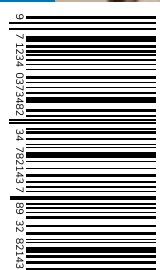




# THE SOUTHERN TIMES

WEEKLY MEETINGS  
REDEFINED

We meet every Monday  
at Hotel Africana at 6pm.



## UP-CLOSE:

A low down on members; Francesca Kakooza, Geoffrey Kitakule, Paul 'Kojja' Muwanga & Ssenga Susan Matovu

## TWINNING CLUB:

Members visit Rotary Club of Milimani in Nairobi, Kenya

# EDITORIAL

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A Need To Act Fast &  
First – Paul Muwanga.  
– Page 24

# PRODUCTION

## PRINTING & CIRCULATION

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THE SOUTHERN TIMES MAGAZINE IS A  
PUBLICATION OF THE ROTARY CLUB OF  
KAMPALA SOUTH



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– Francesca Kakooza –  
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# EDITORIAL

## Inaugurating the Hope Creators Year

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**AUG. 2023**

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**INNOCENT NDAWULA**  
EDITOR IN CHIEF,  
*The Southern Times Magazine*

**W**elcome to the inaugural edition of the “Hope Creators Year” Rotary magazine fittingly named Southern Times because at Kampala South we live with the trends. The magazine is a space dedicated to celebrating the spirit of optimism, resilience, and positive change. As we navigate the early days into this new Rotary year, our hearts are filled with excitement and determination to become catalysts of hope for our communities and beyond.

The theme for this year encapsulates our collective purpose—being the architects of hope in a world that yearns for it. In a time where challenges have tested our mettle, we proudly declare our commitment to shaping a brighter tomorrow through service, innovation, and unwavering compassion.

Through the pages of this monthly magazine, you will discover stories that showcase the incredible work of “Hope Creators” in Uganda and world at large. The top dogs of the club; Paul ‘Kojja’ Muwanga, DGND Geoffrey Kitakule, Ssenga Susan Matovu and the affable Membership Director Francesca Kakooza

open up passionately in a way they’ve never.

From aiding in disaster relief to promoting education and healthcare access, we’re turning aspirations into action, one project at a time. Each endeavor, no matter how modest, echoes with the promise of a better future.

In this transformative year, innovation will lead the way with technology as our ally. This synergy of tradition and innovation is the heartbeat of our Hope Creators journey.

Sustainability remains at the core of our endeavors. By initiating eco-friendly initiatives, advocating for responsible practices, and promoting a circular economy, we embody our role as stewards of the planet. Through action, we plant seeds of hope for generations to come.

This magazine isn’t just a publication; it’s a testament to our collective commitment to creating hope. It’s a canvas where our dreams for a better world take shape, and our stories of impact inspire others to join our mission. It’s an invitation for every Rotarian to be part of a global movement that turns hope into reality.

As we make baby steps into this Hope



**Grateful:** Children of Grace Villa show appreciation of the club's visit to their home.

Creators Year, let's remember that every gesture, every effort, is a stroke on the canvas of hope we're painting together. Let's celebrate the beauty of resilience, the power of unity, and the limitless potential of human compassion.

Here's to a year of forging hope, inspiring change, and leaving a legacy that transcends time. Welcome, Hope Creators, to a year of boundless opportunities and the fulfillment of countless dreams.

Together, we're not just shaping a year; we're shaping hope itself. The magazine is free but it's truly money's worth and I am certain you will enjoy every page you flip!

**Kalamu House, Plot 1B Kira Road, Kampala - Uganda**

**Tel:** 0312305800 | **Email:** pkfkam@ug.pkfea.com



**PKF Uganda** is a distinguished member firm within the prestigious PKF International network, overseen by PKF East Africa headquartered in Nairobi, Kenya. Renowned for our commitment to excellence, we deliver services in assurance, taxation, advisory, and business solutions upholding the renowned reputation of PKF firms worldwide.

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**Right People, Right Size, Right Solutions**



# HOPE CREATORS BOARD 2023-24



Rita Tinka



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Rita Tinka

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Paul Muhame

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**Evaluation**

Alex Niyonzima

**Chair Risk &**

**Compliance**

Winnie Mbabazi

**Role: Chair Procurement**

Naome Kyomugisha

**Chair Awards**

Tom Ayebare Rukundo

**Chair Strategy & Officer**

**Attendance**

Albert Rubombora





**CWEZI BY THE LAKE**  
 Nambi Road, Entebbe  
**PRESENTS**



# Brunch by the Lake

Music by: **DJ Cisse**



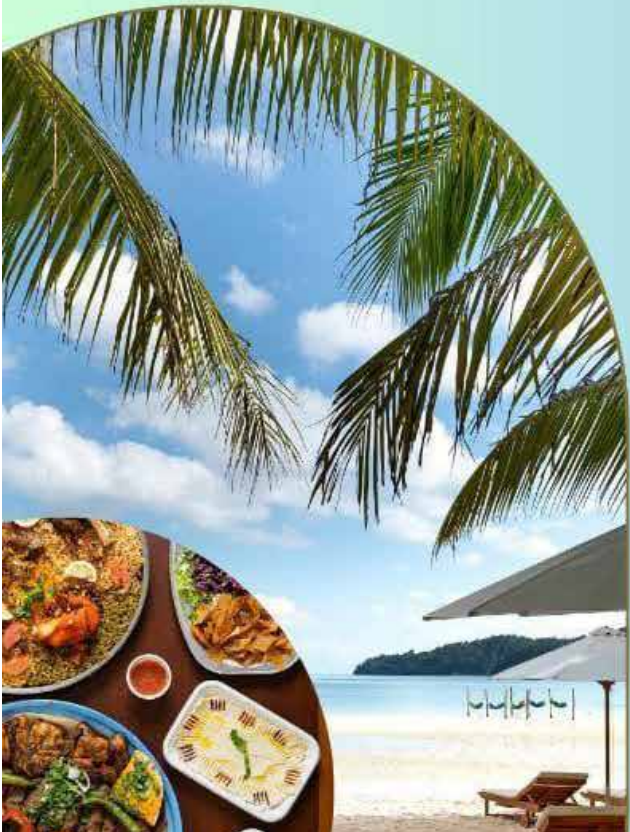
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# PRESIDENT'S MESSAGE

## Let's keep Rotary simple - Rita Tinka

**AUG. 2023**

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**Rita Tinka**  
President, Kampala South

Ladies and gentlemen,

On the protocol already observed, I would like to add my family extending my gratitude to all the different families that have played a significant role in shaping who I am today.

First and foremost, I acknowledge my blood family, both those present here physically and those connected online. Your support and love have been instrumental in my journey.

My adorable sons; Dontae Fortune and Deuel Antonio, whose time I sacrifice to serve

humanity.

And the woman of all seasons, a lady I love with all my life, a woman who is responsible for everything that I am and one that does no wrong in my eyes, my 89-year-old grandma - I love u Jajja.

### **Different walks of life**

My cricket family, where I spent most of my youthful life, has taught me valuable lessons about teamwork, dedication, and sportsmanship. My team Pioneer Cricket Club - I love you guys for giving meaning to life.

I am immensely grateful for the group of ladies I met here in Rotary, who have become family; "the God is good" . A place I sometimes go to just be silly. Your friendship brings me immense joy and strength.

