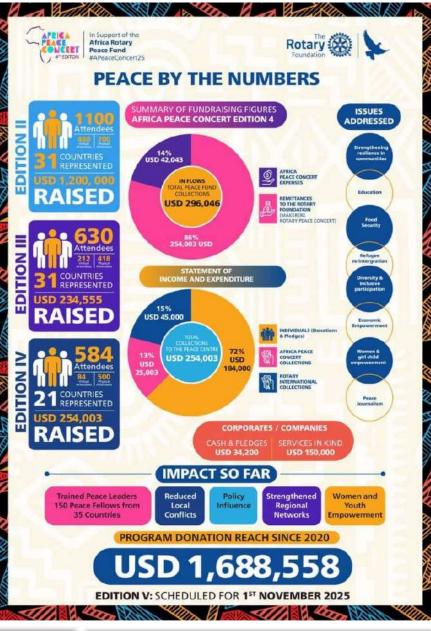
Rotary District 9213 Milestones As At 31st October 2025

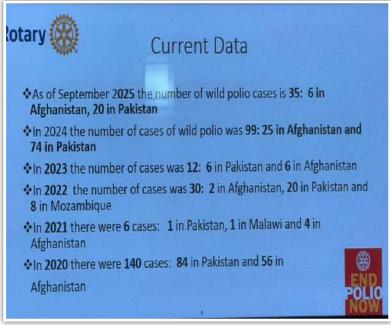




- RC Namugongo \$5000
- RC Kitante \$3000
- RC Mahaba \$1000
- Arch Club (RC Kampala) \$2000
- RC Kampala East \$1000 Dollars
- RC Najeera \$2400
- RC Kampala Springs \$2150
- RC Kampala South \$1500

Approximately \$18,000

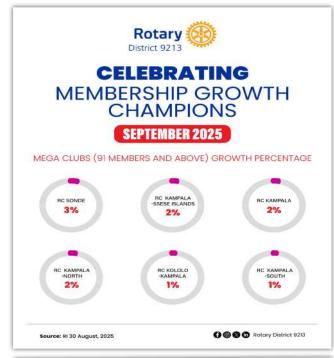






Rotary District 9213 Milestones As At 31st October 2025











Conference Dashboard

X Close Conference

FULLY PAID DELEGATES

793Rotarians
(363M / 430F)

110 Rotaractors

Guests (OM / 3F)

PARTIALLY PAID DELEGATES

82Rotarians

72Rotaractors

2 Guests

ZERO PAYMENT DELEGATES

603 Rotarians 350 Rotaractors 11 Guests

REGISTRATION SUMMARY

907 Fully Paid Delegates 156
Partially Paid
Delegates

967 Zero Payment Delegates



Rotarian Miriam Wegoye Rotary Club of Kampala South

Economic Empowerment of Teenage Mothers in the Mukki RCC

eenage pregnancy is the pregnancy that occurs to a woman under the age of 20 and below 12 years [APA 2020]. Each year, an estimation of 21 million pregnancies occur among adolescent girls aged 15-19 years in developing countries almost half of which [49%] are unintended (Wado et al., 2019). In Africa, a total of 24 countries in east, west, central, north, and southern Africa sub-regions were included in the study and the overall pooled prevalence was 18.8% with East Africa at 21.5%. Uganda as part of East Africa had a total of 354,736 teenage pregnancies registered in 2020 and a total of 290,219 registered between January and September 2021 by UNFPA (2021), implying an average of over 32,000 cases recorded per month.

Uganda's increasing rate of teenage pregnancy is based on a predominantly young population with more than half of the population (55 percent) aged below 18 years (UBOS, 2014). Most teenagers are married by the age of 15 years and girls under 15 years are five times more likely to die in childbirth. Uganda's maternal Mortality Ratio (MMR) stood at 336 deaths per 100,000 live-births and regarding maternal mortality rates, 17.2 percent of the deaths were among those aged 15-19. According to Uganda Bureau of Statistics UBOS (2018), almost a quarter (one in four or 25%) of Ugandan women has given birth by the age of 18.