To my Rota friends, all of whom I met in D9200, thank

---

**Armed To Serve: HCP**  
Rita receives theme items from DG Edward Kakembo-Nsubuga during the DG's official visit on 3rd July.





you for sharing wonderful experiences and being a cherished part of my life.

I would also like to acknowledge and honor the rich history shared by The Rotary Club of Kampala North. For allowing us to exist as South and to the many more collaborations that we will have. Your contributions have had a lasting impact, and I am grateful for the valuable lessons learned.

Lastly but not least, the men of honour at the worship place of Rise and Shine, for the support and strength, and I appreciate the sense of community and togetherness we share.

To all of you reading, I bid you a warm and heartfelt good evening.

A moment of silence for our lost dear ones;

1. Aggrey Kakunda
2. Abeja
3. Semakok's dad

I invite everyone to stand up as we sing a song in honor of Rtn. Godfrey Katamujuna, a remarkable individual in our Rotary community.

### **Religious background**

As a born, bred, and practicing Roman Catholic, my education primarily revolved around attending Saint schools such as St. Hellen's, St. Balikudembe, and the yet-to-be St. Kitante Hill. Our morning services were mandatory, and it often felt like we were always in church for one thing or another. One distinct memory that stands out is the priest's introduction to the gospel with the phrase "mu budde buli." This became a song among us students, but our enthusiasm earned us a few canes.

Over time, I came to understand that "mu budde buli" referred to history. It was through this realisation that I started to appreciate the importance of history



**Tale Of Two Heads:** HCP Rita shares a word with CMP Evans Baingana of Kampala Springs.

**I didn't fully comprehend what Rotary was about, nor did I genuinely care. Not that Rtn. Martin was a bad mentor, but perhaps my attention was divided.**

and the need to uphold it in our various settings.

Reflecting on my journey in Rotary, I must admit that during my time as an interactor under the tutelage of Rtn. Martin Kiyaga (may he Rest in Peace), I didn't fully comprehend what Rotary was about, nor did I genuinely care. Not that Rtn. Martin was a bad mentor, but perhaps my attention was divided. Interact provided us with opportunities to venture outside of school, be it sweeping roads or cleaning church compounds. However, it wasn't until I joined Rotaract that I truly grasped the connection between Interact and



**Gentlemen's Game:** Members of Kla South in joyous mood after playing a game of cricket with the national teams; Victoria Pearls & Cricket Cranes.



**Making A Vow:** HCP Rita Tinka swears an oath during the Installation on 3rd July.

**Full Of Life:** HCP Rita Tinka shares a light moment with BCUP Officer Charles Waiswa

Rotary.

In 2002, when "Mankind was Rotary's Business," I received guidance and encouragement from my Aunt, Super President Florence Tinka of the Rotary Club of Ntinda, to join the Rotaract Club of Ntinda. Now, 21 years later, I stand before you as the president of RC Kampala South.

### Journey of growth

This journey has been incredibly intriguing, full of learning, and personal growth. The K series projects – Kiyola,

Kyanja, Kisowela, Kidera, and Bandwe – have been memorable and impactful. Rotary, in its simplicity, has provided me with eight years of service through Rotaract. And on the 1st of March 2010, I began my courtship with RC South. Now, after 11 years in this relationship, I have received approval to cohabitate with leadership for the next two years, and today marks our "wedding." So, when asked the question that has haunted me for the past two years, "Are you ready?" I confidently say, "Yes, I am ready."

Every year, Rotarians are called upon to channel our energies toward a specific focus. We have led the way, lent a helping hand, made dreams a reality, celebrated Rotary, made mankind our business, and sowed the seeds of love. This year, our calling is to "Create Hope in the World."

In the words of RI President Gian Paolo Lang of the Rotary Club of Livorno, I leave you with his timeless theme for the year: "Keep Rotary Simple." Let's create hope in the world, uplift the boy child, champion mental health while keeping rotary simple.

Thank you, and let us continue to strive for a better and more hopeful world through our collective efforts in Rotary.







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# ROTARY INTERNATIONAL PRESIDENT'S MESSAGE

## In the spirit of caring

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**AUG. 2023**

---



**R. GORDON R. MCINALLY**  
President, Rotary International

**A**t the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

### **Empowering each other**

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do

for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three





**One Mission:** Gordon R. McNally wants Rotary members to create hope in the world.

mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, “Performing acts of kindness seems to be one of the best ways to promote those connections.”

### **Greater impact**

This research suggests what we’ve known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let’s not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years, and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably

---

## **Let’s work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive mental health services.**

within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let’s work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.



**Saucy & Tasty:** Past President Becky Nambi and Dr Richard Kalungi Kirumira during a past cook-out event for RC Kampala South in January 2018.

# BLAST FROM THE PAST

**True Service:** PAG Michael Ojok receives PHF recognition from PP Richard Mayebo (circa 2016).







**Keynote Speech:** PDG Jayesh Asher addresses the Club Assembly during his visit in July 2016.



**Time To Play:** The Southern Stormers at the Rotary Five-A-Side competition at Kyadondo RFC in July 2017.



**Class Of Men:** PP Antony Mwandha receives his PHF recognition from then PAG Edward Kakembo in 2017 at Hotel Africana.



**LEFT: Killing Two Birds With One Stone.** Kla South Rotarians Irene Namuli and Sam Sewagudde promote the Cancer Run at the installation day of Geoffrey Kitakule in 2016.

# HAPPY Birthday



Dennis Kahindi - 22nd



Jennifer Byokusheka - 16th

## JULY BABIES



Dithan Kiragga - 6th



Ebert Byenkya - 26th



Johnson Galabuzi - 1st



Peter Odong - 18th



Esther Mwambu - 10th



Ian Senkatuka - 10th



Joy Nekesa - 23rd



Rebecca P. Nambi - 28th



Hannington Hakiza - 29th



Juliet P. Nassolo - 15th



Richard K. Kirumira - 10th



**T**hey say your friends are the family you get to choose. If you've chosen wisely, you already know how much value they can add to your life. Best friends hold a special place in our hearts, but the benefits of having a close friend run much deeper. Simply put, if you have at least one friend, who you can look at like a sister (or brother), and count on no matter what, consider yourself lucky.

So, what better time than your bestie's birthday to let them know how important they are to you? Express your feelings with heartfelt "happy birthday" messages to make their special day shine even brighter.



Sarah Gwokyalya - **25th**



Mathias Kamugasho - **6th**



Sheillah Namala - **24th**



Winnie Mbabazi - **14th**



Vicky Nabisenke - **3rd**



## AUGUST BABIES



Susan Nice Birungi - **30th**



Brenda J. Kharono - **2nd**



Emmy N. Semakula - **16th**



Hudson Mutalya - **23rd**



Yvette K. Muyingo - **15th**



Moses Mutahemuka - **6th**



Parity Twinomujuni - **1st**

Happy birthday to my best friend and partner in crime! I don't know where I'd be without such a fun, caring person like you in my life. Thank you for all the nights we've spent talking until late and for your amazing advice and perspective on life.

# HIGHLIGHTS & CALENDAR

## Club Calendar

### WHAT'S ON THIS MONTH

August is set to excite when it comes to the club's weekly Monday fellowships at Hotel Africana. The last fellowship of August saw the 'controversial' topic of 'DNA Testing' expertly tackled by an in-house crew; Dr. Sam Sewangudde, Daphine Nahwera, Cyprian Kamunyu and Dr. Doreen Bakyenga with many questions getting satisfactory answers.