In the Eastern region of Uganda, teenage pregnancies are particularly high compared to other

regions. According to District Health Information System of Ministry of Health (2021), the numbers of teenage pregnancy in Eastern region particularly Bugisu region is at 23,073. Manafwa district as part of Bugisu region registered 32.9% with 20% increase in teenage Pregnancies by 2021. It was ranked fourth amongst districts with the highest teenage pregnancy in Uganda (UNFPA, Mar 2022).

Bugisu region in Uganda is grappling with extremely high levels of teenage pregnancy to the occurrence of the imbalu (circumcision) season coupled with increased laxity in parenting, is breeding irresponsible sexual behavior amongst young persons, leading to; defilement, unplanned pregnancies, sexually transmitted infections and eventually children raised with limited resources. In addition, the onset of COVID-19, in a bid to prevent the massive spread of the pandemic in Uganda, a total lockdown and closure of all education institutions took effect. As a result, social protection systems for adolescents, especially girls, was highly affected leading to an increase in cases of domestic violence, defilement, child marriages and teenage pregnancies across the country. However, part from teenage pregnancy,

Bugisu region is struggling with defilement, banned substance abuse, theft, school dropouts and delinquent behavior amongst its youth population (New Vision Newspaper, July 2023). The situation is worse for girls living in low resources settings, characterized by poverty, restricted access to care, weak health systems, lack of education and employment and weak social safety nets.



When a girl becomes pregnant, her life changes dramatically. She will likely drop out of school, which means her future employment prospects also diminish, making her more vulnerable to poverty, exclusion and illness.

Mukki Skills Development Center (MSDC) situated in Manafwa District, Mukki village and surrounded by three (3) villages namely: Buserenge, Bumufuni and Bumwanga. MSDC was birthed in 2022, with the primary aim of bringing women and girls together for economic empowerment in different vocational skills namely; catering, tailoring, hair dressing, art, drama and dance as well as providing a saving and loan scheme to enable the women and girls borrow money to venture into different small commercial enterprises as a way to uplift the welfare of their families.

Prior to its establishment, MSDC discovered that women, girls and boy's livelihood largely depends on casual labor in order to put food on their table. Majority of the members do not own land where they can carry out subsistence farming. Among the girls, there are teenage mothers who conceived during the COVID-19 pandemic and dropped out of school. Others simply dropped out of school due to financial constraints in their families. Following this discovery, MSDC, therefore, sought means of how to sustainably empower the girls and women economically with vocational skills.

On 22 July, 2022, the Rotary Club of Kampala South in collaboration with MSDC officially registered the group as a Rotary Community Corp (RCC) to oversee the activities of Rotary in Mukki Village and its surrounding areas. The Mukki RCC boasts of various achievements in cookery, art, dance and drama among others.



Mukki RCC meeting with catering experts.











Mukki RCC training in cookery local dishes - steaming of bananas.



Mukki RCC presenting their meal.



Mukki RCC tailored catering aprons as one of its activities.



Mukki troupe meeting with the LC I Chairperson.



Mukki troupe completes their training at Elgon Ngoma premises in Mbale District.





Mukki troupe mentorship in reproductive health at Komamboga Health Centre IV, Kampala.



Mukki troupe displays their new uniforms



Mukki troupe having lunch after their performance at USSSU performance in Manafwa village



Upcoming Events



Name OF THE OFFICE OF THE OFFICE OF THE OFFI



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REGULAR REGISTRATION

FOR ROTARIANS

FOR ROTARACTORS

\$299

\$199























Babies of October



Sheila Namara Chair, Family of Rotary

- 1. Susan Matovu 1st October
- 2. Bob N. Namanya 2nd October
- 3. Marjorie Nankinga 7th October
- 4. Martha Bagaya 7th October
- 5. Grace Kavuya 8th October
- 6. Hafiswa Basajja 8th October
- 7. Winnie Kahura -12th October
- 8. Bella Katooro 16th October
- 9. Julius Lutaaya 20th October
- 10. Jimmy Senteza 31st October





















TOP: ROTARY ACCOUNTABILITY Kampala South **PARTNERS (RAPS) AND BOTTOM: BUDDY GROUP CRAZE!**













Rotary Club of Buwaate in Formation

Hello friends.

I'm delighted to share an update on the formation of the Rotary Club of Buwaate (RC Buwaate) - an idea I have nurtured for quite some time. The timing couldn't be more perfect to bring it to life, especially with the current District Governor hailing from Kampala South!

The club is in a phase called ideation

As shared earlier, RC Buwaate will be mothered by the Rotary Club of Kampala South, and I'm grateful for the encouragement and guidance we've received along the way. Recognising the need for a Rotary presence in our growing community, I decided to take the initiative -after all, nature abhors a vacuum!

We are now preparing for our 4th meeting, and the Rotary Uganda Membership Extension Team has warmly received our efforts. Our WhatsApp group currently has 25 enthusiastic prospective members, all eager to serve and grow the Rotary spirit in Buwaate.

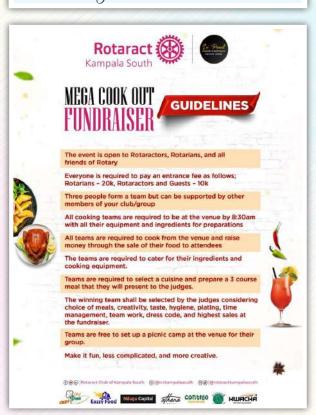
Our strong start has drawn attention from several nearby clubs-Kira, Gayaza, Nsasa, Bulindo, and Kitukutwe, among others-many of which are home to some of the district's extension officers. Under the new Rotary guidelines, multiple clubs can co-mother a new club, making collaboration and mentorship even richer.

With this momentum, we are now ready to seek formal permission from the District Governor to proceed with the official formation of RC Buwaate.

Exciting times ahead as we bring Rotary closer to Buwaate!

You are welcome to make history with RC Buwaate, as we expand the footprint of service with Rotary.

PP Antony Mwandha











































PARTNER WITH US

LITTLE HEART PROJECT TOTAL: \$283,311



Triage Area

Weighing Scales with measuring rod, Digital weight and Height scale, Mobile Vital signs Monitor with Variable BP cuff lenghts, Adult + Paed SPO2 sensors

SUBTOTAL: \$16.832



Consultation Room

Stethoscopes (Paed + Adult) Lithmann, Bed side screens, Examination Couch (With Prop up capabilities)

SUBTOTAL: \$2,054







ECG Room

ECG Machine with Paediatric and adult electrodes, ECG papers A4, Sonography Gel (5 litres), Examination Couch (With Prop up capabilities)

SUBTOTAL: \$14,749







ECHO Room

Echocardiography machine with Neonatal, Paediatric + Adult Cardiac probes, Linear/Vascular Probe, Sonography Gel (5 litres)

SUBTOTAL: \$81,631



Mini Point of Care Laoratory/ Pharmacy

Point of Care INR machine, strips, Warfarin, Benzathine Peniciline, Pen V

SUBTOTAL: \$3,378



Emergency room

CPAP machines with air compressor, Cardiac beds

SUBTOTAL: \$86,649

Human Resource Training

Paediatric Cardiologist, Cardiac Nurses, Training general cadrac staff

SUBTOTAL: \$46,486

Operational Costs

PERSONALE COST - Trainers, OFFICE RUNNING COSTS -Stationary, communication and utilities costs. Contingency

SUBTOTAL: \$31,531



MENGO HOSPITAL DIALYSIS CENTER PHASE 11



FUELING HOPE

TOTAL: \$230,900





















Patient Bed ICU USD 13,800

6

Patient Monitor Modular **USD 11,040** Patient Monitor Basic **USD 2,000** Procedure Trolley USD 4,830



