The facts, opinions and biases of DNA Testing will however remain a topic at large with each individual possessing a varying opinion and justifiably so.

August is set not to let up on the thrilling end of July. Lined up fellowships will tackle several interesting subjects and stories including; the stories behind the numbers – membership survey results and action plan, impacting lives – polio talk, induction of new members and TRF recognition as well as an anticipated energetic performance from MUKI Troupe.



**Fun:** A traditional dance troupe entertains guests at a District Rotary event.

## SNEAK PEEK INTO AUGUST 2023

The Nyaconga Project Season 10 is around the corner is scheduled for 18th - 20th August, 2023 in Kabale.

The Main Projects activities on schedule include;





**Work:** Director Service Projects Innocent Agaba (R) at a needs assessment for the Boy Child Uplifting Project at Kabule Primary School, Ssinga last month.

# Club Activities & Projects

## JULY HIGHLIGHTS

The Rotary Year began on 1st July and on 3rd July the new Board was ushered in.

Service Projects team kicked off with planning meetings to consolidate the RY

23/24 Work Plan and disseminate to the board & members.

During the inception meeting, Club projects were profiled and Buddy group leaders randomly selected the projects they will spearhead during the RY.

Needs assessment for the Boy Child Uplifting Project was held in two schools in Ssinga Hills - one of the planned project sites.

The Head Teacher & Staff of Kabule Primary school were engaged and in principle agreed to organise mentorship sessions in partnership with Kampala South in Term 3.

On 22nd July 2023, Vijana Poa Project monitoring and data collection for assessment was done. There was further project monitoring of Vijana Poa projects in Kikandwa & Busesa.

1. Launch of MCH Global grant
2. BCUP Initiative
3. Mission Green
4. Youth & RCC empowerment

### FUN ACTIVITIES

1. Zip Lining
2. Boat Riding
3. Mountain Climbing/Hiking

# ROTARY - MESSAGE BOARD

**Rotary** Kampala South **CREATE HOPE in the WORLD**

**AUGUST CLUB CALENDER**

- 03** 7 by 7 BCUP Project in Luzira
- 07** Story behind the numbers: Membership Survey Results & Action Plan
- 14** Tales of Kampala South
- 18** Nyaconga Project Season 10 - Kabale (18 - 20 Aug)
- 21** Induction of New Members & TRF Recognition
- 28** BCUP Launch & Fundraiser

@KampalSouth | frcampalSouth | @kiasouthrotaryclub

Letshgo LIQUID PKF CWELI

**Rotary** Kampala South **CREATE HOPE in the WORLD**

## NYACONGA

**Season 10**  
**Aug 18th - 20th**

**Activities**

- MCH Global Grant Launch
- BCUP Initiative
- Mission Green
- RCC & Youth outreach

**Fun Activities**

- Boat ride on L. Buryonyi
- Ziplining
- Hiking

**Leopards Buddy Group in charge**

Contact:  
Rtn. Nairuba Katle: 0773 959 856,  
Rtn. Innocent Agaba: 0701145556,  
Rtn. Samuel: 0782843490

**Transport - 120K**

@KampalSouth | frcampalSouth | @kiasouthrotaryclub

Letshgo LIQUID PKF CWELI

**AUGUST DESIGNATION IS**

**MEMBERSHIP AND NEW CLUB DEVELOPMENT MONTH**

"The things that are worthwhile take time, and it is not the F's of the world but the W's who achieve them."  
Past RI President H.J. Brunner 1957-58

**TAKE ACTION: Join Rotary. Got Involved**

Rotary

**POLIO PLUS FUNDRAISER**

**END POLIO NOW**

**10K** A monthly contribution from each one of us will help us reach our target.

**Fundraise for Polio as we contribute to the TRF**

Contacts: 0756 538 496, 0773 654 624 (Deusdedit Muhumaza)  
0772 772 946 (Allen Nembekira)

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**Rotary** Club of Kampala South **CREATE HOPE in the WORLD**

**BCUP**  
The Boy Child Uplifting Program

**EMPOWERING BOYS, INSPIRING THE FUTURE**

*"Sawubona" (Zulu greeting) - It literally means "I see you, you are important to me and I value you".*

As we begin our Membership month, we just want to say we see YOU, YOU are important to us, we value YOU!

Membership committee  
2023/4

**Rotary** District 9023 & 9024 **Rotary Cancer Run 2023**

Registration Fee **30,000/=** comes with a vest

**Run 27 AUG**  
**Run for Hope**

**Pick Up Points for Kits**

- Mega Market super market
- Capital Hoppers (Kampala)
- Capital Hoppers (Nakasongola)
- Capital Hoppers (Kibuli)
- Capital Hoppers (Garden City)
- Great House (Kampala)
- Cameroon Bank Nakasongola Plaza
- Cameroon Bank Entebbe Plaza
- Cameroon Bank Kibuli
- Cameroon Bank Kampala
- Cameroon Bank Kyambogo

Rotary Cancer Run @RotaryCancerRun23

Rotary Cancer Run 2023

Rotary Cancer Run 2023



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Email: info@rliuganda@gmail.com

- Introduction to RLI
- Insights into leadership
  - My Rotary World
- Foundation 1: Our Foundation
  - Ethics - Vocational Service
  - Engaging Members

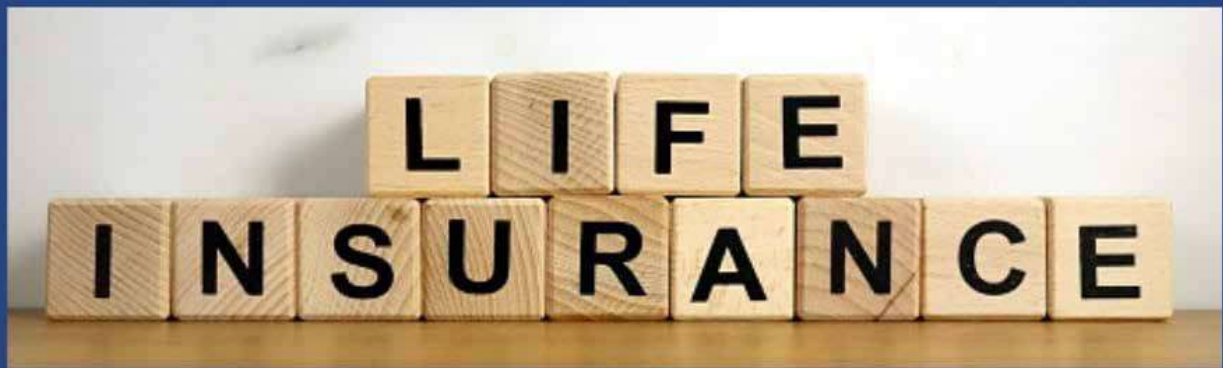
**MODULE 2 Topics - 12<sup>th</sup> August 2023**

- Creating service projects
- Effective Leadership Strategies**
  - Club Communication
- Foundation II-Targeted Service**
  - Attracting Members
  - Rotary Opportunities

**MODULE 3 Topics - 16<sup>th</sup> September 2023**

- Team Building
- Strategic Planning & Analysis**
- Foundation III-International Service
- Public Image & Public Relations**
  - Building A Stronger Club
  - Making A Difference

**"MOH SOPs for meetings to be strictly observed"**



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# AWAY FROM HOME

## A Memorable Evening at RC Mombasa Nyali

Realising I was holed up in Mombasa for about 14 days as I undertook a training session at ESAMI (East and Southern Africa Management Institute), the thought of two weeks of no Rotary meeting crossed my mind!! It was not a thought I would let pass unchallenged. I quickly sent my other thinking chamber into overdrive to establish alternatives.

One of the greatest benefits of Rotary is the attainment of Global Citizenship. Only a week before, I had been privileged to be part of the RC Kampala South team that made the exchange visit to RC Milimani in Nairobi and the WhatsApp group used for the coordination of that trip is still bustling with activity.

I quickly posted a message on the same group asking for Rotary Clubs in Mombasa and their meeting time. Not only did I get the details of Clubs almost instantly but I got telephone contacts.

## Exchanging pleasantries

I quickly reached out to Immediate Past President (IPP) Njau Chege, the outgoing President of RC Mombasa Nyali who extended a warm invitation to me to attend their meeting. He sent me details about the meeting only to realise the venue - Leinmach House was a five-minute walk from my hotel. Come Thursday, I and my work colleague Mr. Henry Muhebwa, a prospective Rotarian took the walk to Leinmach for the 18.30hrs meeting. President Njau was at the venue when we arrived and so was his successor President Winnie. We exchanged



**Hello Nyali:** The writer cuts a signature pose after his attendance.

pleasantries and went on to pick a few basics about the club.

I realised that the day's meeting was mainly for the IPP, who was still the sitting President to give his account for the year ended and later handover to the new President. He also communicated that the installation of not only RC Mombasa Nyali but all Coastal Clubs was to take place in a mega ceremony (it took place on 22nd July 2023) in the town that shall later host this year's DISCON for D9212.

This installation would be a curtain raiser for the DISCON. President also apologised for not donning the chain as it had been taken for attaching of names of Past President.

## Growth & Retention

Through the presentation on the club over the year, I appreciated the fact that despite the numbers (20 members), the club had done big including supporting schools, communities and holding several medical camps. This club, chartered in 2015, is now turning all her focus on membership growth and retention so as to grow and with TRF giving also high on their radar.

I was also excited to be joined in this meeting by a one Solomon, a former Rotarian who





**Welcomed:** IPP Njau Chege (L) and the HCP Winnie Kathambi of the club with the writer.

works with the Ugandan Consulate in Mombasa, and another Rotarian Kalenzi from RC Jinja.

We shared great ideas with the Club and agreed on how to support each other for Rotary growth. We were treated to great hospitality at the end of the meeting. The pleasure and satisfaction of being received in foreign land as if you were home is to be applauded.

I look forward to improved friendship and comradely with RC Mombasa Nyali.

**Mish (Nuwabiine B Meshach)**  
**Secretary/ CEO**  
**RC Kampala South**



**Friends Forever:** Henry Muhebwa Owanzoire, IPP Chege, Nuwabine, HCP Kathambi and Solomon Aliobe Ejibu savour a souvenir photo moment.



**New Era:** IPP Chege hands over the President's Bell to the new HCP of Nyali Winnie Kathambi.



**Getting Acquainted:** The writer Nuwabine and Nyali Mombasa's Assistant Governor Edna Inyangala.



**All Ears:** The Nyali RC weekly fellowship meeting in progress.

# MY ROTARY JOURNEY

## PAUL MUWANGA

**'A Kojja Who Deals With Issues' make it bigger and stylish....**

### **When did you join rotary?**

I started visiting in March 1995 and was officially inducted on November 13, 1995.

### **What is your classification?**

Accounting Services.

### **Are you either a former interactor, rotaractor, lions club or youth alive member?**

No.

### **Who lured you to join?**

Some three friends I used to meet with every Wednesday evening.

### **And why did you join?**

I believe in the law of large numbers.

### **And why did you choose Kampala South?**

When I visited the first time, I found many people I already knew.

### **What is your earliest memory as a Rotarian?**

I was appointed Acting Secretary within two weeks of visiting the club.

### **Which roles have you served from the beginning up to-date?**

I have served in every role except service projects.

### **Who nicknamed you Kojja and why?**

Ssenga JBL (Jane Bitek Langoya) - because I would call her Mummy.

### **What is your philosophy of life?**



**Eagle-Eyed:** Muwanga deliberates during a weekly meeting.



**Cheery Moment:** Muwanga (L) and US-based Florence Lubega enjoy a light moment during the Gratitude Pounds session at the weekly club meeting.

Time can solve anything

### **Does it match with your Rotary goals?**

Rotarians are volunteers - you have to be patient with them.

### **What act (and by who) has humbled you most ever since you joined this selfless serving group of Rotarians?**

Very many - I just don't have a favourite.

### **What is your notion about the public in Uganda that Rotary is all about partying and more partying?**

Every social group parties - singling out Rotary is unfair.

### **Boy Child versus Girl Child? Do you feel the Girl Child has been over pampered at the expense of the Boy Child?**





**Fitness Freak:** Muwanga shows he is as fit as a fiddle during a dance meeting earlier this month.

It is our role as parents - first and foremost - to groom our children. These talks are secondary.

**What other roles do you play in social service and administration sector of Uganda?**

I do a bit of voluntary work in many areas - my professions, my industry where I currently work and my other social circles.

**When do you practice 'Kojja' duties?**

When I am free and there is demand for my services.

**As a 'Kojja', what life lessons would you give to a teenager who believes he's unloved by his own family?**

Your family actually loves you - I indeed I see that they do - one day you will understand.

**Do you support the ongoing DNA craze by men in**

**Uganda? What is your take on this debate?**

I have no problem as long as there is a genuine reason.

**What life lesson would you pass on to a person in your walk of life?**

Patience pays.

**What is your favourite pastime?**

I am in the sitting room (editor; read Shell Club Lugogo).

**What is your life motto?**

The best time to do something is when you first think about it.

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# QUOTABLE QUOTES



## From The Holy Bible - Ecclesiastes 10:19

A party gives laughter, wine gives happiness, but money answers everything!

**Translation;** It is a simple practical observation that wealth is a tool that can meet the need for food, clothing, shelter, and so on. We should not take his words as endorsing the idea that absolutely every issue one can think of can be solved with money.



## Wise Saying - From A Collection Of Elite Pastors

"Hurt people hurt people."  
- Pastor Rick Warren, Minister Will Bowen, and Rabbi Yehuda Berg have all said it.

**Translation;** The angry person who is ready to fight, argue, and bully others is often the most hurt inside.



## Greek Proverb - Way of life

"A society grows great when old men plant trees whose shade they know they shall never sit in."

**Translation;** One of the oldest civilizations in the world is Greek civilization. Greek civilization has always involved itself in spreading the values of democracy and in encouraging free thinking. This has resulted in the production of many wise men like Socrates, Plato and Aristotle in the world.



## Immortal Inspiration

"The best way to find yourself is to lose yourself in the service of others." - Mahatma Gandhi

**Translation;** True self-discovery and personal growth can be achieved through acts of selflessness and helping others. By focusing on the well-being and needs of others, individuals can transcend their own concerns and ego, leading to a deeper understanding of their own values, purpose, and identity. In essence, the quote encourages the idea that by dedicating oneself to serving others, one can uncover their authentic self and attain a sense of fulfillment and meaning that goes beyond self-centered pursuits.





## EAST ENDERS SPORTS HUB – A COMMUNITY INITIATIVE CREATING THE NEXT BIG PROS ONE YOUNGSTER AT A TIME

Started in 2022 with a mission of Identifying, nurturing and professionalizing sports talent, East Enders Sports hub seeks to be recognized as Africa's and Uganda's successful sports talent incubation hub.

East Enders is a community-development-through-sports initiative, currently focusing on Cricket, Long Tennis, professional boxing and Golf.

A first of its kind in Jinja City, East Enders has in the one year worked in communities and schools in Jinja City and surrounding localities to recruit and train young boys and girls in the different sports disciplines as a way of giving them a chance at a better future; addressing the scourge of teenage pregnancies and also in the long run address house hold and individual poverty.

A partnership with Jinja Golf Club has enabled East Enders to introduce over 40 village kids to the game of Golf and Tennis. The hope is that from those kids, Jinja and the country at large will get the new tennis and Golf pros and at the same time the kids will get a chance at better education and a good life.

A partnership with Uganda Cricket Association has seen East Enders become the implementing entity of the Nile Basin Cricket Hub: basically, becoming the leading promoters of the game of cricket in the Nile basin.

With that, we have been able to see cricket head to the most rural of village sin Busoga region. Kids have had a chance to play the beautiful game of cricket from mini cricket to the good ol' Red Ball version.

The Hub has already received very important assignments from Uganda Cricket Association among them is the organizing the ICC Cricket

World Cup Trophy Tour of Jinja, the Schools National Boys Cricket Week and Batball X tournament.

Through those important assignments, the newly trained young talents get a chance to showcase or simply watch to learn better.

In the field of boxing the Hub was the first to organized the first professional boxing match since the 1980s. The match was organized purely as a move to reawaken the spirit and interest in boxing and to interest youngsters in the region to join boxing. A lot more is in stock for the country and the region in regards to the boxing discipline.

The journey is long and winding but we believe that sports is the blue ocean opportunity for Uganda to get many of its young people out of poverty. East Enders have started making its contribution to that.



**Work In Progress:** Isaac Imaka, a director at East Enders, is leading a revolution with other youth to re-awaken the dreams of many youngsters both on and off the fields of sport.



# RI LEARNING CENTRE

## ‘Fellowship’; A Word Oft Used Inadvertently

In the myriad of the Rotary world of acronyms, it is a surprise that we (and I mean the entire fraternity especially in Uganda) have adopted the word Fellowship to mean the regular meetings. So the key questions that rage on are; ‘When is your fellowship?’, ‘Where do you fellowship from?’ and ‘What’s for fellowship at your club next week?’

I thought it is worth a try and steer our nomenclature towards sticking to referring to our weekly meetings (depending on the frequency) as ‘meetings’ and not fellowships. In the following I will share what constitutes a fellowship in Rotary speak. Most of the details shared below are drawn from the Rotary website [www.rotary.org](http://www.rotary.org)

Rotary Fellowships are international

groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience. The shared interests can be, but not limited to; recreational activities, hobbies, sports, vocations etc. Rotary Fellowships give their members the opportunity to have fun, make new friends around the world, and enhance their experience in Rotary. A few samplings of Rotary Fellowships: Laughter’s Fellowship, Yachting (Mariners) fellowship, Golfing Fellowships and many others.

### Reward of physical meets

While most day-to-day fellowship activities may take place online or through correspondence, the most successful fellowships facilitate regular opportunities for members to interact in person. For example, many of the sporting fellowships hold regional matches and world tournaments. Fellowships related to travel or excursions plan destination trips, while vocational fellowships often plan get-togethers at professional conferences and seminars. These types of activities will help maintain existing members’ interest in the fellowship and in Rotary, and will also attract new members.

Promoting Fellowships is a responsibility that we can all share as a way both to grow and promote Rotary.







**Full House:** The Hotel Africana weekly Monday meetings at Kampala South always attract massive numbers because of the timely topics discussed and celebrated speakers in the country that grace the days.



- Publicize events and activities organized by Fellowships on your club or district website
- Invite local Fellowship officers to speak at a club meeting or district conference about their activities and related service work.
- Seek out Rotarians who are outstanding in their professions or are enthusiastic about a hobby and encourage them to join fellowships or develop new ones.

Rotary International has established specific policies for forming a Rotary Fellowship. RI rigorously evaluates each prospective group before deciding whether to formally recognize it.

However, each fellowship operates independently of

RI, with its own rules, dues requirements, and administrative structure.

### **To recap, Fellowships**

- Enrich the Rotary experience beyond a club or district;
- Encourage engagement with other Rotarians, Rotaractors, program participants, and alumni from a variety of cultures and regions;
- Unite people with a common interest from all over the world, which helps facilitate long-term friendships and a better understanding of the world.
- Fellowships also further vocational development through acquaintance with others of the same profession.
- They also allow individuals to explore new opportunities for service

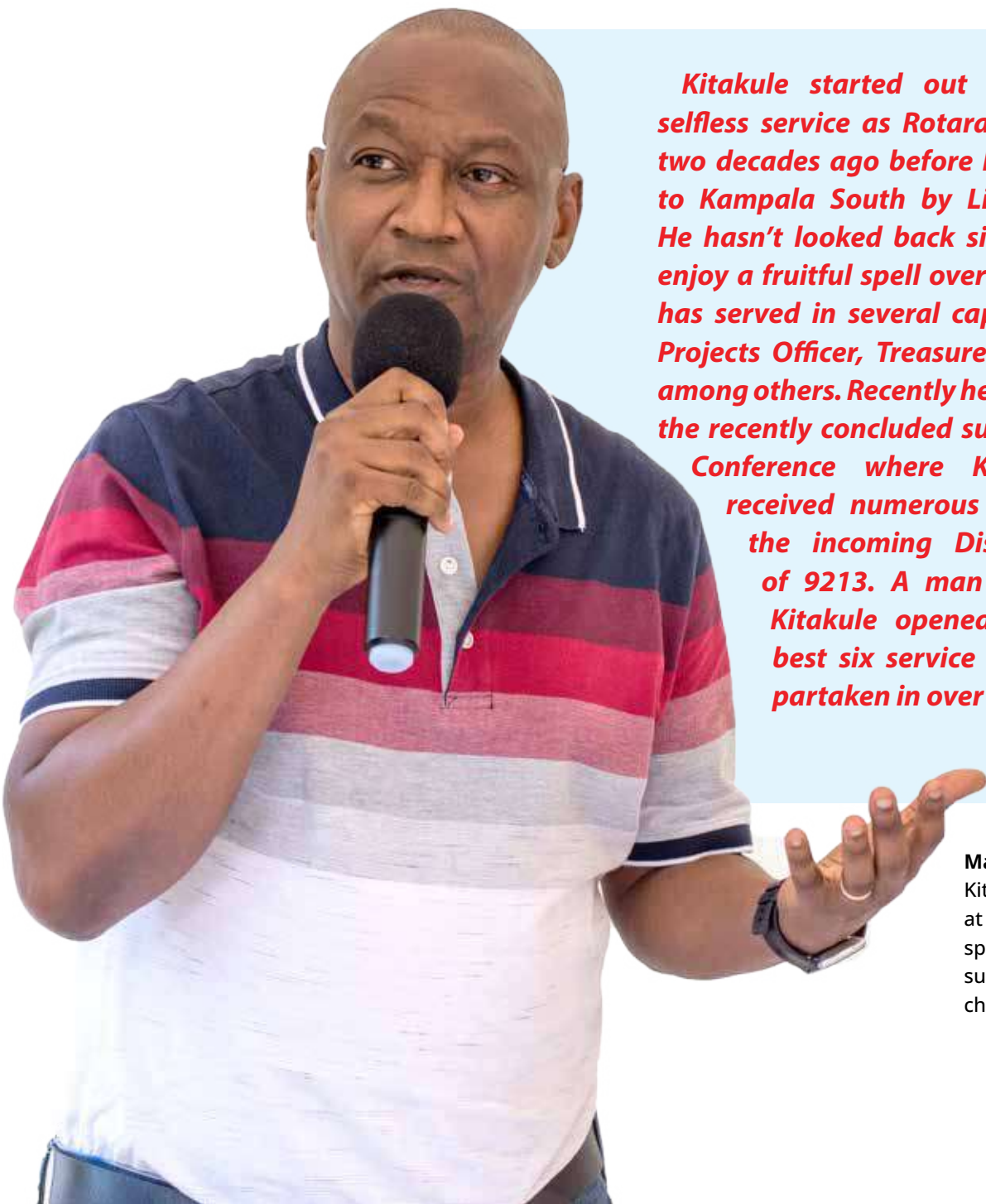
This is part of a series of articles that we will be sharing which talks specifically about Rotary information. Thank you for reading.

**Compiled by Charles Odaga**

# SIX OF THE BEST

## *Geoffrey Kitakule; An Enforcer Of Change*

### Making Change Through Giving



*Kitakule started out his journey of selfless service as Rotaractor more than two decades ago before he got an invite to Kampala South by Lillian Bagambe. He hasn't looked back since and he has enjoyed a fruitful spell over the years as he has served in several capacities; Service Projects Officer, Treasurer and President among others. Recently he was the chair of the recently concluded successful District Conference where Kampala South received numerous awards and is the incoming District Governor of 9213. A man of many hats, Kitakule opened up about his best six service projects he has partaken in over the years.*

**Man Of All Seasons:**

Kitakule has been at the forefront of spearheading many successful projects and charity events.





### 1. Dundu - Jjanyi Project

We gave books to Jjanyi School to equip the library and thus improving their education standards and knowledge of the students.



### 3. Blood Bank Project

We were involved in the Blood Bank Project where we fundraised for it. It is heartwarming when people have access to blood.



### 5. Nyaconga SACCO Project

I have been touched by the SACCO/ Microfinance lending managed by our Past President (PP) Parity Twinomujuni's mum in Nyaconga. This was started with small seed capital and has grown to impact several women.



### 2. Ddundu Ddewe Community Project

We gave chicken and piglets to the Ddundu Ddewe Community to economically empower them. This was under the adopt-a-village concept.



### 4. Kikandwa Health Center Project

It is gratifying to see how the health center has evolved and the current impact it is having on the communities.



### 6. Busesa Library Project

The library project in Busesa has been supported by several Rotarians from all over the world and Kampala South. It is gratifying when you go to the library and find kids actually reading.

#### GK'S PERSPECTIVE

GK is a simple man who believes that one should be known by their works. He believes the greatest gift is to offer your services to help those in need. There is nothing that is fulfilling as changing someone's life through a simple act of kindness.

# UNPLUGGED - SUSAN MATOVU

## Ssenza Sue

**How would you describe yourself?**

Cool, calm and collected.

**What is your profession?**

Lawyer

**What is your profession and Rotary classification?**

Corporate Legal Services.

**What entails your daily profession and how do you deliver it as per Rotary's Four-Way Test?**

I'm retired now though! My role is mainly to provide wholesome legal protection to my principal.

Truth - Honesty and integrity form the cornerstone for any legal advice.

Fairness - Ensuring a win-win outcome

for all stakeholders.

Goodwill and better friendships - Service is based on all manner of relationships and throughout the entity

Beneficial - Adding value to all.

**What has been your biggest moment of satisfaction as a Rotarian?**

Transformation of communities first in Jjanyi and more recently in Kikandwa.

**How happy are you with the growth of Kampala South as a Rotary club?**

Amazing, especially the diversity with lots of vibrant and energetic youth.

**Take us from the back in time, how were fellowships conducted?**

Pretty much the same - norms, meet and greet, update on club projects etc and swallowship thereafter. There were probably less speakers!

Anything different not being done today that you would love to do be done by Kampala South both in fellowship (and as a club)?

Quite honestly I love most of what is being done. The guest speakers are great. Perhaps a bit more classification defenses.

**What are the good things you have achieved from Rotary?**

Great network and contribution to my personal and professional growth over the past 25 years. Really my second family.

Tell us briefly about your personal family! I'm the proud mum of 17-year-old







**Fitness Class:** Ssenga Sue is always willing to fully participate in sessions and embraces the exciting challenges that do come with them.



**Loving It:** Ssenga Sue stretches her neck during last month's DancFitness Meeting for the club at Hotel Africana.



**Caring As Ever:** Ssenga Sue greets a Rotarian with a true embrace soon after one of the Monday meetings climaxed last year.

Kenneth Denzel, he's such a darling! I grew up in a small family of five siblings.

**Tell us something that you think Rotarians don't know about you as a character!**

I can't stand disrespectful characters and I love my sleep!

**Where do you see Kampala South in five years?**

Bigger and better. Kudos for the current scale of projects.

**What would you want to be remembered as by Rotarians?**

A proud Rotarian who served her best with love.

**Any advice to the boy child and maybe also a word for the girl child, too?**

To our dear boys, just man up! We should nurture them to earn respect by stepping up to their responsibilities in a modern family setting.

As for the girls, dare to dream big. They can be anything they wish, always with grace and dignity.

**Final remarks?**

Don't sweat the small stuff!

# TOUCH OF CLASS

## Francesca Kakooza; Top lady but down to earth

### INSIGHT

**Preferred words that best describes you?**

Dreamer, believer, doer

**Does success come easily?**

No it doesn't. You desire it, seek it out and work at it like your life depends on it. You've got to be intentional about success.

**Are you easily influenced?**

No, unfortunately not.

**What possession do you treasure most?**

My shoes, my holy bible and my gadgets.

**Can you play any musical instrument?**

The piano, not very well though, not yet but as soon as I get some free time, I would like to perfect my piano and guitar skills

**What book are you currently reading?**

Good leaders ask great questions by John Maxwell

**What's the most valuable lesson you have learnt in life?**

Perspective Is a

Beautiful Thing. Typically, when we're worried or upset, it's because we've lost perspective. Everything that is happening in our lives seems so big, so important, so do or die, but in the grand picture, this single hiccup often means next to nothing.

The fight we're having, the job we didn't get, the real or imagined slight, the unexpected need to shift course, the thing we wanted but didn't get. Most of it won't matter 20, 30, 40 years from now. It's hard to see long term when all you know is short term, but unless it's life-threatening, let it go, and move.

**Apart from rotary, what other organization(s) are you involved in that do charitable works?**

The church, I am a Ssabakristu (Head of Laity) at my local church, it is service above self, there, too.

**Do you have any regrets in life?**

Of course, but I don't dwell on them, I believe everything that





## ONE-TWOS

**Adidas or Puma?**

Adidas



**Liverpool or Man Utd?**

Liverpool



**Range Rover or Mercedes Benz?**

Mercedes Benz

**R 'n' B or Amapiano?**

Both

**Club or House Party?**

House party

**Day or Night Games?**

Both



**Boyz II Men or Backstreet Boys?**

Both

**Ibiza or Mauritius?**

Both

**Mahatma Gandhi or Nelson Mandela?**

Mahatma Ghandi



**Kylian Mbappe or Bruno Fernandes?**

Kylian Mbappe

**Skirts or Trousers?**

Either

### QUICK CV

Francesca Kakooza (FCG) is the Director Membership of Kampala South. She is also the Director Legal/Secretary to the Authority at Insurance Regulatory Authority

**Immensely Talented:** Francesca Kakooza knows more than just the law and giving back as a Rotarian with big heart. She can play the Piano, too!

has happened to me or decisions I have taken have made me who I am today.

The bad ones have taught me resilience, the good ones gave me confidence!

**What would you like to know about the future?**

1. What surprises God has in store for me?
2. How my children will turn out?

**What is your preferred drink?**

Herbal & spiced teas

**Best advice.**

"What a man can do, a man can do" no idea who first said that but I next heard it from my father.





**Happy Days:** Rotarians enjoy a moment with the Cricket Cranes and Victoria Pearls.



**Listen Ma'am:** Visiting Dr. William (Billy) Roberts – PDG 2021-22 of D7950 from the United States of America share some kind words with HCP Tinka (C) with cheery PP Joseph Baroraho in their midst.

## A HOME FEELING



**Earned Stripes:** Assistant Governor Charles Odaga adorns the chain on the DG Edward Kakembo on his visit to the Rotary Club of Kampala on 6th July 2023.



**Have Ya Cake, Eat It Too:** Sergeant At Arms (SAA) Frank Fayo Nyakahuma (C) is fed an overload of cake by club members Doreen Orishaba (L) and Carol Tushemereirwe after a meeting.





# CRICKET ACADEMY

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At **KINETIC CRICKET ACADEMY**, we are passionate about cricket and dedicated to nurturing the next generation of cricket stars. With state-of-the-art facilities, experienced coaches, and a focus on holistic development, we offer a comprehensive training program for aspiring cricketers of all ages and skill levels.





**Future Is Certain:** Excited pupils of St Stephen COU Primary School, Luzira savour a photo moment with Rotarians at the launch of the 7x7 Boy Child Uplifting project on Thursday 3rd August 2023.

# 7X7 BOY CHILD UPLIFTING PROGRAMME LAUNCH



**Education Is Key:** The DG Kakembo inspects the library constructed by RC Kampala Springs during the project launch.



**Hygiene Is A Must:** Pupils learning how to make paper bags in a bid to get skills and drive out the use of polythene bags.



**Checking In:** The DG Edward Kakembo endorses the visitors' book at St Stephens COU Primary School in Luzira.





**People Of Action:** DG Kakembo receives guidance on how to make pavers and below he plants a fruit tree seedling as he's closely watched by HCPs in Luzira



**President Of Presidents:** Dorothy Kyeyune (L) leads the ferrying of tree seedlings for planting during the project activity.



**America Calling:** Rotary Youth Exchange student Beulah Nduru who is sponsored RC Kla Springs and is due to depart for USA this month attended the launch.



**Vantage Point:** Members of Kampala Springs observe proceedings from the comfort of a shade.



# CAPTION THIS

Send answers to the editor's email ([indawula@gmail.com](mailto:indawula@gmail.com)) or Whatsapp (+256782507606). **Reward for the best captions.**







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# TWINSIES VISIT

**Water Is Life:** Members of RC Kampala South visiting the Kisiriri water harvesting and sanitation project at Kisiriri Primary School in Narok, Western Kenya while on a twinning visit to RC Milimani on 30th June 2023.

## When Kampala South raided Milimani

The Rotary club of Milimani, in conjunction with the Rotary of Kampala South – in their twin club visit to Kenya, had a project visit to Kisiriri Water Harvesting and Sanitation Project in Narok County. This project was implemented under Rotary Grant No GG 1756130 in partnership with the Rotary club of Lake Chelan in Washington.

The grant was worthy USD 181,440. The scope of the grant was as follows: -

- I. Construction of 13 girls' toilets and one bathroom,
- II. Construction of 13 boys' toilets and a urinal.

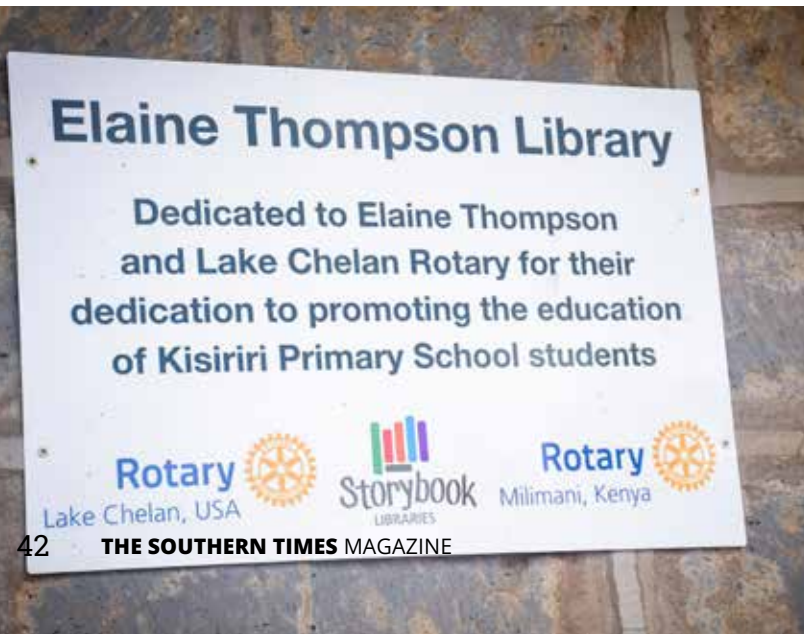
- III. Construction of two water tanks with the capacity of 350,000 litres each. One tank for school use while the second tank to be used by the community.

- IV. Four teachers' toilets.

- V. Repair of kindergarten toilets that had been constructed through government fundi Classroom repairs – includes replacement of iron sheets, installation of gutters, installation of ceiling and general rehabilitation of dilapidated classrooms.

Excess funds from the grant enabled the club to provide the following;

- a) Installation of fence and school gate.







**One Family:** Kla South and RC Milimani members take one for the archives at the Rotary Corner at Kisiriri.



b) Access to the community water tank separating the same access from the school.

c) Provided 114 desks, lockers, and teachers' furniture.

### **Lifetime relationship**

The Rotarians were taken around to see the project's impact and they made some suggestions/contributions to the school's Board of management – especially on the adaptation of farming as a prerequisite to

**Good Works:** Kla South Members donated basic needs for the teenage pupils of Kisiriri Primary School.

aiding sustainability and food security. The visit ended with the Board of Management requesting for a donation of a cow. This is important since it's a Maasai community and cows are valued assets and strong indication of a lifetime relationship. The team present raised Kshs.6,000 of Kshs.50,000 needed for the cow.

The team then proceeded to the second project visit which is an hour away from Narok town. Rotarians made a refreshment stopover at Narok. The team then proceed to Ngoswani. The Lions Rotary Ngoswani Maternal Health Hospital – WASH project was stumbled upon by the team that was supervising the Kisiriri project.

This hospital was established by a Rotarian from the Rotary club of South Haven – Michigan, who had been a mission doctor in Kenya for over 40 years. He had been part of providing and strengthening the healthcare system in rural Kenya – especially the Maasai community. He used his life savings to construct and equip the hospital at Ngoswani.

# SPORTS ROUND-UP

## Uganda to the world

*The last fortnight is arguably one of the biggest sporting one when it comes to Uganda. Several national teams and individuals are representing the Pearl of Africa across the world.*

### Million-dollar Bombers

**O**n the same continent, a team comprising 30 University students are in Chengdu, China for the 12th edition of the FISU World University Games. In addition, a team of 17 boxers - the Bombers were in Yaoundé, Cameroon for the Africa Elite Men's and Women's Championships trying to preserve a proud tradition in the ring.

The Uganda national boxing team performed to their very best in the 2023 Africa Elite Boxing Championships as they bagged seven medals - picking up two silver medals and five bronze medals.

Wasswa Ssali and Erina Namutebi returned home with \$10,000 (Shs36m) each after clinching bronze medals after losing their duels in the final.

The four bronze medalists



are Ukasha Matovu (Welterweight), Ronald Okello (middleweight), Solomon Geko (Super heavyweight), Grace Nankinga and lady's captain Emily Nakalema who each pocketed \$5000 (Shs18m).

Quarterfinalists Muzamir Ssemuddu, James Baraka, Lawrence Kayiwa and Sharua Ndagire were also rewarded with \$1250 (Shs4.5m).

**The Gladiator:** Ukasha Matovu won Uganda a bronze medal in Yaounde that saw him pick up \$5000 (an estimated Shs18m) pay cheque.

The total prize money that the Ugandan contingent won is \$45,000 (Shs163m) and marks a new dawn for the sweet science in Uganda after years in doldrums.





**Africa's Finest:** The She Cranes are now ranked top in Africa and fifth in the world after stunning South Africa in the playoff match.

## She Cranes are Africa's finest, fifth in the world

**U**ganda's national netball team - She Cranes - featured at their fourth Netball World Cup in Cape Town, South Africa with huge success.

The She Cranes, under the lights of the Cape Town International Convention Centre were celebrating a narrow yet massive 49-47 victory over the 16th Netball World Cup hosts South Africa on August 6.

As the home crowd descended out in disbelief, Uganda had won the fifth-place play-off to cap the country's best finish ever in tournament history.

From their World Cup debut at the 1979 edition in Trinidad and Tobago, Uganda came in 13th place. At the 2015 edition in Sydney, Australia, Uganda came eighth and they improved to seventh at the 2019 edition in Liverpool, England.

The revenge against the Spar Proteas yielded history by emerging as Africa's best in Cape Town.

England-based Mary Nuba led Uganda's charge to victory with 29 goals from 32 attempts and four rebounds to pick up the Player of the Match award.

Another rising star in Shadiah Nassanga claimed three player-of-match awards in seven matches. From third in Africa, Uganda are now No.1 and from eighth in the world, the She Cranes are No.5.



**Poster Girl:** Towering Mary Nuba, who plies her trade in England, was the architect of many Ugandan triumphs in Cape Town.

Not often does Uganda have as many teams as it does this fortnight with national teams in football, cricket, boxing, woodball, basketball and netball all competing at various continental and global tournaments far and wide.

It truly was a perfect case of Uganda vs. World!

## Zzana fly the flag high



**Catching Them Young:** St. Noa Girls Secondary School students were proud representatives of Uganda at the ISF Games in Morocco.

**T**he schools' football teams returned from Morocco after a fruitful debut showing at the International Schools' Federation (ISF) football Championship.

St Noa Girls Zzana shone with bronze medals after finishing third at the games, beating Germany 2-0 in the third-place play-off during a championship that lured as many as 28 countries. Kibuli Secondary School and Amus College were the other school teams that gallantly represented Uganda.

St Noa Girls School – Zzana made a bold statement with an open roof tourists' vehicle that made a procession from Entebbe Airport to the school.

Focus will now shift to the upcoming Federation of East Africa Secondary Schools Sports Associations (FEASSA) Games in Huye City, Rwanda.

## Woodball Cranes grab silverware

**T**he national woodball team - the Woodball Cranes concluded their participation in the third edition of the Beach Woodball World Cup,



**Fast Rising:** The Woodball Cranes finished overall in Malaysia and five individuals picked up medals.

held on the pristine white sand shores of De Rhu Beach in Pahang, Malaysia with five medals and finishing fourth overall. At the last edition, Uganda scooped silver at Spennah Beach (now Coco Beach) in Entebbe in 2019. This time the team brought home a total of five medals from the five-day event. Christine Birungi secured third place in the women's stroke competition, while the four-woman team consisting of Birungi, Jackline Naula, Florence Mukoya, and Lillian Zawedde secured a team silver medal. Joan Mukoova, who lost in the fairway women's singles semifinals, managed to secure a bronze medal. Additionally, the men's team secured one bronze medal in the fairway team event.





**Top Generation:** The Gazelles did Uganda proud in Kigali to script the country's best-ever finish at the Afrobasket Championships.

## New horizons for Gazelles

**T**he national women's basketball team - Uganda Gazelles finished seventh at the FIBA Women's Afrobasket following a commanding 85-44 win over Guinea on August 4 in Kigali, Rwanda.

Having lost to Mozambique on August 2nd in the placement playoff, the Gazelles ensured they finished the tournament on a high by clinching seventh place, Uganda's best placing in history.

Boosted by the return of forward Jane Asinde, Uganda set the record straight with a convincing victory at the BK Arena. Earlier in the tournament, the Gazelles shocked the world by defeating Senegal 85-83 in their second Group C game and went on to beat DR Congo 78-62 in the quarterfinal qualifier to set up a clash with hosts Rwanda.

It was a roller coaster of emotions as the Gazelles fell hard against Rwanda, Jane Asinde's injury in the second quarter slowing down the team's offence. Rwanda got one over their rivals, winning 66-61 before a packed BK Arena and in the presence of President Paul Kagame.

### Swagger:

Shooting Guard Abby Priscilla and Forward Jane Asinde put in worthy shifts for the Gazelles on their senior major outing as Uganda finished seventh.



It is the best-ever finish for Uganda, who were featuring at the tournament for the third time. In 1997, Uganda lost all their four games to finish ninth while a slim 75-73 win over Algeria in 2015 gave the team a tenth-place finish. Uganda's neutralized player Jannon Otto conquered the tournament as she wasn't only named in the Team of the Tournament but she also picked gong as the Best Scorer and Best Forward. She averaged 21 points, seven rebounds and two assists in the entire tournament.





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